



Junior Winter Fixtures 2011/12

Last Updated 7th September 2011

XC – Cross Country

Date	Competition	Location	Team Manager	Age Groups
11th Sept	Dream Trail Race	Sutton Manor, St Helens	Ant Young	Under 9's upwards
17 th Sept	NW Road Relays	Sefton Park, Liverpool	Helena McGoldrick	Under 13's upwards
24 th Sept	NW Road Relays	Birchwood, Warrington	Helena McGoldrick	Under 13's upwards
1 st Oct	Northern XC Relays	Sheffield	Helena McGoldrick	Under 13's upwards
16 th Oct	National Road Relays	Sutton Park, B'Ham	Helena McGoldrick	Under 13's upwards
22 nd Oct	Manchester League Cross Country (MACCL)	Heaton Park, Manchester	Helena McGoldrick	Under 11's upwards
23 rd Oct	NW League Sportshall	Kingsway, Widnes	Ant Young	Under 11's upwards
5 th Nov	National XC Relays	Mansfield	Helena McGoldrick	Under 13's upwards
13th Nov	MACCL	Sherdley Park, St Helens	Helena McGoldrick	Under 11's upwards
20 th Nov	NW League Sportshall	Kingsway, Widnes	Ant Young	Under 11's upwards
3 rd Dec	MACCL	Wythenshawe Park, Manchester	Helena McGoldrick	Under 11's upwards
11 th Dec	NW League Sportshall	Kingsway, Widnes	Ant Young	Under 11's upwards
TBC	Christmas Handicap	Sherdley Park, St Helens	Brin Brown	ALL MEMBERS
7 th January	Merseyside AA XC County Championships	Sherdley Park, St Helens	TBC	Under 13's upwards
7 th January	Cheshire AA XC County Championships	Winsford	TBC	Under 13's upwards
15 th Jan	MACCL	Woodbank Park, Stockport	Helena McGoldrick	Under 11's upwards
12 th Feb	NW League Sportshall Final	Robin Park, Wigan	Ant Young	Under 11's upwards If we qualify

Note: Fixtures in **Bold Text** are the Priority should you need to make a choice.

Updates can often be found on the web site (www.st-helens-sutton.co.uk) or Facebook Page (St Helens Sutton AC)

Coaches Email Addresses

Helena McGoldrick:

helenamcgoldrick@hotmail.co.uk

Sue Clague:

sue.clague@blueyonder.co.uk

Colin Spark:

colinspark58@blueyonder.co.uk

Antony Young:

ayoung@demuto.eu