2014 Summer Championship - Men

ıdated 05/07/2014

				Training Points			Race Points														
Position	Name	Age	Mar	April	May	June	Pennington Flash Park Run	GPW St Helens 10KM 9th Mar	6 &12 Stage Relays Heaton 15th Mar	Warrington Park Run	Run The Bridge 20th April	Christleton 5KM 23rd May	Mersey Tunnel 10km 8th Jun	Seaside Run Leasowe 5km 25th Jun	Sefton Park 5 Mile 16th July	Birchwood 10km 17th Aug	NW Relays-13th-14th Sept	NW Relays 20thSept	Dream Trail Race 12th Oct	St Helens parkrun 25th Oct	Total
1	Andrew Wilson	40	7	2	4	4		10	9		10										**46**
2	Ian Roberts	40	7	5	6	4		8	5		7	3									**45**
3	Andrew O Connor	53	4	4	3	3				8	11	6									**39**
4	Ian Costello	42	4	0	**2**	**5**			8	7	9	4									**39**
5	Callum Lockett	19	3	5	**5**	**2**		12	11												**38**
6	Luke Towers	18	8	5	7	1			12			5									**33**
7	Gary Oldham	44	6	**5**	**2**	**2**	5		6	5											**31**
8	John Greenall	50	0	0	0	0		11	13												**24**
9	Liam Doyle	36	5	3	5	3		3			3										**22**
10	Dave Hampson	40	2	3	2	2		9													**18**
11	Kevin Cunningham	29	0	1	0	3		7			5										**16**
12	Mark Liptrot	52	6	3	**6**	**4**	5														**15**
13	Wayne Joyce	34	5	2	0	0			4	4											**15**
14	Jamie White	?	0	5	1	1					8										**15**
15	Barry Graney	45	0	1	0	3			10												**14**
16	Chris Coatsworth	?	1	3	4	0		6													**14**
17	Chris Paton	?	2	0	6	2		4													**14**
18	Antony Young	40	?	?	0	**0**	5			3	4										**12**
19	Ian Hayburn	47	3	0	**0**	**0**			7												**10**
20	Antony Doyle	?	1	0	1	0		5	3												**10**
21	Jonathan Ford	44	5	3	1	1															**10**
22	Chris Falls		0	0	0	0					6										**6**
24	John Appleton	62	0	0	0	0							5								**5**
25	Ian White	51	1	0	0	1															**2**
26	Dennis Wharton	56	0	0	0	1															
	Ian Pass	40	0	0	0	0															
	Maurice Colins	50	0	0																	
	Ray Vose	50	?	?																	

Notes

Points are awarded based on the age graded adjusted race times. See individual race sheets for the differences.

Training points will be calculated at the end of each month based on the subs sheets. If you don't pay your session subs (Coach's excluded), you don't get the points!

Anyone whose club membership is not paid up to date will score 0 points until they become members again.

e see the Championship Rules for all other information. All queries should be emailed to ayoung@demuto.eu. The committee's decision on any interpretation of the rules is final.