

Race	Hale 5 Miler
Distance	5 miles
Date	5Th April

Mens

Position	Athlete	Age	Race Pos	Race Time	Adj Race Time	Points
1	Andrew O Connor	54	41	32.19	27.21	5
2	Andrew Mcnight	?	56	33.24	33.24	5
3	Antony Young	42	114	37.36	35.00	5

Ladies

Position	Athlete	Age	Race Pos	Race Time	Adj Race Time	Points
1	Sonya Monaghan	46	87	35.39	32.11	12
2	Rachel Wilcock	20	118	37.46	37.45	11
3	Rachel Beesley	22	119	37.47	37.47	10
4	Pauline Picton	61	327	57.00	43.01	9
5	Karen Young	44	277	48.20	45.13	8
6	Kay Wilcock	47	339	01.00.58	55.18	7
7	Louise Hill	37	329	57.02	55.59	6
8	Carol Stanley	32	322	56.13	56.04	5
9	Lorraine Kelly Swan	41	336	01.00.31	58.01	4
10	Claire Brown	40	338	01.00.58	58.51	3