

# Manchester Area Cross Country League

## at Woodbank Park, Stockport on Sunday 3rd January 2010

### Under11 Girls — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time					
1	375	Lucy Donaghy	Stockport H & AC	8:05	25	372	Francesca Carosi	Stockport H & AC	9:46
2	1064	\$Bethany Foster	Wirral AC	8:19	26	390	Claudia Hall	Warrington AC	9:58
3	330	Georgia Astonmassey	Halton & Frodsham H	8:26	27	949	Beth Barlow	Manchester H&AC	10:00
4	374	Emma Donaghy	Stockport H & AC	8:34	28	387	Abbie Dickenson	Warrington AC	10:02
5	382	Katy Whiteoak	Stockport H & AC	8:35	29	895	Nadine Eunous	Sale H Manchester	10:05
6	377	Grace Garner	Stockport H & AC	8:35	30	365	Amelia Donohoe	Moston & District H	10:09
7	894	Alice Bruce	Sale H Manchester	8:42	31	928	Emma Wright	Salford Met AC	10:09
8	1069	\$Molly Thompson	Wirral AC	8:52	32	1077	\$Natrika Wildman	Pendle AC	10:10
9	974	Lily Wolstenholme	Macclesfield H&AC	8:54	33	1072	\$Beth Rigby	Bury AC	10:19
10	916	Francesca Brint	Sale H Manchester	8:58	34	334	Charlotte King	Halton & Frodsham H	10:20
11	1073	\$Lily Waring	Wirral AC	9:06	35	332	Alex Harding	Halton & Frodsham H	10:25
12	371	E Brackenridgejones	Stockport H & AC	9:08	36	348	Abigail Cook	Macclesfield H&AC	10:28
13	936	Danielle Stringer	Manchester H&AC	9:11	37	364	Katie Wren	Manchester H&AC	10:30
14	384	Gabrielle Kelly	Trafford AC	9:12	38	367	Meghan Stevenson	Moston & District H	10:33
15	379	Emily Hughes	Stockport H & AC	9:14	39	978	Amie Page	Sale H Manchester	10:38
16	376	Juliet Downs	Stockport H & AC	9:17	40	973	Rebecca Mason	Salford Met AC	10:41
17	381	Gemma Scoble	Stockport H & AC	9:18	41	380	Rebecca Paolo	Stockport H & AC	10:59
18	385	Ciara Lydon	Trafford AC	9:30	42	982	Sharon Flanagan	Sale H Manchester	11:27
19	378	Jasmine Hannon	Stockport H & AC	9:34	43	937	Heather Corden	Stockport H & AC	11:32
20	329	Alannah Newell	E Chesh H & Tameside AC	9:35	44	357	Jessica Morrissey	Manchester H&AC	11:50
21	971	Emily Barker	Salford Met AC	9:36	45	864	Hannah Seabrook	St Helens Sutton	11:54
22	337	Jenny Pyatt	Halton & Frodsham H	9:39	46	362	Olivia Welch	Manchester H&AC	12:02
23	333	Charlie Harding	Halton & Frodsham H	9:44	47	880	Kelsey Grady	Halton & Frodsham H	12:04
24	393	Amy Moran	Warrington AC	9:45	48	358	Zoe Morrissey	Manchester H&AC	12:14

### Under11 Girls — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Stockport H & AC	8	—	1	Lucy Donaghy	3	Emma Donaghy	4	Katy Whiteoak	
2	Stockport H & AC	'B'	26	—	5	Grace Garner	9	E Brackenridgejones	12	Emily Hughes
3	Sale H Manchester		40	—	6	Alice Bruce	8	Francesca Brint	26	Nadine Eunous
4	Halton & Frodsham H		41	—	2	Georgia Astonmassey	19	Jenny Pyatt	20	Charlie Harding
5	Manchester H&AC		66	—	10	Danielle Stringer	24	Beth Barlow	32	Katie Wren
6	Warrington AC		69	—	21	Amy Moran	23	Claudia Hall	25	Abbie Dickenson
7	Salford Met AC		81	—	18	Emily Barker	28	Emma Wright	35	Rebecca Mason
8	Halton & Frodsham H	'B'	101	—	29	Charlotte King	30	Alex Harding	42	Kelsey Grady
9	Manchester H&AC	'B'	123	—	39	Jessica Morrissey	41	Olivia Welch	43	Zoe Morrissey

