

Pos.	Letter	Name	Club	Time	Grade	AW standard	Pos.	Letter	Name	Club	Distance	Grade	AW standard
<b>Senior Men 100m</b>							<b>Senior Men Triple Jump</b>						
<b>A Race</b>							<b>A String</b>						
1	N	Tony Leigh	Crewe&Nantwich AC	11.6			1	N	Louis Everall	Crewe&Nantwich AC	12.20		<input checked="" type="checkbox"/>
2	P	Ian Cooney	St Helens Sutton AC	12.0			2						
3	E	Ian Roberts	Menai	12.1			3						
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<b>Senior Men 100m</b>							<b>Senior Men Triple Jump</b>						
<b>B Race</b>							<b>B String</b>						
1	N	Louis Everall	Crewe&Nantwich AC	11.7			1	N	Tom Boyers	Crewe&Nantwich AC	9.76		
2	P	Chris Lyon	St Helens Sutton AC	12.7			2						
3	F	Paul Rudkin	Halton&Frodsham AC	12.9			3						
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<b>Senior Men 100m</b>							<b>Senior Men Shot</b>						
<b>C Race</b>							<b>A String</b>						
1	N	Simon Briggs	Crewe&Nantwich AC	12.5			1	N	Jonathan Ashman	Crewe&Nantwich AC	8.92		
2	F	Matthew Evans	Halton&Frodsham AC	13.9			2	P	Mike Hughes	St Helens Sutton AC	8.21		
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<b>Senior Men 100m</b>							<b>Senior Men Shot</b>						
<b>D Race</b>							<b>B String</b>						
1	N	Tom Boyers	Crewe&Nantwich AC	13.6			1	N	Stephen Matthews	Crewe&Nantwich AC	6.02		
2							2	P	John Irwin	St Helens Sutton AC	5.49		
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<b>Senior Men 800m</b>							<b>Senior Men 4*100m</b>						
<b>A &amp; B Race</b>							Time						
1	N	Louis Everall	Crewe&Nantwich AC	2.19.6			1	N	Simon Briggs	Crewe&Nantwich AC	48.7		
2	N	Tom Boyers	Crewe&Nantwich AC	2.24.3					Louis Everall	Crewe&Nantwich AC			
3	P	Tony Raffle	St Helens Sutton AC	2.24.5					Tom Boyers	Crewe&Nantwich AC			
4	E	Ian Roberts	Menai	2.24.7					Tony Leigh	Crewe&Nantwich AC			
5	F	Paul Rudkin	Halton&Frodsham AC	2.25.3			2	F	Colin Hornby	Halton&Frodsham AC	52.7		
6	P	Mark Davies	St Helens Sutton AC	2.44.0					Matthew Evans	Halton&Frodsham AC			
7	F	Matthew Evans	Halton&Frodsham AC	2.59.3					Paul Rudkin	Halton&Frodsham AC			
8									Nick Massey	Halton&Frodsham AC			
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<b>Senior Men 800m</b>							<b>Senior Men 4*100m</b>						
<b>C &amp; D Race</b>													
1	N	Thomas Haynes	Crewe&Nantwich AC	2.28.1			5						
2	N	Andy Jones	Crewe&Nantwich AC	2.53.8			6						
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<b>Senior Women 100m</b>							<b>Senior Women Long Jump</b>						
<b>A Race</b>							<b>A String</b>						
1	N	Michelle Robbins	Crewe&Nantwich AC	12.8		<input checked="" type="checkbox"/>	1	N	Michelle Robbins	Crewe&Nantwich AC	5.18		<input checked="" type="checkbox"/>

