

TRAFFORD AC - GRAND PRIX MEETING**Monday 02-May-11****70M Hurdles Heat 1**

1	333	Sophie Ullah	U13	F	Sale Harriers Manchester,	12.53
2	318	Megan McHugh	U13	F	Trafford AC	12.76
3	231	Francesca Carosi	U13	F	Stockport Harriers & AC	15.69

70M Hurdles Heat 2

1	353	Morgan Angland	U13	F	Blackburn Harriers & AC	13.40
2	204	Charlotte Jones	U13	F	Derby AC	14.67
3	267	Elle Taylor	U13	F	Leigh Harriers & AC	15.93

70M Hurdles Heat 3

1	232	Kim Snape	U13	F	Trafford AC	13.96
2	302	Amie Page	U13	F	Sale Harriers Manchester,	16.22
3	236	Georgia Percival	U13	F	Altrincham & District AC	16.98

75M Hurdles Heat 1

1	218	Amy Williams	U15	F	Sale Harriers Manchester,	12.12
2	381	Georgia Pickles	U15	F	Crewe and Nantwich AC	13.33
3	200	J'Nae Ward	U15	F	Sale Harriers Manchester,	13.77
4	317	Evie Hancox	U15	F	Dash AC	15.25
5	202	Courtney Leonard	U15	F	Sale Harriers Manchester,	15.26

75M Hurdles Heat 2

1	284	Alexis Newton-French	U15	F	Telford AC	11.82
2	260	Caoimhe Crampton	U15	F	Leeds City AC	12.25
3	228	Melissa Fletcher	U15	F	Leeds City AC	12.41
4	242	Tameika Cuff	U15	F	Trafford AC	17.99

75M Hurdles Heat 3

1	273	George Orton	U13	M	Holmfirth Harriers AC	14.13
2	398	Charlie Pozniak	U13	M	Trafford AC	15.93
3	388	Rory Canham	U13	M	Sale Harriers Manchester,	16.35
4	320	Adam Day	U13	M	Dash AC	16.88

75M Hurdles Heat 4

1	336	Adam Spilsbury	U13	M	Sale Harriers Manchester,	15.91
2	270	James Edmundson	U13	M	Preston Harriers	17.54
3	379	Fred Dobberson	U13	M	Crewe and Nantwich AC	23.76

80M Hurdles Heat 1

1	366	Jerell Marchan	U15	M	Trafford AC	12.20
2	275	Jacob Fincham-Dukes	U15	M	Leeds City AC	12.22
3	298	David Ward	U15	M	Dash AC	16.57

600M Heat 1

1	468	Ben Lee	U11	M	Vale Royal AC	01:48.16
2	377	James Molloy	U11	M	LBHS	01:54.28
3	258	Jerome Jolly	U11	M	Blackpool Wyre and Flyde AC	01:54.88
4	244	Clark Smith	U11	M	Altrincham & District AC	01:55.19
5	519	Daniel Jakeman	U11	M	Vale Royal AC	01:58.49
6	396	Luke Merrill	U11	M	Unattached	01:59.86
7	229	Fabio Carosi	U11	M	Stockport Harriers & AC	02:01.11
8	224	Paul Morrison	U11	M	West Cheshire AC	02:05.17
9	313	Ben Batho	U11	M	Stockport Harriers & AC	02:07.06
10	480	Charlie Watson	U11	M	Sale Harriers Manchester,	02:07.08
11	516	Dylan Bourke	U11	M	Stockport Harriers & AC	02:15.81
12	283	Matthew Doherty	U11	M	Dash AC	02:16.34

13	463	Ethan O'Gorman	U11	M	Trafford AC	02:18.52
14	211	Peter Davies	U11	M	St Helens Sutton	02:21.84
15	322	Michael Day	U11	M	Dash AC	02:22.12

600M Heat 2

1	369	Eleanor Kenny	U11	F	Manchester Harriers & AC	01:54.42
2	327	Megan Taylor	U11	F	Manchester Harriers & AC	01:58.52
3	484	Lucy Mills	U11	F	Halifax Harriers & AC	02:01.11
4	359	Danielle McMinn	U11	F	Trafford AC	02:07.92
5	470	Hannah Cookson	U11	F	Blackburn Harriers & AC	02:08.70
6	289	Darcey Lonsdale	U11	F	Blackpool Wyre and Flyde AC	02:11.94
7	281	Brooke Tilley	U11	F	Dash AC	02:14.36
8	219	Molly Howorth	U11	F	Trafford AC	02:16.32
9	347	Rosie Dyer	U11	F	St. Helens Sutton AC	02:30.26

600M Heat 3

1	259	Jasmine Jolly	U11	F	Blackpool Wyre and Flyde AC	01:55.30
2	348	Charlie Peters	U11	F	Cannock & Staffs AC	01:55.76
3	362	Elizabeth Twite	U11	F	Sale Harriers Manchester,	01:58.01
4	295	Hannah Eadie	U11	F	Blackpool Wyre and Flyde AC	02:03.08
5	278	Tia Blissett	U11	F	Sale Harriers Manchester,	02:04.92
6	338	Tess McHugh	U11	F	Trafford AC	02:08.94
7	382	Bethany Thornton	U11	F	Sale Harriers Manchester,	02:09.69
8	383	Georgia Dowell	U11	F	Sale Harriers Manchester,	02:11.10
9	378	Fay Molloy	U11	F	LBHS	02:12.27
10	387	Josie Canham	U11	F	Sale Harriers Manchester,	02:17.19
11	328	Beth Taylor	U11	F	Manchester Harriers & AC	02:20.34
12	272	Megan Lewis	U11	F	East Cheshire Harriers & Tameside AC	02:33.91

800M Heat 1

1	308	James Fradley	U13	M	Newcastle (Staffs) AC	02:18.08
2	290	Jake Lonsdale	U13	M	Blackpool Wyre and Flyde AC	02:23.04
3	466	Thomas Wiseman	U13	M	Salford Metropolitan AC	02:33.44
4	332	Tom Rogerson	U13	M	Liverpool Harriers & AC	02:35.27
5	503	Joe Hammond	U13	M	Sale Harriers Manchester,	02:37.59
6	472	Nic Criddle	U13	M	Trafford AC	02:42.00
7	282	Sam Doherty	U13	M	Dash AC	02:47.15
8	350	James Dykes	U13	M	Warrington AC	02:51.71

