

# Manchester Area Cross Country League

## at Woodbank Park, Stockport on Sunday 4th January 2009

### Senior Men — PROVISIONAL RESULTS (\$=non-counter)

Pos	Name	Cat/Pos	Club	Time				
1	\$Ian Grime		Newham & Essex Beagles	32:11	86	Ian Jones	Mantriathlon	39:16
2	Ian Salisbury		Trafford Athletic Club	32:46	87	Paul Calderbank	V45 18 Sale Harriers Manchester	39:17
3	Malcolm Fowler	V45 1	Wilmslow Running Club	32:52	88	Barry Blyth	V60 1 Macclesfield Harriers & Ac	39:18
4	David Howlett		Sale Harriers Manchester	33:00	89	Gary Willcock	V45 19 Manchester Ymca Harriers	39:20
5	William Crowther	V40 1	Altrincham & District Ac	33:12	90	Derek Hughes	V45 20 E Cheshire H & Tameside Ac	39:21
6	Mike Halman		Wilmslow Running Club	33:17	91	Ian Smallwood	V45 21 Wilmslow Running Club	39:32
7	Liam Browne		E Cheshire H & Tameside Ac	33:29	92	Mick Fairs	V60 2 Wilmslow Running Club	39:40
8	Rob Nichol	Jun 1	Altrincham & District Ac	33:37	93	James Corrigan	Belle Vue Racers	39:46
9	Jim Pendrill		Wilmslow Running Club	33:40	94	Mark Messenger	V40 17 Macclesfield Harriers & Ac	39:48
10	James Bleakley		Trafford Athletic Club	33:42	95	Tony Jolly	Mantriathlon	39:52
11	Dave Lockett	V40 2	Salford Harriers	33:44	96	\$Stan Ogden	V50 8 Unattached	39:57
12	Colin Gell		Sale Harriers Manchester	33:59	97	Rob Gilbert	V40 18 Wilmslow Running Club	40:00
13	Joe Bailey		Salford Harriers	34:01	98	Peter Johnson	V40 19 St Helens Sutton Ac	40:05
14	Jason Dunkerley		E Cheshire H & Tameside Ac	34:03	99	Adrian Fuller	Altrincham & District Ac	40:06
15	Michael Hunt		Trafford Athletic Club	34:08	100	Dean Loxam	V45 22 Stockport Harriers & Ac	40:07
16	Rob Downs	V40 3	Wilmslow Running Club	34:16	101	James O'Connor	Middleton Harriers Ac	40:08
17	Chris Leigh		Trafford Athletic Club	34:24	102	Carl Price	V50 9 Swinton Running Club	40:09
18	Declan Murray	Jun 2	Macclesfield Harriers & Ac	34:30	103	Chris Lomax	V40 20 Swinton Running Club	40:13
19	Andrew Lister		Trafford Athletic Club	34:46	104	Shane Wolstencroft	Salford Metropolitan Ac	40:18
20	Gavin Browne		E Cheshire H & Tameside Ac	34:58	105	Andrew Gray	V45 23 Macclesfield Harriers & Ac	40:20
21	Tom McGaff	V50 1	Wilmslow Running Club	35:01	106	Andrew Mooney	Sale Harriers Manchester	40:29
22	Dave Gilchrist	V40 4	Altrincham & District Ac	35:06	107	Dave Shaw	V40 21 Salford Harriers	40:36
23	Richard Watson		Sale Harriers Manchester	35:08	108	Nigel Sedman	V40 22 Belle Vue Racers	40:46
24	Michael Flatley		Middleton Harriers Ac	35:12	109	Gary Wolstencroft	Mantriathlon	40:55
25	Gary Matthews	V45 2	E Cheshire H & Tameside Ac	35:23	110	Jeff Norman	V60 3 Altrincham & District Ac	41:00
26	Ben Styles		Stockport Harriers & Ac	35:34	111	Dominic Partridge	Jun 7 Stockport Harriers & Ac	41:01
27	Kevin Garner	V40 5	Stockport Harriers & Ac	35:46	112	Julian Brown	V40 23 Macclesfield Harriers & Ac	41:02