2 D	Beth Sargeant	Deeside	13.5	2 D	Beth Sargeant	Deeside	4.61
3 P	Jenny Lamb	St Helens Sutton AC	13.7	3 P	Heather Drillingcourt	St Helens Sutton AC	4.60
4 T	Anousheh Majhoob	Manchester H & AC	13.8	4 T	Anousheh Majhoob	Manchester H & AC	4.54
5 E	Emma Roberts	Menai	13.9	5 F	Lucy Wood	Halton&Frodsham AC	2.53
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8				8			
<b>Senior Women 100m</b>				<b>Senior Women Long Jump</b>			
<b>B Race</b>				<b>B String</b>			
1 N	Eleanor Simmons	Crewe&Nantwich AC	13.5	1 N	Heather Robbins	Crewe&Nantwich AC	4.75
2 T	Jade Woole	Manchester H & AC	14.1	2 T	Jade Woole	Manchester H & AC	4.23
3 P	Heather Drillingcourt	St Helens Sutton AC	14.2	3 D	Amy Crocombe	Deeside	4.00
4 D	Amy Crocombe	Deeside	14.8	4 E	0 Menai		3.82
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<b>Senior Women 100m</b>				<b>Senior Women Shot</b>			
<b>C Race</b>				<b>A String</b>			
1 N	Heather Robbins	Crewe&Nantwich AC	13.4	1 E	Becky Ridding	Menai	7.64
2 T	Hannah Oultram	Manchester H & AC	14.8	2 T	Phillippa Holmes	Manchester H & AC	7.49
3 D	Linda Turley	Deeside	17.3	3 D	Amy Crocombe	Deeside	6.85
4				4 N	Heather Robbins	Crewe&Nantwich AC	6.60
5				5 P	Julia Hayes	St Helens Sutton AC	5.29
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8				8			
<b>Senior Women 100m</b>				<b>Senior Women Shot</b>			
<b>D Race</b>				<b>B String</b>			
1 N	Tamara Stafford	Crewe&Nantwich AC	14.0	1 D	Tania Williams	Deeside	6.09
2 D	Lorna Bates	Deeside	17.6	2 N	Eleanor Cresswell	Crewe&Nantwich AC	6.09
3				3 T	Karen Spilsberg	Manchester H & AC	5.21
4				4 E	Emma Roberts	Menai	4.75
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<b>Senior Women 1500m</b>				<b>Senior Women 4*100m</b>			
<b>A &amp; B Race</b>				Time			
1 N	Laura Gray	Crewe&Nantwich AC	5.14.6	1 N	0 Crewe&Nantwich AC		53.4
2 E	Lisa Peters	Menai	5.26.9		0 Crewe&Nantwich AC		
3 N	Charlotte Matthews	Crewe&Nantwich AC	6.14.7		0 Crewe&Nantwich AC		
4 T	Sian Davies	Manchester H & AC	6.36.9		0 Crewe&Nantwich AC		
5				2 D	Amy Crocombe	Deeside	61.1
6					Beth Sargeant	Deeside	
7					Tania Williams	Deeside	
8					Gill Sargeant	Deeside	
9				3 E	Emma Roberts	Menai	64.7
10					Lisa Peters	Menai	
11					Becky Ridding	Menai	
12					Viv Edwards	Menai	
13				4			
14							
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<b>Senior Women 1500m</b>				<b>Senior Women 4*100m</b>			
<b>C &amp; D Race</b>							
1 N	Narelle Stafford	Crewe&Nantwich AC	6.33.1	5			
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<b>Senior Men/Combined 3000m</b>							
1 P	M-Ian Costello	St Helens Sutton AC	9.53.5				
2 N	M-Thomas Haynes	Crewe&Nantwich AC	9.54.8				
3 P	M-Ian White	St Helens Sutton AC	10.25.6				
4 P	M-Mark Davies	St Helens Sutton AC	10.30.6				

5	P	F-Gemma Connolly	St Helens Sutton AC	10.30.6
6	N	F-Laura Gray	Crewe&Nantwich AC	11.28.3
7	N	F-Eleanor Cresswell	Crewe&Nantwich AC	11.52.3
8	N	F-0	Crewe&Nantwich AC	12.00.7
9	F	M-Nick Massey	Halton&Frodsham AC	12.11.0
10				
11	T	M-Chris Cooper	Manchester H & AC	12.17.9
12	E	F-Becky Ridding	Menai	12.26.7
13				
14	T	M-Chris Hughes	Manchester H & AC	12.31.1
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**Senior Women 3000m**

