

NJL Northern Mersey Div Round:2

Page 1

of 8

Preston Sports Arena Track, Mon 25 May 2009

M 100m A

1 Adam Forrest WGN 11.3
2 Thaddeus Anim-Somuah SHS 11.3
3 Ryan Sumner PST 11.4
4 Jack Gronow NWL 11.5
5 Dalo Okiemien TRF 11.5
6 Danny Higham LVP 11.6
7 Gareth Jones WIR 11.6

M 100m B

1 Jack Thomas WGN 11.4
2 Craig Obrien WIR 11.4
3 Nathan Hilton LVP11.6
4 Josh Brooking TRF11.8
5 Matthew Harper U17PST12.0
6 James Sutton U17 SHS 12.1
7 Tom Snowdon NWL 12.3

M 200m A

1 Adam Forrest WGN 22.4
2 Thaddeus Anim-Somuah SHS 22.5
3 Craig Obrien WIR 22.6
4 Danny Higham LVP 22.8
5 Jack Gronow NWL 23.3
6 Ryan Sumner PST 23.3
7 Josh Logan TRF DNF

M 200m B

1 Cynan Evans NWL 22.9
2 Wayne Ashall LVP 23.4
3 Gareth Jones WIR 23.7
4 Edward Greenall PST 23.8
5 Reece Ingley TRF 24.0
6 Matt Storey WGN 24.3
7 Danny Hughes U17 SHS 26.4

M 400m A

1 Harry Doran LVP 49.4
2 Cynan Evans NWL 50.6
3 Dalo Okiemien TRF 52.7
4 Kier Lyon Fraser U17 WGN 53.1
5 Steven Ormarod U17 PST 53.4
6 Danny Hughes U17 SHS 55.8

M 400m B

1 Nathan Hilton LVP 52.2
2 Matthew Crehan SHS 53.6
3 Mathew Davison PST 55.7
4 Sam Higgins U17 WGN 56.2
5 Tom Snowdon NWL 57.0

M 800m A

1 Dave Homeman TRF 1.57.2
2 Stephen Bennett PST 1.58.4
3 Matthew Crehan SHS 1.59.0
4 Shon Evans NWL 2.01.8
5 Tom Higgins U17 WGN 2.05.5
6 Josh Bowe U17 WIR DNF

M 800m B

1 Josh McQuigh U17 TRF 2.01.09
2 Andrew Woodcock NWL 2.02.07
3 Ste Clague SHS 2.11.0
4 James Bretherton U17 PST 2.14.2

M 1500m A

1 Mathew Davison PST 4.07.7
2 Phil Edge NWL 4.15.4
3 Shawn Egan WIR 4.15.9
4 Zac Howe U17 WGN 4.33.7
5 Jake Healey SHS 4.40.0

M 1500m B

1 Josh Skinner PST4.17.5
2 Dave Mountford NWL 4.27.6

M 3000m A

1 Richard Morrell PST 9.47.3
2 Dave Mountford NWL 10.19.9
3 Nathan Brown U17 SHS 10.25.9
4 Danny Fairclough U17 WGN 11.06.0
5 James Byer TRF 11.21.5
6 Dale Doyle WIR 12.02.2

M 3000m B

1 Nathan Crowe PST 10.55.0

M 110mH A

1 Dale Okiemien TRF 16.9
2 Nathan Morris WGN 19.1

M 110mH B

1 Nobody PST DNF

M 400mH A

1 Andrew Harrison PST 65.9
2 Jack McDonald NWL 70.0

M 400mH B

1 Josh Skinner PST 66.8
2 Phil Edge NWL 96.8

M 2000m Sc A

1 Jaimie Crompton U17 WGN 6.02.2
2 Andrew Woodcock NWL 7.06.0
3 Ste Clague SHS 7.17.7
4 Dominic Cheatham U17 TRF 8.02.2

M 2000m Sc B

1 Phil Edge NW 7.45.0
2 Dennis Cheatham TRF 8.18.1

M Discus Throw A

1 Darren Evans U17 PST 29.33
2 Jack Thomas WGN 21.56
3 Kyle Davies U17 NWL 18.43
4 Danny Hughes U17 SHS 16.54
5 Dominic Cheatham U17 TRF 12.12