800M Heat 2

1	307	Adam Woosey	U13	M	St. Helens Sutton AC	02:30.72
2	311	Oliver Hudson	U13	M	Sale Harriers Manchester,	02:35.86
3	249	Colin Daly	U13	M	Trafford AC	02:37.13
4	476	Josh Hinchly	U13	M	West Cheshire AC	02:38.52
5	336	Adam Spilsbury	U13	M	Sale Harriers Manchester,	02:42.26
6	469	Dylan Burchill	U13	M	Sale Harriers Manchester,	02:44.93
7	367	Mikey Kingston	U13	M	Trafford AC	02:45.75
8	507	Luke McKendry	U13	M	Sale Harriers Manchester,	02:48.66
9	395	Alex Taylor	U13	M	Sale Harriers Manchester,	02:57.89
10	320	Adam Day	U13	M	Dash AC	03:03.42

800M Heat 3

1	345	Eliza Brackenridge-Jones	U13	F	Stockport Harriers & AC	02:31.02
2	479	Emma Donaghy	U13	F	Stockport Harriers & AC	02:36.04
3	246	Chayce Smith	U13	F	Altrincham & District AC	02:37.15
4	486	Jasmine Hannon	U13	F	Stockport Harriers & AC	02:37.35
5	522	Claudia Cowan	U13	F	Sale Harriers Manchester,	02:40.30

6	399	Millie Maciver	U13	F	East Cheshire Harriers & Tameside AC	02:41.69
7	293	Alice Bruce	U13	F	Sale Harriers Manchester,	02:42.10
8	497	Liberty Haywood Percival	U13	F	Salford Metropolitan AC	02:45.50
9	318	Megan McHugh	U13	F	Trafford AC	02:48.64
10	236	Georgia Percival	U13	F	Altrincham & District AC	03:07.29

800M Heat 4

1	478	Lucy Donaghy	U13	F	Stockport Harriers & AC	02:28.57
2	380	Danielle Stringer	U13	F	Manchester Harriers & AC	02:36.05
3	530	Ciara Lydon	U13	F	Sale Harriers Manchester,	02:40.01
4	368	Amelia Lancaster	U13	F	City of Sheffield AC	02:44.95
5	363	Eleanor Twite	U13	F	Sale Harriers Manchester,	02:47.09
6	353	Morgan Angland	U13	F	Blackburn Harriers & AC	02:51.44
7	504	Francesca Brint	U13	F	Sale Harriers Manchester,	02:52.42
8	356	Maisie Ashurst-Williams	U13	F	Wigan & District Harriers & AC	02:54.27
9	215	Lydia Lewis	U13	F	Sale Harriers Manchester,	02:56.25
10	301	Jenni Park	U13	F	Dash AC	02:56.96
11	337	Eve Proudlove	U13	F	Sale Harriers Manchester,	02:56.99

800M Heat 5

1	355	Ryan Babcock	U15	M	Trafford AC	02:16.95
2	493	James Taylor	U15	M	Wirral AC	02:17.91
3	385	Chris Fance	U15	M	Warrington AC	02:20.41
4	329	Daniel Evans	U15	M	Warrington AC	02:22.39
5	212	James Emerson	U15	M	Halifax Harriers & AC	02:23.40
6	513	Daniel Richardson	U15	M	Warrington AC	02:24.66
7	326	Tom Taylor	U15	M	Manchester Harriers & AC	02:24.75
8	518	Leighton Sharman	U15	M	Warrington AC	02:26.39
9	351	Robert Dykes	U15	M	Warrington AC	02:32.01
10	521	Dylan Stanway	U15	M	Sale Harriers Manchester,	02:36.04
11	525	Jordan Bezzina	U15	M	Sale Harriers Manchester,	02:51.26
12	505	Daniel Brint	U15	M	Sale Harriers Manchester,	03:09.21

800M Heat 6

1	248	Jess Wright	U15	F	Halton & Frodsham Harriers	02:28.85
2	344	Catherine Podmore	U15	F	Sale Harriers Manchester,	02:33.58
3	296	Connie Vickers	U15	F	Sale Harriers Manchester,	02:34.48
4	487	Eve Gibson	U15	F	Sale Harriers Manchester,	02:37.66
5	261	Emelia Berrisford	U15	F	City of Stoke AC	02:38.45
6	381	Georgia Pickles	U15	F	Crewe and Nantwich AC	02:42.40
7	286	Niamh Hartshorne	U15	F	East Cheshire Harriers & Tameside AC	02:48.70

800M Heat 7

1	475	Rachel Hibberd	U15	F	Sale Harriers Manchester,	02:28.31
2	461	Megan Lowe	U15	F	Sale Harriers Manchester,	02:29.09
3	324	Sophia Brennan	U15	F	Liverpool Harriers & AC	02:29.21
4	375	Regan Smith	U15	F	Halifax Harriers & AC	02:31.92
5	477	Amy Hinchly	U15	F	West Cheshire AC	02:34.40
6	510	Alysha Goddard	U15	F	Warrington AC	02:38.09
7	238	Lauren Wilson	U15	F	Chesterfield & District AC	02:47.68

100M Heat 1

1	523	Sam Denny	U13	M	Vale Royal AC	13.36
2	257	Nathaniel Marshall	U13	M	Bolton United Harriers & AC	13.45
3	330	Jack Evans	U13	M	Warrington AC	13.74
4	388	Rory Canham	U13	M	Sale Harriers Manchester,	14.91
5	482	Thomas Watson	U13	M	Sale Harriers Manchester,	14.99

6	398	Charlie Pozniak	U13	M	Trafford AC	15.85
7	395	Alex Taylor	U13	M	Sale Harriers Manchester,	16.59

100M Heat 2

1	343	Joshua Pemberton	U13	M	Trafford AC	14.05
2	273	George Orton	U13	M	Holmfirth Harriers AC	14.37
3	254	Thomas McArdle	U13	M	Stockport Harriers & AC	14.57
4	489	James Kelly	U13	M	Oldham & Royton Harriers & AC	15.46
5	490	Joshua Hannon	U13	M	Stockport Harriers & AC	16.44
6	465	Azhaar Niazi	U13	M	Altrincham & District AC	17.06