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Pos.	Letter	Name	Club	Time	Grade	AW standard	Pos.	Letter	Name	Club	Distance	Grade	AW standard
<b>U17 Men 200m</b>							<b>U17 Men High Jump</b>						
<b>A Race</b>							<b>A String</b>						
1	N	Patrick Nwabueze	Crewe&Nantwich AC	23.7	G4	<input checked="" type="checkbox"/>	1	N	Sean Dyer	Crewe&Nantwich AC	1.58		
2	D	Mark Thomas	Deeside	24.7			2	D	Connor Leckerby	Deeside	1.55		
3	E	Jonathan Jones	Menai	25.0			3	F	Jack Campbell	Halton&Frodsham AC	1.50		
4	T	Stephen Yates	Manchester H & AC	25.6			4						
5	F	David Tomalin	Halton&Frodsham AC	27.4			5						
6	P	Nathan Brown	St Helens Sutton AC	27.6			6						
7							7						
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<b>U17 Men 200m</b>							<b>U17 Men High Jump</b>						
<b>B Race</b>							<b>B String</b>						
1	N	Will Perriam	Crewe&Nantwich AC	24.8			1	N	Patrick Nwabueze	Crewe&Nantwich AC	1.55		
2	D	Connor Leckerby	Deeside	25.1			2						
3	F	Jack Campbell	Halton&Frodsham AC	25.5			3						
4	T	Andy Parsonage	Manchester H & AC	27.1			4						
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<b>U17 Men 200m</b>		<b>C Race</b>				<b>U17 Men Javelin</b>		<b>A String</b>					
1 N	Alex Steele	Crewe&Nantwich AC	25.0			1 D	Kyle Davies	Deeside	38.83	G4	<input checked="" type="checkbox"/>		
2 D	Kyle Davies	Deeside	27.3			2 N	Patrick Nwabueze	Crewe&Nantwich AC	25.35				
3						3 I	Chris Parsonage	Manchester H & AC	24.75				
4						4 E	Jonathan Jones	Menai	11.13				
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<b>U17 Men 200m</b>		<b>D Race</b>				<b>U17 Men Javelin</b>		<b>B String</b>					
1 D	Padraig Eoggin	Deeside	27.7			1 N	Will Perriam	Crewe&Nantwich AC	23.58				
2 N	Craig Moses	Crewe&Nantwich AC	28.9			2 D	Padraig Eoggin	Deeside	20.93				
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<b>U17 Men 800m</b>		<b>A &amp; B Race</b>									Time		
1 T	Andy Parsonage	Manchester H & AC	2.12.2			<b>U17 Men 4*100m</b>							
2 E	William Sheridan	Menai	2.14.0			1 N	Sean Dyer	Crewe&Nantwich AC	48.1				
3 F	Jack Campbell	Halton&Frodsham AC	2.14.8				Will Perriam	Crewe&Nantwich AC					
4 N	Bradley Smith	Crewe&Nantwich AC	2.14.9				Alex Steele	Crewe&Nantwich AC					
5 N	Sean Dyer	Crewe&Nantwich AC	2.18.8				Patrick Nwabueze	Crewe&Nantwich AC					
6 P	Nathan Brown	St Helens Sutton AC	2.19.3			2 D	Mark Thomas	Deeside	49.3				
7 T	Stephen Yates	Manchester H & AC	2.24.1				Connor Leckerby	Deeside					
8 D	Padraig Eoggin	Deeside	2.30.3				Kyle Davies	Deeside					
9							Padraig Eoggin	Deeside					
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<b>U17 Men 800m</b>		<b>C &amp; D Race</b>											
1 N	Craig Moses	Crewe&Nantwich AC	2.34.7										
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Pos.	Letter	Name	Club	Time	Grade	AW standard	Pos.	Letter	Name	Club	Distance	Grade	AW standard
<b>U15 Men 200m</b>		<b>A Race</b>					<b>U15 Men Long Jump</b>		<b>A String</b>				
1 D	Lloyd Robbins	Deeside	24.5	G3	<input checked="" type="checkbox"/>		1 D	Lloyd Robbins	Deeside	5.96	G1	<input checked="" type="checkbox"/>	
2 N	Thomas Penn	Crewe&Nantwich AC	25.8		<input checked="" type="checkbox"/>		2 N	John Nwabueze	Crewe&Nantwich AC	5.17	G4	<input checked="" type="checkbox"/>	
3 E	Chris McNaught	Menai	26.1		<input checked="" type="checkbox"/>		3 F	David Hayes	Halton&Frodsham AC	5.05	G4	<input checked="" type="checkbox"/>	
4 F	Wii Leyland	Halton&Frodsham AC	27.8				4 E	Chris McNaught	Menai	4.95		<input checked="" type="checkbox"/>	
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<b>U15 Men 200m</b>		<b>B Race</b>					<b>U15 Men Long Jump</b>		<b>B String</b>				
1 N	John Nwabueze	Crewe&Nantwich AC	26.8				1 N	Thomas Penn	Crewe&Nantwich AC	4.86		<input checked="" type="checkbox"/>	
2 D	Alex Peters	Deeside	27.1				2 E	Mike Blond	Menai	4.78			
3 E	Aled Thomas	Menai	27.3				3 D	Alex Peters	Deeside	4.42			
4 F	Mark Deeprose	Halton&Frodsham AC	28.0				4 F	Wii Leyland	Halton&Frodsham AC	4.31			
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<b>U15 Men 200m</b>		<b>C Race</b>											

1 N	Jonathan Lea	Crewe&Nantwich AC	26.5
2 D	Brad Thomas	Deeside	27.4
3 E	Stefan Fox	Menai	32.7

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<b>U15 Men 200m</b>			
<b>D Race</b>			
1 E	Mike Blond	Menai	27.0
2 N	Will Simmons	Crewe&Nantwich AC	27.4
3 D	Jobe Urquhart	Deeside	29.0

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<b>U15 Men Javelin</b>				
<b>A String</b>				
1 N	Fraser Ashman	Crewe&Nantwich AC	35.22 G4	<input checked="" type="checkbox"/>
2 F	Mark Deeprise	Halton&Frodsham AC	28.11	
3 E	Chris McNaught	Menai	18.85	
4 D	Jobe Urquhart	Deeside	18.48	

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<b>U15 Men Javelin</b>				
<b>B String</b>				
1 N	Thomas Penn	Crewe&Nantwich AC	34.37 G4	<input checked="" type="checkbox"/>
2 F	David Hayes	Halton&Frodsham AC	27.38	
3 D	Alex Peters	Deeside	16.10	
4 E	Mike Blond	Menai	4.55	

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<b>U15 Men 1500m</b>				
<b>A &amp; B Race</b>				
1 P		0 St Helens Sutton AC	4.33.3 G3	<input checked="" type="checkbox"/>
2 D	Lloyd Robbins	Deeside	4.44.1 G4	<input checked="" type="checkbox"/>
3 N	Jonathan Lea	Crewe&Nantwich AC	4.52.4	<input checked="" type="checkbox"/>
4 D	Andrew Williams	Deeside	5.00.3	
5 N	Rob Poole	Crewe&Nantwich AC	5.05.2	
6 E	Stefan Fox	Menai	6.05.2	

