

Race	Sale Sizzler
Distance	5km
Date	01/08/2013

MEN

Position	Athlete	Age	Race Pos	Race Time	Adj Race Time*	Points
1	Ian Roberts	39	171	21.24	20.22	3

LADIES

Position	Athlete	Age	Race Pos	Race Time	Adj Race Time*	Points
1	Sonya Monaghan	35	213	22.32	21.49	10
2	Joanne Keogh	38	332	26.52	26.15	9
3	Pauline Picton	59	384	34.02	26.26	8
4	Rachel Wilcock	18	367	30.01	29.42	7
5	Karen Young	43	380	32.47	30.56	6
6	Laura Anthony	23	394	36.13	36.13	5
7	Kay Wilcock	46	396	40.58	37.34	4
8	Wendy Anthony	52	400	45.12	38.33	3
9	Clare Davies	38	397	41.40	40.42	2
10	Vicky Hewitt	50	DNF			1

Notes

approximate ages used, please inform us / scribble on your actual age for a more accurate adj race time

As less than 5 members ran, all athletes will score 3 points for the Championship and this race will be reviewed for 2014.