### Race 2 - Under 11 Boys — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time					
1	311	Michael Quinn	Sale H Manchester	10:01	16	305	Charlie Brett	Sale H Manchester	11:24
2	1059	\$Ciaran Johnson	Blackpool Wyre & Fylde	10:21	17	309	Joe Hammond	Sale H Manchester	11:27
3	322	Kiro Smithmanharding	Warrington AC	10:23	18	310	Adam Kinghorn	Sale H Manchester	11:44
4	980	Mark Latham	West Cheshire AC	10:24	19	296	Ben Skertchley	Manchester H&AC	11:47
5	314	Jake Spilsbury	Sale H Manchester	10:47	20	932	Ethan Hartshorne	E Chesh H & Tameside AC	12:02
6	286	Callum Bailey	Macclesfield H&AC	10:55	21	298	Dillon Cooper	Moston & District H	12:09
7	317	Thomas Wiseman	Salford Met AC	10:55	22	920	Nicholas Criddle	Trafford AC	12:26
8	271	Chris Larkin	Halton & Frodsham H	10:58	23	312	Andres Rollings	Sale H Manchester	12:30
9	320	Ryan Dugdale	Warrington AC	11:09	24	972	Aaron Storey	Macclesfield H&AC	12:44
10	313	Adam Spilsbury	Sale H Manchester	11:12	25	938	Cameron Ward	Sale H Manchester	12:45
11	981	Harry Buglass	Macclesfield H&AC	11:13	26	300	Remell Walker	Moston & District H	12:46
12	267	Oliver Stevenson	Altrincham & Dist AC	11:16	27	918	Jack Daly	Sale H Manchester	12:47
13	297	Kyle Anderson	Moston & District H	11:18	28	902	Sam Richardson	Warrington AC	13:11
14	858	Adam Woosey	St Helens Sutton	11:20	29	288	Geordie Barnett	Macclesfield H&AC	13:48
15	323	Cory Smithmanharding	Warrington AC	11:23	30	921	James Frazer	Trafford AC	14:14

### Race 2 - Under 11 Boys — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Sale H Manchester	14	—	1	Michael Quinn	4	Jake Spilsbury	9	Adam Spilsbury	
2	Warrington AC	24	—	2	Kiro Smithmanharding	8	Ryan Dugdale	14	Cory Smithmanharding	
3	Macclesfield H&AC	38	—	5	Callum Bailey	10	Harry Buglass	23	Aaron Storey	
4	Sale H Manchester	'B'	48	—	15	Charlie Brett	16	Joe Hammond	17	Adam Kinghorn
5	Moston & District H		57	—	12	Kyle Anderson	20	Dillon Cooper	25	Remell Walker

# Manchester Area Cross Country League at Woodbank Park, Stockport on Sunday 3rd January 2010

## Race 2 - Under 13 Girls — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Name	Club	Time
1	900	Elizabeth Smith		Warrington AC	10:06	32	Ellen Downs	Stockport H & AC	11:43
2	966	H Knowles Jones		Warrington AC	10:10	33	Sophie Hill	Moston & District H	11:45
3	964	Jessia Coulson		Warrington AC	10:25	34	Eleanor Canham	Sale H Manchester	11:46
4	1076	\$Christie Cook		Bury AC	10:26	35	Lucy Whittaker	Salford Met AC	11:48
5	779	Rosie Johnson		St Helens Sutton	10:27	36	\$Eleanor Boyle	Bury AC	11:49
6	809	Holly Barnes		Salford Met AC	10:30	37	Lucy Griffiths	St Helens Sutton	11:50
7	967	Carys McAulay		Warrington AC	10:31	38	Sophie Williams	Stockport H & AC	11:51
8	537	Mollie Williams		Stockport H & AC	10:32	39	Beth Farbrother	Macclesfield H&AC	11:52
9	783	Megan Ashelby		E Chesh H & Tameside AC	10:45	40	Louise Watterson	Warrington AC	11:57
10	515	Rachel Hibberd		Sale H Manchester	10:51	41	\$Aileen Kearney	Wirral AC	11:59
11	1058	\$Alisha Johnson		Blackpool Wyre & Fylde	10:52	42	Roisin Clegg	E Chesh H & Tameside AC	12:06
12	514	Julia Hassall		Sale H Manchester	11:00	43	Niamh Hartshorne	E Chesh H & Tameside AC	12:07
13	829	Beth Donnelly		E Chesh H & Tameside AC	11:02	44	Laura Nicholson	Warrington AC	12:08
14	475	Jemma Eyre		Altrincham & Dist AC	11:07	45	Maria McGoldrick	St Helens Sutton	12:14
15	527	Charlotte Simms		Salford Met AC	11:14	46	Aoife Gilchrist	Sale H Manchester	12:15
16	519	Hannah Simeen		Sale H Manchester	11:15	47	Rachel McGoldrick	St Helens Sutton	12:16
17	781	Danielle Web		St Helens Sutton	11:17	48	Rachel McManus	Trafford AC	12:17
18	518	Nina Rawlings		Sale H Manchester	11:19	49	Elle Donohoe	Moston & District H	12:20
19	1075	\$Hannah Alderson		Bury AC	11:21	50	Beth Goddard	Trafford AC	12:27
20	520	Caitlin Thomas		Sale H Manchester	11:25	51	Kiera Grady	Halton & Frodsham H	12:35
21	488	Jess Wright		Halton & Frodsham H	11:26	52	Lucy Vernon	Sale H Manchester	12:50
22	522	Connie Vickers		Sale H Manchester	11:28	53	Elsie Clare	Sale H Manchester	12:50
23	977	Katie Nightingale		Salford Met AC	11:30	54	Natalia Nunes	Trafford AC	12:51
24	502	Molly Bogin		Manchester H&AC	11:31	55	Naomi Kershaw	Macclesfield H&AC	12:52
25	810	Mattie Yates		Sale H Manchester	11:35	56	Maddie Williams	Sale H Manchester	13:15
26	535	Alice Hughes		Stockport H & AC	11:37	57	Jess Simms	Macclesfield H&AC	13:56
27	504	Charlotte Kelly		Manchester H&AC	11:38	58	Tameika Cuff	Trafford AC	14:27
28	536	Leah O'Connell		Stockport H & AC	11:39	59	Alice Welch	Manchester H&AC	14:31
29	777	Rachel Woosey		St Helens Sutton	11:40	60	Rebecca Lawless	Sale H Manchester	15:52
30	913	Catherine Podmore		Sale H Manchester	11:41	61	Sophie Rice	Warrington AC	15:59
31	965	Katy Entwistle		Warrington AC	11:42				