M Discus Throw B

1 Michael Porter PST 19.65
2 Jaimie Crompton U17 WGN 18.84
3 Daniel Evans NWL 16.77

M Hammer Throw A

1 Darren Evans U17 PST 40.35

M Hammer Throw B

1 Michael Porter PST 18.

M High Jump A

1 Cameron Gore WGN 1.90
2 Billy Williams U17 LVP 1.85
3 Daniel Evans NWL 1.70
4 Dale Okiemien TRF 1.70
5 George Sharp PST 1.65

M High Jump B

1 Lloyd Hughes U17 WGN 1.80

M Javelin Throw A

1 Kyle Davies U17 NWL 35.02
2 Matthew Harper PST 31.65
3 Gareth Jones WIR 28.96
4 Dominic Cheatham U17 TRF 16.79

M Javelin Throw B

1 Michael Porter PST 30.03
2 Kamen Howell NWL 17.33
3 Dennis Cheatham TRF 15.40

M Long Jump A

1 Ryan Sumner PST 6.04
2 Dean Matthews LVP 5.96
3 Adam Harvey WGN 5.81
4 Sam Landsborough WIR 5.72
5 James Sutton U17 SHS 5.43
6 Jack McDonald NWL 5.32
7 Josh Brocking TRF 4.70

M Long Jump B

1 Josh Bowe U17 WIR 4.91
2 Andrew Harrison PST 4.69
3 Kyle Davies U17 NWL 4.53
4 Nathan Brown U17 SHS 4.02
5 Reece Ingley TRF 3.74

M Pole Vault A

1 George Sharp PST 3.80
2 Kamen Howell NWL 3.10

M Pole Vault B

1 Robert Gallery U17 PST 3.00

M Shot Putt A

1 Darren Evans U17 PST 11.66
2 Andrew Higgins WGN 11.03
3 Daniel Evans NWL 10.62
4 Josh Brocking TRF 9.34

M Shot Putt B

1 Michael Porter U17 PST 9.68
2 Jaimie Crompton U17 WGN 7.84
3 Josh Logan TRF 7.20

M Triple Jump A

1 Dean Matthews LVP 12.88
2 Sam Landsborough WIR 12.54
3 Cameron Gore WGN 12.01
4 Jack Gronow NWL 11.78
5 Steven Ormarod U17 PST 11.60
6 James Sutton U17 SHS 10.71
7 Reece Ingleby TRF 10.42

M Triple Jump B

1 Matthew Harper U17 PST 11.60
2 Kier Lyon Fraser U17 WGN 11.60

W 100m A

1 Hannah Pendlebury NWL 12.6
2 Kate Brick WGN 12.8
3 Sophie Money U17 WIR 13.1
4 Shanika Wright U17 TRF 13.2
5 Alix Morley U17 PST 13.5
6 Hannah Roberts LVP 14.1
7 Jenny Lamb U17 SHS 14.4

W 100m B

1 Laura McGoldrick U17 WIR 13.5
2 Sasha Byrom U17 PST 13.6
3 Kerrell Walley WGN 13.6
4 Emma Roberts NWL 13.9
5 Bethany Hurst TRF 14.3
6 Amy Hughes U17 SHS 15.0

W 200m A

1 Hannah Pendlebury NWL 26.4
2 Sophie Money U17 WIR 27.0
3 Victoria Malady TRF 27.5
4 Katie Penrose U17 PST 28.1
5 Heather
Drillingcourt U17 SHS 28.7
6 Hannah Roberts LVP 28.8
7 Kate Brick WGN 30.1

W 200m B

1 Sasha Byrom U17 PST 26.5
2 Bethany Hurst TRF 26.6
3 Kerrell Walley WGN 27.3
4 Annie McLoughlin U17 LVP 27.6
5 Laura McGoldrick U17 WIR 28.3
6 Emma Roberts NWL 29.1
7 Jenny Lamb U17 SHS 29.6