28	James Corden		Stockport Harriers & Ac	35:48	113	Brian Holland	V50 10 Stockport Harriers & Ac	41:04
29	Richard Marlton	V40 6	Stockport Harriers & Ac	35:53	114	Tim Edwards	V40 24 Stockport Harriers & Ac	41:05
30	Jonathan Powell		Mantriathlon	35:56	115	Don Bullough	V50 11 Wilmslow Running Club	41:06
31	Adrian Nutter		Stockport Harriers & Ac	35:58	116	Denis Wharton	V50 12 St Helens Sutton Ac	41:07
32	Trevor Morris	V45 3	Wilmslow Running Club	36:00	117	Paul Stepto	V45 24 Stockport Harriers & Ac	41:10
33	Andy Skitt		Manchester Harriers & Ac	36:08	118	Anthony Lowe	V45 25 Middleton Harriers Ac	41:18
34	Peter Wood	V50 2	Middleton Harriers Ac	36:10	119	David Burke	V55 5 Swinton Running Club	41:27
35	Michael Hatch		Sale Harriers Manchester	36:28	120	Lee Whitley	Jun 8 Sale Harriers Manchester	41:29
36	Neil Walker		Altrincham & District Ac	36:32	121	Gareth Trimble	Wilmslow Running Club	41:35
37	Vinny Booth	V45 4	Trafford Athletic Club	36:35	122	Chris Hibbert	V40 25 Manchester Harriers & Ac	41:38
38	Alec Beaney	Jun 3	West Cheshire Athletic Club	36:42	123	Phil Jacques	V40 26 E Cheshire H & Tameside Ac	41:44
39	Ian White	V45 5	St Helens Sutton Ac	36:44	124	Philip Holmes	V50 13 Manchester Harriers & Ac	41:46
40	Mark Norton		Altrincham & District Ac	36:46	125	Timothy Rainey	V40 27 Sale Harriers Manchester	41:52
41	David Gee	V55 1	Manchester Harriers & Ac	36:51	126	Ian Mulligan	V40 28 Stockport Harriers & Ac	41:57
42	Ross Wilson		Macclesfield Harriers & Ac	36:59	127	Michael Symons	V40 29 Manchester Ymca Harriers	41:58
43	Richard Byers	V40 7	Trafford Athletic Club	37:01	128	Geoff Gilbert	V55 6 Wilmslow Running Club	41:59
44	Mike Hutchinson	V40 8	Trafford Athletic Club	37:03	129	Mike Noble	V60 4 Stockport Harriers & Ac	42:03
45	Len Best	V55 2	Stockport Harriers & Ac	37:05	130	Andrew Cole	V40 30 E Cheshire H & Tameside Ac	42:09
46	Paul Barrett		Sale Harriers Manchester	37:07	131	Jerry Smith	V50 14 Sale Harriers Manchester	42:14
47	Greg Williams		St Helens Sutton Ac	37:08	132	Philip D'netto	V40 31 Belle Vue Racers	42:34
48	Maurice Collins	V45 6	St Helens Sutton Ac	37:13	133	Robert Taylor	V55 7 Stockport Harriers & Ac	42:48
49	Jason Bowers		Sale Harriers Manchester	37:18	134	Richard Hyder	Mantriathlon	43:03
50	Mark Evans	V45 7	Trafford Athletic Club	37:23	135	Paul Collinge	V50 15 Middleton Harriers Ac	43:07
51	James Jackson	V45 8	Salford Harriers	37:25	136	Richard Waring	V40 32 Swinton Running Club	43:08
52	Steven Robinson	V45 9	E Cheshire H & Tameside Ac	37:26	137	Richard Pavey	V40 33 Altrincham & District Ac	43:19
53	Dave Garner	V40 9	Manchester Ymca Harriers	37:30	138	Tony Faulkner	E Cheshire H & Tameside Ac	43:30
54	Dave Rudd	V45 10	Altrincham & District Ac	37:33	139	Steve Carey	V50 16 Middleton Harriers Ac	43:42
55	John Mooney	V45 11	Macclesfield Harriers & Ac	37:35	140	Andy Fowler	V40 34 Stockport Harriers & Ac	43:43
