

Division 2W Match 3 - Stanney Oaks, Ellesmere Port

5 July 2009

**Men's 100m A**

			Perf	Record	Wind	AW
1	2	Mike Zaim	Liverpool Pembroke Sefto	11.5		<input checked="" type="checkbox"/>
2	1	Alex Bale	Blackpool, Wyre & Fylde	11.5		<input checked="" type="checkbox"/>
3	5	Steve Moran	ST Helens Sutton AC	11.6		
4	4	Andrew Starkey	Southport Waterloo AC	11.6		
5	3	Daniel Stewart-Clague	Manx Harriers	11.7		
6	6	David Thompson	West Cheshire AC	11.8		
7						
8						

**Men's 100m B**

			Perf	Record	Wind	AW
1	66	Aidan Stoakley	West Cheshire AC	11.7		
2	11	James Fahey	Blackpool, Wyre & Fylde	11.8		
3	55	Matthew Stone	ST Helens Sutton AC	11.8		
4	22	Wayne Ashall	Liverpool Pembroke Sefto	11.9		
5	44	Danny Driver	Southport Waterloo AC	12.5		
6						
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**Men's 200m A**

			Perf	Record	Wind	AW
1	1	Alex Bale	Blackpool, Wyre & Fylde	23.1		<input checked="" type="checkbox"/>
2	2	Mike Zaim	Liverpool Pembroke Sefto	23.1		<input checked="" type="checkbox"/>
3	4	Andrew Starkey	Southport Waterloo AC	23.2		<input checked="" type="checkbox"/>
4	5	Steve Moran	ST Helens Sutton AC	23.9		
5	6	David Thompson	West Cheshire AC	24.0		
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**Men's 200m B**

			Perf	Record	Wind	AW
1	11	James Fahey	Blackpool, Wyre & Fylde	23.5		
2	66	Aidan Stoakley	West Cheshire AC	23.5		
3	22	Mark Grimshaw	Liverpool Pembroke Sefto	23.5		
4	55	Ian Cooney	ST Helens Sutton AC	24.5		
5	44	Danny Driver	Southport Waterloo AC	24.9		
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**Men's 400m A**

			Perf	Record	Wind	AW
1	1	Brent Starkie	Blackpool, Wyre & Fylde	48.8		<input checked="" type="checkbox"/>
2	5	Dave Forrester	ST Helens Sutton AC	49.3		<input checked="" type="checkbox"/>
3	2	Danny Higham	Liverpool Pembroke Sefto	49.9		<input checked="" type="checkbox"/>
4	4	James Tartt	Southport Waterloo AC	53.9		
5	6	Robbie Dagnall	West Cheshire AC	61.1		
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**Men's 400m B**

			Perf	Record	Wind	AW
1	22	Wayne Ashall	Liverpool Pembroke Sefto	50.6		<input checked="" type="checkbox"/>
2	11	Ted Romney	Blackpool, Wyre & Fylde	51.0		<input checked="" type="checkbox"/>
3	55	Mathew Stone	ST Helens Sutton AC	54.0		
4	44	Ciaran Brennan	Southport Waterloo AC	55.0		
5	66	David Donkin	West Cheshire AC	56.7		
6						
7						
8						

**Men's 800m A**

			Perf	Record	Wind	AW
1	5	Dave Forrester	ST Helens Sutton AC	01:53.2		<input checked="" type="checkbox"/>
2	2	Dave Forrester	Liverpool Pembroke Sefto	01:55.7		<input checked="" type="checkbox"/>
3	1	Luke Minns	Blackpool, Wyre & Fylde	01:57.9		<input checked="" type="checkbox"/>
4	4	James Tartt	Southport Waterloo AC	02:02.6		<input checked="" type="checkbox"/>
5	6	Chris Goodwin	West Cheshire AC	02:03.5		<input checked="" type="checkbox"/>
6						
7						
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**Men's 800m B**

			Perf	Record	Wind	AW
1	22	Tom Hanlon	Liverpool Pembroke Sefto	01:58.5		<input checked="" type="checkbox"/>
2	55	John Ashcroft	ST Helens Sutton AC	02:01.1		<input checked="" type="checkbox"/>
3	11	Marcus Quarumby	Blackpool, Wyre & Fylde	02:04.6		
4	44	Joe Vis	Southport Waterloo AC	02:09.6		
5	66	Russell Kirk	West Cheshire AC	02:15.7		
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7						
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**Men's 1500m A**

