

Race	Forest Park 5km
Distance	5km
Date	1st July

Position	Athlete	Age	Race Pos	Race Time	Adj Race Time*	Points
1	Pam Appleton	61	55	27.15	20.34	14
2	Julia Eccleston	41		23.33	22.35	13
3	Rachel Wilcock	20	18	23	22.59	12
4	Linda White	53	60	27.53	23.29	11
5	Amy Corfield	22	24	24.23	24.23	10
6	Rachel Beesley	22	25	24.23	24.23	10
7	Pauline Picton	61	116	34.13	25.51	9
8	Carolyn Joyce	32	46	26.42	26.38	8
9	Andrea Joyce	47	137	38.55	35.18	7
10	Clare Brown	40	143	40.1	36.26	6
11	Kay Wilcock	47	145	40.32	36.46	5
12	Louise Hill	37	135	38.36	37.53	4
13	Kath Ohara	30	150	43	42.59	3