100M Heat 3

1	300	James Ratcliffe	U13	M	Sale Harriers Manchester,	14.23
2	472	Nic Criddle	U13	M	Trafford AC	14.64
3	394	Laurence Dowell	U13	M	Sale Harriers Manchester,	14.65
4	253	Michael Pomfret	U13	M	Stockport Harriers & AC	14.66
5	526	Noah Glennon	U13	M	Leigh Harriers & AC	14.78
6	390	Nico Nealon	U13	M	Sale Harriers Manchester,	15.49

100M Heat 4

1	305	Josh Boulton	U15	M	Crewe and Nantwich AC	11.91
2	512	Roger Deague	U15	M	Unattached	12.45
3	276	Matthew Pagan	U15	M	West Cheshire AC	12.80
4	467	Sufyaan Niazi	U15	M	Altrincham & District AC	14.00
5	245	Clive Smith	U15	M	Altrincham & District AC	14.18

100M Heat 5

1	528	Denver Morrison	U15	M	Sale Harriers Manchester,	11.97
2	529	Felix Tighe	U15	M	Sale Harriers Manchester,	12.23
3	520	Sam Brunt	U15	M	Trafford AC	12.72
4	500	Kane Densley	U15	M	Tamworth AC	13.50
5	291	Cairns Kingsley	U13	M	Preston Harriers	15.17

100M Heat 6

1	352	Tash Gardner	U15	F	Blackpool Wyre and Flyde AC	13.18
2	214	Hannah Arnold	U15	F	Stockport Harriers & AC	13.54
3	260	Caoimhe Crampton	U15	F	Leeds City AC	13.57
4	534	Shelby Jack	U15	F	St. Helens Sutton AC	13.91
5	285	Amelia Timpany	U15	F	Stockport Harriers & AC	13.98
6	473	Aoife Gilchrist	U15	F	Sale Harriers Manchester,	14.12

100M Heat 7

1	255	Laura Pegler	U15	F	Dash AC	13.29
2	376	Amy Pollard	U15	F	Bingley Harriers & AC	13.32
3	386	Eleanor Canham	U15	F	Sale Harriers Manchester,	13.70
4	481	Isobelle Watson	U15	F	Sale Harriers Manchester,	14.04
5	371	Katrina Kelly	U15	F	Blackpool Wyre and Flyde AC	14.34
6	492	Lucy Whittaker	U15	F	Salford Metropolitan AC	15.07

100M Heat 8

1	524	Ellie Edwards	U15	F	Trafford AC	12.80
2	201	Alyssia Carr	U15	F	Sale Harriers Manchester,	12.83
3	358	Charlotte Ogden	U15	F	Dash AC	12.85
4	268	Rebecca Hall	U15	F	City of Sheffield AC	13.35
5	514	Charlotte Worthington	U15	F	Sale Harriers Manchester,	13.79
6	299	Georgie Park	U15	F	Dash AC	13.89

100M Heat 9

1	208	Katy Johnson	U15	F	Ellenborough AC	13.21
2	218	Amy Williams	U15	F	Sale Harriers Manchester,	13.38

3	237	Corey Wilson	U15	F	Chesterfield & District AC	13.64
4	242	Tameika Cuff	U15	F	Trafford AC	13.74
5	306	Rachael Woosey	U15	F	St. Helens Sutton AC	13.78
6	213	Lydia Holmes	U15	F	Stockport Harriers & AC	14.29

75M Heat 1

1	221	Rebekah Tiler	U13	F	Bingley Harriers & AC	9.81
2	339	Rebecca Heys	U13	F	Sale Harriers Manchester,	11.21
3	231	Francesca Carosi	U13	F	Stockport Harriers & AC	11.46
4	280	Lucy Cartledge	U13	F	Dash AC	12.03
5	269	Eleanor Hall	U13	F	City of Sheffield AC	12.14
6	204	Charlotte Jones	U13	F	Derby AC	12.18

75M Heat 2

1	243	Neve Evans	U13	F	Wrexham AAC	10.76
2	312	Natrika Wildman	U13	F	Pendle AC	11.07
3	234	Lili Boyle	U13	F	Trafford AC	11.18
4	256	Rebecca Smith	U13	F	Wigan & District Harriers & AC	11.19
5	301	Jenni Park	U13	F	Dash AC	11.42
6	222	Caitlin Young	U13	F	St Helens Sutton	11.94

75M Heat 3

1	345	Eliza Brackenridge-Jones	U13	F	Stockport Harriers & AC	10.82
2	263	Grace Bower	U13	F	Stockport Harriers & AC	11.15
3	372	Alicia Kandeke	U13	F	Oldham & Royton Harriers & AC	11.26
4	279	Libby Geary	U13	F	Dash AC	11.45
5	215	Lydia Lewis	U13	F	Sale Harriers Manchester,	12.11
5	509	Beth Farrington	U13	F	Rochdale Harriers & AC	12.70

75M Heat 4

1	515	Shannon Miller	U13	F	Stockport Harriers & AC	10.97
2	220	Olivia Williams	U13	F	West Cheshire AC	11.23
3	391	Emily Evans	U13	F	Sale Harriers Manchester,	11.24
4	232	Kim Snape	U13	F	Trafford AC	11.33
5	302	Amie Page	U13	F	Sale Harriers Manchester,	12.00

75M Heat 5

1	341	Spencer Phelan	U11	M	Pendle AC	11.67
2	277	Daniel Pagan	U11	M	West Cheshire AC	11.99
3	480	Charlie Watson	U11	M	Sale Harriers Manchester,	12.13
4	373	Lorcan Kelly	U11	M	Trafford AC	12.37
5	532	Luke Greenwood	U11	M	Trafford AC	13.22
6	370	Adrian Kandeke	U11	M	Oldham & Royton Harriers & AC	13.79

75M Heat 6

1	357	Harry Steed	U11	M	Salford Metropolitan AC	11.14
2	496	Sydney Sullivan	U11	M	Blackpool Wyre and Flyde AC	11.47
3	229	Fabio Carosi	U11	M	Stockport Harriers & AC	12.54
4	250	Dillon Roughneen	U11	M	-	12.71
5	516	Dylan Bourke	U11	M	Stockport Harriers & AC	13.78
6	322	Michael Day	U11	M	Dash AC	13.85