			Perf	Record	Wind	AW
1	1	Antony Ford	Blackpool, Wyre & Fylde	03:58.3		<input checked="" type="checkbox"/>
2	2	Adam Clansey	Liverpool Pembroke Sefto	04:12.8		<input checked="" type="checkbox"/>
3	4	Joe Vis	Southport Waterloo AC	04:20.1		<input checked="" type="checkbox"/>
4	5	Ian Costello	ST Helens Sutton AC	04:21.3		<input checked="" type="checkbox"/>
5	6	Rob Tudor	West Cheshire AC	04:36.5		<input checked="" type="checkbox"/>
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**Men's 1500m B**

			Perf	Record	Wind	AW
1	22	Toby Loveridge	Liverpool Pembroke Sefto	04:14.2		<input checked="" type="checkbox"/>
2	11	Luke Berry	Blackpool, Wyre & Fylde	04:32.1		<input checked="" type="checkbox"/>
3	55	Nathan Brown	ST Helens Sutton AC	04:33.9		<input checked="" type="checkbox"/>
4	44	David Gough	Southport Waterloo AC	05:17.5		<input checked="" type="checkbox"/>
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**Men's 3000m S/Chase A**

			Perf	Record	Wind	AW
1	4	Rob Berry	Southport Waterloo AC	10:12.1		<input checked="" type="checkbox"/>
2	55	Greg Williams	ST Helens Sutton AC	10:14.9		<input checked="" type="checkbox"/>
3	1	Chris Essex-Crosby	Blackpool, Wyre & Fylde	10:44.5		<input checked="" type="checkbox"/>
4	2	Bernie Murphy	Liverpool Pembroke Sefto	14:34.1		<input checked="" type="checkbox"/>
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**Men's 3000m S/Chase B**

			Perf	Record	Wind	AW
1	44	Patrick Vis	Southport Waterloo AC	10:29.5		<input checked="" type="checkbox"/>
2	5	Steve Clague	ST Helens Sutton AC	11:40.1		<input checked="" type="checkbox"/>
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Perf Wind AW

**Men's 5000m A**

1	1	Antony Ford	Blackpool, Wyre & Fylde	14:48.9		<input checked="" type="checkbox"/>
2	6	Steve Crowe	West Cheshire AC	15:54.2		<input checked="" type="checkbox"/>
3	4	Richard Shearer	Southport Waterloo AC	15:57.2		<input checked="" type="checkbox"/>
4	3	Martin Malone	Manx Harriers	16:16.6		<input checked="" type="checkbox"/>
5	2	Sammy Rashid	Liverpool Pembroke Seft	16:41.6		<input checked="" type="checkbox"/>
6	5	Jake Healy	ST Helens Sutton AC	17:08.5		
7						
8						

**Men's 5000m B**

1	11	Stuart Robinson	Blackpool, Wyre & Fylde	15:08.6		<input checked="" type="checkbox"/>
2	44	Rob Ashworth	Southport Waterloo AC	17:38.4		
3	22	Clark Roberts	Liverpool Pembroke Seft	18:36.2		
4	55	Peter Johnson	ST Helens Sutton AC	19:39.1		
5						
6						
7						
8						

**Men's 400m Hurdles A**

1	6	Tom Booth	West Cheshire AC	59.3		<input checked="" type="checkbox"/>
2	2	Paul Milburn	Liverpool Pembroke Seft	61.2		<input checked="" type="checkbox"/>
3	3	Conor Delanbanque	Manx Harriers	62.2		<input checked="" type="checkbox"/>
4	5	Steve Clague	ST Helens Sutton AC	62.4		<input checked="" type="checkbox"/>
5	4	Ciaran Brennan	Southport Waterloo AC	69.0		
6	1	James Fahey	Blackpool, Wyre & Fylde	71.0		
7						
8						