W 400m A

1 Victoria Malady TRF 63.2
2 Sophie Fletcher PST 63.7
3 Heather
Drillingcourt U17 SHS 68.3
4 Amy Hankinson NWL 68.9

W 400m B

1 Hannah Watson PST 65.4
2 Bethany Hurst TRF 68.9

W 800m A

1 April Stevenson WGN 2.16.9
2 Kate Hindle PST 2.20.4
3 Zoe Rosier U17 NWL 2.29.8

W 800m B

1 Ellen Buckley U17 PST 2.33.8

W 1500m A

1 Emma Binns LVP 5.20.5
2 Jessica Crook U17 PST 5.27.3

W 1500m B

1 Nobody

W 3000m A

1 Charlotte Arter BRD 10.27.10
2 Catherine Whitfield WGN 11.23.26
3 Abigail Mackley U17 PST 12.05.07

W 3000m B

1 Rebecca Noblett U17 PST12.28.10

W 100mH A

1 Rebecca Ingham PST 16.4
PST 19.3
2 Jess Tomlinson WGN 20.5

W 100mH B

1 Catherine Cassidy

W 400mH A

1 Sophie Fletcher PST 69.9
 2 Jess Tomlinson WGN 77.2
 3 Grace Stewart LVP 80.4

W 400mH B

1 Hannah Watson PST 76.3

W Discus Throw A

1 Brea Leung NWL 34.84
 2 Laura Baker WGN 33.34
 3 Sam Leahy U17 WIR 25.49
 4 Emma Pinkowicz U17 PST 21.54
 5 Alice Bramah U17 TRF 16.25

W Discus Throw B

1 Jenna Sherrat NWL 28.83
 2 Kayleigh Huggins PST 20.04
 3 Mariella Catton U17 WIR 17.13

W Hammer Throw A

1 Emma Pinkowicz U17 PST 34.98
 2 Alice Bramah U17 TRF 30.03

W Hammer Throw B

1 Hannah Watson PST 14.24

W High Jump A

1 Sophie Rigby U17 SHS 1.65
 2 Samantha Fraser U17 WGN 1.60
 3 Rebecca Ingham PST 1.60

W High Jump B

1 Catherine Cassidy PST 1.50
 2 Kerrell Walley WGN 1.35

W Javelin Throw A

1 Natalie Livesey PST 29.22
 2 Samantha Fraser U17 WGN 26.41
 3 Sam Leahy U17 WIR 25.93
 4 Alice Bramah U17 TRF 14.83
 5 Emma Binns LVP 13.83
 6 Brea Leung NWL 13.35

W Javelin Throw B

1 Kayleigh Huggins PST 28.56
 2 Ellie Meahan U17 WIR 25.55
 3 Laura Tunstall WGN 17.92
 4 Grace Stewart LVP 12.67
 5 Jenna Sherrat NWL 12.13

W Long Jump A

1 Bethany Hurst TRF 5.00
2 Alix Morley U17 PST 4.88
3 Amy Hughes U17 SHS 4.38
4 Charlotte Gaffney WGN 4.32
5 Hannah Roberts LVP 4.18
6 Zoe Rosier NWL 4.10

W Long Jump B

1 Shanika Wright U17 TRF 4.32
2 Katie Penrose U17 PST 4.16
3 Amy Hankinson NWL 3.96

W Pole Vault A

1 Rebecca Davies NWL 3.50

W Pole Vault B

1 Lucy Roulston NWL 3.00

W Shot Putt A

1 Samantha Fraser U17 WGN 11.15
2 Jenna Sherrat NWL 9.50
3 Rebecca Ingham PST 9.02
4 Mariella Catton U17 WIR 7.78
5 Shanika Wright U17 TRF 7.41

W Shot Putt B

1 Laura Baker WGN 8.81
2 Catherine Cassidy PST 8.48
3 Brea Leung NWL 7.37
4 Ellie Meahan WIR 7.22
5 Bethany Hurst TRF 5.75