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<b>U15 Men 1500m</b>				
<b>C &amp; D Race</b>				
1 N	Tyler Goodwin	Crewe&Nantwich AC	5.46.8	
2 N	Fraser Ashman	Crewe&Nantwich AC	6.28.1	

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Time

<b>U15 Men 4*100m</b>				
1 D	Lloyd Robbins	Deeside	51.9	
	Alex Peters	Deeside		
	Jobe Urquhart	Deeside		
	Brad Thomas	Deeside		
2 N	Will Simmons	Crewe&Nantwich AC	52.0	
	Thomas Penn	Crewe&Nantwich AC		
	Rob Poole	Crewe&Nantwich AC		
	John Nwabueze	Crewe&Nantwich AC		
3 E	Chris McNaught	Menai	52.7	
	Mike Blond	Menai		
	Stefan Fox	Menai		
	Aled Thomas	Menai		

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Pos. Letter Name Club Time Grade AW standard

<b>U13 Men 200m</b>				
<b>A Race</b>				
1 N	Josh Boulton	Crewe&Nantwich AC	27.2 G2	<input checked="" type="checkbox"/>
2 D	Dan Bennett	Deeside	27.9 G3	<input checked="" type="checkbox"/>
3 P	Taylor Caton Hand	St Helens Sutton AC	28.8 G4	<input checked="" type="checkbox"/>
4 F	Ben Sutcliffe	Halton&Frodsham AC	29.9	
5 E	Andrew Jones	Menai	29.9	
6 T	Joe Cooper	Manchester H & AC	33.0	

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**U13 Men 200m**

<b>U13 Men 200m</b>				
<b>B Race</b>				
1 N	William Matthews	Crewe&Nantwich AC	29.8	
2 P	Daniel Elston	St Helens Sutton AC	30.9	
3 E	Anthony Granton	Menai	31.5	
4 F	Jonathan Ashton	Halton&Frodsham AC	32.4	
5 D	Rhys Jackson	Deeside	32.5	

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<b>U13 Men 200m</b>				
<b>C Race</b>				
1 N	Jack Cottam	Crewe&Nantwich AC	29.6	<input checked="" type="checkbox"/>
2 E	Nathan Harvey	Menai	31.6	
3 D	Michael Taube	Deeside	31.7	

Pos. Letter Name Club Distance Grade AW standard

<b>U13 Men High Jump</b>				
<b>A String</b>				
1 P	Taylor Caton Hand	St Helens Sutton AC	1.31 G4	<input checked="" type="checkbox"/>
2 N	Jack Cottam	Crewe&Nantwich AC	1.31 G4	<input checked="" type="checkbox"/>
3 D	Dan Bennett	Deeside	1.10	

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**U13 Men High Jump**

<b>U13 Men High Jump</b>				
<b>B String</b>				
1 N	Josh Boulton	Crewe&Nantwich AC	1.28	<input checked="" type="checkbox"/>

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<b>U13 Men Shot</b>				
<b>A String</b>				
1 N	Niall Clowes	Crewe&Nantwich AC	8.38 G3	<input checked="" type="checkbox"/>
2 P	Taylor Caton Hand	St Helens Sutton AC	7.37 G4	<input checked="" type="checkbox"/>

