

1 Sale Harriers Manchester	00:30:47	18 Liverpool Harriers & AC 'B'	00:33:44
Ryan Moore 09:58		Kristian Quirk 11:24	
Alexander Burchill 10:27		Callum Grant 11:07	
C McGahan 10:22		C Manning 11:13	
2 Wakefield DH & AC	00:31:00	19 Rotherham Harriers & AC	00:33:47
Matthew O'Connor 10:14		Connor Ryan 11:06	
James Saxton 10:13		William Johnson 11:50	
Jake Worton 10:33		Nicholas Myers 10:51	
3 Lincoln Wellington AC	00:31:10	20 Leigh Harriers & AC	00:33:49
Dylan Love 10:16		Liam Moore 10:49	
Sam Shuttleworth 10:09		Adam Howarth 11:28	
Haran Dunderdale 10:45		Adam Jamson 11:32	
4 Liverpool Harriers & AC	00:31:20	21 Wakefield DH & AC 'B'	00:33:54
Luke Towers 10:29		Daniel Franks 11:24	
Owen Sharp 10:33		Jack Mitchell 11:22	
Jack Christie 10:18		Steven Eastwood 11:08	
5 East Cheshire H & Tameside AC	00:31:49	22 Chesterfield Dac	00:34:01
Chris Middleton 10:14		Nathan Staniford 10:20	
Joe Steward 10:35		Ed Bilton 11:16	
Jack Donnelly 11:00		Campbell Menzies 12:25	
6 Barrow & Furness Striders AC	00:32:09	23 Liverpool Pembroke & Sefton 'B'	00:34:17
Sam Storey 10:45		Robert Parkinson 11:21	
Ross Campbell 10:42		James Loftus 11:07	
Hakan McCracken 10:42		Kyle Nicholls 11:49	
7 Warrington Athletic Club	00:32:15	24 Kendal Aac	00:34:40
Jack Gleave 10:32		Robbie Ingham 11:04	
Henry Buttress 11:05		Mark Sullivan 11:46	
Matthew Hulse 10:38		Tom Hartley 11:50	
8 Preston Harriers	00:32:20	25 Bury AC	00:34:50
J Coleman 10:05		Nathan Milligan 11:43	
Jack Ellis 11:12		Bryn Davies 11:22	
Sandy Kelly 11:03		Jack Brown 11:45	
9 Trafford AC	00:32:20	26 Sale Harriers Manchester 'B'	00:34:58
Adam Sixsmith 10:21		Alex Bradford 11:30	
Richard Powell 10:50		Khaled Absiyeh 11:43	
Richard Hindley 11:09		Dillon Bezzina 11:45	
10 Liverpool Pembroke & Sefton	00:32:21	27 Wirral AC 'B'	00:36:41
Warren Turner 10:32		Nathan Schofield 11:23	
James Grundy 10:52		Thomas Robertson 13:40	
Ryan Blackwell 10:57		Conor Flanagan 11:38	
11 Vale Royal	00:32:22	East Cheshire H & Tameside B	00:22:07
Michael Vennard 10:47		Adam Hoyles 11:11	
Luke Cockerton 11:01		Callum Dinsdale 10:56	
Zack Bamber 10:34			
12 Wirral AC	00:32:36	Kingston Upon Hull AC	00:23:07
Matthew Westby 11:03		Stuart Singleton 11:04	
Daniel Jarvis 10:56		Harvey Jackson 12:03	
Richard Evans 10:37			
13 Warrington Athletic Club 'B'	00:32:44	Derby AC	00:23:20
Cameron Field 10:22		Terah Hooley 10:52	
David Gant 11:03		Jonathan Owen 12:28	
Christopher Smith 11:19			
14 Lincoln Wellington AC 'B'	00:32:53	Vale Royal 'C'	00:23:59
Joshua Asbrey 10:52		Ryan Moore 11:36	
Harry Baxter 11:05		Matthew Jakeman 12:23	
Joe Wilkinson 10:56			
15 Vale Royal 'B'	00:32:56	Sale Harriers Manchester 'C'	00:24:02
James Ayre 10:56		Ben Fox 12:52	
Lewis Healey 10:37		Kyle Conway 11:10	
Patrick Stradling 11:23			
16 Chorley AC	00:33:24	Hallamshire Harriers	00:10:02
Ryan Sciacca 10:33		Tom Bains 10:02	
Adam Sciacca 11:22			
Joseph Ellison 11:29		Gateshead Harriers & AC	00:11:35
		C Nicholson 11:35	
17 Stockport Harriers & AC	00:33:37	Holmfirth Harriers AC	00:11:49
Kevin Acton 10:38		Robert Hinchliffe 11:49	
Simon Chadwick 11:48			
Robert Ward 11:11			