Race	Gin Pit 5M
Distance	5M
Date	06/10/2013

MEN

Position	Athlete	Age	Race Pos	Race Time	Points
1	Barry Graney	45	19	30.29	3
2	Antony Young	40	189	53.31	3

Position	Athlete	Age	Race Pos	Race Time	Points
1	Helena McGoldrick	51	153	43.37	3
2	Chris Dempsey	52	176	48.35	3
3	Karen Young	43	188	53.29	3

<u>Notes</u>

Less than 5 members took part so 3 points awarded.