W Triple Jump A

1 Katrina Hall PST 9.96
2 Charlotte Gaffney WGN 9.43
3 Amy Hankinson NWL 9.18
4 Grace Stewart LVP 8.02

W Triple Jump B

1 Katie Penrose PST 9.21
2 Catherine Whitfield WGN 7.87

W 4x100m Relay

1	WGN 52.5	1 Kate Brick		2 Cahrlotte Gaffrey	
		3 Kerrell Walley		4 April Stevenson	
2	PST 52.7	1 Rebecca Ingham		2 Sasha Byrom	U17
		3 Katie Penrose	U17	4 Alix Morley	U17
3	NWL 52.9	1 Emma Roberts		2 Sophie Roberts	
		3 Amy Hankinson		4 Hannah Pendlebury	
4	SHS 55.4	1 Heather Drillingcourt	U17	2 Sophie Rigby	U17
		3 Amy Hughes	U17	4 Jenny Lamb	U17
5	LVP 56.2	1 Hannah Roberts		2 Annie McLoughlin	U17
		3 Grace Stewart		4 Emma Binns	

W 4x400m Relay

1	WGN 4.19.2	1 Catherine Whitfield		2 Jess Tomlinson	
		3 Kerrell Walley		4 April Stevenson	
2	PST 4.26.7	1 Abigail Mackley	U17	2 Sophie Fletcher	
		3 Kate Hindle		4 Hannah Watson	
3	SHS 4.46.9	1 Heather Drillingcourt	U17	2 Amy Hughes	U17
		3 Jenny Lamb	U17	4 Sophie Rigby	U17

M 4x100m Relay

1	LVP 44.0	1 Harry Doran		2 Nathan Hilton	
		3 Danny Higham		4 Wayne Ashall	
2	WGN 44.0	1 Matt Storey		2 Cameron Gore	
		3 Jack Thomas		4 Adam Forrest	
3	WIR 45.8	1 Craig Obrien		2 Sam Landsborough	
		3 Josh Bowe	U17	4 Gareth Jones	
4	PST 45.9	1 Ryan Sumner		2 Matthew Harper	U17
		3 Edward Greenall		4 James Bretherton	U17
5	NWL 46.9	1 Jack Gronow		2 Cynan Evans	
		3 Jack McDonald		4 Tom Snowdon	
6	TRF 47.2	1 Dale Okiemien		2 Josh Brocking	
		3 Dave Myer		4 Reece Ingley	
7	SHS 49.7	1 Nathan Brown	U17	2 Thaddeus Anim-Somuah	
		3 Matthew Crehan		4 Danny Hughes	U17

M 4x400m Relay

1	LVP 3.27.4	1 Harry Doran		2 Nathan Hilton	
		3 Danny Higham		4 Wayne Ashall	
2	TRF 3.40.0	1 Dale Okiemien		2 Reece Ingley	
		3 Dave Homeman		4 Dave Mayor	
3	PST 3.42.9	1 Mathew Davison		2 Steven Ormarod	U17
		3 Stephen Bennett		4 Josh Skinner	
4	WGN 3.43.3	1 Adam Harvey		2 Danny Browitt	U17
		3 Lloyd Hughes	U17	4 Kier Lyon Fraser	U17
5	SHS 3.43.8	1 Matthew Crehan	U17	2 Thaddeus Anim-Somuah	
		3 Jake Healey		4 Ste Clague	
6	WIR 3.57.6	1 Craig Obrien		2 Sam Landsborough	
		3 Josh Bowe	U17	4 Craig Obrien	
7	NWL 4.00.6	1 Tom Snowdon		2 Andrew Bromley	
		3 Andrew Woodcock		4 Phil Edge	

PRIOR STANDINGS			MATCH RESULT		LEAGUE STANDINGS		
Event	Lge		Event	Lge		Event	Lge
1	PST	392 8	1	PST	531 8	1	Preston Harriers 923 16
2	NWL	360 7	2	WGN	345 7	2	North Wales 691 13
3	TRF	326 6	3	NWL	331 6	3	Wigan, Horwich & D. H 647 12
4	WGN	302 5	4	TRF	235 5	4	Trafford AC 561 11
5	SHS	296 4	5	SHS	161 4	5	St. Helens Sutton AC 457 8
6	LVP	276 3	6	LVP	160 3	6	Liverpool Pemb & Sefton H 436 6
7	WIR	208 2	7	WIR	155 2	7	Wirral AC 363 4
8	BRD	163 1	8	BRD	11 1	8	Border Harriers 174 2