56	Rick Smith	V55 3	E Cheshire H & Tameside Ac	37:56	141	Robin Beaumont	V40 35 Trafford Athletic Club	44:09
57	Louis Humphries	Jun 4	West Cheshire Athletic Club	37:59	142	Steve Webb	Belle Vue Racers	44:14
58	Ian Ireland	V40 10	Middleton Harriers Ac	38:01	143	Steve Symons	V40 36 Manchester Ymca Harriers	44:16
59	Eddie Gilligan	V45 12	Manchester Ymca Harriers	38:09	144	John Battersby	V50 17 Sale Harriers Manchester	44:26
60	Chris Bentley		Macclesfield Harriers & Ac	38:11	145	Chris Holden	Macclesfield Harriers & Ac	44:26
61	Andy Yates	V50 3	Sale Harriers Manchester	38:13	146	Gavin Mendham	V55 8 Wilmslow Running Club	44:32
62	Mike Cooper	V45 13	Wilmslow Running Club	38:15	147	Andy Chalmers	V45 26 Mantriathlon	44:38
63	Rob Harper		Mantriathlon	38:20	148	Neil Murphy	V45 27 Macclesfield Harriers & Ac	44:45
64	Tony Flanagan	V40 11	Swinton Running Club	38:26	149	Jack Carney	V50 18 Salford Metropolitan Ac	44:46
65	Tom Partington	Jun 5	Sale Harriers Manchester	38:30	150	Michael Blackburn	Stockport Harriers & Ac	44:47
66	Phil Smith		Wilmslow Running Club	38:31	151	Anthony Ward	V45 28 Stockport Harriers & Ac	44:53
67	Frank Cordingley	V45 14	Sale Harriers Manchester	38:32	152	Ian Welsh	V45 29 Mantriathlon	44:55
68	Steve Doxey	V45 15	Swinton Running Club	38:32	153	Andy Roberts	V40 37 Belle Vue Racers	45:02
69	Dominic Scott	Jun 6	Altrincham & District Ac	38:39	154	Mark Wheelton	V45 30 Macclesfield Harriers & Ac	45:04
70	Duncan Drasdo	V40 12	Trafford Athletic Club	38:40	155	Alan Webster	V45 31 Macclesfield Harriers & Ac	45:14
71	Raph Murray	V50 4	Macclesfield Harriers & Ac	38:47	156	Andrew Evans	V45 32 Salford Metropolitan Ac	45:17
72	Russell Kirk	V45 16	West Cheshire Athletic Club	38:48	157	Daniel Bamber	E Cheshire H & Tameside Ac	45:23
73	Richard Thomas	V45 17	Macclesfield Harriers & Ac	38:49	158	Michael Cunningham	V60 5 Manchester Harriers & Ac	45:29
74	David Southern	V50 5	Altrincham & District Ac	38:50	159	Brian Eyre	V50 19 Salford Metropolitan Ac	45:45
75	Graham Marsland	V40 13	Stockport Harriers & Ac	38:51	160	Alan Litter	Jun 9 West Cheshire Athletic Club	46:02
76	Francis Day	V55 4	E Cheshire H & Tameside Ac	38:53	161	Miran Arahamian	V55 9 Sale Harriers Manchester	46:17
77	Michael Hibbert	V40 14	Manchester Harriers & Ac	38:54	162	John Skinley	V45 33 St Helens Sutton Ac	46:18
78	Mike Nelson	V40 15	Macclesfield Harriers & Ac	38:57	163	Bob Towell	V65 1 Salford Harriers	46:30
79	Dave Carrington	V50 6	Altrincham & District Ac	39:00	164	Stuart Mairs	Salford Metropolitan Ac	46:52
80	David Jury		Trafford Athletic Club	39:02	165	Howard Bamber	V50 20 E Cheshire H & Tameside Ac	47:09
81	Paul Rowley		Sale Harriers Manchester	39:06	166	Paddy Farrelly	V50 21 Salford Metropolitan Ac	47:22
82	Jim Crehan	V50 7	St Helens Sutton Ac	39:09	167	Roger Carter	V45 34 Manchester Ymca Harriers	47:29
83	Joe Chambers		Stockport Harriers & Ac	39:11	168	John Pickup	V45 35 Swinton Running Club	48:00
