

TRAFFORD AC - GRAND PRIX MEETII**Sunday 31-May-10****70M Hurdles Heat 1**

| | | | | | | |
|---|-----|------------------|-----|---|--------------------------|------|
| 1 | 138 | Caoimhe Crampton | U13 | F | Leeds City AC | 11.9 |
| 2 | 182 | Chloe Bewley | U13 | F | Doncaster AC | 13.6 |
| 3 | 19 | Georgia Hannam | U13 | F | Lancaster & Morecambe AC | 14.0 |
| 4 | 22 | Chloe Esegbona | U13 | F | City of Stoke AC | 14.8 |

70M Hurdles Heat 2

| | | | | | | |
|---|-----|-----------------|-----|---|---------------------------|------|
| 1 | 140 | Serena Motasham | U13 | F | Sale Harriers Manchester, | 14.4 |
| 2 | 174 | Lucy Byram | U13 | F | Holmfirth Harriers AC | 15.9 |
| 3 | 173 | Erica Byram | U13 | F | Holmfirth Harriers AC | 17.2 |

75M Hurdles Heat 1

| | | | | | | |
|---|-----|-----------------|-----|---|-----------------------|------|
| 1 | 145 | Georgia Pickles | U15 | F | Crewe and Nantwich AC | 12.7 |
| 2 | 114 | Gemma Valentine | U15 | F | Crewe and Nantwich AC | 12.7 |
| 3 | 162 | Amy Hodgson | U15 | F | City of Sheffield AC | 13.1 |
| 4 | 37 | Rachel Francis | U15 | F | City of Stoke AC | 13.9 |

75M Hurdles Heat 2

| | | | | | | |
|---|----|--------------------|-----|---|--------------------------------|------|
| 1 | 26 | Louise Boden | U15 | F | City of Stoke AC | 13.0 |
| 2 | 48 | Marnie Shirtcliffe | U15 | F | Hyndburn AC | 13.2 |
| 3 | 12 | Jessica Brookwell | U15 | F | Wigan & District Harriers & AC | 13.5 |

75M Hurdles Heat 3

| | | | | | | |
|---|-----|-----------------|-----|---|--------------------------|------|
| 1 | 129 | Niall Graham | U13 | M | Lancaster & Morecambe AC | 15.1 |
| 2 | 116 | Harry Valentine | U13 | M | Crewe and Nantwich AC | 16.0 |
| 3 | 4 | Jamie Whittle | U13 | M | Preston Harriers | 16.4 |

75M Hurdles Heat 4

| | | | | | | |
|---|-----|-------------------|-----|---|-----------------------|------|
| 1 | 127 | Aaron Kettlewell | U13 | M | Holmfirth Harriers AC | 14.7 |
| 2 | 49 | Jamie Shirtcliffe | U13 | M | Hyndburn AC | 17.4 |
| 3 | 3 | James Edmondson | U13 | M | Preston Harriers | 17.7 |

75M Hurdles Heat 5

| | | | | | | |
|---|-----|-------------|-----|---|---------------------------|------|
| 1 | 6 | Joel Kirk | U13 | M | City of Sheffield AC | 15.8 |
| 2 | 17 | Harry Kay | U13 | M | Sale Harriers Manchester, | 16.4 |
| 3 | 166 | Lewis Byram | U13 | M | Holmfirth Harriers AC | 16.6 |

80M Hurdles Heat 1

| | | | | | | |
|---|-----|-----------------|-----|---|---------------------------|------|
| 1 | 154 | Jerrell Marchan | U15 | M | Trafford AC | 13.4 |
| 2 | 188 | Tom Booth | U15 | M | Preston Harriers | 15.3 |
| 3 | 16 | Cormack Lever | U15 | M | City of Sheffield AC | 15.3 |
| 4 | 27 | James Rushton | U15 | M | Sale Harriers Manchester, | 17.8 |

80M Hurdles Heat 2

| | | | | | | |
|---|-----|------------------|-----|---|-----------------------------|------|
| 1 | 109 | Curtis Mitchell | U15 | M | Preston Harriers | 12.6 |
| 2 | 150 | Christopher Mann | U15 | M | Bolton United Harriers & AC | 13.1 |
| 3 | 104 | Josh Thomas | U15 | M | Sale Harriers Manchester, | 15.6 |

600M Heat 1

| | | | | | | |
|---|-----|-------------------|-----|---|--------------------------|---------|
| 1 | 179 | Charlie Nicholson | U11 | M | Rochdale Harriers & AC | 01:56.8 |
| 2 | 103 | Daniel Jakeman | U11 | M | Vale Royal AC | 01:57.3 |
| 3 | 152 | Joshua Boyle | U11 | M | Hyndburn AC | 02:00.1 |
| 4 | 32 | Harry Dobberon | U11 | M | Crewe and Nantwich AC | 02:07.7 |
| 5 | 20 | Shea Hannam | U11 | M | Lancaster & Morecambe AC | 02:10.0 |

600M Heat 2

| | | | | | | |
|---|-----|--------------------------|-----|---|---------------------------|---------|
| 1 | 144 | Eleanor Twite | U11 | F | Sale Harriers Manchester, | 01:52.7 |
| 2 | 165 | Alexa McTiffin | U11 | F | Hyndburn AC | 01:56.4 |
| 3 | 147 | Liberty Haywood-Percival | U11 | F | Salford Metropolitan AC | 01:58.7 |
| 4 | 118 | Grace Bower | U11 | F | Stockport Harriers & AC | 02:00.5 |
| 5 | 200 | Claudia Cowan | U11 | F | Trafford AC | 02:02.2 |
| 6 | 172 | Georgia Bourke | U11 | F | Stockport Harriers & AC | 02:08.8 |

| | | | | | | |
|---|-----|---------------|-----|---|---------------------------|---------|
| 7 | 321 | Lara Bate | U11 | F | Sale Harriers Manchester, | 02:14.5 |
| 8 | 131 | Imogen Graham | U11 | F | Lancaster & Morecambe AC | 02:44.3 |

600M Heat 3

| | | | | | | |
|---|-----|------------------|-----|---|---------------------------|---------|
| 1 | 102 | Francesca Carosi | U11 | F | Stockport Harriers & AC | 01:58.7 |
| 2 | 143 | Elizabeth Twite | U11 | F | Sale Harriers Manchester, | 02:03.1 |
| 3 | 341 | Charlie Peters | U11 | F | Cannock & Staffs AC | 02:05.8 |
| 4 | 328 | Gemma Scoble | U11 | F | Stockport Harriers & AC | 02:09.9 |
| 5 | 168 | Bethany Thornton | U11 | F | Sale Harriers Manchester, | 02:11.1 |
| 6 | 315 | Verity Garnes | U11 | F | Trafford AC | 02:11.5 |
| 7 | 170 | Danielle McMinn | U11 | F | Trafford AC | 02:15.3 |
| 8 | 318 | Samantha Dutton | U11 | F | Vale Royal AC | 02:26.2 |