## Race 2 - Under 13 Girls — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Warrington AC	6	—	1	Elizabeth Smith	2	H Knowles Jones	3	Jessia Coulson	
2	Sale H Manchester	33	—	9	Rachel Hibberd	10	Julia Hassall	14	Hannah Simeen	
3	Salford Met AC	38	—	5	Holly Barnes	13	Charlotte Simms	20	Katie Nightingale	
4	St Helens Sutton	45	—	4	Rosie Johnson	15	Danielle Web	26	Rachel Woosey	
5	Sale H Manchester	'B'	52	—	16	Nina Rawlings	17	Caitlin Thomas	19	Connie Vickers
6	Stockport H & AC	55	—	7	Mollie Williams	23	Alice Hughes	25	Leah O'Connell	
7	E Chesh H & Tameside AC	56	—	8	Megan Ashelby	11	Beth Donnelly	37	Roisin Clegg	
8	Warrington AC	'B'	70	—	6	Carys McAulay	28	Katy Entwistle	36	Louise Watterson
9	Manchester H&AC	'B'	99	—	21	Molly Bogin	24	Charlotte Kelly	54	Alice Welch
10	St Helens Sutton	'B'	115	—	33	Lucy Griffiths	40	Maria McGoldrick	42	Rachel McGoldrick
11	Trafford AC	137	—	43	Rachel McManus	45	Beth Goddard	49	Natalia Nunes	
12	Macclesfield H&AC	137	—	35	Beth Farbrother	50	Naomi Kershaw	52	Jess Simms	

## Race 3 - Under 13 Boys — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time	Pos	Name	Club	Time	
1	449	Christy O'Brien	Sale H Manchester	12:25	16	423	Aaron Shaughnessy	Macclesfield H&AC	13:55
2	470	Matt Wigelsworth	Warrington AC	12:28	17	461	Jay Wood	Stockport H & AC	13:57
3	455	Ryan Babcock	Stockport H & AC	12:36	18	833	Ciaran Conway	Trafford AC	13:58
4	457	William Garner	Stockport H & AC	12:41	19	396	Christian Gallagher	E Chesh H & Tameside AC	14:13
5	431	Donnacha Maguire	Manchester H&AC	12:47	20	451	Jack Sedman	Sale H Manchester	14:17
6	438	Lorenzo Thompson	Moston & District H	12:57	21	418	Nick Gale	Macclesfield H&AC	14:24
7	443	Euan Gilchrist	Sale H Manchester	13:11	22	442	Josh Daly	Sale H Manchester	14:25
8	468	Jack Richardson	Warrington AC	13:14	23	441	Daniel Brint	Sale H Manchester	14:26
9	839	Alex Minshull	Stockport H & AC	13:15	24	439	Jordan Bezzina	Sale H Manchester	14:36
10	818	Robert Dykes	Warrington AC	13:27	25	786	Owen Kennedy	St Helens Sutton	15:02
11	831	Callum Drasdo	Trafford AC	13:28	26	425	Sam Stockman	Macclesfield H&AC	15:10
12	976	Jamal Crawford	Sale H Manchester	13:34	27	394	Joe Duffill	Altrincham & Dist AC	15:22
13	935	Matt Graham	Manchester H&AC	13:35	28	395	Harry Duffill	Altrincham & Dist AC	15:33
14	437	Lewis James	Moston & District H	13:36	29	414	Oliver Anderson	Macclesfield H&AC	16:11
15	787	Daniel Elston	St Helens Sutton	13:37					