**Men's 400m Hurdles B**

1	55	Greg Williams	ST Helens Sutton AC	61.9		<input checked="" type="checkbox"/>
2	66	Mike Lyness	West Cheshire AC	64.3		
3	22	Paul Rudkin	Liverpool Pembroke Seft	68.4		
4	44	David Gough	Southport Waterloo AC	71.0		
5	11	Jon Rutter	Blackpool, Wyre & Fylde	71.9		
6						
7						
8						

**Men's 110m Hurdles A**

Wind=

1	2	Jon Rice	Liverpool Pembroke Seft	15.9		<input checked="" type="checkbox"/>
2	6	Carl Van Schie	West Cheshire AC	15.9		<input checked="" type="checkbox"/>
3	1	Jon Rutter	Blackpool, Wyre & Fylde	22.2		
4	5	Ray Vose	ST Helens Sutton AC	23.9		
5	4	Nathan Ouko	Southport Waterloo AC	25.1		
6						
7						
8						

**Men's 110m Hurdles B**

Wind=

1	22	Paul Milburn	Liverpool Pembroke Seft	18.1		
2	66	Dave Mckay	West Cheshire AC	18.8		
3	44	-	Southport Waterloo AC	22.1		
4	55	Greg Williams	ST Helens Sutton AC	22.2		
5						
6						
7						
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**Men's Hammer A**

1	1	Laurence Harwood	Blackpool, Wyre & Fylde	42.11		<input checked="" type="checkbox"/>
2	2	Mark Line	Liverpool Pembroke Seft	38.27		<input checked="" type="checkbox"/>
3	66	Andrew Mckay	West Cheshire AC	35.70		<input checked="" type="checkbox"/>
4	5	Gary Ireland	ST Helens Sutton AC	31.18		<input checked="" type="checkbox"/>
5	4	Peter Mason	Southport Waterloo AC	23.59		
6	3	Shaun Cregeen	Manx Harriers	19.54		
7	0			0.00		
8	0			0.00		

**Men's Hammer B**

1	11	Bob Wyper	Blackpool, Wyre & Fylde	30.30		<input checked="" type="checkbox"/>
2	55	Mike Hughes	ST Helens Sutton AC	27.01		<input checked="" type="checkbox"/>
3	22	Dave McComb	Liverpool Pembroke Seft	21.63		
4	44	Steve Wilkinson	Southport Waterloo AC	17.51		
5	0			0.00		
6	0			0.00		
7	0			0.00		
8	0			0.00		

**Men's Discus A**

1	2	Mark Line	Liverpool Pembroke Seft	35.72		<input checked="" type="checkbox"/>
2	6	Carl Van Schie	West Cheshire AC	35.25		<input checked="" type="checkbox"/>
3	44	Steve Wilkinson	Southport Waterloo AC	28.63		<input checked="" type="checkbox"/>
4	11	Bob Wyper	Blackpool, Wyre & Fylde	28.19		<input checked="" type="checkbox"/>
5	5	Gary Ireland	ST Helens Sutton AC	25.21		
6	3	Conor Delanbanque	Manx Harriers	16.38		
7	0			0.00		
8	0			0.00		

**Men's Discus B**

1	66	Dave Mckay	West Cheshire AC	34.25		<input checked="" type="checkbox"/>
2	4	Peter Mason	Southport Waterloo AC	27.30		
3	1	Dave Myerscough	Blackpool, Wyre & Fylde	26.98		
4	22	David Street	Liverpool Pembroke Seft	22.33		
5	55	Ken Williams	ST Helens Sutton AC	19.05		
6	33	Josh Brand	Manx Harriers	15.82		
7	0			0.00		
8	0			0.00		

**Men's Javelin A**

1	2	Chris Fairclough	Liverpool Pembroke Seft	56.34		<input checked="" type="checkbox"/>
2	6	Dave Mckay	West Cheshire AC	55.91		<input checked="" type="checkbox"/>
3	33	Shaun Cregeen	Manx Harriers	43.43		<input checked="" type="checkbox"/>
4	5	Gary Ireland	ST Helens Sutton AC	38.36		<input checked="" type="checkbox"/>
5	1	Louis Schofield	Blackpool, Wyre & Fylde	31.48		
6	4	James Tartt	Southport Waterloo AC	28.04		
7	0			0.00		
8	0			0.00		

