

## St Helens Sutton AC - 2015 Fell Championship

Date	Time	Race	Cat.	Where		Distance (miles)	Climb (ft)	Cost
Sat 28/02/15	14:00	<a href="#">Inov-8 High Cup Nick</a>	BM	England	Duften	9.3	1509	£6
Sat 14/03/15	08:00	<a href="#">Haworth Hobble</a>	BL	England	Haworth	32.0	4396	£13
Sat 04/04/15	15:00	<a href="#">Rivington Pike</a>	BS	England	Horwich	3.2	699	£5
Sat 09/05/15	14:00	<a href="#">Bollington Festival 3 Peaks</a>	BS	England	Bollington	5.6	1214	£6
Thu 04/06/15	19:30	<a href="#">Henderson's End</a>	BS	England	Rivington	5.8	984	£4
Thur 18/06/15	19:15	<a href="#">Aggie's Staircase</a>	AS	England	Darwen	4.0	1148	£4
Thur 02/07/15	19:15	<a href="#">Tockholes Evening</a>	BS	England	Tockholes	5.8	1017	£4
Thu 09/07/15	19:30	<a href="#">Bull Hill</a>	BS	England	Hawkshaw	5.5	1099	£4
Sat 18/07/15	14:00	<a href="#">International Snowdon Race</a>	AM	Wales	Llanberis	10.0	3300	£35
Thu 03/09/15	18:45	<a href="#">Hades Hill</a>	BS	England	Whitworth	5.0	1184	£4
Sun 27/09/15	10:00	<a href="#">Sandstone Trail Race A</a>	CL	England	Duckington	17.1	2149	£10

Entries open 15th January

Entries open 1st March

Entries open 1st July

<b>Category Descriptions</b>	<b>A</b>	Averaging no less than 250ft for every mile of climb, and no more than 20% of total distance on road.
	<b>B</b>	Averaging no less than 125ft for every mile of climb, and no more than 30% of total distance on road.
	<b>C</b>	Averaging no less than 100ft for every mile of climb, and no more than 40% of total distance on road.
	<b>S</b>	"Short" - under 6 miles.
	<b>M</b>	"Medium" - 6 to 12 miles.
	<b>L</b>	"Long" - over 12 miles.

### Points System:-

There will be male and female categories. 1 point for first, 2 points for second, 3 points for third etc. Lowest number of points from your best 5 races equals your score.

Lowest best score from the minimum 5 races wins. In the event of a tie then how the tied runners performed against each other at races will determine the winner.

Non-age based system. The points system could be reviewed if necessary.