## Race 3 - Under 13 Boys — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Stockport H & AC	16	—	3	Ryan Babcock	4	William Garner	9	Alex Minshull	
2	Warrington AC	20	—	2	Matt Wigelsworth	8	Jack Richardson	10	Robert Dykes	
3	Sale H Manchester	20	—	1	Christy O'Brien	7	Euan Gilchrist	12	Jamal Crawford	
4	Macclesfield H&AC	63	—	16	Aaron Shaughnessy	21	Nick Gale	26	Sam Stockman	
5	Sale H Manchester	'B'	65	—	20	Jack Sedman	22	Josh Daly	23	Daniel Brint

# Manchester Area Cross Country League at Woodbank Park, Stockport on Sunday 3rd January 2010

## Race 3 - Under 15 Girls — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time
1	628	Danielle Wallis	Macclesfield H&AC	12:16
2	975	Emma Peters	E Chesh H & Tameside AC	12:32
3	660	Imogen Nutter	Stockport H & AC	12:37
4	1070	\$Katie Buckley	Bury AC	12:51
5	641	Misha Nayakoliver	Sale H Manchester	13:24
6	656	Nicola Berry	Stockport H & AC	13:26
7	664	Olivia Wild	Stockport H & AC	13:38
8	668	Sophia Bates	Warrington AC	13:54
9	618	Emma Pyatt	Halton & Frodsham H	13:56
10	663	Sarah Tipping	Stockport H & AC	14:02
11	1066	\$Emily Kearney	Wirral AC	14:07
12	655	Aimee Aikin	Stockport H & AC	14:09
13	661	Emma O'Connell	Stockport H & AC	14:11
14	659	Carla Edwards	Stockport H & AC	14:12

## Race 3 - Under 15 Girls — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Stockport H & AC	14 — 3	Imogen Nutter	5	Nicola Berry	6	Olivia Wild
2	Stockport H & AC	30 — 9	Sarah Tipping	10	Aimee Aikin	11	Emma O'Connell
3	Sale H Manchester	31 — 4	Misha Nayakoliver	13	Chloe Yates	14	Nancy Clare
4	St Helens Sutton	55 — 17	Vicky Lamb	18	Rachel Wilcock	20	Louise Hayes

## Race 4 - Under 15 Boys — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time
1	599	Richard Powell	Trafford AC	18:58
2	555	Leon Gregory	E Chesh H & Tameside AC	19:09
3	1081	\$Jack Crabtree	E Chesh H & Tameside AC	19:49
4	587	Kyle Conway	Sale H Manchester	20:25
5	581	Dillon Bezzina	Sale H Manchester	20:35
6	569	Ryan Wallis	Macclesfield H&AC	21:00
7	837	Kevin Acton	Stockport H & AC	21:01
8	843	James Hill	E Chesh H & Tameside AC	21:12
9	460	James Parrott	Stockport H & AC	21:26
10	568	James Taylor	Macclesfield H&AC	21:27
11	600	Robert Powell	Trafford AC	22:10
12	1078	\$Neng Wildman	Pendale AC	22:25
13	580	Khalid Absiyeh	Sale H Manchester	22:42

## Race 4 - Under 15 Boys — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Sale H Manchester	18 — 3	Kyle Conway	4	Dillon Bezzina	11	Khalid Absiyeh
2	E Chesh H & Tameside AC	21 — 2	Leon Gregory	7	James Hill	12	Jack Donnelly
3	Stockport H & AC	28 — 6	Kevin Acton	8	James Parrott	14	Kray Smith
4	Macclesfield H&AC	31 — 5	Ryan Wallis	9	James Taylor	17	Jacob Anderson