84	Sean Cordell	V40 16	Salford Harriers	39:13	169	Tony Houghton	V45 36 Belle Vue Racers	48:01
85	Kevin Sear		Stockport Harriers & Ac	39:13	170	Steve McCall	V45 37 Manchester Harriers & Ac	48:11

171	Mark Wallwork	V45 38	Salford Metropolitan Ac	48:25	183	Chris Bryans	V70 1	Stockport Harriers & Ac	49:58
172	Alan Williams	V45 39	Altrincham & District Ac	48:28	184	David Furey		Belle Vue Racers	50:05
173	Daniel Harle		Macclesfield Harriers & Ac	48:30	185	Wade Cooper	V65 2	E Cheshire H & Tameside Ac	50:12
174	Jon Paramor	V55 10	Manchester Ymca Harriers	48:47	186	Colin Timpson	V60 10	E Cheshire H & Tameside Ac	50:26
175	Alan Barlow	V60 6	Altrincham & District Ac	49:02	187	Kevin Egerton	V55 11	Belle Vue Racers	51:03
176	Mike Wharton		Sale Harriers Manchester	49:10	188	Andy Brigg		Mantriathlon	51:41
177	Adrian Bocock	V45 40	Middleton Harriers Ac	49:17	189	Steve RussellIngram	V50 23	West Cheshire Athletic Club	52:26
178	\$Paul Hawgood		Stockport Primary Care Trust R	49:30	190	Trevor Faulkner	V65 3	Wilmslow Running Club	53:17
179	Dennis Moran	V60 7	Salford Harriers	49:33	191	Andy Smith		Swinton Running Club	56:49
180	Chris Johnson	V60 8	E Cheshire H & Tameside Ac	49:41	192	Ian Manners	V40 38	Manchester Ymca Harriers	56:56
181	Roy Pownell	V60 9	Macclesfield Harriers & Ac	49:45	193	Ian Berry	V60 11	Stockport Harriers & Ac	58:29
182	Mark Hulme	V50 22	Salford Metropolitan Ac	49:53	194	Mike Owen	V40 39	Trafford Athletic Club	1:02:11

## Senior Men — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1	Wilmslow Running Club	81	—	2	Malcolm Fowler	5	Mike Halman	8	Jim Pendrill	15	Rob Downs	20	Tom McGaff	31	Trevor Morris
2	Trafford Athletic Club	94	—	1	Ian Salisbury	9	James Bleakley	14	Michael Hunt	16	Chris Leigh	18	Andrew Lister	36	Vinny Booth
3	Altrincham & District Ac	159	—	4	William Crowther	7	Rob Nichol	21	Dave Gilchrist	35	Neil Walker	39	Mark Norton	53	Dave Rudd
4	Sale Harriers Manchester	163	—	3	David Howlett	11	Colin Gell	22	Richard Watson	34	Michael Hatch	45	Paul Barrett	48	Jason Bowers
5	E Cheshire H & Tameside Ac	168	—	6	Liam Browne	13	Jason Dunkerley	19	Gavin Browne	24	Gary Matthews	51	Steven Robinson	55	Rick Smith
6	Stockport Harriers & Ac	180	—	25	Ben Styles	26	Kevin Garner	27	James Corden	28	Richard Mariton	30	Adrian Nutter	44	Len Best
7	Macclesfield Harriers & Ac	313	—	17	Declan Murray	41	Ross Wilson	54	John Mooney	59	Chris Bentley	70	Raph Murray	72	Richard Thomas
8	Trafford Athletic Club 'B'	421	—	42	Richard Byers	43	Mike Hutchinson	49	Mark Evans	69	Duncan Drasdo	79	David Jury	139	Robin Beaumont
9	Salford Harriers	421	—	10	Dave Lockett	12	Joe Bailey	50	James Jackson	83	Sean Cordell	105	Dave Shaw	161	Bob Towell
10	St Helens Sutton Ac	422	—	38	Ian White	46	Greg Williams	47	Maurice Collins	81	Jim Crehan	96	Peter Johnson	114	Denis Wharton
11	Sale Harriers Manchester 'B'	460	—	60	Andy Yates	64	Tom Partington	66	Frank Cordingley	80	Paul Rowley	86	Paul Calderbank	104	Andrew Mooney