800M Heat 1

| | | | | | | |
|----|-----|--------------------|-----|---|---------------------------|---------|
| 1 | 151 | Elliot Colman | U13 | M | Liverpool Harriers & AC | 02:21.1 |
| 2 | 336 | Thomas Wiseman | U13 | M | Salford Metropolitan AC | 02:24.2 |
| 3 | 198 | Adam Roden | U13 | M | Sale Harriers Manchester, | 02:26.2 |
| 4 | 344 | Euan Gilchrist | U13 | M | Sale Harriers Manchester, | 02:27.3 |
| 5 | 14 | Ryan Babcock | U13 | M | Stockport Harriers & AC | 02:27.8 |
| 6 | 1 | Daniel Elston | U13 | M | St. Helens Sutton AC | 02:31.9 |
| 7 | 312 | Will Perkin | U13 | M | Chiltern Harriers AC | 02:33.5 |
| 8 | 310 | Nicholaas Rothwell | U13 | M | Vale Royal AC | 02:42.7 |
| 9 | 348 | Matt Rowlinson | U13 | M | Vale Royal AC | 02:46.0 |
| 10 | 167 | Brad Thornton | U13 | M | Sale Harriers Manchester, | 03:06.3 |

800M Heat 2

| | | | | | | |
|----|-----|-------------------|-----|---|----------------------------|---------|
| 1 | 43 | Sophie Tarver | U13 | F | Wirral AC | 02:28.6 |
| 2 | 7 | Emelia Berrisford | U13 | F | City of Stoke AC | 02:31.7 |
| 3 | 130 | Amelia Betmead | U13 | F | Blackpool, Wyre & Fylde AC | 02:34.0 |
| 4 | 139 | Hannah Simeen | U13 | F | Sale Harriers Manchester, | 02:34.5 |
| 5 | 326 | Katy Whiteoak | U13 | F | Stockport Harriers & AC | 02:38.4 |
| 6 | 330 | Jessica Powell | U13 | F | Salford Metropolitan AC | 02:39.8 |
| 7 | 323 | Nia Jones | U13 | F | Deeside AAC | 02:42.1 |
| 8 | 108 | Leah O'Connell | U13 | F | Stockport Harriers & AC | 02:42.9 |
| 9 | 24 | Natrika Wildman | U13 | F | Pendle AC | 02:43.1 |
| 10 | 334 | Lois Ruerotham | U13 | F | Vale Royal AC | 02:47.3 |
| 11 | 164 | Megan Nagy | U13 | F | Rotherham Harriers & AC | 02:47.5 |
| 12 | 47 | Zara Brunins | U13 | F | Sale Harriers Manchester, | 02:50.8 |
| 13 | 195 | Karly Jarrett | U13 | F | Stockport Harriers & AC | 02:52.0 |
| 14 | 331 | Lilian Price | U13 | F | Sale Harriers Manchester, | 02:52.2 |

800M Heat 3

| | | | | | | |
|---|-----|----------------|-----|---|-------------|---------|
| 1 | 327 | Nikita Katende | U15 | M | Trafford AC | 02:15.5 |
| 2 | 25 | Neng Wildman | U15 | M | Pendle AC | 02:21.9 |

800M Heat 4

| | | | | | | |
|---|-----|-------------------|-----|---|----------------------------|---------|
| 1 | 13 | Abigail Backshall | U15 | F | Colwyn Bay AC | 02:22.6 |
| 2 | 105 | Gemma Keir | U15 | F | Leeds City AC | 02:23.2 |
| 3 | 40 | Amelia Beaman | U15 | F | Blackpool, Wyre & Fylde AC | 02:23.9 |
| 4 | 148 | Imogen Pierce | U15 | F | Blackpool, Wyre & Fylde AC | 02:25.9 |
| 5 | 33 | Rachael Woosey | U15 | F | St. Helens Sutton AC | 02:26.9 |
| 6 | 38 | Tameika Cuff | U15 | F | Trafford AC | 02:45.9 |

800M Heat 5

| | | | | | | |
|---|-----|--------------------|-----|---|----------------------------|---------|
| 1 | 145 | Georgia Pickles | U15 | F | Crewe and Nantwich AC | 02:30.1 |
| 2 | 189 | Imani-Diane Modahl | U15 | F | Sale Harriers Manchester, | 02:34.4 |
| 3 | 180 | Rachel McGoldrick | U15 | F | St. Helens Sutton AC | 02:36.0 |
| 4 | 107 | Emma Hargreaves | U15 | F | Preston Harriers | 02:37.0 |
| 5 | 183 | Lucy Whalley | U15 | F | Blackpool, Wyre & Fylde AC | 02:37.5 |
| 6 | 124 | Chloe Heath | U15 | F | City of Stoke AC | 02:45.3 |

| | | | | | | |
|---|-----|----------------|-----|---|---------------------------|---------|
| 7 | 354 | Hannah Wain | U15 | F | Sale Harriers Manchester, | 02:45.8 |
| 8 | 197 | Hannah Christy | U15 | F | Sale Harriers Manchester, | 02:50.6 |

100M Heat 1

| | | | | | | |
|---|-----|----------------|-----|---|---------------------------|------|
| 1 | 351 | Charlie Cooke | U13 | M | City of Stoke AC | 13.2 |
| 2 | 161 | Jamal Crawford | U13 | M | Sale Harriers Manchester, | 13.6 |
| 3 | 4 | Jamie Whittle | U13 | M | Preston Harriers | 15.1 |
| 4 | 333 | Joshua Wiseman | U13 | M | Salford Metropolitan AC | 15.8 |
| 5 | 340 | Harry Peters | U13 | M | Cannock & Staffs AC | 16.2 |

100M Heat 2

| | | | | | | |
|---|-----|------------------|-----|---|---------------------------|------|
| 1 | 127 | Aaron Kettlewell | U13 | M | Holmfirth Harriers AC | 13.3 |
| 2 | 23 | Kevin Metzger | U13 | M | Sale Harriers Manchester, | 13.7 |
| 3 | 113 | Ellis Farnworth | U13 | M | Preston Harriers | 15.0 |
| 4 | 117 | Daniel Openshaw | U13 | M | Sale Harriers Manchester, | 15.1 |
| 5 | 106 | Michael Tetteh | U13 | M | Unattached | 15.2 |

100M Heat 3

| | | | | | | |
|---|-----|-----------------|-----|---|---------------------------|------|
| 1 | 109 | Curtis Mitchell | U15 | M | Preston Harriers | 12.1 |
| 2 | 125 | Josh Boulton | U15 | M | Crewe and Nantwich AC | 12.4 |
| 3 | 311 | Lewis Christian | U15 | M | Sale Harriers Manchester, | 12.5 |
| 4 | 18 | George Kay | U15 | M | Sale Harriers Manchester, | 12.7 |
| 5 | 104 | Josh Thomas | U15 | M | Sale Harriers Manchester, | 12.8 |

