



Dear Parent or Guardian,

On the reverse of this letter you will find the latest Junior Fixture List for the season. Please note that dates will occasionally change so please check with coaches or at the club house before attending a meet. The club hosting the event usually have details on their web site also.

St Helens Sutton AC has a long tradition of success in all forms of competition and it is something that we wish to continue. However, success isn't just about winning competitions, it is also about participation. The Committee are extremely keen to get as many of our young athletes competing as possible.

We aim to make competing fun for our athletes and whilst we will encourage them to do their best and try hard, we are also keen that they enjoy and learn from the experience as this will benefit them in many different ways. We recognise that some athletes struggle for transport to events. If this is the case **please** discuss the matter with your coach or the Team Manager as we may be able to make alternative arrangements. We hope to avoid the situation where an athlete misses out because their parents are working / don't have transport / have other commitments and will do as much as possible to assist.

We will have a Team Manager or Coach at most of the events overleaf. On many occasions they are there to organise the team, sort out the numbers, arrange warm ups etc but they are also happy to answer questions and give advice so please don't be afraid of approaching them.

We look forward to seeing you at the competitions and wish you every success.

Best Wishes

The Coaching Team

Junior Fixtures 2012

Last Updated 20th January 2012



Date	Competition	Location	Team Manager	Age Groups
11 th March Enter by 5/3	Open Event	Blackpool & Wyre AC		Under 9's upwards (no entry on the day)
March	Club Season Opener	Sutton Leisure Centre	Ant Young	U11's to U15's
1 st April	Open Medal Event	Warrington AC		Under 9's upwards
9 th April	Open Medal Event	Trafford AC		Under 11's upwards
15 th April	Open Event	Wigan		Under 9's upwards
22 nd April	Open Medal Event	Trafford AC		Under 11's upwards
29th April	U20's National Junior League			17 to 19 years
6th May	Young Athlete's (YAL)		Helena McGoldrick	U13's to U17's
7 th May	Open Medal Event	Trafford AC		Under 11's upwards
12th May	Merseyside County Championships	Wavertree		Under 11's upwards
12th & 13th May	Cheshire & Gtr Manc County Championships	Warrington	Helena McGoldrick	Under 13's upwards
20th May	Young Athlete's (YAL)		Helena McGoldrick	U13's to U17's
3 rd June	Open Event	Warrington		Under 9's upwards
4 th June	Open Medal Event	Trafford AC		Under 11's upwards
10th June	Cheshire League		Helena McGoldrick	Under 11's upwards
13 th June (eve)	Birkenhead Park Road Races	Wirral AC		Under 13's upwards
16th June	Merseyside Schools	Bebington, Wirral		
17th June	Young Athlete's (YAL)		Helena McGoldrick	U13's to U17's
23rd June	Dash Quadathon	Manchester Sportcity	Ant Young	7yrs to U15's
24th June	U20's National Junior League			17 to 19 years
6th & 7th July	National Schools Championships	Gateshead	N/A	U13 to U17
8th July	Cheshire League		Helena McGoldrick	Under 11's upwards
14th & 15th July	Northern & Midland U20 Championships	Hull		U15's to U20's
22nd July	U20's National Junior League			17 to 19 years
29th July	Young Athlete's (YAL)		Helena McGoldrick	U13's to U17's
12th August	U20's National Junior League			17 to 19 years
26 th August	Open Event	Warrington		Under 9's upwards
27 th August	Open Medal Event	Trafford AC		Under 11's upwards
2nd Sept	Cheshire League		Helena McGoldrick	Under 11's upwards

Note: Fixtures in **Bold Text** are the Priority should you need to make a choice.

Updates can often be found on the web site (www.st-helens-sutton.co.uk)

Facebook Page (St Helens Sutton AC) or Twitter (@sthelenssutton)

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