12	Middleton Harriers Ac	461	—	23	Michael Flatley	33	Peter Wood	57	Ian Ireland	99	James O'Connor	116	Anthony Lowe	133	Paul Collinge
13	Mantriathlon	509	—	29	Jonathan Powell	62	Rob Harper	85	Ian Jones	94	Tony Jolly	107	Gary Wolstencroft	132	Richard Hyder
14	Wilmslow Running Club 'B'	515	—	61	Mike Cooper	65	Phil Smith	90	Ian Smallwood	91	Mick Fairs	95	Rob Gilbert	113	Don Bullough
15	Manchester Harriers & Ac	546	—	32	Andy Skitt	40	David Gee	76	Michael Hibbert	120	Chris Hibbert	122	Philip Holmes	156	Michael Cunningham
16	Stockport Harriers & Ac 'B'	558	—	74	Graham Marsland	82	Joe Chambers	84	Kevin Sear	98	Dean Loxam	109	Dominic Partridge	111	Brian Holland
17	Altrincham & District Ac 'B'	559	—	68	Dominic Scott	73	David Southern	78	Dave Carrington	97	Adrian Fuller	108	Jeff Norman	135	Richard Pavey
18	Swinton Running Club	582	—	63	Tony Flanagan	67	Steve Doxey	100	Carl Price	101	Chris Lomax	117	David Burke	134	Richard Waring
19	Macclesfield Harriers & Ac 'B'	613	—	77	Mike Nelson	87	Barry Blyth	93	Mark Messenger	103	Andrew Gray	110	Julian Brown	143	Chris Holden
20	Manchester Ymca Harriers	629	—	52	Dave Gamer	58	Eddie Gilligan	88	Gary Willcock	125	Michael Symons	141	Steve Symons	165	Roger Carter
21	E Cheshire H & Tameside Ac 'B'	704	—	75	Francis Day	89	Derek Hughes	121	Phil Jacques	128	Andrew Cole	136	Tony Faulkner	155	Daniel Bamber
22	Belle Vue Racers	786	—	92	James Corrigan	106	Nigel Sedman	130	Philip D'netto	140	Steve Webb	151	Andy Roberts	167	Tony Houghton
23	Salford Metropolitan Ac	886	—	102	Shane Wolstencroft	147	Jack Carney	154	Andrew Evans	157	Brian Eyre	162	Stuart Mairs	164	Paddy Farrelly

# Manchester Area Cross Country League

## at Woodbank Park, Stockport on Sunday 4th January 2009

### Senior Men (Vets) — PROVISIONAL RESULTS (\$=non-counter)

Pos	Name	Cat/Pos	Club	Time	Pos	Name	Cat/Pos	Club	Time
1	Malcolm Fowler	V45 1	Wilmslow Running Club	32:52	65	Don Bullough	V50 11	Wilmslow Running Club	41:06
2	William Crowther	V40 1	Altrincham & District Ac	33:12	66	Denis Wharton	V50 12	St Helens Sutton Ac	41:07
3	Dave Lockett	V40 2	Salford Harriers	33:44	67	Paul Stepto	V45 24	Stockport Harriers & Ac	41:10
4	Rob Downs	V40 3	Wilmslow Running Club	34:16	68	Anthony Lowe	V45 25	Middleton Harriers Ac	41:18
5	Tom McGaff	V50 1	Wilmslow Running Club	35:01	69	David Burke	V55 5	Swinton Running Club	41:27
6	Dave Gilchrist	V40 4	Altrincham & District Ac	35:06	70	Chris Hibbert	V40 25	Manchester Harriers & Ac	41:38
7	Gary Matthews	V45 2	E Cheshire H & Tameside Ac	35:23	71	Phil Jacques	V40 26	E Cheshire H & Tameside Ac	41:44
8	Kevin Garner	V40 5	Stockport Harriers & Ac	35:46	72	Philip Holmes	V50 13	Manchester Harriers & Ac	41:46
9	Richard Marlton	V40 6	Stockport Harriers & Ac	35:53	73	Timothy Rainey	V40 27	Sale Harriers Manchester	41:52