100M Heat 4

| | | | | | | |
|---|-----|-----------------|-----|---|--------------------------------------|------|
| 1 | 46 | Felix Tighe | U15 | M | Sale Harriers Manchester, | 12.8 |
| 2 | 154 | Jerrell Marchan | U15 | M | Trafford AC | 12.9 |
| 3 | 41 | Danny Wassall | U15 | M | East Cheshire Harriers & Tameside AC | 13.0 |
| 4 | 112 | Luke Farnworth | U15 | M | Preston Harriers | 13.1 |

100M Heat 5

| | | | | | | |
|---|-----|----------------|-----|---|---------------------------|------|
| 1 | 126 | Heidi Jackson | U15 | F | City of Stoke AC | 13.2 |
| 2 | 120 | Emma O'Connell | U15 | F | Stockport Harriers & AC | 13.4 |
| 3 | 355 | Ellie Edwards | U15 | F | Sale Harriers Manchester, | 13.5 |
| 4 | 10 | Rebecca Hall | U15 | F | City of Sheffield AC | 13.6 |
| 5 | 332 | Hannah Powell | U15 | F | Salford Metropolitan AC | 14.5 |

100M Heat 6

| | | | | | | |
|---|-----|----------------|-----|---|--------------------------------|------|
| 1 | 133 | Katy Ingham | U15 | F | Preston Harriers | 13.3 |
| 2 | 5 | Nicole Norton | U15 | F | Hallamshire Harriers Sheffield | 13.6 |
| 3 | 141 | Amelia Timpany | U15 | F | Stockport Harriers & AC | 13.7 |
| 4 | 175 | Olivia Noteman | U15 | F | City of Sheffield AC | 13.9 |

100M Heat 7

| | | | | | | |
|---|-----|----------------|-----|---|---------------------------|------|
| 1 | 162 | Amy Hodgson | U15 | F | City of Sheffield AC | 13.8 |
| 2 | 160 | Victoria Hall | U15 | F | Sale Harriers Manchester, | 13.9 |
| 3 | 135 | Hannah Arnold | U15 | F | Stockport Harriers & AC | 14.0 |
| 4 | 35 | Charlotte Wood | U15 | F | Trafford AC | 14.2 |

100M Heat 8

| | | | | | | |
|---|-----|------------------|-----|---|----------------------------|------|
| 1 | 28 | Alysha Porter | U15 | F | Sale Harriers Manchester, | 13.5 |
| 2 | 38 | Tameika Cuff | U15 | F | Trafford AC | 14.0 |
| 3 | 44 | Naomi Richardson | U15 | F | Rochdale Harriers & AC | 14.5 |
| 4 | 158 | Katrina Kelly | U15 | F | Blackpool, Wyre & Fylde AC | 14.9 |

75M Heat 1

| | | | | | | |
|---|-----|------------------|-----|---|---------------------------|------|
| 1 | 322 | Beth Jones | U13 | F | Deeside AAC | 11.5 |
| 2 | 313 | Emily Evans | U13 | F | Sale Harriers Manchester, | 11.7 |
| 3 | 358 | Britney Sharples | U13 | F | Stockport Harriers & AC | 13.0 |

75M Heat 2

| | | | | | | |
|---|-----|-----------------------|-----|---|---------------------------|------|
| 1 | 345 | Charlotte Worthington | U13 | F | Sale Harriers Manchester, | 10.8 |
| 2 | 123 | Bethan Heath | U13 | F | City of Stoke AC | 11.2 |
| 3 | 134 | Annabel Dowd | U13 | F | Salford Metropolitan AC | 11.4 |

| | | | | | | |
|---|-----|---------------|-----|---|-------------------------|------|
| 4 | 326 | Katy Whiteoak | U13 | F | Stockport Harriers & AC | 12.0 |
|---|-----|---------------|-----|---|-------------------------|------|

75M Heat 3

| | | | | | | |
|---|-----|----------------|-----|---|---------------------------|------|
| 1 | 329 | Molly Bogin | U13 | F | Manchester Harriers & AC | 11.3 |
| 2 | 196 | Megan Daly | U13 | F | Sale Harriers Manchester, | 11.7 |
| 3 | 330 | Jessica Powell | U13 | F | Salford Metropolitan AC | 11.7 |
| 4 | 199 | Celine Coffey | U13 | F | Unattached | 13.2 |

75M Heat 4

| | | | | | | |
|---|-----|----------------|-----|---|---------------------------|------|
| 1 | 29 | Jess Costello | U13 | F | Vale Royal AC | 11.3 |
| 2 | 22 | Chloe Esegbona | U13 | F | City of Stoke AC | 11.5 |
| 3 | 132 | Becky Ingham | U13 | F | Preston Harriers | 11.7 |
| 4 | 356 | Allana Edwards | U13 | F | Sale Harriers Manchester, | 11.9 |

75M Heat 5

| | | | | | | |
|---|-----|-----------------|-----|---|---------------------------|------|
| 1 | 185 | Naomi Ewen | U13 | F | Sale Harriers Manchester, | 11.5 |
| 2 | 174 | Lucy Byram | U13 | F | Holmfirth Harriers AC | 12.0 |
| 3 | 194 | Olivia Bretnall | U13 | F | Stockport Harriers & AC | 12.0 |

75M Heat 6

| | | | | | | |
|---|-----|-----------------|-----|---|------------------|------|
| 1 | 316 | Dominic Blake | U11 | M | Trafford AC | 11.1 |
| 2 | 187 | Lewis Booth | U11 | M | Preston Harriers | 11.5 |
| 3 | 103 | Daniel Jakeman | U11 | M | Vale Royal AC | 11.7 |
| 4 | 36 | Cameron Thorold | U11 | M | Wrexham AAC | 12.6 |

75M Heat 7

| | | | | | | |
|---|-----|-----------------|-----|---|---------------------------|------|
| 1 | 163 | Harry Steed | U11 | M | Salford Metropolitan AC | 11.7 |
| 2 | 346 | Ben Worthington | U11 | M | Sale Harriers Manchester, | 12.6 |
| 3 | 152 | Joshua Boyle | U11 | M | Hyndburn AC | 12.7 |
| 4 | 171 | Joshua Hannon | U11 | M | Stockport Harriers & AC | 12.8 |

75M Heat 8

| | | | | | | |
|---|-----|----------------|-----|---|---------------------------|------|
| 1 | 337 | Khalid Ramadan | U11 | M | Unattached | 12.2 |
| 2 | 186 | Isaac Ewen | U11 | M | Unattached | 12.2 |
| 3 | 191 | Jack Daly | U11 | M | Sale Harriers Manchester, | 12.2 |