4 P	Jamie Dinnarr	St Helens Sutton AC	32.5	3 T	Joe Cooper	Manchester H & AC	4.33
5				4 E	Thomas Williams	Menai	2.10
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<b>U13 Men 200m</b>				<b>U13 Men Shot</b>			
1 N	Ralph Johnstone	Crewe&Nantwich AC	31.6	1 N	Josh Boulton	Crewe&Nantwich AC	7.15 G4 <input checked="" type="checkbox"/>
2 D	Grant Lead	Deeside	32.4	2 P	Jamie Dinnarr	St Helens Sutton AC	5.81
3 P	Callum Baxter	St Helens Sutton AC	33.6	3			
4 E	Michael Peters	Menai	35.5	4			
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<b>U13 Men 800m</b>				<b>U13 Men 4*100m</b>			
1 N	Sam Whitehead	Crewe&Nantwich AC	2.26.9 G2 <input checked="" type="checkbox"/>	1 N	Sam Whitehead	Crewe&Nantwich AC	55.9
2 E	Andrew Jones	Menai	2.28.7 G3 <input checked="" type="checkbox"/>		William Matthews	Crewe&Nantwich AC	
3 D	Grant Leach	Deeside	2.35.3 G4 <input checked="" type="checkbox"/>		Jack Cottam	Crewe&Nantwich AC	
4 E	Lolo Hughes	Menai	2.36.5 <input checked="" type="checkbox"/>		Josh Boulton	Crewe&Nantwich AC	
5 T	M Graham	Manchester H & AC	2.40.6	2 D	Grant Leach	Deeside	59.9
6 P	Daniel Elston	St Helens Sutton AC	2.42.1		Rhys Jackson	Deeside	
7 D	Dan Bennett	Deeside	2.44.9		Dan Bennett	Deeside	
8 N	Jack Cottam	Crewe&Nantwich AC	2.53.2		Michael Taube	Deeside	
9 T	Joe Cooper	Manchester H & AC	3.02.3	3 P		0 St Helens Sutton AC	59.9
10 P	Jamie Dinnarr	St Helens Sutton AC	3.03.4			0 St Helens Sutton AC	
11 F	Jonathan Ashton	Halton&Frodsham AC	3.03.4			0 St Helens Sutton AC	
12						0 St Helens Sutton AC	
13				4 E	Andrew Jones	Menai	61.4
14					Anthony Granton	Menai	
15					Nathan Harvey	Menai	
16					Michael Peters	Menai	
<b>U13 Men 800m</b>				<b>U13 Men 4*100m</b>			
1 E	Anthony Granton	Menai	2.40.5	5			
2 E	Nathan Harvey	Menai	2.42.0	6			
3 D	Michael Taube	Deeside	2.43.5	7			
4 P	Callum Baxter	St Helens Sutton AC	3.01.5	8			
5 N	Harry Valentine	Crewe&Nantwich AC	3.15.7				
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<b>U11 Boys 75m</b>				<b>U11 Boys Long Jump</b>			
1 E	Ellis Roberts	Menai	10.7	1 E	Ellis Roberts	Menai	3.65
2 N	Owen Porter	Crewe&Nantwich AC	11.5	2 N	Ben Jones	Crewe&Nantwich AC	3.55
3 F	Thomas Craig	Halton&Frodsham AC	12.0	3 F	Christopher Larkin	Halton&Frodsham AC	3.53
4 D	Rhys Bennett	Deeside	12.3	4 D	Rhys Bennett	Deeside	3.01
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<b>U11 Boys 75m</b>				<b>U11 Boys Long Jump</b>			
1 N	Jacob Farleigh	Crewe&Nantwich AC	11.5	1 N	Ben Johnston	Crewe&Nantwich AC	3.35
2 D		0 Deeside	11.7	2 D	Mitchell Thomas	Deeside	2.91
3 F	Callum Tollett	Halton&Frodsham AC	13.6	3 F	Callum Tollett	Halton&Frodsham AC	2.30
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6				6			
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8				8			
<b>U11 Boys 75m</b>				<b>U11 Boys Soft Javelin</b>			
1 N	Ben Johnston	Crewe&Nantwich AC	11.8	1 F	Thomas Craig	Halton&Frodsham AC	16.52
2 F	Lauchlin Stanier	Halton&Frodsham AC	13.0	2 N	Owen Porter	Crewe&Nantwich AC	16.50
3				3			
4				4			
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7						6					
8						7					
<b>U11 Boys 75m</b>		<b>D Race</b>				8					
1 N	Matt Hole	Crewe&Nantwich AC	12.3			<b>U11 Boys Soft Javelin</b>		<b>B String</b>			
2 F	Sam Richards	Halton&Frodsham AC	13.0			1 N	Ewan Ashman	Crewe&Nantwich AC	14.57		
3						2					
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											Time
<b>U11 Boys 600m</b>		<b>A &amp; B Race</b>				<b>U11 Boys 4*100m</b>					
1 D	Rhys Bennett	Deeside	1.56.4			1 N	Owen Porter	Crewe&Nantwich AC	63.2		
2 D	Mitchell Thomas	Deeside	1.56.5				Matt Hole	Crewe&Nantwich AC			
3 N	Fred Dobberson	Crewe&Nantwich AC	2.04.8				Ben Johnston	Crewe&Nantwich AC			
4 N	Matt Hole	Crewe&Nantwich AC	2.06.7				Jacob Farleigh	Crewe&Nantwich AC			
5 F	Christopher Larkin	Halton&Frodsham AC	2.10.7			2 E		0 Menai	64.1		
6 F	Sam Richards	Halton&Frodsham AC	2.25.8					0 Menai			
7								0 Menai			
8								0 Menai			
9								0 Menai			
10						3 F		0 Halton&Frodsham AC	65.9		
11								0 Halton&Frodsham AC			
12								0 Halton&Frodsham AC			
13								0 Halton&Frodsham AC			
14						4		0 Halton&Frodsham AC			
15											
16											

<b>U11 Boys 600m</b>		<b>C &amp; D Race</b>									
1 N	Jacob Farleigh	Crewe&Nantwich AC	2.18.9			5					
2 N	Ben Jones	Crewe&Nantwich AC	2.24.7			6					
3 F	Lauchlin Stanier	Halton&Frodsham AC	2.39.3			7					
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Pos. Letter Name Club Time Grade AW standard Pos. Letter Name Club Distance Grade AW standard