**Men's Javelin B**

1	22	Mark Line	Liverpool Pembroke Seft	43.37		<input checked="" type="checkbox"/>
2	3	Daniel Stewart-Clague	Manx Harriers	41.42		<input checked="" type="checkbox"/>
3	66	Andrew Gore	West Cheshire AC	40.13		<input checked="" type="checkbox"/>
4	55	Ray Vose	ST Helens Sutton AC	26.63		
5	44	Steve Wilkinson	Southport Waterloo AC	25.93		
6	11	Nick Costello	Blackpool, Wyre & Fylde	25.42		
7	0			0.00		
8	0			0.00		

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**Men's Shot Putt A**

1	6	Dave Mckay	West Cheshire AC	12.09			<input checked="" type="checkbox"/>
2	5	Gary Ireland	ST Helens Sutton AC	11.90			<input checked="" type="checkbox"/>
3	44	Steve Wilkinson	Southport Waterloo AC	9.85			
4	11	Bob Wyper	Blackpool, Wyre & Fylde	9.15			
5	2	Mark Line	Liverpool Pembroke Sefton	8.91			
6	0			0.00			
7	0			0.00			
8	0			0.00			

**Men's Shot Putt B**

1	66	Andrew Mckay	West Cheshire AC	9.66			
2	55	Mike Hughes	ST Helens Sutton AC	8.90			
3	4	Peter Mason	Southport Waterloo AC	8.73			
4	1	Dave Myerscough	Blackpool, Wyre & Fylde	8.55			
5	22	Tom Johnson	Liverpool Pembroke Sefton	8.13			
6	0			0.00			
7	0			0.00			
8	0			0.00			

**Men's Long Jump A**

1	6	Carl Van Schie	West Cheshire AC	6.39			<input checked="" type="checkbox"/>
2	22	Dean Mathews	Liverpool Pembroke Sefton	6.04			<input checked="" type="checkbox"/>
3	11	Declan O'Hara	Blackpool, Wyre & Fylde	5.62			
4	44	Nathan Ouko	Southport Waterloo AC	4.97			
5	5	Steve Moran	ST Helens Sutton AC	4.40			
6	0			0.00			
7	0			0.00			
8	0			0.00			

**Men's Long Jump B**

1	2	Mark Leicester	Liverpool Pembroke Sefton	5.88			<input checked="" type="checkbox"/>
2	66	John Manning	West Cheshire AC	5.65			
3	1	Jon Rutter	Blackpool, Wyre & Fylde	5.27			
4	4	Ciaran Brennan	Southport Waterloo AC	4.69			
5	55	Andy Drillingcourt	ST Helens Sutton AC	4.07			
6	0			0.00			
7	0			0.00			
8	0			0.00			

**Men's Triple Jump A**

1	2	Dean Mathews	Liverpool Pembroke Sefton	13.34			<input checked="" type="checkbox"/>
2	6	Mike Lyness	West Cheshire AC	12.30			<input checked="" type="checkbox"/>
3	11	Declan O'Hara	Blackpool, Wyre & Fylde	12.17			<input checked="" type="checkbox"/>
4	3	Daniel Stewart-Clague	Manx Harriers	12.04			<input checked="" type="checkbox"/>
5	4	Patrick Vis	Southport Waterloo AC	10.09			
6	55	Ian Hayburn	ST Helens Sutton AC	8.67			
7	0			0.00			
8	0			0.00			

**Men's Triple Jump B**

1	1	Jon Rutter	Blackpool, Wyre & Fylde	12.04			<input checked="" type="checkbox"/>
2	22	Mark Leicester	Liverpool Pembroke Sefton	11.55			
3	66	John Manning	West Cheshire AC	10.96			
4	33	Shaun Cregeen	Manx Harriers	10.81			
5	44	Nathan Ouko	Southport Waterloo AC	9.16			
6	5	Andy Drillingcourt	ST Helens Sutton AC	8.06			
7	0			0.00			
8	0			0.00			