10	Trevor Morris	V45 3	Wilmslow Running Club	36:00	74	Ian Mulligan	V40 28	Stockport Harriers & Ac	41:57
11	Peter Wood	V50 2	Middleton Harriers Ac	36:10	75	Michael Symons	V40 29	Manchester Ymca Harriers	41:58
12	Vinny Booth	V45 4	Trafford Athletic Club	36:35	76	Geoff Gilbert	V55 6	Wilmslow Running Club	41:59
13	Ian White	V45 5	St Helens Sutton Ac	36:44	77	Mike Noble	V60 4	Stockport Harriers & Ac	42:03
14	David Gee	V55 1	Manchester Harriers & Ac	36:51	78	Andrew Cole	V40 30	E Cheshire H & Tameside Ac	42:09
15	Richard Byers	V40 7	Trafford Athletic Club	37:01	79	Jerry Smith	V50 14	Sale Harriers Manchester	42:14
16	Mike Hutchinson	V40 8	Trafford Athletic Club	37:03	80	Philip D'netto	V40 31	Belle Vue Racers	42:34
17	Len Best	V55 2	Stockport Harriers & Ac	37:05	81	Robert Taylor	V55 7	Stockport Harriers & Ac	42:48
18	Maurice Collins	V45 6	St Helens Sutton Ac	37:13	82	Paul Collinge	V50 15	Middleton Harriers Ac	43:07
19	Mark Evans	V45 7	Trafford Athletic Club	37:23	83	Richard Waring	V40 32	Swinton Running Club	43:08
20	James Jackson	V45 8	Salford Harriers	37:25	84	Richard Pavey	V40 33	Altrincham & District Ac	43:19
21	Steven Robinson	V45 9	E Cheshire H & Tameside Ac	37:26	85	Steve Carey	V50 16	Middleton Harriers Ac	43:42
22	Dave Garner	V40 9	Manchester Ymca Harriers	37:30	86	Andy Fowler	V40 34	Stockport Harriers & Ac	43:43
23	Dave Rudd	V45 10	Altrincham & District Ac	37:33	87	Robin Beaumont	V40 35	Trafford Athletic Club	44:09
24	John Mooney	V45 11	Macclesfield Harriers & Ac	37:35	88	Steve Symons	V40 36	Manchester Ymca Harriers	44:16
25	Rick Smith	V55 3	E Cheshire H & Tameside Ac	37:56	89	John Battersby	V50 17	Sale Harriers Manchester	44:26
26	Ian Ireland	V40 10	Middleton Harriers Ac	38:01	90	Gavin Mendham	V55 8	Wilmslow Running Club	44:32
27	Eddie Gilligan	V45 12	Manchester Ymca Harriers	38:09	91	Andy Chalmers	V45 26	Mantriathlon	44:38
28	Andy Yates	V50 3	Sale Harriers Manchester	38:13	92	Neil Murphy	V45 27	Macclesfield Harriers & Ac	44:45
29	Mike Cooper	V45 13	Wilmslow Running Club	38:15	93	Jack Carney	V50 18	Salford Metropolitan Ac	44:46
30	Tony Flanagan	V40 11	Swinton Running Club	38:26	94	Anthony Ward	V45 28	Stockport Harriers & Ac	44:53
31	Frank Cordingley	V45 14	Sale Harriers Manchester	38:32	95	Ian Welsh	V45 29	Mantriathlon	44:55
32	Steve Doxey	V45 15	Swinton Running Club	38:32	96	Andy Roberts	V40 37	Belle Vue Racers	45:02
33	Duncan Drasdo	V40 12	Trafford Athletic Club	38:40	97	Mark Wheelton	V45 30	Macclesfield Harriers & Ac	45:04
34	Raph Murray	V50 4	Macclesfield Harriers & Ac	38:47	98	Alan Webster	V45 31	Macclesfield Harriers & Ac	45:14
35	Russell Kirk	V45 16	West Cheshire Athletic Club	38:48	99	Andrew Evans	V45 32	Salford Metropolitan Ac	45:17
36	Richard Thomas	V45 17	Macclesfield Harriers & Ac	38:49	100	Michael Cunningham	V60 5	Manchester Harriers & Ac	45:29
37	David Southern	V50 5	Altrincham & District Ac	38:50	101	Brian Eyre	V50 19	Salford Metropolitan Ac	45:45