75M Heat 9

| | | | | | | |
|---|-----|-----------------|-----|---|-------------------------|------|
| 1 | 149 | Rebecca Oliver | U11 | F | City of Sheffield AC | 11.4 |
| 2 | 118 | Grace Bower | U11 | F | Stockport Harriers & AC | 11.6 |
| 3 | 128 | Amy Kettlewell | U11 | F | Holmfirth Harriers AC | 12.8 |
| 4 | 325 | Molly Larkin | U11 | F | Trafford AC | 13.0 |
| 5 | 121 | Leila Entwistle | U11 | F | Trafford AC | 13.2 |

75M Heat 10

| | | | | | | |
|---|-----|---------------------|-----|---|--------------------------------|------|
| 1 | 31 | Rebecca Francis | U11 | F | City of Stoke AC | 12.0 |
| 2 | 21 | Megan Holder | U11 | F | Wigan & District Harriers & AC | 12.1 |
| 3 | 172 | Georgia Bourke | U11 | F | Stockport Harriers & AC | 12.8 |
| 4 | 39 | Jameelah Ologundudu | U11 | M | Trafford AC | 13.6 |

75M Heat 11

| | | | | | | |
|---|-----|--------------------------|-----|---|---------------------------|------|
| 1 | 147 | Liberty Haywood-Percival | U11 | F | Salford Metropolitan AC | 12.8 |
| 2 | 122 | Inez Entwistle | U11 | F | Trafford AC | 13.7 |
| 3 | 320 | Shanice Sawyer | U11 | F | Sale Harriers Manchester, | 13.9 |
| 4 | 110 | Mea Aitken | U11 | F | Trafford AC | 15.0 |

75M Heat 12

| | | | | | | |
|---|-----|-----------------|-----|---|---------------------------|------|
| 1 | 169 | Tia Blissett | U11 | F | Sale Harriers Manchester, | 12.0 |
| 2 | 357 | Ellie Russell | U11 | F | Shrewsbury AC | 12.6 |
| 3 | 119 | Sophie Openshaw | U11 | F | Sale Harriers Manchester, | 12.7 |
| 4 | 328 | Gemma Scoble | U11 | F | Stockport Harriers & AC | 12.7 |

75M Heat 13

| | | | | | | |
|---|-----|------------------|-----|---|-----------------------------|------|
| 1 | 184 | Charlotte Plant | U11 | F | Bolton United Harriers & AC | 11.9 |
| 2 | 102 | Francesca Carosi | U11 | F | Stockport Harriers & AC | 12.1 |
| 3 | 11 | Megan Slater | U11 | F | Trafford AC | 15.2 |

| | | | | | | |
|---|-----|------------------|-----|---|---------------------------|------|
| 4 | 343 | Amelia Gilchrist | U11 | F | Sale Harriers Manchester, | 15.4 |
|---|-----|------------------|-----|---|---------------------------|------|

400M Heat 1

| | | | | | | |
|---|-----|------------------|-----|---|-----------------------------|------|
| 1 | 193 | Remello Edwards | U15 | M | Sale Harriers Manchester, | 56.2 |
| 2 | 150 | Christopher Mann | U15 | M | Bolton United Harriers & AC | 58.7 |
| 3 | 192 | Declan Ferguson | U17 | M | Sale Harriers Manchester, | 59.0 |
| 4 | 181 | Arran Mullany | U15 | M | Sale Harriers Manchester, | 59.4 |
| 5 | 363 | James Saunders | U15 | M | Preston Harriers | 62.8 |

200M Heat 1

| | | | | | | |
|---|-----|--------------------|-----|---|---------------------------|------|
| 1 | 351 | Charlie Cooke | U13 | M | City of Stoke AC | 27.3 |
| 2 | 161 | Jamal Crawford | U13 | M | Sale Harriers Manchester, | 29.5 |
| 3 | 14 | Ryan Babcock | U13 | M | Stockport Harriers & AC | 30.6 |
| 4 | 310 | Nicholaas Rothwell | U13 | M | Vale Royal AC | 31.5 |
| 5 | 4 | Jamie Whittle | U13 | M | Preston Harriers | 33.4 |

200M Heat 2

| | | | | | | |
|---|-----|-----------------|-----|---|---------------------------|------|
| 1 | 23 | Kevin Metzger | U13 | M | Sale Harriers Manchester, | 28.1 |
| 2 | 348 | Matt Rowlinson | U13 | M | Vale Royal AC | 31.2 |
| 3 | 113 | Ellis Farnworth | U13 | M | Preston Harriers | 31.8 |
| 4 | 106 | Michael Tetteh | U13 | M | Unattached | 34.5 |
| 5 | 340 | Harry Peters | U13 | M | Cannock & Staffs AC | 36.9 |

200M Heat 3

| | | | | | | |
|---|-----|-----------------|-----|---|---------------------------|------|
| 1 | 151 | Elliot Colman | U13 | M | Liverpool Harriers & AC | 28.6 |
| 2 | 344 | Euan Gilchrist | U13 | M | Sale Harriers Manchester, | 30.5 |
| 3 | 338 | Saeed Absiyeh | U13 | M | Sale Harriers Manchester, | 32.1 |
| 4 | 117 | Daniel Openshaw | U13 | M | Sale Harriers Manchester, | 32.7 |

200M Heat 4

| | | | | | | |
|---|-----|-----------------|-----|---|---------------------------|------|
| 1 | 125 | Josh Boulton | U15 | M | Crewe and Nantwich AC | 25.6 |
| 2 | 311 | Lewis Christian | U15 | M | Sale Harriers Manchester, | 25.8 |
| 3 | 18 | George Kay | U15 | M | Sale Harriers Manchester, | 26.2 |
| 4 | 112 | Luke Farnworth | U15 | M | Preston Harriers | 26.6 |

200M Heat 5

| | | | | | | |
|---|-----|----------------|-----|---|--------------------------------------|------|
| 1 | 327 | Nikita Katende | U15 | M | Trafford AC | 25.4 |
| 2 | 104 | Josh Thomas | U15 | M | Sale Harriers Manchester, | 26.3 |
| 3 | 41 | Danny Wassall | U15 | M | East Cheshire Harriers & Tameside AC | 26.5 |

200M Heat 6

| | | | | | | |
|---|-----|----------------|-----|---|--------------------------------|------|
| 1 | 120 | Emma O'Connell | U15 | F | Stockport Harriers & AC | 27.5 |
| 2 | 126 | Heidi Jackson | U15 | F | City of Stoke AC | 27.7 |
| 3 | 5 | Nicole Norton | U15 | F | Hallamshire Harriers Sheffield | 27.8 |
| 4 | 355 | Ellie Edwards | U15 | F | Sale Harriers Manchester, | 28.2 |

200M Heat 7

| | | | | | | |
|---|-----|-------------------|-----|---|-------------------------|------|
| 1 | 13 | Abigail Backshall | U15 | F | Colwyn Bay AC | 27.7 |
| 2 | 133 | Katy Ingham | U15 | F | Preston Harriers | 28.0 |
| 3 | 26 | Louise Boden | U15 | F | City of Stoke AC | 29.2 |
| 4 | 141 | Amelia Timpany | U15 | F | Stockport Harriers & AC | 29.9 |