<b>U15 Women 100m</b>		<b>A Race</b>				<b>U15 Women High Jump</b>		<b>A String</b>			
1 N	Aimee Addis	Crewe&Nantwich AC	13.4	G4		1 D	Georgia Bates	Deeside	1.50	G2	<input checked="" type="checkbox"/>
2 D	Eleanor Badhams	Deeside	14.2			2 N	Gemma Valentine	Crewe&Nantwich AC	1.46	G3	<input checked="" type="checkbox"/>
3 E	Mared Baker	Menai	14.4			3 E	Anest Edwards	Menai	1.15		
4 F	Emma Scott	Halton&Frodsham AC	14.6			4 T	Katrina Davies	Manchester H & AC	1.15		
5 P	Louise Hayes	St Helens Sutton AC	14.6			5					
6 T	Katrina Davies	Manchester H & AC	15.0			6					
7						7					
8						8					

<b>U15 Women 100m</b>		<b>B Race</b>				<b>U15 Women High Jump</b>		<b>B String</b>			
1 N	Elly Donaldson	Crewe&Nantwich AC	13.9			1 N	Aimee Addis	Crewe&Nantwich AC	1.40	G4	<input checked="" type="checkbox"/>
2 E	Robyn Baker	Menai	14.4			2 D	Eleanor Badhams	Deeside	1.35		
3 D	Georgia Bates	Deeside	14.5			3 E	Heledd Mullaly	Menai	1.15		
4 F	Emma Pyatt	Halton&Frodsham AC	14.9			4					
5 T	Lydia Kelly	Manchester H & AC	15.5			5					
6 P	Vicky Lamb	St Helens Sutton AC	16.1			6					
7						7					
8						8					

<b>U15 Women 100m</b>		<b>C Race</b>				<b>U15 Women Shot</b>		<b>A String</b>			
1 D	Rhian Williams	Deeside	14.1			1 N	Katie Matthews	Crewe&Nantwich AC	8.87	G3	<input checked="" type="checkbox"/>
2 N	Katie Matthews	Crewe&Nantwich AC	14.5			2 D	Hayley Nuttall	Deeside	8.73	G3	<input checked="" type="checkbox"/>
3						3 T	Katrina Davies	Manchester H & AC	6.92		
4						4 F	Amy Wright	Halton&Frodsham AC	6.91		
5						5 E	Anest Edwards	Menai	6.54		
6						6 P	Louise Hayes	St Helens Sutton AC	5.17		
7						7					
8						8					

**U15 Women 100m** **D Race**

1	D	Emma Salmon	Deeside	14.4	
2	N	Gemma Valentine	Crewe&Nantwich AC	15.0	
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<u>U15 Women Shot</u>		<u>B String</u>			
1	D	Eleanor Badhams	Deeside	8.39	G4 <input checked="" type="checkbox"/>
2	N	Steph Creighton	Crewe&Nantwich AC	7.76	<input checked="" type="checkbox"/>
3	E	Meg Lloyd	Menai	5.18	
4	F	Emma Scott	Halton&Frodsham AC	5.10	
5	T	Lydia Kelly	Manchester H & AC	4.37	
6					
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<u>U15 Women 1500m</u>		<u>A &amp; B Race</u>				
1	F	Emma Pyatt	Halton&Frodsham AC	5.15.9	<input checked="" type="checkbox"/>	
2	E	Meg Lloyd	Menai	5.43.0		
3	P	Louise Hayes	St Helens Sutton AC	5.51.6		
4	D	Rhian Williams	Deeside	6.02.2		
5	P	Vicky Lamb	St Helens Sutton AC	6.02.5		
6	N	Laura Wardley	Crewe&Nantwich AC	6.21.3		
7	D	Georgia Bates	Deeside	6.31.5		
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15						
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<u>U15 Women 4*100m</u>				Time
1	N	Gemma Valentine	Crewe&Nantwich AC	54.3
		Ely Donaldson	Crewe&Nantwich AC	
		Katie Matthews	Crewe&Nantwich AC	
		Aimee Addis	Crewe&Nantwich AC	
2	D	Georgia Bates	Deeside	55.5
		Eleanor Badhams	Deeside	
		Rhian Williams	Deeside	
		Emma Salmon	Deeside	
3	E	Mared Baker	Menai	57.5
		Robyn Baker	Menai	
		Anest Edwards	Menai	
		Heledd Mulally	Menai	
4				
5				
6				
7				
8				