## Race 4 - Under 17 Women — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time
1	811	Lucy Smith	Altrincham & Dist AC	21:40
2	941	Sally Ratcliffe	E Chesh H & Tameside AC	22:37
3	766	Katie Ashcroft	Warrington AC	23:28
4	771	Victoria Newell	E Chesh H & Tameside AC	23:31
5	768	Elizabeth Heaven	Warrington AC	24:58
6	753	Sarah Simeen	Sale H Manchester	25:16

## Race 4 - Under 17 Women — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	E Chesh H & Tameside AC	16 — 2	Sally Ratcliffe	4	Victoria Newell	10	Victoria Hartshorne
2	Sale H Manchester	21 — 6	Sarah Simeen	7	Kate McLelland	8	Jodie Guinnane

## Race 5 - Under 17 Men — FINAL RESULTS

Pos	Num	Name	Club	Time
1	797	John Ashcroft	St Helens Sutton	22:34
2	713	Jack Morris	Stockport H & AC	23:07
3	714	Jack Nixon	Stockport H & AC	23:33
4	799	Jamie White	St Helens Sutton	24:01
5	684	Joseph Hudak	E Chesh H & Tameside AC	24:07
6	704	Callum Rowlinson	Sale H Manchester	24:41
7	878	Andrew Miles	Vale Royal AC	24:48
8	685	James Grannan	Handforth WA	25:24
9	800	Anthnan Brown	St Helens Sutton	25:29

## Race 5 - Under 17 Men — TEAM RESULTS

1	St Helens Sutton	14 — 1	John Ashcroft	4	Jamie White	9	Anthnan Brown
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# Manchester Area Cross Country League at Woodbank Park, Stockport on Sunday 3rd January 2010

