

## Division 1 Match 3 - Ellesmere Port

1 July 2012

Men's 100m A

		Wind=	Perf	Record	Wind	AW
1	6 James Williams	Wirral AC	11.1			
2	2 Tom Appleyard	Liverpool Harriers AC	11.3			
3	1 Alex Bale	Blackpool Wyre & Fy	11.3			
4	4 Thadeus Anum-Somuah	St Helens Sutton AC	11.7			
5	3 Rob Orkney	Liverpool Pembroke	11.8			
6	5 Christian Okeke	West Cheshire AC	12.4			
7						
8						

Men's 100m B

		Wind=	Perf	Record	Wind	AW
1	66 Andy Boyd	Wirral AC	11.6			
2	11 Alex Kiziltas	Blackpool Wyre & Fy	11.7			
3	33 Andrew Williams	Liverpool Pembroke	12.1			
4	55 Andrew Payne	West Cheshire AC	12.1			
5	22 Liam Shields	Liverpool Harriers AC	12.1			
6	44 Taylor Caton-Hand	St Helens Sutton AC	12.3			
7						
8						

Men's 200m A

		Wind=	Perf	Record	Wind	AW
1	6 James Williams	Wirral AC	21.9			
2	1 Alex Bale	Blackpool Wyre & Fy	22.5			
3	3 Nathan Hilton	Liverpool Pembroke	23.0			
4	2 Tom Appleyard	Liverpool Harriers AC	23.7			
5	5 Christian Okeke	West Cheshire AC	26.2			
6	4 Ste Clague	St Helens Sutton AC	26.6			
7						
8						

Men's 200m B

		Wind=	Perf	Record	Wind	AW
1	66 Craig O'Brien	Wirral AC	23.3			
2	33 Wayne Ashall	Liverpool Pembroke	23.4			
3	11 Alex Kiziltas	Blackpool Wyre & Fy	24.0			
4	22 Liam Shields	Liverpool Harriers AC	24.7			
5	44 Greg Williams	St Helens Sutton AC	27.1			
6	55 Tom Booth	West Cheshire AC	27.7			
7						
8						

Men's 400m A

		Wind=	Perf	Record	Wind	AW
1	3 Danny Higham	Liverpool Pembroke	49.6			
2	4 Thadeus Anum-Somuah	St Helens Sutton AC	50.3			
3	5 Chris Goodwin	West Cheshire AC	50.3			
4	6 Peter Wilson	Wirral AC	50.4			
5	1 Ted Romney	Blackpool Wyre & Fy	50.7			
6	2 Mike Fairfield	Liverpool Harriers AC	51.6			
7						
8						

Men's 400m B

		Wind=	Perf	Record	Wind	AW
1	22 James Hunter	Liverpool Harriers AC	50.1			
2	11 Marcus Quarmby	Blackpool Wyre & Fy	51.8			
3	66 Andy Boyd	Wirral AC	52.3			
4	33 Jesse Roberts	Liverpool Pembroke	52.9			
5	44 Ste Clague	St Helens Sutton AC	58.9			
6	55 Tom Booth	West Cheshire AC	60.3			
7						
8						

Men's 800m A

		Wind=	Perf	Record	Wind	AW
1	1 Luke Minns	Blackpool Wyre & Fy	01:52.6			
2	3 Rob Bland	Liverpool Pembroke	01:54.2			
3	6 Jon-Philip Seymour	Wirral AC	02:02.8			
4	4 Ian Costello	St Helens Sutton AC	02:11.5			
5	2 Martin Bateman	Liverpool Harriers AC	02:17.3			
6						
7						
8						

Men's 800m B

		Wind=	Perf	Record	Wind	AW
1	33 Rob Parkinson	Liverpool Pembroke	02:02.1			
2	44 Jamie White	St Helens Sutton AC	02:05.8			
3	11 Daniel Quarmby	Blackpool Wyre & Fy	02:13.6			
4	66 Keiran Morgan	Wirral AC	02:20.1			
5	22 Clive Rigby	Liverpool Harriers AC	03:42.9			
6						
7						
8						