200M Heat 8

| | | | | | | |
|---|-----|-----------------|-----|---|---------------------------|------|
| 1 | 160 | Victoria Hall | U15 | F | Sale Harriers Manchester, | 28.9 |
| 2 | 135 | Hannah Arnold | U15 | F | Stockport Harriers & AC | 29.1 |
| 3 | 107 | Emma Hargreaves | U15 | F | Preston Harriers | 29.6 |
| 4 | 37 | Rachel Francis | U15 | F | City of Stoke AC | 29.8 |

150M Heat 1

| | | | | | | |
|---|-----|-----------------------|-----|---|---------------------------|------|
| 1 | 345 | Charlotte Worthington | U13 | F | Sale Harriers Manchester, | 21.8 |
| 2 | 29 | Jess Costello | U13 | F | Vale Royal AC | 22.0 |
| 3 | 123 | Bethan Heath | U13 | F | City of Stoke AC | 22.6 |
| 4 | 108 | Leah O'Connell | U13 | F | Stockport Harriers & AC | 23.9 |

150M Heat 2

| | | | | | |
|---|-----|-------------------|-------|-------------------------|------|
| 1 | 7 | Emelia Berrisford | U13 F | City of Stoke AC | 22.1 |
| 2 | 323 | Nia Jones | U13 F | Deeside AAC | 23.6 |
| 3 | 132 | Becky Ingham | U13 F | Preston Harriers | 24.0 |
| 4 | 195 | Karly Jarrett | U13 F | Stockport Harriers & AC | 27.0 |

150M Heat 3

| | | | | | |
|---|-----|-------------------|-------|-------------------------|------|
| 1 | 322 | Beth Jones | U13 F | Deeside AAC | 22.9 |
| 2 | 22 | Chloe Esegbona | U13 F | City of Stoke AC | 23.1 |
| 3 | 334 | Lois Ruerotham | U13 F | Vale Royal AC | 23.5 |
| 4 | 335 | Gabrielle Wiseman | U13 F | Salford Metropolitan AC | 26.3 |

150M Heat 4

| | | | | | |
|---|-----|-----------------|-------|---------------------------|------|
| 1 | 185 | Naomi Ewen | U13 F | Sale Harriers Manchester, | 22.8 |
| 2 | 313 | Emily Evans | U13 F | Sale Harriers Manchester, | 23.5 |
| 3 | 356 | Allana Edwards | U13 F | Sale Harriers Manchester, | 24.5 |
| 4 | 194 | Olivia Bretnall | U13 F | Stockport Harriers & AC | 25.0 |

150M Heat 5

| | | | | | |
|---|-----|----------------|-------|--------------------------|------|
| 1 | 187 | Lewis Booth | U11 M | Preston Harriers | 24.0 |
| 2 | 337 | Khalid Ramadan | U11 M | Unattached | 25.6 |
| 3 | 171 | Joshua Hannon | U11 M | Stockport Harriers & AC | 26.4 |
| 4 | 20 | Shea Hannam | U11 M | Lancaster & Morecambe AC | 27.1 |

150M Heat 6

| | | | | | |
|---|-----|-----------------|-------|---------------------------|------|
| 1 | 316 | Dominic Blake | U11 M | Trafford AC | 22.3 |
| 2 | 163 | Harry Steed | U11 M | Salford Metropolitan AC | 24.0 |
| 3 | 36 | Cameron Thorold | U11 M | Wrexham AAC | 25.4 |
| 4 | 346 | Ben Worthington | U11 M | Sale Harriers Manchester, | 25.5 |
| 5 | 178 | Jake Nicholson | U11 M | Rochdale Harriers & AC | 26.3 |

150M Heat 7

| | | | | | |
|---|-----|----------------|-------|---------------------------|------|
| 1 | 149 | Rebecca Oliver | U11 F | City of Sheffield AC | 23.5 |
| 2 | 169 | Tia Blissett | U11 F | Sale Harriers Manchester, | 23.9 |
| 3 | 357 | Ellie Russell | U11 F | Shrewsbury AC | 25.5 |
| 4 | 315 | Verity Garnes | U11 F | Trafford AC | 25.7 |

150M Heat 8

| | | | | | |
|---|-----|--------------------------|-------|-------------------------|------|
| 1 | 147 | Liberty Haywood-Percival | U11 F | Salford Metropolitan AC | 25.0 |
| 2 | 128 | Amy Kettlewell | U11 F | Holmfirth Harriers AC | 26.7 |
| 3 | 325 | Molly Larkin | U11 F | Trafford AC | 27.0 |
| 4 | 122 | Inez Entwistle | U11 F | Trafford AC | 29.3 |

150M Heat 9

| | | | | | |
|---|-----|-----------------|-------|-----------------------------|------|
| 1 | 184 | Charlotte Plant | U11 F | Bolton United Harriers & AC | 24.0 |
| 2 | 121 | Leila Entwistle | U11 F | Trafford AC | 27.4 |
| 3 | 170 | Danielle McMinn | U11 F | Trafford AC | 28.2 |
| 4 | 110 | Mea Aitken | U11 F | Trafford AC | 30.4 |

150M Heat 10

| | | | | | |
|---|-----|---------------------|-------|-------------------------|------|
| 1 | 102 | Francesca Carosi | U11 F | Stockport Harriers & AC | 24.4 |
| 2 | 341 | Charlie Peters | U11 F | Cannock & Staffs AC | 25.8 |
| 3 | 39 | Jameelah Ologundudu | U11 M | Trafford AC | 27.4 |
| 4 | 347 | Libby Saunders | U11 F | Salford Metropolitan AC | 28.1 |

1200M Heat 1

| | | | | | |
|---|-----|------------------|-------|--------------------------------|---------|
| 1 | 352 | Zoe Tynan | U13 F | Liverpool Harriers & AC | 03:54.1 |
| 2 | 364 | Rosie Johnson | U13 F | St. Helens Sutton AC | 03:59.5 |
| 3 | 324 | Robyn Saunders | U13 F | Salford Metropolitan AC | 04:13.0 |
| 4 | 326 | Katy Whiteoak | U13 F | Stockport Harriers & AC | 04:14.5 |
| 5 | 19 | Georgia Hannam | U13 F | Lancaster & Morecambe AC | 04:17.9 |
| 6 | 329 | Molly Bogin | U13 F | Manchester Harriers & AC | 04:21.0 |
| 7 | 155 | Ruth Whipp | U13 F | Wigan & District Harriers & AC | 04:23.0 |
| 8 | 358 | Britney Sharples | U13 F | Stockport Harriers & AC | 04:25.0 |

| | | | | | | |
|---|-----|-------------|-----|---|-----------------------|---------|
| 9 | 173 | Erica Byram | U13 | F | Holmfirth Harriers AC | 04:30.6 |
|---|-----|-------------|-----|---|-----------------------|---------|