75M Heat 7

1	468	Ben Lee	U11	M	Vale Royal AC	10.99
2	262	Connor Patterson	U11	M	Leigh Harriers & AC	11.21
3	377	James Molloy	U11	M	LBHS	11.33
4	491	Jack Bradburn	U11	M	Altrincham & District AC	11.56
5	258	Jerome Jolly	U11	M	Blackpool Wyre and Flyde AC	12.30
6	209	Nathan Booth	U11	M	Sale Harriers Manchester,	13.49

75M Heat 8

1	494	Stacey Simms	U11	F	Salford Metropolitan AC	12.25
2	338	Tess McHugh	U11	F	Trafford AC	12.44
3	241	Jameelah Ologundudu	U11	F	Trafford AC	12.49
4	297	Ellie Ward	U11	F	Dash AC	13.12
5	272	Megan Lewis	U11	F	East Cheshire Harriers & Tameside AC	13.76

75M Heat 9

1	278	Tia Blissett	U11	F	Sale Harriers Manchester,	11.61
2	483	Willow Ambler-Danyluk	U11	F	Halifax Harriers & AC	11.96
3	470	Hannah Cookson	U11	F	Blackburn Harriers & AC	12.19
4	383	Georgia Dowell	U11	F	Sale Harriers Manchester,	12.46
5	281	Brooke Tilley	U11	F	Dash AC	12.57
6	328	Beth Taylor	U11	F	Manchester Harriers & AC	13.60

75M Heat 10

1	292	Keighley Cairns	U11	F	Preston Harriers	11.13
2	354	Libby Angland	U11	F	Blackburn Harriers & AC	11.14
3	205	Sarah Preston	U11	F	Cannock & Staffs AC	11.78
4	484	Lucy Mills	U11	F	Halifax Harriers & AC	11.94
5	349	Millie Peters	U11	F	Cannock & Staffs AC	13.98

75M Heat 11

1	294	Molly Larkin	U11	F	Trafford AC	11.46
2	485	Verity Garnes	U11	F	Sale Harriers Manchester,	11.82
3	235	Issi Boyle	U11	F	Trafford AC	13.04
4	274	Alice Orton	U11	F	Holmfirth Harriers AC	13.07
5	374	Maeve Kelly	U11	F	Trafford AC	13.39

75M Heat 12

1	230	Rhea Southcott	U11	F	Bingley Harriers & AC	11.65
2	266	Maisie Taykor	U11	F	Leigh Harriers & AC	12.32
3	387	Josie Canham	U11	F	Sale Harriers Manchester,	12.74
4	359	Danielle McMinn	U11	F	Trafford AC	13.07
5	347	Rosie Dyer	U11	F	St. Helens Sutton AC	14.00
6	247	Katie Daly	U11	F	Trafford AC	14.35

400M Heat 1

1	245	Clive Smith	U15	M	Altrincham & District AC	62.97
2	471	Adam Clayton	U15	M	Doncaster Harriers AC	65.38
3	525	Jordan Bezzina	U15	M	Sale Harriers Manchester,	69.57
4	298	David Ward	U15	M	Dash AC	70.59
5	511	Alex Warren	U15	M	Trafford AC	72.35

200M Heat 1

1	343	Joshua Pemberton	U13	M	Trafford AC	29.69
2	249	Colin Daly	U13	M	Trafford AC	29.98
3	282	Sam Doherty	U13	M	Dash AC	30.43
4	526	Noah Glennon	U13	M	Leigh Harriers & AC	31.20
5	253	Michael Pomfret	U13	M	Stockport Harriers & AC	31.77
6	223	Ciaran Johnson	U13	M	Blackpool Wyre and Flyde AC	31.94

200M Heat 2

1	308	James Fradley	U13	M	Newcastle (Staffs) AC	27.43
2	330	Jack Evans	U13	M	Warrington AC	27.94
3	360	Dominic Blake	U13	M	Trafford AC	28.01
4	300	James Ratcliffe	U13	M	Sale Harriers Manchester,	29.13
5	287	Ethan Hartshorne	U13	M	East Cheshire Harriers & Tameside AC	31.24
6	490	Joshua Hannon	U13	M	Stockport Harriers & AC	34.40

200M Heat 3

1	523	Sam Denny	U13	M Vale Royal AC	27.68
2	472	Nic Criddle	U13	M Trafford AC	29.90
3	254	Thomas McArdle	U13	M Stockport Harriers & AC	30.74
4	367	Mikey Kingston	U13	M Trafford AC	32.40
5	482	Thomas Watson	U13	M Sale Harriers Manchester,	32.49

200M Heat 4

1	366	Jerell Marchan	U15	M Trafford AC	25.01
2	520	Sam Brunt	U15	M Trafford AC	25.67
3	276	Matthew Pagan	U15	M West Cheshire AC	26.32
4	321	Noah Saunders	U15	M Horwich R M I Harriers & AC	26.77
5	467	Sufyaan Niazi	U15	M Altrincham & District AC	29.06

200M Heat 5

1	305	Josh Boulton	U15	M Crewe and Nantwich AC	23.62
2	528	Denver Morrison	U15	M Sale Harriers Manchester,	24.02
3	512	Roger Deague	U15	M Unattached	25.45
4	500	Kane Densley	U15	M Tamworth AC	26.75
5	298	David Ward	U15	M Dash AC	31.64

200M Heat 6

1	201	Alyssia Carr	U15	F Sale Harriers Manchester,	26.21
2	524	Ellie Edwards	U15	F Trafford AC	26.25
3	208	Katy Johnson	U15	F Ellenborough AC	26.87
4	200	J'Nae Ward	U15	F Sale Harriers Manchester,	27.57
5	248	Jess Wright	U15	F Halton & Frodsham Harriers	28.38

200M Heat 7

1	306	Rachael Woosey	U15	F St. Helens Sutton AC	27.92
2	242	Tameika Cuff	U15	F Trafford AC	28.04
3	473	Aoife Gilchrist	U15	F Sale Harriers Manchester,	28.88
4	475	Rachel Hibberd	U15	F Sale Harriers Manchester,	28.95
5	299	Georgie Park	U15	F Dash AC	30.14
6	492	Lucy Whittaker	U15	F Salford Metropolitan AC	30.95

