

2015 Summer Championship - Men

			Training Points				Race Points																	
							ST HELENS 10KM	ROAD RELAYS 28TH MARCH	HALE 5 MILER 5TH APRIL	ST HELENS PARKRUN 25TH APRIL	WALTON PARK 5 MILER 5TH MAY	MERSEY TUNNEL 10KM 28TH JUNE	SOUTHPORT HALF MARATHON 5TH JULY	MYSTERY 5KM 12TH AUGUST	BIRCHWOOD 10 KM	THE DREAM TRAIL RACE 31ST AUGUST	WIGAN 10KM	NW RELAYS TBC	METRIC MARATHON 4TH OCT	RAINFORD 10KM 24TH OCT	Total			
Position	Name	Age	Mar	April	May	June																		
1	Barry Graney	50					10	12		7											29			
2	John Greenall	51					11	10		8											29			
3	Dennis Wharton	57						13		6											19			
4	Luke Towers	19						14													14			
5	Maurice Collins	51						7			5										12			
6	Antony Young	42					7		5												12			
7	Andrew O Connor	54						6	5												11			
8	Tom Griffiths							11													11			
9	John Appleton	63					9														9			
10	Ian White	52					4				5										9			
11	Steve Anders	?						9													9			
12	Andrew Wilson	?						8													8			
13	Chris Coatsworth	47					8														8			
14	Ian Roberts	41						3	4												7			
15	Ian Reid	?					6														6			
16	Keith Williams	?					5														5			
17	Ian Hayburn	48							5												5			
18	Ian Costello	43						5													5			
19	Kevin Cunningham	30									5										5			
20	Andrew Mc Knight								5												5			
21	Matthew Crehan						4														4			
22	John Urwin	70							3												3			
23	Stephen Pickavance	?					3														3			
24	Callum Lockett	20																						
	Gary Oldham	45																						
	Liam Doyle	37																						
	Dave Hampson	41																						
	Mark Liptrot	53																						
	Wayne Joyce	35																						
	Jamie White	?																						
	Chris Paton	?																						
	Antony Doyle	?																						
	Jonathan Ford	45																						
	Ian Pass	41																						
	Ray Vose	51																						

Notes

Points are awarded based on the age graded adjusted race times. See individual race sheets for the differences.

Training points will be calculated at the end of each month based on the subs sheets. If you don't pay your session subs (Coach's excluded), you don't get the points!

Anyone whose club membership is not paid up to date will score 0 points until they become members again.