1500M Heat 1

| | | | | | | |
|---|-----|--------------------|-----|---|----------------------------------|---------|
| 1 | 166 | Lewis Byram | U13 | M | Holmfirth Harriers AC | 04:48.1 |
| 2 | 14 | Ryan Babcock | U13 | M | Stockport Harriers & AC | 04:54.7 |
| 3 | 314 | Aidan Pritchard | U13 | M | Unattached | 05:00.3 |
| 4 | 360 | George Heppinstall | U13 | M | Wakefield District Harriers & AC | 05:05.9 |
| 5 | 338 | Saeed Absiyeh | U13 | M | Sale Harriers Manchester, | 05:14.3 |
| 6 | 317 | Will Parsons | U13 | M | Vale Royal AC | 05:15.0 |

1500M Heat 2

| | | | | | | |
|---|-----|----------------|-----|---|---------------------------|---------|
| 1 | 339 | Khaled Absiyeh | U15 | M | Sale Harriers Manchester, | 04:57.3 |
|---|-----|----------------|-----|---|---------------------------|---------|

1500M Heat 3

| | | | | | | |
|---|-----|-------------------|-----|---|--------------------------|---------|
| 1 | 177 | Megan Davies | U15 | F | Rossendale Harriers & AC | 04:57.3 |
| 2 | 8 | Jessica Heath | U15 | F | City of Stoke AC | 05:04.6 |
| 3 | 362 | Katie Nightingale | U15 | F | Salford Metropolitan AC | 05:35.4 |

1500M Heat 4

| | | | | | | |
|---|-----|---------------|-----|---|-------------------------|---------|
| 1 | 350 | Hollie Barnes | U13 | F | Salford Metropolitan AC | 05:07.9 |
|---|-----|---------------|-----|---|-------------------------|---------|

SHOT PUTT U13 Girls

| | | | | | | |
|---|-----|-----------------|-----|---|----------------------------|------|
| 1 | 9 | Shannon Ashmore | U13 | F | Chesterfield & District AC | 8.03 |
| 2 | 164 | Megan Nagy | U13 | F | Rotherham Harriers & AC | 6.46 |
| 3 | 24 | Natrika Wildman | U13 | F | Pendle AC | 5.98 |
| 4 | 136 | Jessica Hirst | U13 | F | Holmfirth Harriers AC | 5.97 |
| 5 | 196 | Megan Daly | U13 | F | Sale Harriers Manchester, | 5.28 |
| 6 | 173 | Erica Byram | U13 | F | Holmfirth Harriers AC | 5.19 |
| 7 | 199 | Celine Coffey | U13 | F | Unattached | 4.73 |

SHOT PUTT U13 Boys

| | | | | | | |
|---|-----|--------------------|-----|---|----------------------------------|------|
| 1 | 2 | Jamie Dinnarr | U13 | M | St. Helens Sutton AC | 7.68 |
| 2 | 157 | Hepi Jolliffe | U13 | M | Crewe and Nantwich AC | 6.48 |
| 3 | 115 | Dean Valentine | U13 | M | Crewe and Nantwich AC | 6.11 |
| 4 | 360 | George Heppinstall | U13 | M | Wakefield District Harriers & AC | 6.01 |
| 5 | 3 | James Edmondson | U13 | M | Preston Harriers | 4.89 |

SHOT PUTT U15 Girls

| | | | | | | |
|---|-----|-------------------|-----|---|----------------------------------|------|
| 1 | 12 | Jessica Brookwell | U15 | F | Wigan & District Harriers & AC | 8.28 |
| 2 | 361 | Abby Duce | U15 | F | Crewe and Nantwich AC | 7.75 |
| 3 | 175 | Olivia Noteman | U15 | F | City of Sheffield AC | 7.67 |
| 4 | 158 | Katrina Kelly | U15 | F | Blackpool, Wyre & Fylde AC | 7.41 |
| 5 | 142 | Amy Aitchison | U15 | F | Liverpool Pembroke Sefton H & AC | 6.49 |

SHOT PUTT U15 Boys

| | | | | | | |
|---|-----|-----------------|-----|---|---------------------------|-------|
| 1 | 101 | William Goodier | U15 | M | Preston Harriers | 11.76 |
| 2 | 146 | Niall Clowes | U15 | M | Crewe and Nantwich AC | 9.46 |
| 3 | 190 | Joshua Booth | U15 | M | Sale Harriers Manchester, | 7.61 |
| 4 | 342 | Dylan Lees | U15 | M | Sale Harriers Manchester, | 6.12 |

Javelin U11 Girls

| | | | | | | |
|---|-----|--------------|-----|---|-------------------------|------|
| 1 | 328 | Gemma Scoble | U11 | F | Stockport Harriers & AC | 7.33 |
| 2 | 11 | Megan Slater | U11 | F | Trafford AC | 6.70 |

Javelin U11 Boys

| | | | | | | |
|---|-----|-----------------|-----|---|---------------------------|-------|
| 1 | 163 | Harry Steed | U11 | M | Salford Metropolitan AC | 17.75 |
| 2 | 346 | Ben Worthington | U11 | M | Sale Harriers Manchester, | 11.20 |
| 3 | 32 | Harry Dobberon | U11 | M | Crewe and Nantwich AC | 9.97 |
| 4 | 171 | Joshua Hannon | U11 | M | Stockport Harriers & AC | 8.23 |

Javelin U13 Girls

| | | | | | | |
|---|-----|-----------------|-----|---|--------------------------------|-------|
| 1 | 9 | Shannon Ashmore | U13 | F | Chesterfield & District AC | 27.82 |
| 2 | 155 | Ruth Whipp | U13 | F | Wigan & District Harriers & AC | 18.98 |
| 3 | 136 | Jessica Hirst | U13 | F | Holmfirth Harriers AC | 15.35 |
| 4 | 134 | Annabel Dowd | U13 | F | Salford Metropolitan AC | 14.02 |

| | | | | | | |
|---|-----|------------------|-----|---|-------------------------|------|
| 5 | 358 | Britney Sharples | U13 | F | Stockport Harriers & AC | 9.38 |
|---|-----|------------------|-----|---|-------------------------|------|

Javelin U13 Boys

| | | | | | | |
|----|-----|--------------------|-----|---|----------------------------------|-------|
| 1 | 2 | Jamie Dinnarr | U13 | M | St. Helens Sutton AC | 33.79 |
| 2 | 45 | Sam Baldwin | U13 | M | Crewe and Nantwich AC | 27.89 |
| 3 | 6 | Joel Kirk | U13 | M | City of Sheffield AC | 25.52 |
| 4 | 49 | Jamie Shirtcliffe | U13 | M | Hyndburn AC | 24.80 |
| 5 | 360 | George Heppinstall | U13 | M | Wakefield District Harriers & AC | 23.14 |
| 6 | 137 | Joseph Fisher | U13 | M | Altrincham & District AC | 22.96 |
| 7 | 157 | Hepi Jolliffe | U13 | M | Crewe and Nantwich AC | 22.37 |
| 8 | 166 | Lewis Byram | U13 | M | Holmfirth Harriers AC | 19.87 |
| 9 | 115 | Dean Valentine | U13 | M | Crewe and Nantwich AC | 13.55 |
| 10 | 34 | Fred Dobberon | U13 | M | Crewe and Nantwich AC | 11.90 |