Men's 1500m A

		Wind=	Perf	Record	Wind	AW
1	33 Sean Kirkbride	Liverpool Pembroke	04:07.2			
2	2 Laurie Luscombe	Liverpool Harriers AC	04:13.0			
3	44 Jamie White	St Helens Sutton AC	04:23.7			
4	6 Jon-Philip Seymour	Wirral AC	04:30.0			
5	1 Adam Weightman	Blackpool Wyre & Fy	04:33.2			
6	5 Mark Davies	West Cheshire AC	05:10.3			
7						
8						

Men's 1500m B

		Wind=	Perf	Record	Wind	AW
1	3 Ben Costello	Liverpool Pembroke	04:07.8			
2	22 Sion Wynne-Williams	Liverpool Harriers AC	04:22.5			
3	4 Ian Costello	St Helens Sutton AC	04:42.8			
4	66 Keiran Morgan	Wirral AC	04:47.1			
5	55 Alan Littler	West Cheshire AC	05:23.2			
6						
7						
8						

Men's 3000m S/Chase A

		Wind=	Perf	Record	Wind	AW
1	4 Greg Williams	St Helens Sutton AC	10:49.1			
2	2 Stephen Nicholls	Liverpool Harriers AC	10:57.5			
3	5 Andrew Clague	West Cheshire AC	11:09.4			
4	3 Rob Bland	Liverpool Pembroke	11:42.2			
5	6 Will Ferguson	Wirral AC	12:14.2			
6						
7						
8						

Men's 3000m S/Chase B

		Wind=	Perf	Record	Wind	AW
1	44 Ste Clague	St Helens Sutton AC	11:56.5			
2	33 Paul Rudkin	Liverpool Pembroke	13:27.4			
3	66 Gareth Jones	Wirral AC	14:25.0			
4						
5						
6						
7						
8						

Men's 5000m A

		Wind=	Perf	Record	Wind	AW
1	22 Luke Towers	Liverpool Harriers AC	16:31.7			
2	6 Mark Hulmstom	Wirral AC	17:20.3			
3	5 Andrew Clague	West Cheshire AC	17:58.9			
4	1 Adam Weightman	Blackpool Wyre & Fy	18:46.8			
5	4 Barry Granby	St Helens Sutton AC	18:59.6			
6						
7						
8						

Men's 5000m B

		Wind=	Perf	Record	Wind	AW
1	2 Alan Ashton	Liverpool Harriers AC	16:35.5			
2	66 Joe Johnson	Wirral AC	17:25.0			
3	55 Mark Davies	West Cheshire AC	19:11.7			
4	44 Jake Healey	St Helens Sutton AC	20:07.4			
5						
6						
7						
8						

Men's 400m Hurdles A

		Wind=	Perf	Record	Wind	AW
1	5 Tom Booth	West Cheshire AC	61.5			
2	2 Phil Ellershaw	Liverpool Harriers AC	62.0			
3	6 Ameded Scamavarra	Wirral AC	62.6			
4	4 Ste Clague	St Helens Sutton AC	66.0			
5	1 Dominic Garrett	Blackpool Wyre & Fy	85.6			
6	3 Paul Rudkin	Liverpool Pembroke & Sefton				
7						
8						

Men's 400m Hurdles B

		Wind=	Perf	Record	Wind	AW
1	44 Greg Williams	St Helens Sutton AC	66.9			
2	66 Will Ferguson	Wirral AC	69.0			
3						
4						
5						
6						
7						
8						

Men's 110m Hurdles A

		Wind=	Perf	Record	Wind	AW
1	2 Phil Ellershaw	Liverpool Harriers AC	17.6			
2	5 Tom Booth	West Cheshire AC	19.8			

Men's 110m Hurdles B

		Wind=	Perf	Record	Wind	AW
1	44 Greg Williams	St Helens Sutton AC	24.2			
2						

3	1	Dominic Garrett	Blackpool Wyre & Fy	22.6
4	4	Phil Robinson	St Helens Sutton AC	23.2
5				
6				
7				
8				

3				
4				
5				
6				
7				
8				

#### Men's Hammer A

1	2	Adam Reynolds	Liverpool Harriers AC	44.74
2	5	Dave McKay	West Cheshire AC	44.49
3	1	Dave Shaw	Blackpool Wyre & Fy	36.20
4	4	Gary Ireland	St Helens Sutton AC	35.58
5	3	Paul Jamieson	Liverpool Pembroke	23.44
6	6	Andy Boyd	Wirral AC	15.10
7	0			0.00
8	0			0.00