<u>U15 Women 1500m</u>		<u>C &amp; D Race</u>				
1	D	Hannah Browning	Deeside	6.41.1		
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Pos.	Letter	Name	Club	Time	Grade	AW standard	
<b>U13 Women 100m</b>							
<b>A Race</b>							
1	D	Laura Turley	Deeside	13.6	G1	<input checked="" type="checkbox"/>	
2	F	Martha Cottrell	Halton&Frodsham AC	14.2	G3	<input checked="" type="checkbox"/>	
3	P	Shelby Jack	St Helens Sutton AC	14.4	G4	<input checked="" type="checkbox"/>	
4	N	Alice Simmons	Crewe&Nantwich AC	14.4	G4	<input checked="" type="checkbox"/>	
5	T	Caitlin Whitehead	Manchester H & AC	14.5	G4	<input checked="" type="checkbox"/>	
6	E	Mollie Davies	Menai	16.2			
7							
8							
<b>B Race</b>							
1	P	Bethany Baxter	St Helens Sutton AC	14.1	G3	<input checked="" type="checkbox"/>	
2	F	Jess Wright	Halton&Frodsham AC	14.9			
3	N	Shaunnah Murphy	Crewe&Nantwich AC	15.0			
4	D	Shannah Cole	Deeside	15.3			
5	T	Molly Bogin	Manchester H & AC	15.4			
6							
7							
8							
<b>C Race</b>							
1	N	Abbie Duce	Crewe&Nantwich AC	15.1			
2	T	Charlotte Kelly	Manchester H & AC	15.2			
3	F	Jess Johnson	Halton&Frodsham AC	15.3			
4	D	Beth Jones	Deeside	15.7			
5							
6							
7							
8							
<b>D Race</b>							
1	N	Rebecca Boardman	Crewe&Nantwich AC	15.4			
2	D	Nia Jones	Deeside	15.6			
3	T	Alice Welch	Manchester H & AC	16.2			

Pos.	Letter	Name	Club	Distance	Grade	AW standard	
<b>U13 Women Long Jump</b>							
<b>A String</b>							
1	F	Martha Cottrell	Halton&Frodsham AC	4.42	G1	<input checked="" type="checkbox"/>	
2	D	Laura Turley	Deeside	4.26	G2	<input checked="" type="checkbox"/>	
3	N	Alice Simmons	Crewe&Nantwich AC	3.92	G4	<input checked="" type="checkbox"/>	
4	P	Bethany Baxter	St Helens Sutton AC	3.82	G4	<input checked="" type="checkbox"/>	
5	T	Niamh Carroll	Manchester H & AC	3.72			
6	E	Mollie Davies	Menai	3.07			
7							
8							
<b>B String</b>							
1	F	Jess Wright	Halton&Frodsham AC	3.99	G4	<input checked="" type="checkbox"/>	
2	N	Alex Leigh	Crewe&Nantwich AC	3.87	G4	<input checked="" type="checkbox"/>	
3	D	Nia Jones	Deeside	3.45			
4	P	Shelby Jack	St Helens Sutton AC	3.32			
5	T	Charlotte Kelly	Manchester H & AC	3.29			
6	E	Bronwen Jenkinson	Menai	2.83			
7							
8							
<b>U13 Women Javelin</b>							
<b>A String</b>							
1	N	Shaunnah Murphy	Crewe&Nantwich AC	17.69	G4	<input checked="" type="checkbox"/>	
2	P	Bethany Baxter	St Helens Sutton AC	15.83	G4	<input checked="" type="checkbox"/>	
3	T	Alice Welch	Manchester H & AC	13.61		<input checked="" type="checkbox"/>	
4	F	Ellie Hayes	Halton&Frodsham AC	13.55		<input checked="" type="checkbox"/>	
5	D	Shannah Cole	Deeside	13.53		<input checked="" type="checkbox"/>	
6	E	Mollie Davies	Menai	7.88			
7							
8							
<b>B String</b>							
1	F	Katy Morgan	Halton&Frodsham AC	11.23			
2	N	Katie Lennon	Crewe&Nantwich AC	11.00			



4 F	Emily Ross	Halton&Frodsham AC	16.7	3 D	Laura Turley	Deeside	9.49
5				4 E	Bronwen Jenkinson	Menai	6.95
6				5			
7				6			
8				7			
				8			

U13 Women 800m				A & B Race			
Pos.	Letter	Name	Time	Pos.	Letter	Name	Time
1	F	Jess Wright	2.37.6 G3	1	P	0 St Helens Sutton AC	56.6
2	T	Caitlin Whitehead	2.48.4			0 St Helens Sutton AC	
3	D	Nia Jones	2.51.5			0 St Helens Sutton AC	
4	T	Charlotte Kelly	2.53.1			0 St Helens Sutton AC	
5	N	Katie Lennon	2.53.6	2	N	0 Crewe&Nantwich AC	58.6
6	E	Bronwen Jenkinson	2.54.0			0 Crewe&Nantwich AC	
7	E	Mollie Davies	2.59.4			0 Crewe&Nantwich AC	
8	F	Emily Ross	3.00.4	3	D	Laura Turley	58.9
9	N	Amelia Penn	3.04.9			Shannah Cole	
10	D	Shannah Cole	3.04.9			Beth Jones	
11						Nia Jones	
12				4	F	0 Halton&Frodsham AC	60.0
13						0 Halton&Frodsham AC	
14						0 Halton&Frodsham AC	
15						0 Halton&Frodsham AC	
16				5	T	Molly Bogin	62.2
						Charlotte Kelly	
						Niamh Carroll	
						Caitlin Whitehead	
				6			
				7			
				8			