200M Heat 8

1	508	Beth Donnelly	U15	F East Cheshire Harriers & Tameside AC	28.01
2	376	Amy Pollard	U15	F Bingley Harriers & AC	28.38
3	255	Laura Pegler	U15	F Dash AC	28.55
4	386	Eleanor Canham	U15	F Sale Harriers Manchester,	29.08
5	240	Emily Ball	U15	F West Cheshire AC	30.23
6	487	Eve Gibson	U15	F Sale Harriers Manchester,	31.07

200M Heat 9

1	358	Charlotte Ogden	U15	F Dash AC	27.46
2	228	Melissa Fletcher	U15	F Leeds City AC	28.48
3	514	Charlotte Worthington	U15	F Sale Harriers Manchester,	28.76
4	285	Amelia Timpany	U15	F Stockport Harriers & AC	28.93
5	213	Lydia Holmes	U15	F Stockport Harriers & AC	29.83
6	324	Sophia Brennan	U15	F Liverpool Harriers & AC	30.04

200M Heat 10

1	268	Rebecca Hall	U15	F City of Sheffield AC	27.63
2	214	Hannah Arnold	U15	F Stockport Harriers & AC	27.75
3	237	Corey Wilson	U15	F Chesterfield & District AC	27.95
4	304	Sophie Williams	U15	F Horwich R M I Harriers & AC	28.94
5	286	Niamh Hartshorne	U15	F East Cheshire Harriers & Tameside AC	31.57

150M Heat 1

1	243	Neve Evans	U13	F	Wrexham AAC	21.19
2	312	Natrika Wildman	U13	F	Pendle AC	21.25
3	391	Emily Evans	U13	F	Sale Harriers Manchester,	22.35
4	231	Francesca Carosi	U13	F	Stockport Harriers & AC	23.15
5	234	Lili Boyle	U13	F	Trafford AC	23.26

150M Heat 2

1	263	Grace Bower	U13	F	Stockport Harriers & AC	22.32
2	232	Kim Snape	U13	F	Trafford AC	22.96
3	339	Rebecca Heys	U13	F	Sale Harriers Manchester,	23.40
4	222	Caitlin Young	U13	F	St Helens Sutton	24.65
5	314	Maria Gabrilatson	U13	F	Oldham & Royton Harriers & AC	27.14

150M Heat 3

1	221	Rebekah Tiler	U13	F	Bingley Harriers & AC	20.20
2	246	Chayce Smith	U13	F	Altrincham & District AC	21.84
3	264	Caitlin Hornby	U13	F	Preston Harriers	21.95
4	515	Shannon Miller	U13	F	Stockport Harriers & AC	22.41
5	280	Lucy Cartledge	U13	F	Dash AC	24.64

150M Heat 4

1	527	Maria McPloin	U13	F	Leigh Harriers & AC	21.98
2	256	Rebecca Smith	U13	F	Wigan & District Harriers & AC	22.30
3	497	Liberty Haywood Percival	U13	F	Salford Metropolitan AC	23.28
4	372	Alicia Kandeke	U13	F	Oldham & Royton Harriers & AC	23.34
5	215	Lydia Lewis	U13	F	Sale Harriers Manchester,	23.70

150M Heat 5

1	262	Connor Patterson	U11	M	Leigh Harriers & AC	22.77
2	373	Lorcan Kelly	U11	M	Trafford AC	24.93
3	463	Ethan O'Gorman	U11	M	Trafford AC	26.55
4	370	Adrian Kandeke	U11	M	Oldham & Royton Harriers & AC	27.00
5	313	Ben Batho	U11	M	Stockport Harriers & AC	27.56

150M Heat 6

1	519	Daniel Jakeman	U11	M	Vale Royal AC	23.05
2	496	Sydney Sullivan	U11	M	Blackpool Wyre and Flyde AC	23.64
3	244	Clark Smith	U11	M	Altrincham & District AC	24.95
4	229	Fabio Carosi	U11	M	Stockport Harriers & AC	25.96
5	209	Nathan Booth	U11	M	Sale Harriers Manchester,	28.47

150M Heat 7

1	377	James Molloy	U11	M	LBHS	22.26
2	357	Harry Steed	U11	M	Salford Metropolitan AC	22.36
3	341	Spencer Phelan	U11	M	Pendle AC	23.87
4	532	Luke Greenwood	U11	M	Trafford AC	27.10

150M Heat 8

1	362	Elizabeth Twite	U11	F	Sale Harriers Manchester,	23.91
2	294	Molly Larkin	U11	F	Trafford AC	24.30
3	205	Sarah Preston	U11	F	Cannock & Staffs AC	25.11
4	378	Fay Molloy	U11	F	LBHS	25.85
5	219	Molly Howorth	U11	F	Trafford AC	27.22
6	374	Maeve Kelly	U11	F	Trafford AC	27.48

150M Heat 9

1	348	Charlie Peters	U11	F	Cannock & Staffs AC	22.89
2	230	Rhea Southcott	U11	F	Bingley Harriers & AC	23.39
3	483	Willow Ambler-Danyluk	U11	F	Halifax Harriers & AC	23.70
4	485	Verity Garnes	U11	F	Sale Harriers Manchester,	23.92

5	266	Maisie Taykor	U11	F	Leigh Harriers & AC	25.08
6	349	Millie Peters	U11	F	Cannock & Staffs AC	29.22

150M Heat 10

1	292	Keighley Cairns	U11	F	Preston Harriers	22.18
2	259	Jasmine Jolly	U11	F	Blackpool Wyre and Flyde AC	23.17
3	327	Megan Taylor	U11	F	Manchester Harriers & AC	23.45
4	382	Bethany Thornton	U11	F	Sale Harriers Manchester,	24.70
5	297	Ellie Ward	U11	F	Dash AC	26.39

1200M Heat 1

1	499	Imani Wilson	U13	F	Hallamshire Harriers Sheffield	04:05.54
2	517	Georgia Bourke	U13	F	Stockport Harriers & AC	04:24.43
3	535	Abi Smith	U13	F	Sale Harriers Manchester,	04:33.49
4	389	Sophie Burgess	U13	F	Sale Harriers Manchester,	04:36.26
5	252	Abbie Dickenson	U13	F	Warrington AC	04:43.96
6	334	Pippa Ullah	U13	F	Rochdale Harriers & AC	04:54.85