38	Graham Marsland	V40 13	Stockport Harriers & Ac	38:51	102	Miran Arahamian	V55 9	Sale Harriers Manchester	46:17
39	Francis Day	V55 4	E Cheshire H & Tameside Ac	38:53	103	John Skinley	V45 33	St Helens Sutton Ac	46:18
40	Michael Hibbert	V40 14	Manchester Harriers & Ac	38:54	104	Bob Towell	V65 1	Salford Harriers	46:30
41	Mike Nelson	V40 15	Macclesfield Harriers & Ac	38:57	105	Howard Bamber	V50 20	E Cheshire H & Tameside Ac	47:09
42	Dave Carrington	V50 6	Altrincham & District Ac	39:00	106	Paddy Farrelly	V50 21	Salford Metropolitan Ac	47:22
43	Jim Crehan	V50 7	St Helens Sutton Ac	39:09	107	Roger Carter	V45 34	Manchester Ymca Harriers	47:29
44	Sean Cordell	V40 16	Salford Harriers	39:13	108	John Pickup	V45 35	Swinton Running Club	48:00
45	Paul Calderbank	V45 18	Sale Harriers Manchester	39:17	109	Tony Houghton	V45 36	Belle Vue Racers	48:01
46	Barry Blyth	V60 1	Macclesfield Harriers & Ac	39:18	110	Steve McCall	V45 37	Manchester Harriers & Ac	48:11
47	Gary Willcock	V45 19	Manchester Ymca Harriers	39:20	111	Mark Wallwork	V45 38	Salford Metropolitan Ac	48:25
48	Derek Hughes	V45 20	E Cheshire H & Tameside Ac	39:21	112	Alan Williams	V45 39	Altrincham & District Ac	48:28
49	Ian Smallwood	V45 21	Wilmslow Running Club	39:32	113	Jon Paramor	V55 10	Manchester Ymca Harriers	48:47
50	Mick Fairs	V60 2	Wilmslow Running Club	39:40	114	Alan Barlow	V60 6	Altrincham & District Ac	49:02
51	Mark Messenger	V40 17	Macclesfield Harriers & Ac	39:48	115	Adrian Bocock	V45 40	Middleton Harriers Ac	49:17
52	\$Stan Ogden	V50 8	Unattached	39:57	116	Dennis Moran	V60 7	Salford Harriers	49:33
53	Rob Gilbert	V40 18	Wilmslow Running Club	40:00	117	Chris Johnson	V60 8	E Cheshire H & Tameside Ac	49:41
54	Peter Johnson	V40 19	St Helens Sutton Ac	40:05	118	Roy Pownell	V60 9	Macclesfield Harriers & Ac	49:45
55	Dean Loxam	V45 22	Stockport Harriers & Ac	40:07	119	Mark Hulme	V50 22	Salford Metropolitan Ac	49:53
56	Carl Price	V50 9	Swinton Running Club	40:09	120	Chris Bryans	V70 1	Stockport Harriers & Ac	49:58
57	Chris Lomax	V40 20	Swinton Running Club	40:13	121	Wade Cooper	V65 2	E Cheshire H & Tameside Ac	50:12
58	Andrew Gray	V45 23	Macclesfield Harriers & Ac	40:20	122	Colin Timpson	V60 10	E Cheshire H & Tameside Ac	50:26
59	Dave Shaw	V40 21	Salford Harriers	40:36	123	Kevin Egerton	V55 11	Belle Vue Racers	51:03
60	Nigel Sedman	V40 22	Belle Vue Racers	40:46	124	Steve Russell Ingram	V50 23	West Cheshire Athletic Club	52:26
61	Jeff Norman	V60 3	Altrincham & District Ac	41:00	125	Trevor Faulkner	V65 3	Wilmslow Running Club	53:17
62	Julian Brown	V40 23	Macclesfield Harriers & Ac	41:02	126	Ian Manners	V40 38	Manchester Ymca Harriers	56:56
63	Brian Holland	V50 10	Stockport Harriers & Ac	41:04	127	Ian Berry	V60 11	Stockport Harriers & Ac	58:29
64	Tim Edwards	V40 24	Stockport Harriers & Ac	41:05	128	Mike Owen	V40 39	Trafford Athletic Club	1:02:11