#### Men's Hammer B

<input checked="" type="checkbox"/>	1	22	Mike Ashworth	Liverpool Harriers AC	37.09	<input checked="" type="checkbox"/>
<input checked="" type="checkbox"/>	2	11	Syd Bashforth	Blackpool Wyre & Fy	32.74	<input checked="" type="checkbox"/>
<input checked="" type="checkbox"/>	3	44	Michael Hughes	St Helens Sutton AC	30.97	<input checked="" type="checkbox"/>
<input checked="" type="checkbox"/>	4	55	Richard Stocker	West Cheshire AC	30.35	<input checked="" type="checkbox"/>
	5	33	Dave McComb snr	Liverpool Pembroke	18.74	
	6	66	Will Ferguson	Wirral AC	9.67	
	7	0			0.00	
	8	0			0.00	

#### Men's Discus A

1	4	Gary Ireland	St Helens Sutton AC	36.35
2	2	Dave McKown	Liverpool Harriers AC	33.96
3	55	Richard Stocker	West Cheshire AC	33.87
4	1	Dave Shaw	Blackpool Wyre & Fy	26.63
5	33	Mike Dandy	Liverpool Pembroke	19.96
6	6	Gareth Jones	Wirral AC	16.39
7	0			0.00
8	0			0.00

#### Men's Discus B

<input checked="" type="checkbox"/>	1	22	Ryan Murray	Liverpool Harriers AC	33.10	<input checked="" type="checkbox"/>
<input checked="" type="checkbox"/>	2	5	Dave McKay	West Cheshire AC	33.02	<input checked="" type="checkbox"/>
<input checked="" type="checkbox"/>	3	44	Nathan Orr	St Helens Sutton AC	27.67	
	4	11	Syd Bashforth	Blackpool Wyre & Fy	26.58	
	5	66	Craig O'Brien	Wirral AC	14.29	
	6	3	Mark Leicester	Liverpool Pembroke	12.11	
	7	0			0.00	
	8	0			0.00	

#### Men's Javelin A

1	5	Dave McKay	West Cheshire AC	56.45
2	2	Dave McKown	Liverpool Harriers AC	49.45
3	44	Phil Robinson	St Helens Sutton AC	37.98
4	3	Zac Ellis	Liverpool Pembroke	37.19
5	6	Gareth Jones	Wirral AC	32.54
6	1	Dave Shaw	Blackpool Wyre & Fy	21.46
7	0			0.00
8	0			0.00

#### Men's Javelin B

<input checked="" type="checkbox"/>	1	22	Andrew Allan	Liverpool Harriers AC	47.84	<input checked="" type="checkbox"/>
<input checked="" type="checkbox"/>	2	55	Cameron Clarke	West Cheshire AC	44.36	<input checked="" type="checkbox"/>
<input checked="" type="checkbox"/>	3	4	Gary Ireland	St Helens Sutton AC	36.60	
<input checked="" type="checkbox"/>	4	33	Mark Leicester	Liverpool Pembroke	34.05	
	5	66	Joe Johnson	Wirral AC	25.87	
	6	11	Dominic Garrett	Blackpool Wyre & Fy	6.32	
	7	0			0.00	
	8	0			0.00	

#### Men's Shot Putt A

1	5	Dave McKay	West Cheshire AC	12.42
2	4	Gary Ireland	St Helens Sutton AC	11.65
3	22	Ryan Murray	Liverpool Harriers AC	11.63
4	11	Dave Shaw	Blackpool Wyre & Fy	9.79
5	6	Andy Boyd	Wirral AC	7.80
6	33	Dave McComb snr	Liverpool Pembroke	7.31
7	0			0.00
8	0			0.00

#### Men's Shot Putt B

<input checked="" type="checkbox"/>	1	2	Dave McKown	Liverpool Harriers AC	11.17	<input checked="" type="checkbox"/>
<input checked="" type="checkbox"/>	2	55	Richard Stocker	West Cheshire AC	10.83	<input checked="" type="checkbox"/>
<input checked="" type="checkbox"/>	3	1	Syd Bashforth	Blackpool Wyre & Fy	9.36	
	4	44	Steven Winn	St Helens Sutton AC	8.07	
	5	66	James Williams	Wirral AC	7.58	
	6	3	Mark Leicester	Liverpool Pembroke	7.16	
	7	0			0.00	
	8	0			0.00	