## Senior Women — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Cat/PosClub	Time		
1	242	Louisa Wood	Warrington AC	24:29		
2	168	Samantha Briggs	Salford H & AC	25:05		
3	131	Emily Beedham	Sale H Manchester	25:21		
4	985	Ruth Waller	Sale H Manchester	25:31		
5	822	Gemma Connolly	St Helens Sutton	26:26		
6	1061	\$Emily Brown	Cardiff AC	26:39		
7	96	Sarah Rhodes	Manchester Triathlon	26:40		
8	946	Louise Rudd	Wilmslow RC	27:08		
9	90	Amy Hibbert	Manchester Triathlon	27:09		
10	8	Sandra Lewis	Altrincham & Dist AC	27:10		
11	43	Angela Jordan	Macclesfield H&AC	27:11		
12	221	Alison Drasdo	L40 1 Trafford AC	27:24		
13	196	Helen Walch	L45 1 Stockport H & AC	27:26		
14	235	Anna Verges	L35 1 Trafford AC	27:39		
15	984	Kate Spilsbury	Vale Royal AC	27:53		
16	188	Ruth Jenyon	U20 1 Stockport H & AC	28:09		
17	232	Sarah Newman	Trafford AC	28:14		
18	217	Liz Austen	Trafford AC	28:15		
19	1083	\$Emma Flanagan	U20 2 Rossendale Harriers	28:16		
20	229	Teresa Kemp	Trafford AC	28:21		
21	150	Cara Kavanagh	Sale H Manchester	28:24		
22	40	Alison Hartopp	L40 2 Macclesfield H&AC	28:30		
23	5	Katherine Harvey	L50 1 Altrincham & Dist AC	28:33		
24	192	Jayne Lawton	L40 3 Stockport H & AC	28:35		
25	848	Sarah Aylmer	L45 2 Stockport H & AC	28:40		
26	183	Carley Davies	Stockport H & AC	28:44		
27	99	Jude Wall	L35 2 Manchester Triathlon	28:51		
28	185	Helen Garner	L35 3 Stockport H & AC	29:02		
29	95	Deirdre McCarthy	Manchester Triathlon	29:04		
30	50	Kristy Readman	Macclesfield H&AC	29:05		
31	51	Hanny Stockman	L45 3 Macclesfield H&AC	29:07		
32	37	Andrea Frost	L40 4 Macclesfield H&AC	29:11		
33	3	Bev Ganose	L45 4 Altrincham & Dist AC	29:29		
34	249	Katy Green	L35 4 Wilmslow RC	29:33		
35	137	Jackie Cordingley	L50 2 Sale H Manchester	29:37		
36	38	Hales Sally Ann	L45 5 Macclesfield H&AC	29:39		
37	163	Joanne Street	Sale H Manchester	29:55		
38	258	Nicky Mowat	L50 3 Wilmslow RC	30:10		
39	851	Sarah Blunt	L35 5 Trafford AC	30:14		
40	1080	\$Viv Slack	Unattached	30:18		
41	265	Kate Sutton	L45 6 Wilmslow RC	30:23		
42	227	Sally Howarth	L45 7 Trafford AC	30:35		
43	89	Sonia Harris	L35 6 Manchester Triathlon	30:36		
44	208	Lauren Marsden	L35 7 Swinton RC	30:37		
45	155	Fiona Randles	Sale H Manchester	31:00		
46	199	Maureen Wilkins	L45 8 Stockport H & AC	31:10		
47	944	Marite Moore	L50 4 Stockport H & AC	31:16		
48	250	Claire Hawkes	L45 9 Wilmslow RC	31:29		
49	266	Sarah Waite	Wilmslow RC	31:40		
50	951	Julie Price	Sale H Manchester	31:45		
51	149	Catherine Jones	Sale H Manchester	31:46		
				52 160 Lynda Rowlinson	L45 10 Sale H Manchester	31:47
				53 260 Sally Price	Wilmslow RC	31:48
				54 48 Barbara Murray	L50 5 Macclesfield H&AC	31:52
				55 1 Laura Bostock	Altrincham & Dist AC	31:53
				56 226 Lucy Hickey	L45 11 Trafford AC	31:56
				57 20 Annie Hirsch	L50 6 Belle Vue Racers	31:57
				58 98 Deborah Tout	Manchester Triathlon	31:58
				59 107 Steph Goodchild	L40 5 Manchester YMCA H	32:03
				60 21 Kath Horwill	Belle Vue Racers	32:27
				61 945 Jackie Worrall	L45 12 Stockport H & AC	32:35
				62 230 Siobhan Lydon	L35 8 Trafford AC	32:41
				63 225 Rosie Fearon	Trafford AC	32:41
				64 205 Sarah Green	L40 6 Swinton RC	32:45
				65 35 Iona Cummings	Macclesfield H&AC	32:57
				66 14 Cecilia Boodhoo	L45 13 Belle Vue Racers	32:58
				67 211 Jean Mellor	L35 9 Swinton RC	33:00
				68 251 Penny Hinke	L50 7 Wilmslow RC	33:06
				69 184 Alexis Dinsmoor	L60 1 Stockport H & AC	33:11
				70 56 Stacey Benson	Manchester H&AC	33:17
				71 847 Gillian Doolan	L40 7 Stockport H & AC	33:23
				72 53 Alyson Adams	L40 8 Manchester H&AC	33:44
				73 189 Marie Kay	L35 10 Stockport H & AC	33:51
				74 62 Fiona Green	Manchester H&AC	33:57
				75 2 Maggie Davies	L50 8 Altrincham & Dist AC	34:10
				76 70 Ann McLaughlin	L45 14 Manchester H&AC	34:21
				77 983 Helen Nance	L55 1 Stockport H & AC	34:25
				78 209 Fiona McCauley	L45 15 Swinton RC	34:42
				79 842 Andrea Minshull	L45 16 Stockport H & AC	34:48
				80 59 Jennifer Cunniffe	Manchester H&AC	34:52
				81 223 Sue Exon	L55 2 Trafford AC	34:53
				82 120 Kyrinda Hurstmoore	L40 9 Middleton HAC	35:20
				83 1084 \$Lisa Woods	L40 10 Manchester Frontrunners	35:21
				84 1082 \$Faye Holden	Pendle AC	35:46
				85 197 Hilary West	L50 9 Stockport H & AC	36:12
				86 212 Rebecca Mills	Swinton RC	36:32
				87 15 Toni Bradley	Belle Vue Racers	36:37
				88 182 Janet Booker	L55 3 Stockport H & AC	36:57
				89 245 Nina Birch	Wilmslow RC	37:23
				90 178 Mandy Webber	L40 11 Salford Met AC	37:24
				91 775 Monique Geraghty	Wilmslow RC	37:27
				92 206 Dawn Green	L50 10 Swinton RC	38:11
				93 101 Michelle Wilder	L40 12 Manchester Triathlon	38:59
				94 128 Fay Whitehead	L40 13 Middleton HAC	39:14
				95 855 Christine Comerford	L50 11 Middleton HAC	39:31
				96 141 Naomi Grant	L35 11 Sale H Manchester	39:39
				97 207 Carol Hart	L45 17 Swinton RC	40:59
				98 55 Jean Bayley	L50 12 Manchester H&AC	42:50
				99 75 Jean Skitt[65]	L60 2 Manchester H&AC	43:43
				100 63 Mavis Gregory	L60 3 Manchester H&AC	44:26
				101 100 Clare Welch	L40 14 Manchester Triathlon	45:43