**Men's High Jump A**

1	6	Mike Lyness	West Cheshire AC	1.93			<input checked="" type="checkbox"/>
2	22	Billy Williams	Liverpool Pembroke Sefton	1.90			<input checked="" type="checkbox"/>
3	3	Shaun Cregeen	Manx Harriers	1.85			<input checked="" type="checkbox"/>
4==	44	Steve Wilkinson	Southport Waterloo AC	1.60			
4==	5	John Ashcroft	ST Helens Sutton AC	1.60			
4==	1	James Fahey	Blackpool, Wyre & Fylde	1.60			

**Men's High Jump B**

1	2	Jon Rice	Liverpool Pembroke Sefton	1.80			<input checked="" type="checkbox"/>
2	33	Daniel Stewart-Clague	Manx Harriers	1.80			<input checked="" type="checkbox"/>
3	11	Jon Rutter	Blackpool, Wyre & Fylde	1.60			
4	66	Alan Littler	West Cheshire AC	1.55			
5	4	Nathan Ouko	Southport Waterloo AC	1.45			

**Men's Pole Vault A**

1	1	Declan O'Hara	Blackpool, Wyre & Fylde	4.00			<input checked="" type="checkbox"/>
2	2	Mark Line	Liverpool Pembroke Sefton	3.20			<input checked="" type="checkbox"/>
3	66	John Manning	West Cheshire AC	2.90			
4	3	Daniel Stewart-Clague	Manx Harriers	2.80			
5	5	Steve Clague	ST Helens Sutton AC	2.40			

**Men's Pole Vault B**

1	22	Dave McComb	Liverpool Pembroke Sefton	3.00			<input checked="" type="checkbox"/>
2	55	Ray Vose	ST Helens Sutton AC	2.10			

**Men's 4x100m Relay**

1	2	Liverpool Pembroke Sefton	Danny Higham	Wayne Ashall	Mark Grimshaw	Mike Zaim	44.3
2	6	West Cheshire AC	David Thompson	Aidan Stoakley	Robbie Dagnall	Tom Booth	45.8
3	1	Blackpool, Wyre & Fylde AC	Nick Costello	Declan O'Hara	Jon Rutter	Louis Schofield	45.9
4	5	ST Helens Sutton AC	Ian Cooney	Steve Clague	Steve Moran	Chris Lyon	46.7
5	4	Southport Waterloo AC	Ciaran Brennan	Nathan Ouko	James Tartt	Joe Vis	48.9
6	3	Manx Harriers	Josh Brand	Conor Delanbanque	Shaun Cregeen	Daniel Stewart-Clague	49.4
7							
8							

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Perf Record Wind AW

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Perf Wind AW

**Men's 4x400m Relay**

1	1	Blackpool, Wyre & Fylde AC	Alex Bale	Ted Romney	James Fahey	Brent Starkie	03:25.8	<input checked="" type="checkbox"/>
2	2	Liverpool Pembroke Sefton	Ross Nelms	Adam Thompson	Danny Higham	Wayne Ashall	03:27.1	
3	5	ST Helens Sutton AC	Ian Cooney	Mathew Stone	Dave Forrester	Steve Clague	03:36.8	
4	6	West Cheshire AC	Aidan Stoakley	Carl Van Schie	David Donkin	Robbie Dagnall	03:38.4	
5	4	Southport Waterloo AC	James Tartt	Rob Berry	Nathan Ouko	Patrick Vis	03:54.7	
6	3	Manx Harriers	Conor Delanbanque	Shaun Cregeen	Daniel Stewart-Clague	Josh Brand	04:09.4	
7								
8								

MATCH RESULT

League Points

Match

STANDINGS

League Points

Match

1	BW&FAC	6	433.0	1	WCAC	17	1205.0
2	WCAC	5	397.0	2	BW&FAC	16	1176.0
3	LPS	4	379.0	3	LPS	9	997.0
4	SWAC	3	331.0	4	STHSAC	9	978.0
5	STHSAC	2	323.0	5	SWAC	9	964.0
6	Manx	1	102.0	6	Manx	3	598.0
7	0	0	26.0	7	0	0	26.0
8				8	#N/A	#N/A	#N/A

**Men's 100m Non Scoring**

Wind=

1	Nick Costello	Blackpool	11.6
2	Louis Schofield	Blackpool	11.6
3	Chris Lyon	St Helens Sutton	12.9
4			
5			
6			
7			
8			

**Men's 100m Non Scoring**

Wind=

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8			