#### Men's Long Jump A

1	4	Taylor Caton-Hand	St Helens Sutton AC	6.28
2	3	Mark Leicester	Liverpool Pembroke	6.12
3	1	Dominic Broughton	Blackpool Wyre & Fy	5.85
4	6	James Williams	Wirral AC	5.26
5	55	Dave McKay	West Cheshire AC	5.12
6	22	Zulezwan AB-Malik	Liverpool Harriers AC	5.08
7	0			0.00
8	0			0.00

#### Men's Long Jump B

<input checked="" type="checkbox"/>	1	33	Zac Ellis	Liverpool Pembroke	5.19	
<input checked="" type="checkbox"/>	2	11	Dominic Garrett	Blackpool Wyre & Fy	4.86	
<input checked="" type="checkbox"/>	3	5	Michael Bailiff	West Cheshire AC	4.85	
	4	2	Chris Roose	Liverpool Harriers AC	4.48	
	5	66	Andy Boyd	Wirral AC	2.92	
	6	44	Jamie White	St Helens Sutton AC	2.15	
	7	0			0.00	
	8	0			0.00	

#### Men's Triple Jump A

1	1	Adam Snape	Blackpool Wyre & Fy	13.00
2	4	Taylor Caton-Hand	St Helens Sutton AC	12.80
3	33	Rob Parkinson	Liverpool Pembroke	11.22
4	22	Zulezwan AB-Malik	Liverpool Harriers AC	10.75
5	55	Andrew Gore	West Cheshire AC	10.40
6	6	Ameded Scamavarra	Wirral AC	10.27
7	0			0.00
8	0			0.00

#### Men's Triple Jump B

<input checked="" type="checkbox"/>	1	44	Phil Robinson	St Helens Sutton AC	11.12	
<input checked="" type="checkbox"/>	2	3	Zac Ellis	Liverpool Pembroke	10.75	
	3	11	Dominic Broughton	Blackpool Wyre & Fy	10.70	
	4	2	Chris Roose	Liverpool Harriers AC	10.48	
	5	5	Tom Booth	West Cheshire AC	10.35	
	6	66	Andy Boyd	Wirral AC	10.01	
	7	0			0.00	
	8	0			0.00	

#### Men's High Jump A

1	5	Michael Bailiff	West Cheshire AC	1.90
2	1	Adam Snape	Blackpool Wyre & Fy	1.85
3	3	Billy Williams	Liverpool Pembroke	1.85
4	2	Chris Roose	Liverpool Harriers AC	1.65
5	6	Ameded Scamavarra	Wirral AC	1.65
6	4	Phil Robinson	St Helens Sutton AC	1.45

#### Men's High Jump B

<input checked="" type="checkbox"/>	1	55	Alan Littler	West Cheshire AC	1.65	
<input checked="" type="checkbox"/>	2	33	Dave McComb jnr	Liverpool Pembroke	1.60	
<input checked="" type="checkbox"/>	3	22	Zulezwan AB-Malik	Liverpool Harriers AC	1.60	
	4	11	Dominic Garrett	Blackpool Wyre & Fy	1.50	
	5	44	Thadeus Anum-Somuah	St Helens Sutton AC	1.40	

#### Men's Pole Vault A

1	2	Chris Roose	Liverpool Harriers AC	3.50
2	4	Phil Robinson	St Helens Sutton AC	3.40
3	5	Andrew Gore	West Cheshire AC	3.30

#### Men's Pole Vault B

<input checked="" type="checkbox"/>	1	22	Dean Murray	Liverpool Harriers AC	2.90	
<input checked="" type="checkbox"/>	2	44	Ste Clague	St Helens Sutton AC	2.30	
<input checked="" type="checkbox"/>	3	55	John Manning	West Cheshire AC	2.30	

#### Men's 4x100m Relay

1	6	Wirral AC	James Williams	Craig O'Brien	Andy Boyd	Victor Oyesola	43.8	<input checked="" type="checkbox"/>
---	---	-----------	----------------	---------------	-----------	----------------	------	-------------------------------------