## Senior Women — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1	Trafford AC	57	— 11	Alison Drasdo	13	Anna Verges	16	Sarah Newman	17	Liz Austen
2	Sale H Manchester	59	— 3	Emily Beedham	4	Ruth Waller	19	Cara Kavanagh	33	Jackie Cordingley
3	Manchester Triathlon	66	— 6	Sarah Rhodes	8	Amy Hibbert	25	Jude Wall	27	Deirdre McCarthy
4	Stockport H & AC	72	— 12	Helen Walch	15	Ruth Jenyon	22	Jayne Lawton	23	Sarah Aylmer
5	Macclesfield H&AC	87	— 10	Angela Jordan	20	Alison Hartopp	28	Kristy Readman	29	Hanny Stockman
6	Wilmslow RC	113	— 7	Louise Rudd	32	Katy Green	36	Nicky Mowat	38	Kate Sulton
7	Altrincham & Dist AC	113	— 9	Sandra Lewis	21	Katherine Harvey	31	Bev Ganose	52	Laura Bostock
8	Stockport H & AC	137	— 24	Carley Davies	26	Helen Garner	43	Maureen Wilkins	44	Marite Moore
9	Trafford AC	147	— 18	Teresa Kemp	37	Sarah Blunt	39	Sally Howarth	53	Lucy Hickey
10	Sale H Manchester	172	— 35	Joanne Street	42	Fiona Randles	47	Julie Price	48	Catherine Jones
11	Macclesfield H&AC	177	— 30	Andrea Frost	34	Hales Sally Ann	51	Barbara Murray	62	Iona Cummings
12	Wilmslow RC	206	— 45	Claire Hawkes	46	Sarah Waite	50	Sally Price	65	Penny Hinke
13	Swinton RC	241	— 41	Lauren Marsden	61	Sarah Green	64	Jean Mellor	75	Fiona McCauley
14	Belle Vue Racers	256	— 54	Annie Hirsch	57	Kath Horwill	63	Cecilia Boodhoo	82	Toni Bradley
15	Manchester Triathlon	279	— 40	Sonia Harris	55	Deborah Tout	88	Michelle Wilder	96	Clare Welch
16	Manchester H&AC	280	— 67	Stacey Benson	69	Alyson Adams	71	Fiona Green	73	Ann McLaughlin
17	Manchester H&AC	359	— 77	Jennifer Cunniffe	93	Jean Bayley	94	Jean Skitt[65]	95	Mavis Gregory