## Senior Men (Vets) — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Wilmslow Running Club	20	—	1 Malcolm Fowler	4 Rob Downs	5 Tom McGaff	10 Trevor Morris
2 Trafford Athletic Club	62	—	12 Vinny Booth	15 Richard Byers	16 Mike Hutchinson	19 Mark Evans
3 Altrincham & District Ac	68	—	2 William Crowther	6 Dave Gilchrist	23 Dave Rudd	37 David Southern
4 Stockport Harriers & Ac	72	—	8 Kevin Garner	9 Richard Marlton	17 Len Best	38 Graham Marsland
5 E Cheshire H & Tameside Ac	92	—	7 Gary Matthews	21 Steven Robinson	25 Rick Smith	39 Francis Day
6 Salford Harriers	125	—	3 Dave Lockett	20 James Jackson	44 Sean Cordell	58 Dave Shaw
7 St Helens Sutton Ac	127	—	13 Ian White	18 Maurice Collins	43 Jim Crehan	53 Peter Johnson
8 Macclesfield Harriers & Ac	135	—	24 John Mooney	34 Raph Murray	36 Richard Thomas	41 Mike Nelson
9 Manchester Ymca Harriers	170	—	22 Dave Garner	27 Eddie Gilligan	47 Gary Willcock	74 Michael Symons
10 Swinton Running Club	173	—	30 Tony Flanagan	32 Steve Doxey	55 Carl Price	56 Chris Lomax
11 Sale Harriers Manchester	176	—	28 Andy Yates	31 Frank Cordingley	45 Paul Calderbank	72 Timothy Rainey
12 Wilmslow Running Club 'B'	180	—	29 Mike Cooper	49 Ian Smallwood	50 Mick Fairs	52 Rob Gilbert
13 Middleton Harriers Ac	185	—	11 Peter Wood	26 Ian Ireland	67 Anthony Lowe	81 Paul Collinge
14 Manchester Harriers & Ac	194	—	14 David Gee	40 Michael Hibbert	69 Chris Hibbert	71 Philip Holmes
15 Macclesfield Harriers & Ac 'B'	215	—	46 Barry Blyth	51 Mark Messenger	57 Andrew Gray	61 Julian Brown
16 Stockport Harriers & Ac 'B'	245	—	54 Dean Loxam	62 Brian Holland	63 Tim Edwards	66 Paul Stepto
17 Altrincham & District Ac 'B'	296	—	42 Dave Carrington	60 Jeff Norman	83 Richard Pavey	111 Alan Williams
18 E Cheshire H & Tameside Ac 'B'	299	—	48 Derek Hughes	70 Phil Jacques	77 Andrew Cole	104 Howard Bamber
19 Belle Vue Racers	341	—	59 Nigel Sedman	79 Philip D'netto	95 Andy Roberts	108 Tony Houghton
20 Salford Metropolitan Ac	395	—	92 Jack Carney	98 Andrew Evans	100 Brian Eyre	105 Paddy Farrelly
21 Manchester Ymca Harriers 'B'	430	—	87 Steve Symons	106 Roger Carter	112 Jon Paramor	125 Ian Manners

## Senior Men - Junior — PROVISIONAL RESULTS (\$=non-counter)

Pos	Name	Cat/Pos	Club	Time
1	Rob Nichol		Altrincham & District Ac	33:37
2	Declan Murray		Macclesfield Harriers & Ac	34:30
3	Alec Beaney		West Cheshire Athletic Club	36:42
4	Louis Humphries		West Cheshire Athletic Club	37:59
5	Tom Partington		Sale Harriers Manchester	38:30
6	Dominic Scott		Altrincham & District Ac	38:39
7	Dominic Partridge		Stockport Harriers & Ac	41:01
8	Lee Whitley		Sale Harriers Manchester	41:29
9	Alan Littler		West Cheshire Athletic Club	46:02

## Senior Men - Junior — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 West Cheshire Athletic Club	3	—	3 Alec Beaney	4 Louis Humphries	9 Alan Littler
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