Javelin U15 Girls

| | | | | | | |
|---|-----|--------------------|-----|---|----------------------------------|-------|
| 1 | 48 | Marnie Shirtcliffe | U15 | F | Hyndburn AC | 24.25 |
| 2 | 142 | Amy Aitchison | U15 | F | Liverpool Pembroke Sefton H & AC | 23.37 |
| 3 | 9 | Shannon Ashmore | U13 | F | Chesterfield & District AC | 21.50 |
| 4 | 319 | Shannon Byrne | U15 | F | Stockport Harriers & AC | 21.27 |

Javelin U15 Boys

| | | | | | | |
|---|-----|----------------|-----|---|--------------------------------|-------|
| 1 | 153 | Ben Whipp | U15 | M | Wigan & District Harriers & AC | 41.07 |
| 2 | 353 | Aiden Westaway | U15 | M | Macclesfield Harriers & AC | 34.79 |
| 3 | 146 | Niall Clowes | U15 | M | Crewe and Nantwich AC | 32.08 |
| 4 | 16 | Cormack Lever | U15 | M | City of Sheffield AC | 22.80 |
| 5 | 190 | Joshua Booth | U15 | M | Sale Harriers Manchester, | 16.94 |
| 6 | 342 | Dylan Lees | U15 | M | Sale Harriers Manchester, | 15.74 |

HIGH JUMP U11 Girls

| | | | | | | |
|---|-----|-----------------|-----|---|---------------------------|------|
| 1 | 31 | Rebecca Francis | U11 | F | City of Stoke AC | 1.08 |
| 2 | 156 | Jasmine Hannon | U11 | F | Stockport Harriers & AC | 1.05 |
| 3 | 320 | Shanice Sawyer | U11 | F | Sale Harriers Manchester, | 0.95 |

HIGH JUMP U11 Boys

| | | | | | | |
|---|-----|--------------|-----|---|---------------------------|------|
| 1 | 191 | Jack Daly | U11 | M | Sale Harriers Manchester, | 1.20 |
| 2 | 152 | Joshua Boyle | U11 | M | Hyndburn AC | 1.08 |

HIGH JUMP U13 Girls

| | | | | | | |
|---|-----|-----------------|-----|---|--------------------------------|------|
| 1 | 182 | Chloe Bewley | U13 | F | Doncaster AC | 1.40 |
| 2 | 149 | Rebecca Oliver | U11 | F | City of Sheffield AC | 1.40 |
| 3 | 155 | Ruth Whipp | U13 | F | Wigan & District Harriers & AC | 1.20 |
| 4 | 130 | Amelia Betmead | U13 | F | Blackpool, Wyre & Fylde AC | 1.20 |
| 5 | 19 | Georgia Hannam | U13 | F | Lancaster & Morecambe AC | 1.15 |
| 6 | 140 | Serena Motasham | U13 | F | Sale Harriers Manchester, | 1.15 |

HIGH JUMP U13 Boys

| | | | | | | |
|---|-----|-----------------|-----|---|---------------------------|------|
| 1 | 6 | Joel Kirk | U13 | M | City of Sheffield AC | 1.35 |
| 2 | 129 | Niall Graham | U13 | M | Lancaster & Morecambe AC | 1.20 |
| 3 | 17 | Harry Kay | U13 | M | Sale Harriers Manchester, | 1.15 |
| 4 | 45 | Sam Baldwin | U13 | M | Crewe and Nantwich AC | 1.10 |
| 4 | 34 | Fred Dobberon | U13 | M | Crewe and Nantwich AC | 1.10 |
| 6 | 3 | James Edmondson | U13 | M | Preston Harriers | 1.10 |

HIGH JUMP U15 Girls

| | | | | | | |
|---|-----|-----------------|-----|---|----------------------------|------|
| 1 | 42 | Amy Tarver | U15 | F | Wirral AC | 1.55 |
| 2 | 114 | Gemma Valentine | U15 | F | Crewe and Nantwich AC | 1.40 |
| 3 | 33 | Rachael Woosey | U15 | F | St. Helens Sutton AC | 1.35 |
| 4 | 38 | Tameika Cuff | U15 | F | Trafford AC | 1.30 |
| 5 | 176 | Hannah Turner | U15 | F | Sale Harriers Manchester, | 1.25 |
| 6 | 158 | Katrina Kelly | U15 | F | Blackpool, Wyre & Fylde AC | 1.15 |

HIGH JUMP U15 Boys

| | | | | | | |
|---|-----|--------------|-----|---|-----------------------|------|
| 1 | 159 | Will Simmons | U15 | M | Crewe and Nantwich AC | 1.70 |
|---|-----|--------------|-----|---|-----------------------|------|

| | | | | | | |
|---|-----|-----------------|-----|---|------------------|------|
| 2 | 109 | Curtis Mitchell | U15 | M | Preston Harriers | 1.65 |
| 3 | 112 | Luke Farnworth | U15 | M | Preston Harriers | 1.45 |
| 4 | 30 | Sam Costello | U15 | M | Vale Royal AC | 1.45 |
| 5 | 188 | Tom Booth | U15 | M | Preston Harriers | 1.40 |

LONG JUMP U11 Girls

| | | | | | | |
|----|-----|------------------|-----|---|--------------------------------|------|
| 1 | 118 | Grace Bower | U11 | F | Stockport Harriers & AC | 3.51 |
| 2 | 31 | Rebecca Francis | U11 | F | City of Stoke AC | 3.22 |
| 3 | 128 | Amy Kettlewell | U11 | F | Holmfirth Harriers AC | 3.17 |
| 4 | 169 | Tia Blissett | U11 | F | Sale Harriers Manchester, | 3.12 |
| 5 | 315 | Verity Garnes | U11 | F | Trafford AC | 3.08 |
| 6 | 21 | Megan Holder | U11 | F | Wigan & District Harriers & AC | 3.07 |
| 7 | 325 | Molly Larkin | U11 | F | Trafford AC | 3.05 |
| 8 | 172 | Georgia Bourke | U11 | F | Stockport Harriers & AC | 3.01 |
| 9 | 121 | Leila Entwistle | U11 | F | Trafford AC | 2.75 |
| 10 | 341 | Charlie Peters | U11 | F | Cannock & Staffs AC | 2.45 |
| 11 | 122 | Inez Entwistle | U11 | F | Trafford AC | 2.33 |
| 12 | 170 | Danielle McMinn | U11 | F | Trafford AC | 2.31 |
| 13 | 110 | Mea Aitken | U11 | F | Trafford AC | 2.25 |
| 14 | 11 | Megan Slater | U11 | F | Trafford AC | 2.16 |
| 15 | 343 | Amelia Gilchrist | U11 | F | Sale Harriers Manchester, | 1.88 |