1500M Heat 1

1	474	Ewan Gilchrist	U15	M	Sale Harriers Manchester,	04:48.82
2	533	Ian Piczenik	U15	M	Trafford AC	04:55.75
3	471	Adam Clayton	U15	M	Doncaster Harriers AC	05:05.75
4	392	Matthew Sutton	U15	M	Manchester Triathlon Club	05:16.79

1500M Heat 1

1	361	Chelsea Nugent	U15	F	Carlisle Aspatria AC	04:58.56
2	508	Beth Donnelly	U15	F	East Cheshire Harriers & Tameside AC	05:05.23
3	340	Caitlin Thomas	U15	F	Sale Harriers Manchester,	05:19.48
4	501	Julia Hassall	U15	F	Sale Harriers Manchester,	05:23.20
5	495	Charlotte Simms	U15	F	Salford Metropolitan AC	05:26.83
6	498	Lexie Wilson	U15	F	Hallamshire Harriers Sheffield	05:44.63
7	342	Becky Chapman	U15	F	Dash AC	06:08.83
8	384	Emily Ross	U15	F	Halton & Frodsham Harriers	06:11.20

1500M Heat 1

1	531	Michael Quin	U13	M	Sale Harriers Manchester,	05:07.04
2	271	George Lewis	U13	M	East Cheshire Harriers & Tameside AC	05:08.37
3	303	Christopher Larkin	U13	M	Halton & Frodsham Harriers	05:16.45
4	335	Jake Spilsbury	U13	M	Sale Harriers Manchester,	05:19.93
5	379	Fred Dobberson	U13	M	Crewe and Nantwich AC	05:22.28
6	225	Joseph Morrison	U13	M	West Cheshire AC	05:25.96
7	227	Ben Oldham	U13	M	St Helens Sutton	05:37.80
8	489	James Kelly	U13	M	Oldham & Royton Harriers & AC	05:40.98
9	287	Ethan Hartshorne	U13	M	East Cheshire Harriers & Tameside AC	05:47.09

DISCUS U13 Girls

1	331	Leah Hillman	U13	F	Pendle AC	25.75
2	323	Jenny Pyatt	U13	F	Halton & Frodsham Harriers	23.78
3	346	Jessica Hirst	U13	F	Halifax Harriers & AC	18.63
4	226	Megan Nogy	U13	F	City of Sheffield AC	14.96
5	288	Emma Lowe	U13	F	Sale Harriers Manchester,	13.31

DISCUS U13 Boys

1	223	Ciaran Johnson	U13	M	Blackpool Wyre and Flyde AC	21.06
2	270	James Edmundson	U13	M	Preston Harriers	13.22

DISCUS U15 Girls

1	371	Katrina Kelly	U15	F	Blackpool Wyre and Flyde AC	21.46
2	240	Emily Ball	U15	F	West Cheshire AC	21.22
3	203	Nicola Sawyer	U15	F	Leeds City AC	21.20

4	239	Shannon Ashmore	U15	F	Chesterfield & District AC	19.75
5	265	Katie Lennon	U15	F	Crewe and Nantwich AC	18.38
6	340	Caitlin Thomas	U15	F	Sale Harriers Manchester,	16.24
7	310	Annabel Dowd	U15	F	Sale Harriers Manchester,	14.85
8	384	Emily Ross	U15	F	Halton & Frodsham Harriers	14.82
9	344	Catherine Podmore	U15	F	Sale Harriers Manchester,	13.49

DISCUS U15 Boys

1	309	Jake Grundy	U15	M	Bolton United Harriers & AC	41.58
2	464	Matthew Williams	U15	M	Wrexham AAC	35.45
3	210	Joshua Booth	U15	M	Sale Harriers Manchester,	31.18
4	217	Cormack Lever	U15	M	City of Sheffield AC	24.07

SHOT PUTT U13 Girls

1	325	Gemma Kinsley	U13	F	Wigan & District Harriers & AC	9.31
2	331	Leah Hillman	U13	F	Pendle AC	8.85
3	346	Jessica Hirst	U13	F	Halifax Harriers & AC	8.05
4	333	Sophie Ullah	U13	F	Sale Harriers Manchester,	7.79
5	226	Megan Nogy	U13	F	City of Sheffield AC	6.50
6	267	Elle Taylor	U13	F	Leigh Harriers & AC	5.06
7	509	Beth Farrington	U13	F	Rochdale Harriers & AC	4.98
8	264	Caitlin Hornby	U13	F	Preston Harriers	4.94
9	288	Emma Lowe	U13	F	Sale Harriers Manchester,	4.93
10	356	Maisie Ashurst-Williams	U13	F	Wigan & District Harriers & AC	4.83

SHOT PUTT U13 Boys

1	223	Ciaran Johnson	U13	M	Blackpool Wyre and Flyde AC	7.84
2	343	Joshua Pemberton	U13	M	Trafford AC	6.35
3	233	Sam Baldwin	U13	M	Crewe and Nantwich AC	6.13
4	364	Kaleb Marchan	U13	M	Trafford AC	6.03
5	270	James Edmundson	U13	M	Preston Harriers	5.29
6	465	Azhaar Niazi	U13	M	Altrincham & District AC	5.14

SHOT PUTT U15 Girls

1	371	Katrina Kelly	U15	F	Blackpool Wyre and Flyde AC	8.45
2	240	Emily Ball	U15	F	West Cheshire AC	7.91
3	260	Caoimhe Crampton	U15	F	Leeds City AC	7.49
4	239	Shannon Ashmore	U15	F	Chesterfield & District AC	7.39
5	203	Nicola Sawyer	U15	F	Leeds City AC	7.33
6	475	Rachel Hibberd	U15	F	Sale Harriers Manchester,	6.68
7	316	Megan Daly	U15	F	Sale Harriers Manchester,	6.02
8	310	Annabel Dowd	U15	F	Sale Harriers Manchester,	5.89
9	317	Evie Hancox	U15	F	Dash AC	5.60
10	514	Charlotte Worthington	U15	F	Sale Harriers Manchester,	5.38

SHOT PUTT U15 Boys

1	210	Joshua Booth	U15	M	Sale Harriers Manchester,	9.16
2	217	Cormack Lever	U15	M	City of Sheffield AC	8.26
3	525	Jordan Bezzina	U15	M	Sale Harriers Manchester,	5.84