# Manchester Area Cross Country League at Woodbank Park, Stockport on Sunday 3rd January 2010

## Senior Women (Vets) — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Cat/Pos	Club	Time
1	221	Alison Drasdo	L40	1 Trafford AC	27:24
2	196	Helen Walch	L45	1 Stockport H & AC	27:26
3	235	Anna Verges	L35	1 Trafford AC	27:39
4	40	Alison Hartopp	L40	2 Macclesfield H&AC	28:30
5	5	Katherine Harvey	L50	1 Altrincham & Dist AC	28:33
6	192	Jayne Lawton	L40	3 Stockport H & AC	28:35
7	848	Sarah Aylmer	L45	2 Stockport H & AC	28:40
8	99	Jude Wall	L35	2 Manchester Triathlon	28:51
9	185	Helen Garner	L35	3 Stockport H & AC	29:02
10	51	Hanny Stockman	L45	3 Macclesfield H&AC	29:07
11	37	Andrea Frost	L40	4 Macclesfield H&AC	29:11
12	3	Bev Ganose	L45	4 Altrincham & Dist AC	29:29
13	249	Katy Green	L35	4 Wilmslow RC	29:33
14	137	Jackie Cordingley	L50	2 Sale H Manchester	29:37
15	38	Hales Sally Ann	L45	5 Macclesfield H&AC	29:39
16	258	Nicky Mowat	L50	3 Wilmslow RC	30:10
17	851	Sarah Blunt	L35	5 Trafford AC	30:14
18	265	Kate Sutton	L45	6 Wilmslow RC	30:23
19	227	Sally Howarth	L45	7 Trafford AC	30:35
20	89	Sonia Harris	L35	6 Manchester Triathlon	30:36
21	208	Lauren Marsden	L35	7 Swinton RC	30:37
22	199	Maureen Wilkins	L45	8 Stockport H & AC	31:10
23	944	Marite Moore	L50	4 Stockport H & AC	31:16
24	250	Claire Hawkes	L45	9 Wilmslow RC	31:29
25	160	Lynda Rowlinson	L45	10 Sale H Manchester	31:47
26	48	Barbara Murray	L50	5 Macclesfield H&AC	31:52
27	226	Lucy Hickey	L45	11 Trafford AC	31:56
28	20	Annie Hirsch	L50	6 Belle Vue Racers	31:57
29	107	Steph Goodchild	L40	5 Manchester YMCAH	32:03
30	945	Jackie Worrall	L45	12 Stockport H & AC	32:35
					31 230 Siobhan Lydon
					32 205 Sarah Green
					33 14 Cecilia Boodhoo
					34 211 Jean Mellor
					35 251 Penny Hinke
					36 184 Alexis Dinsmoor
					37 847 Gillian Doolan
					38 53 Alyson Adams
					39 189 Marie Kay
					40 2 Maggie Davies
					41 70 Ann McLaughlin
					42 983 Helen Nance
					43 209 Fiona McCauley
					44 842 Andrea Minshull
					45 223 Sue Exon
					46 120 Kyrinda Hurstmoore
					47 1084 \$Lisa Woods
					48 197 Hilary West
					49 182 Janet Booker
					50 178 Mandy Webber
					51 206 Dawn Green
					52 101 Michelle Wilder
					53 128 Fay Whitehead
					54 855 Christine Comerford
					55 141 Naomi Grant
					56 207 Carol Hart
					57 55 Jean Bayley
					58 75 Jean Skitt[65]
					59 63 Mavis Gregory
					60 100 Clare Welch
					L35 8 Trafford AC
					L40 6 Swinton RC
					L45 13 Belle Vue Racers
					L35 9 Swinton RC
					L50 7 Wilmslow RC
					L60 1 Stockport H & AC
					L40 7 Stockport H & AC
					L40 8 Manchester H&AC
					L35 10 Stockport H & AC
					L50 8 Altrincham & Dist AC
					L45 14 Manchester H&AC
					L55 1 Stockport H & AC
					L45 15 Swinton RC
					L45 16 Stockport H & AC
					L55 2 Trafford AC
					L40 9 Middleton H AC
					L40 10 Manchester Frontrunners
					L50 9 Stockport H & AC
					L55 3 Stockport H & AC
					L40 11 Salford Met AC
					L50 10 Swinton RC
					L40 12 Manchester Triathlon
					L40 13 Middleton H AC
					L50 11 Middleton H AC
					L35 11 Sale H Manchester
					L45 17 Swinton RC
					L50 12 Manchester H&AC
					L60 2 Manchester H&AC
					L60 3 Manchester H&AC
					L40 14 Manchester Triathlon

## Senior Women (Vets) — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1	Stockport H & AC	15	—	2	Helen Walch	6	Jayne Lawton	7	Sarah Aylmer
2	Trafford AC	21	—	1	Alison Drasdo	3	Anna Verges	17	Sarah Blunt
3	Macclesfield H&AC	25	—	4	Alison Hartopp	10	Hanny Stockman	11	Andrea Frost
4	Wilmslow RC	47	—	13	Katy Green	16	Nicky Mowat	18	Kate Sutton
5	Stockport H & AC	54	—	9	Helen Garner	22	Maureen Wilkins	23	Marite Moore
6	Altrincham & Dist AC	57	—	5	Katherine Harvey	12	Bev Ganose	40	Maggie Davies
7	Trafford AC	77	—	19	Sally Howarth	27	Lucy Hickey	31	Siobhan Lydon
8	Manchester Triathlon	79	—	8	Jude Wall	20	Sonia Harris	51	Michelle Wilder
9	Swinton RC	87	—	21	Lauren Marsden	32	Sarah Green	34	Jean Mellor
10	Sale H Manchester	93	—	14	Jackie Cordingley	25	Lynda Rowlinson	54	Naomi Grant
11	Manchester H&AC	135	—	38	Alyson Adams	41	Ann McLaughlin	56	Jean Bayley
12	Swinton RC	148	—	43	Fiona McCauley	50	Dawn Green	55	Carol Hart
13	Middleton H AC	151	—	46	Kyrinda Hurstmoore	52	Fay Whitehead	53	Christine Comerford

## Senior Women - U20 Women — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Cat/Pos	Club	Time
1	188	Ruth Jenyon		Stockport H & AC	28:09
2	1083	\$Emma Flanagan		Rossendale Harriers	28:16

## Senior Women - U20 Women — TEAM RESULTS

No complete teams