

## **MERSEYSIDE COUNTY SCHOOLS AA**

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Dear \_\_\_\_\_, **14<sup>th</sup> May, 2010**

A] I enclose details of the County Schools Championships which are to be held at Bebington Oval, Wirral on Saturday 12<sup>th</sup> June beginning at 10 am for field events with track events, starting at 10.30 am.

B] The year seven events are set out below :-

Yr 7G - 75m, 150m, 800m, 1200m, 70m H, Long, High & Shot

Yr 7B - 100m, 200m, 800m, 1500m, 75m H, Long, High & Shot

NB There will be a full programme of individual events for all other

Age groups, as laid down in the ESAA handbook.

We will be holding an Inter & Senior Girls 1500m Steeplechase

Development race, for athletes new to the event !!

All athletes are able to enter two events at a cost of £1 per event

NB Athletes not entered before the day will be asked to pay £1 per event on the day !!

C] If there are not enough senior athletes to make an event viable for that age group then their event will run with the inter age groups, with senior athletes allocated distinguishing numbers.

D] Please send in completed team lists to

**Doug Hanna at 3, Holly Place, Moreton, Wirral, M/Side CH 46 9QZ**

E mail to [doug.hanna@ntlworld.com](mailto:doug.hanna@ntlworld.com) **by 8pm Wednesday 9<sup>th</sup> JUNE**

E] The English Schools team for BIRMINGHAM, on the 9<sup>th</sup> & 10<sup>th</sup> of July, will be selected on Sunday evening, the 13<sup>th</sup> June, where each district is welcome to send along one representative to assist with selection.

F] The selection policy for the ESAA championship will be

1] Athletes gaining National Standards or Entry standards on the day of the championships will be considered first

2] If there are still places available, then other league or championship performances are likely to be taken into consideration.

NB Please keep the team management informed of these performances, prior to the Championships, preferably by email !!

NB This County Champs weekend clashes with the NoE Senior School Age group championships, if you wish to compete at Birmingham, please ensure that you have checked this with either Pam Green [Boys] or Kate McGing [Girls] E mails are given in the mailing listings !!

G] With the clash with the NOE champs, we will be short of officials

It would be more than useful if each county district could provide a couple of helpers to help out on the day.

Regards

Mike Dooling [Championship Co-ordinator]

## Timetable 10am for Field events

10 am	Hammer	All age groups
10 am	High Jump	7G & JG followed by IG/SG
10 am	Triple Jump	JB, IG / SG
10- 30	Pole Vault	All age groups
11-15	Triple Jump	IB / SB
11-15	Discus	JG followed by IG / SG
11-30	High Jump	7B & JB
11-45	Long Jump	7B & JB
12-15	Javelin	JB followed by IB / SB
1-30	Shot Putt	7G & JG followed by IG / SG
1-30	Long Jump	7G & JG followed by IG / SG
1-30	Discus	JB followed by IB / SB
1-30	High Jump	IB / SB
2-30	Shot Putt	7B & JB followed by IB / SB
2-30	Long Jump	IB / SB
2-30	Javelin	JG followed by IG / SG

### Track Events at 10-30am

**NB If less than 8 athletes appear at heat times, then these events will be run as FINALS at heat times !!**

10-30	300m H / 400m H	
10-45	75m / 100m Heats	7G,7B, JG, JB, IG/SG , IB/SB
	2000m S/Chase	Sen Boys
11-45	80m / 100m Finals	[ From Heats ]

### **NB Hurdles & Distance events will alternate**

12-00	Sprint Hurdle heats	7G, 7B, JG, JB / IG, IB / SG, SB
12-00	1200m / 1500m Finals	7G, 7B, JB, JG
	<u>Followed by 800m finals</u>	IG / SG, IB / SB
1-45	<u>Sprint Hurdle Finals</u>	[ From Heats ]
	150m / 200m Heats	7G, 7B, JG, JB, IG/SG, IB/SB
2-30	1500m Finals	IG / SG IB / SB
	800m Finals	7G, 7B, JG, JB
3pm	150m / 200m Finals	[ From Heats ]

**NB EVENTS after this point will be run as the track becomes available**  
**[ NB It is the athletes responsibility to be aware of starts]**

300m / 400m FINALS IG / JB / SG / IB / SB

**NB If more than 8 athletes appear for 300/400m events, then events will be seeded & times compared.**

3000m Finals All groups male / female  
1500m S/Chase Final IB IG & SG Development event ??