Javelin U13 Girls

1	331	Leah Hillman	U13	F	Pendle AC	23.55
2	325	Gemma Kinsley	U13	F	Wigan & District Harriers & AC	21.57
3	323	Jenny Pyatt	U13	F	Halton & Frodsham Harriers	18.45
4	220	Olivia Williams	U13	F	West Cheshire AC	16.49
5	226	Megan Nogy	U13	F	City of Sheffield AC	14.69
6	356	Maisie Ashurst-Williams	U13	F	Wigan & District Harriers & AC	14.44
7	252	Abbie Dickenson	U13	F	Warrington AC	11.08

Javelin U13 Boys

1	233	Sam Baldwin	U13	M	Crewe and Nantwich AC	31.52
2	319	Jonah Saunders	U13	M	Horwich R M I Harriers & AC	23.44
3	390	Nico Nealon	U13	M	Sale Harriers Manchester,	16.23
4	465	Azhaar Niazi	U13	M	Altrincham & District AC	16.06
5	506	James Fraser	U13	M	Trafford AC	11.23

Javelin U15 Girls

1	239	Shannon Ashmore	U15	F	Chesterfield & District AC	27.79
2	304	Sophie Williams	U15	F	Horwich R M I Harriers & AC	23.64
3	203	Nicola Sawyer	U15	F	Leeds City AC	23.05
4	384	Emily Ross	U15	F	Halton & Frodsham Harriers	21.62
5	310	Annabel Dowd	U15	F	Sale Harriers Manchester,	17.60
6	265	Katie Lennon	U15	F	Crewe and Nantwich AC	15.27
7	228	Melissa Fletcher	U15	F	Leeds City AC	13.72

Javelin U15 Boys

1	216	Taylor Caton-Hand	U15	M	St Helens Sutton	33.25
2	217	Cormack Lever	U15	M	City of Sheffield AC	29.37
3	210	Joshua Booth	U15	M	Sale Harriers Manchester,	25.53
4	251	John Roughneen	U13	M	-	24.61
5	321	Noah Saunders	U15	M	Horwich R M I Harriers & AC	20.02

HIGH JUMP U13 Girls

1	312	Natrika Wildman	U13	F	Pendle AC	1.30
2	264	Caitlin Hornby	U13	F	Preston Harriers	1.30
2	325	Gemma Kinsley	U13	F	Wigan & District Harriers & AC	1.28
4	252	Abbie Dickenson	U13	F	Warrington AC	1.15

HIGH JUMP U13 Boys

1	273	George Orton	U13	M	Holmfirth Harriers AC	1.28
2	271	George Lewis	U13	M	East Cheshire Harriers & Tameside AC	1.25
3	336	Adam Spilsbury	U13	M	Sale Harriers Manchester,	1.20
4	303	Christopher Larkin	U13	M	Halton & Frodsham Harriers	1.20
5	315	Jack Daly	U13	M	Sale Harriers Manchester,	1.20
6	393	Charli Dowell	U13	M	Sale Harriers Manchester,	1.20
7	397	Tomek Pozniak	U13	M	Trafford AC	1.20
8	282	Sam Doherty	U13	M	Dash AC	1.15

HIGH JUMP U15 Girls

1	207	Amelia McLaughlin	U15	F	Liverpool Pembroke Sefton H & AC	1.60
2	200	J'Nae Ward	U15	F	Sale Harriers Manchester,	1.45
3	206	Chloe Preston	U15	F	Cannock & Staffs AC	1.35
4	238	Lauren Wilson	U15	F	Chesterfield & District AC	1.30
5	342	Becky Chapman	U15	F	Dash AC	1.20
6	358	Charlotte Ogden	U15	F	Dash AC	NJ

HIGH JUMP U15 Boys

1	275	Jacob Fincham-Dukes	U15	M	Leeds City AC	1.55
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LONG JUMP U11 Girls

1	230	Rhea Southcott	U11	F	Bingley Harriers & AC	3.58
2	354	Libby Angland	U11	F	Blackburn Harriers & AC	3.57
3	348	Charlie Peters	U11	F	Cannock & Staffs AC	3.44
4	470	Hannah Cookson	U11	F	Blackburn Harriers & AC	3.36
5	278	Tia Blissett	U11	F	Sale Harriers Manchester,	3.34
6	259	Jasmine Jolly	U11	F	Blackpool Wyre and Flyde AC	3.30
7	292	Keighley Cairns	U11	F	Preston Harriers	3.28
8	294	Molly Larkin	U11	F	Trafford AC	3.26

9	383	Georgia Dowell	U11	F	Sale Harriers Manchester,	3.10
10	484	Lucy Mills	U11	F	Halifax Harriers & AC	3.07
11	483	Willow Ambler-Danyluk	U11	F	Halifax Harriers & AC	2.98
12	266	Maisie Taykor	U11	F	Leigh Harriers & AC	2.93
13	274	Alice Orton	U11	F	Holmfirth Harriers AC	2.91
14	235	Issi Boyle	U11	F	Trafford AC	2.89
15	359	Danielle McMin	U11	F	Trafford AC	2.85
16	289	Darcey Lonsdale	U11	F	Blackpool Wyre and Flyde AC	2.78
17	387	Josie Canham	U11	F	Sale Harriers Manchester,	2.70
18	338	Tess McHugh	U11	F	Trafford AC	2.66
19	241	Jameelah Ologundudu	U11	F	Trafford AC	2.63
20	205	Sarah Preston	U11	F	Cannock & Staffs AC	2.54
21	281	Brooke Tilley	U11	F	Dash AC	2.10
22	247	Katie Daly	U11	F	Trafford AC	1.87
23	374	Maeve Kelly	U11	F	Trafford AC	1.52
24	378	Fay Molloy	U11	F	LBHS	NJ

