2014 Summer Championship - Men

dated 14/09/2014

				Training Points					Race Points															
Position	Name	Age	Mar	April	May	June	Jul	Aug	Pennington Flash Park Run	GPW St Helens 10KM 9th Mar	6 &12 Stage Relays Heaton 15th Mar	Warrington Park Run	Run The Bridge 20th April	Chrisleton 5KM 23rd May	Mersey Tunnel 10km 8th Jun	Seaside Run Leasowe 5km 25th Jun	Sefton Park 5 Mile 16th July	Birchwood 10km 17th Aug	NW Relays-13th-14th Sept	NW Relays 20thSept	Dream Trail Race 12th Oct	St Helens parkrun 25th Oct	Total
1	Ian Roberts	40	7	5	6	4	7	5		8	5		7	3									**57**
2	Ian Costello	42	4	0	2	5	3	2			8	7	9	4					7				**51**
3	Andrew Wilson	40	7	2	4	4	3	0		10	9		10										**49**
4	Gary Oldham	44	6	5	2	2	5	4	5		6	5											**40**
5	Callum Lockett	19	3	5	5	2	2	0		12	11												**40**
6	Andrew O Connor	53	4	4	3	3	0	0				8	11	6									**39**
7	Luke Towers	18	8	5	7	1	0	0			12			5									**38**
8	Jamie White	?	0	5	1	1	6	5					8					3	8				**37**
9	Mark Liptrot	52	6	3	6	4	3	8	5														**35**
10	John Greenall	50	0	0	0	0	1	0		11	13								5				**30**
11	Liam Doyle	36	5	3	5	3	5	1		3			3										**28**
12	Kevin Cunningham	29	0	1	0	3	3	3		7			5				5						**27**
13	Dave Hampson	40	2	3	2	2	3	5		9													**26**
14	Barry Graney	45	0	1	0	3	2	0			10								6				**22**
15	Chris Coatsworth	?	1	3	4	0	2	6		6													**22**
16	Chris Paton	?	2	0	6	2	3	5		4													**22**
17	Wayne Joyce	34	5	2	0	0	0	0			4	4							4				**19**
19	Antony Young	40	?	?	0	0	0	0	5			3	4				5						**17**
20	Jonathan Ford	44	5	3	1	1	4	3															**17**
21	John Appleton	62	0	0	0	0	0	0							5		5	6					**16**
22	Antony Doyle	?	1	0	1	0	3	3		5	3												**16**
23	Ian Hayburn	47	3	0	0	0	0	0			7								3				**13**
24	Tom Griffiths	?	0	0	0	0	0	0											9				**9**
25	Dennis Wharton	56	0	0	0	1	1	1										4					**7**
26	Chris Falls		0	0	0	0	0	0					6										**6**
27	Maurice Colins	50	0	0	0	0	0	0										5					**5**
28	Ian White	51	1	0	0	1	1	0															**3**
29	Ian Pass	40	0	0	0	0	0	0															
30	Ray Vose	50	?	?	0	0	0	0															

Notes

Points are awarded based on the age graded adjusted race times. See individual race sheets for the differences.

Training points will be calculated at the end of each month based on the subs sheets. If you don't pay your session subs (Coach's excluded), you don't get the points!

Anyone whose club membership is not paid up to date will score 0 points until they become members again.

Please see the Championship Rules for all other information. All queries should be emailed to ayoung@demuto.eu. The committee's decision on any interpretation of the rules is final.