

2013 Summer Championship - Ladies

Last updated 14/10/13

Position	Name	Age	Training Points			Race Points														TOTAL POINTS
			Jul & Aug	Sept	Oct	Race 1 Birchwood 5km	Race 2 Burtonwood 5m	Race 3 Sale Sizzler	Race 4 Birchwood 10km	Race 5 Pennington 5m	Race 6 Pennington Flash Parkrun	Race 7 English Half	Race 8 NW Road Relays	Race 9 Northern Road Relays	Race 10 Princes Parkrun	Race 11 Macclesfield Half	Race 12 Chester Marathon	Race 13 Gin Pit 5m	Wirral Half	
1	Dorothy Fairhurst	71	15			16	-	-	-	-	6	-	-	-	11	-	-	-	5	53
2	Helena McGoldrick	51	16			14	-	-	8	-	-	-	-	-	-	-	-	3	-	41
3	Karen Harrison	45	13			10	-	-	3	-	4	-	-	-	10	-	-	-	-	40
4	Karen Young	43	12			5	3	6	1	-	2	-	-	-	6	-	-	3	-	38
5	Sonya Monaghan	44	12			-	3	10	9	3	-	-	-	-	-	-	-	-	-	37
6	Pauline Picton	60	9			8	-	8	-	-	3	-	-	-	8	-	-	-	-	36
7	Joanne Keogh	38	6			12	-	9	5	-	-	-	-	-	-	-	-	-	-	32
8	Pam Appleton	60	10			15	-	-	-	-	-	-	-	-	-	-	-	-	4	29
9	Jane Ashcroft	45	13			13	-	-	-	-	-	-	-	-	-	-	-	-	1	27
10	Chris Dempsey	52	7			11	-	-	-	-	5	-	-	-	-	-	-	3	-	26
11	Rachel Wilcock	18	11			-	-	7	-	-	-	-	-	-	7	-	-	-	-	25
12	Karen Mawdsley	40	6			9	-	-	-	-	-	-	-	-	9	-	-	-	-	24
13	Linda White	52	13			-	-	-	7	-	-	-	-	-	-	-	-	-	2	22
14	Kay Wilcock	46	12			3	-	4	-	-	1	-	-	-	1	-	-	-	-	21
15	Laura Anthony	23	9			-	-	5	-	-	-	-	-	-	4	-	-	-	-	18
16	Wendy Anthony	52	9			2	-	3	-	-	-	-	-	-	2	-	-	-	-	16
17	Sarah O'Donoghue	40	7			7	-	-	-	-	-	-	-	-	-	-	-	-	-	14
18	Vicky Hewitt	50	12			1	-	1	-	-	-	-	-	-	-	-	-	-	-	14
19	Janet Holmes	55	8			-	-	-	4	-	-	-	-	-	-	-	-	-	-	12
20	Clare Davies	38	10			-	-	2	-	-	-	-	-	-	-	-	-	-	-	12
21	Sue Clague	45	7			4	-	-	-	-	-	-	-	-	-	-	-	-	-	11
22	Denise Page	45	2			6	-	-	-	-	-	-	-	-	-	-	-	-	-	8
23	Tami Garvey-Jones	40	0			-	-	-	6	-	-	-	-	-	-	-	-	-	-	6
24	Rachel Beesley	20				-	-	-	-	-	-	-	-	-	5	-	-	-	-	5
25	Amanda Coogan	40	2			-	-	-	2	-	-	-	-	-	-	-	-	-	-	4
26	Lynsey Wilson	40				-	-	-	-	-	-	-	-	-	-	-	-	-	3	3
27	Andrea Beesely	45				-	-	-	-	-	-	-	-	-	3	-	-	-	-	3
28	Louise Ford	42	3			-	-	-	-	-	-	-	-	-	-	-	-	-	-	3

Notes

Points are awarded based on the age graded adjusted race times. See individual race sheets for the differences.

Training points will be calculated at the end of each month based on the subs sheets. If you don't pay your session subs (Coach's excluded), you don't get the points!

Anyone whose club membership is not paid up to date will score 0 points until they become members again.

Please see the Championship Rules for all other information. All queries should be emailed to ayoung@demuto.eu. The committee's decision on any interpretation of the rules is final.

Please bear in mind that this is a new system and we are doing our best to bed it in without problems. Thanks Ant