LONG JUMP U11 Boys

1	258	Jerome Jolly	U11	M	Blackpool Wyre and Flyde AC	3.70
2	357	Harry Steed	U11	M	Salford Metropolitan AC	3.64
3	262	Connor Patterson	U11	M	Leigh Harriers & AC	3.40
4	250	Dillon Roughneen	U11	M	-	3.28
5	468	Ben Lee	U11	M	Vale Royal AC	3.26
6	209	Nathan Booth	U11	M	Sale Harriers Manchester,	3.24
7	341	Spencer Phelan	U11	M	Pendle AC	3.17
8	365	Marcus Blake	U11	M	Trafford AC	2.90
9	480	Charlie Watson	U11	M	Sale Harriers Manchester,	2.77
10	211	Peter Davies	U11	M	St Helens Sutton	2.69
11	373	Lorcan Kelly	U11	M	Trafford AC	2.69
12	224	Paul Morrison	U11	M	West Cheshire AC	2.67
13	322	Michael Day	U11	M	Dash AC	2.47
14	370	Adrian Kandeke	U11	M	Oldham & Royton Harriers & AC	2.04
15	377	James Molloy	U11	M	LBHS	NJ

LONG JUMP U13 Girls

1	263	Grace Bower	U13	F	Stockport Harriers & AC	3.97
2	333	Sophie Ullah	U13	F	Sale Harriers Manchester,	3.89
3	204	Charlotte Jones	U13	F	Derby AC	3.77
4	234	Lili Boyle	U13	F	Trafford AC	3.70
5	220	Olivia Williams	U13	F	West Cheshire AC	3.67
6	267	Elle Taylor	U13	F	Leigh Harriers & AC	3.65
7	301	Jenni Park	U13	F	Dash AC	3.60
8	391	Emily Evans	U13	F	Sale Harriers Manchester,	3.54
9	318	Megan McHugh	U13	F	Trafford AC	3.49
10	302	Amie Page	U13	F	Sale Harriers Manchester,	3.40
11	243	Neve Evans	U13	F	Wrexham AAC	3.39
12	256	Rebecca Smith	U13	F	Wigan & District Harriers & AC	3.39
13	339	Rebecca Heys	U13	F	Sale Harriers Manchester,	3.33
14	280	Lucy Cartledge	U13	F	Dash AC	3.33
15	497	Liberty Haywood Percival	U13	F	Salford Metropolitan AC	3.20
16	334	Pippa Ullah	U13	F	Rochdale Harriers & AC	3.15
17	279	Libby Geary	U13	F	Dash AC	3.12
18	509	Beth Farrington	U13	F	Rochdale Harriers & AC	3.12
19	517	Georgia Bourke	U13	F	Stockport Harriers & AC	2.89

20	314	Maria Gabrilatson	U13	F	Oldham & Royton Harriers & AC	2.87
21	504	Francesca Brint	U13	F	Sale Harriers Manchester,	2.85
22	372	Alicia Kandeke	U13	F	Oldham & Royton Harriers & AC	2.79
23	236	Georgia Percival	U13	F	Altrincham & District AC	2.34
24	486	Jasmine Hannon	U13	F	Stockport Harriers & AC	NJ

LONG JUMP U13 Boys

1	360	Dominic Blake	U13	M	Trafford AC	4.45
2	257	Nathaniel Marshall	U13	M	Bolton United Harriers & AC	4.07
3	307	Adam Woosey	U13	M	St. Helens Sutton AC	3.96
4	223	Ciaran Johnson	U13	M	Blackpool Wyre and Flyde AC	3.93
5	303	Christopher Larkin	U13	M	Halton & Frodsham Harriers	3.79
6	379	Fred Dobberson	U13	M	Crewe and Nantwich AC	3.69
7	315	Jack Daly	U13	M	Sale Harriers Manchester,	3.58
8	225	Joseph Morrison	U13	M	West Cheshire AC	3.57
9	398	Charlie Pozniak	U13	M	Trafford AC	3.57
10	388	Rory Canham	U13	M	Sale Harriers Manchester,	3.46
10	253	Michael Pomfret	U13	M	Stockport Harriers & AC	3.46
12	482	Thomas Watson	U13	M	Sale Harriers Manchester,	3.45
13	394	Laurence Dowell	U13	M	Sale Harriers Manchester,	3.44
14	502	Andres Rollings	U13	M	Sale Harriers Manchester,	3.41
15	254	Thomas McArdle	U13	M	Stockport Harriers & AC	3.29
16	490	Joshua Hannon	U13	M	Stockport Harriers & AC	3.16
17	287	Ethan Hartshorne	U13	M	East Cheshire Harriers & Tameside AC	3.14
18	506	James Fraser	U13	M	Trafford AC	3.01
19	397	Tomek Pozniak	U13	M	Trafford AC	2.97
20	320	Adam Day	U13	M	Dash AC	2.95
21	395	Alex Taylor	U13	M	Sale Harriers Manchester,	2.80
22	507	Luke McKendry	U13	M	Sale Harriers Manchester,	2.78
23	332	Tom Rogerson	U13	M	Liverpool Harriers & AC	2.56

LONG JUMP U15 Girls

1	218	Amy Williams	U15	F	Sale Harriers Manchester,	5.19
2	284	Alexis Newton-French	U15	F	Telford AC	4.77
3	255	Laura Pegler	U15	F	Dash AC	4.23
4	299	Georgie Park	U15	F	Dash AC	4.18
5	214	Hannah Arnold	U15	F	Stockport Harriers & AC	4.14
6	304	Sophie Williams	U15	F	Horwich R M I Harriers & AC	4.13
7	316	Megan Daly	U15	F	Sale Harriers Manchester,	4.12
8	317	Evie Hancox	U15	F	Dash AC	4.07
9	358	Charlotte Ogden	U15	F	Dash AC	4.05
10	386	Eleanor Canham	U15	F	Sale Harriers Manchester,	4.02
11	376	Amy Pollard	U15	F	Bingley Harriers & AC	3.94
12	481	Isabelle Watson	U15	F	Sale Harriers Manchester,	3.86

LONG JUMP U15 Boys

1	366	Jerell Marchan	U15	M	Trafford AC	5.59
2	216	Taylor Caton-Hand	U15	M	St Helens Sutton	5.53
3	275	Jacob Fincham-Dukes	U15	M	Leeds City AC	5.31
4	488	Danny Wassall	U15	M	East Cheshire Harriers & Tameside AC	5.11
5	321	Noah Saunders	U15	M	Horwich R M I Harriers & AC	4.47
6	467	Sufyaan Niazi	U15	M	Altrincham & District AC	4.08
7	505	Daniel Brint	U15	M	Sale Harriers Manchester,	3.12