LONG JUMP U11 Boys

| | | | | | | |
|---|-----|-------------------|-----|---|---------------------------|------|
| 1 | 316 | Dominic Blake | U11 | M | Trafford AC | 4.21 |
| 2 | 187 | Lewis Booth | U11 | M | Preston Harriers | 3.61 |
| 3 | 178 | Jake Nicholson | U11 | M | Rochdale Harriers & AC | 3.14 |
| 4 | 179 | Charlie Nicholson | U11 | M | Rochdale Harriers & AC | 3.10 |
| 5 | 191 | Jack Daly | U11 | M | Sale Harriers Manchester, | 3.00 |
| 6 | 20 | Shea Hannam | U11 | M | Lancaster & Morecambe AC | 2.92 |
| 7 | 32 | Harry Dobberon | U11 | M | Crewe and Nantwich AC | 2.74 |

LONG JUMP U13 Girls

| | | | | | | |
|----|-----|-----------------|-----|---|---------------------------|------|
| 1 | 24 | Natrika Wildman | U13 | F | Pendle AC | 4.11 |
| 2 | 359 | Malaika Whight | U13 | F | Trafford AC | 4.06 |
| 3 | 111 | Stacey Rooke | U13 | F | Bingley Harriers & AC | 3.86 |
| 4 | 164 | Megan Nagy | U13 | F | Rotherham Harriers & AC | 3.79 |
| 5 | 322 | Beth Jones | U13 | F | Deeside AAC | 3.72 |
| 6 | 140 | Serena Motasham | U13 | F | Sale Harriers Manchester, | 3.69 |
| 7 | 123 | Bethan Heath | U13 | F | City of Stoke AC | 3.59 |
| 8 | 132 | Becky Ingham | U13 | F | Preston Harriers | 3.55 |
| 9 | 196 | Megan Daly | U13 | F | Sale Harriers Manchester, | 3.45 |
| 10 | 174 | Lucy Byram | U13 | F | Holmfirth Harriers AC | 3.03 |
| 11 | 199 | Celine Coffey | U13 | F | Unattached | 2.73 |

LONG JUMP U13 Boys

| | | | | | | |
|----|-----|-------------------|-----|---|---------------------------|------|
| 1 | 2 | Jamie Dinnarr | U13 | M | St. Helens Sutton AC | 4.76 |
| 2 | 161 | Jamal Crawford | U13 | M | Sale Harriers Manchester, | 4.74 |
| 3 | 127 | Aaron Kettlewell | U13 | M | Holmfirth Harriers AC | 4.73 |
| 4 | 23 | Kevin Metzger | U13 | M | Sale Harriers Manchester, | 4.65 |
| 5 | 1 | Daniel Elston | U13 | M | St. Helens Sutton AC | 4.22 |
| 6 | 349 | James Cash | U13 | M | Dash AC | 4.04 |
| 7 | 336 | Thomas Wiseman | U13 | M | Salford Metropolitan AC | 3.80 |
| 8 | 45 | Sam Baldwin | U13 | M | Crewe and Nantwich AC | 3.75 |
| 9 | 113 | Ellis Farnworth | U13 | M | Preston Harriers | 3.71 |
| 10 | 116 | Harry Valentine | U13 | M | Crewe and Nantwich AC | 3.68 |
| 11 | 137 | Joseph Fisher | U13 | M | Altrincham & District AC | 3.59 |
| 12 | 49 | Jamie Shirtcliffe | U13 | M | Hyndburn AC | 3.49 |
| 13 | 17 | Harry Kay | U13 | M | Sale Harriers Manchester, | 3.36 |

| | | | | | | |
|----|-----|----------------|-----|---|-------------------------|------|
| 14 | 333 | Joshua Wiseman | U13 | M | Salford Metropolitan AC | 3.29 |
| 15 | 340 | Harry Peters | U13 | M | Cannock & Staffs AC | 2.51 |

LONG JUMP U15 Girls

| | | | | | | |
|----|-----|--------------------|-----|---|--------------------------------|------|
| 1 | 162 | Amy Hodgson | U15 | F | City of Sheffield AC | 4.83 |
| 2 | 175 | Olivia Noteman | U15 | F | City of Sheffield AC | 4.68 |
| 3 | 12 | Jessica Brookwell | U15 | F | Wigan & District Harriers & AC | 4.55 |
| 4 | 37 | Rachel Francis | U15 | F | City of Stoke AC | 4.54 |
| 5 | 133 | Katy Ingham | U15 | F | Preston Harriers | 4.53 |
| 6 | 28 | Alysha Porter | U15 | F | Sale Harriers Manchester, | 4.45 |
| 7 | 26 | Louise Boden | U15 | F | City of Stoke AC | 4.43 |
| 8 | 10 | Rebecca Hall | U15 | F | City of Sheffield AC | 4.30 |
| 9 | 48 | Marnie Shirtcliffe | U15 | F | Hyndburn AC | 4.30 |
| 10 | 120 | Emma O'Connell | U15 | F | Stockport Harriers & AC | 4.30 |
| 11 | 114 | Gemma Valentine | U15 | F | Crewe and Nantwich AC | 4.19 |
| 12 | 145 | Georgia Pickles | U15 | F | Crewe and Nantwich AC | 4.07 |
| 13 | 15 | Amber Schofield | U15 | F | Crewe and Nantwich AC | 4.06 |
| 14 | 44 | Naomi Richardson | U15 | F | Rochdale Harriers & AC | 4.04 |
| 15 | 135 | Hannah Arnold | U15 | F | Stockport Harriers & AC | 4.00 |
| 16 | 176 | Hannah Turner | U15 | F | Sale Harriers Manchester, | 3.71 |
| 17 | 141 | Amelia Timpany | U15 | F | Stockport Harriers & AC | 3.24 |

LONG JUMP U15 Boys

| | | | | | | |
|---|-----|-----------------|-----|---|--------------------------------------|------|
| 1 | 154 | Jerrell Marchan | U15 | M | Trafford AC | 5.48 |
| 2 | 25 | Neng Wildman | U15 | M | Pendle AC | 4.58 |
| 3 | 41 | Danny Wassall | U15 | M | East Cheshire Harriers & Tameside AC | 4.53 |
| 4 | 188 | Tom Booth | U15 | M | Preston Harriers | 4.50 |
| 5 | 30 | Sam Costello | U15 | M | Vale Royal AC | 4.17 |
| 6 | 16 | Cormack Lever | U15 | M | City of Sheffield AC | 3.77 |
| 7 | 363 | James Saunders | U15 | M | Preston Harriers | 3.64 |
| 8 | 190 | Joshua Booth | U15 | M | Sale Harriers Manchester, | 3.41 |