

**Seniors Championship
Summer 2013**

Race	Burtonwood 5 Mile
Distance	5M
Date	20/07/2013

MEN

Position	Athlete	Age	Race Pos	Race Time	Adj Race Time*	Points
1	Barry Graney	45	36	30.06	27.23	3
2	Ian Pass	40	61	32.18	30.32	3
3	Ian White	52	110	35.25	30.59	3

LADIES

Position	Athlete	Age	Race Pos	Race Time	Adj Race Time*	Points
1	Sonya Monaghan	35	130	37.14	36.51	3
2	Karen Young	42	227	54.28	51.50	3

Notes

approximate ages used, please inform us / scribble on your actual age for a more accurate adj race time

As less than 5 members ran, all athletes will score 3 points for the Championship and this race will be reviewed for 2014.

* Adj Race Times are calculated using Running World Age Grade Calculator.
Championship positions are then calculated using this time.