U13 Women 800m				C & D Race			
Pos.	Letter	Name	Time	Pos.	Letter	Name	Time
1	T	Molly Bogin	2.50.8	1	D	Chloe Hughes	10.9
2	F	Katy Morgan	2.59.1	2	N	Rebecca Simpson	11.3
3	N	Annie Huntbach	2.59.8	3	F	Annabel Kitchen	11.7
4	F	Alice Linton	3.02.8	4	T	Victoria Hughes	11.9
5	N	Alice Dodds	3.09.4	5	P	Alex Bottomley	13.0
6	T	Miamh Carroll	3.13.4	6	E	Luned Williams	13.0
7				7			
8				8			
9							
10							
11							
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14							
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16							

U11 Girls 75m				A Race			
Pos.	Letter	Name	Time	Pos.	Letter	Name	Time
1	D	Neve Evans	11.0	1	D	Chloe Hughes	3.73
2	N	Monique Latham	11.6	2	T	Victoria Hughes	3.63
3	T	Olivia Welch	11.8	3	F	Annabel Kitchen	3.54
4	F	Harriet Tomlinson	12.0	4	N	Monique Latham	3.53
5	P	Isobel Rigby	12.8	5	E	Cari Hughes	3.16
6	E	Tya Riddings	13.1	6			
7				7			
8				8			

U11 Girls 75m				B Race			
Pos.	Letter	Name	Time	Pos.	Letter	Name	Time
1	D	Harriet Tomlinson	3.28	1	F	Jenny Pyatt	15.72
2	D	Charlotte Walters	3.24	2	N	Emily Ashman	13.78
3	N	Rebecca Simpson	3.16	3	T	Katie Renshaw	13.29
4	T	Sian Carroll	2.93	4	E	Cari Hughes	10.97
5	E	Tya Riddings	2.85	5	D	Millie Williams	8.15
6				6	P	Alex Bottomley	7.13
7				7			
8				8			

U11 Girls 75m				C Race			
Pos.	Letter	Name	Time	Pos.	Letter	Name	Time
1	D	Charlotte Walters	11.7	1	F	Jenny Pyatt	15.72
2	N	Eve Nickerson	12.2	2	N	Emily Ashman	13.78
3	F	Georgia Massey	12.6	3	T	Katie Renshaw	13.29
4	T	Katie Cooper	13.6	4	E	Cari Hughes	10.97
5				5	D	Millie Williams	8.15
6				6	P	Alex Bottomley	7.13
7				7			
8				8			

U11 Girls 75m				D Race			
Pos.	Letter	Name	Time	Pos.	Letter	Name	Time
1	N	Ella Barker	11.9	1	N	Eve Nickerson	11.33
2	D	Millia Williams	12.3	2	F	Charlie Hardins	10.23
3	F	Jenny Pyatt	12.8	3	T	Victoria Hughes	9.81
4	T	Stephanie Gooch	13.2	4	D	Tia Williams	7.05
5				5	E	Tya Riddings	6.25
6							

7					6
8					7
					8
<b>U11 Girls 600m</b>				<b>A &amp; B Race</b>	
1	E	Cari Hughes	Menai	1.54.8	
2	N	Rebecca Simpson	Crewe&Nantwich AC	1.55.2	
3	F	Georgia Massey	Halton&Frodsham AC	1.57.0	
4	T	Olivia Welch	Manchester H & AC	2.05.4	
5	T	Katie Renshaw	Manchester H & AC	2.09.9	
6	P	Alex Bottomley	St Helens Sutton AC	2.10.6	
7	D	Chloe Hughes	Deeside	2.12.4	
8	N	Monique Latham	Crewe&Nantwich AC	2.12.9	
9	P	Isobel Rigby	St Helens Sutton AC	2.14.7	
10	D	Charlotte Walters	Deeside	2.16.4	
11	F	Harriet Tomlinson	Halton&Frodsham AC	2.17.9	
12	E	Luned Williams	Menai	2.23.1	
13					
14					
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16					
<b>U11 Girls 600m</b>				<b>C &amp; D Race</b>	
1	F	Annabel Kitchen	Halton&Frodsham AC	2.06.0	
2	D	Millie Williams	Deeside	2.07.8	
3	F	Jenny Pyatt	Halton&Frodsham AC	2.09.8	
4	N	Ella Barker	Crewe&Nantwich AC	2.17.1	
5	D	Neve Evans	Deeside	2.18.0	
6	N	Katie Hughes	Crewe&Nantwich AC	2.19.3	
7	T	Katie Cooper	Manchester H & AC	2.50.0	
8					
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					<b>Time</b>
<b>U11 Girls 4*100m</b>					
1	D	Chloe Hughes	Deeside	61.1	
		Charlotte Walters	Deeside		
		Millie Williams	Deeside		
		Neve Evans	Deeside		
2	N	Ella Barker	Crewe&Nantwich AC	61.5	
		Eve Nickerson	Crewe&Nantwich AC		
		Rebecca Simpson	Crewe&Nantwich AC		
		Monique Latham	Crewe&Nantwich AC		
3	T	Katie Cooper	Manchester H & AC	64.0	
		Sian Carroll	Manchester H & AC		
		Victoria Hughes	Manchester H & AC		
		Olivia Welch	Manchester H & AC		
4	F		0 Halton&Frodsham AC	64.3	
			0 Halton&Frodsham AC		
			0 Halton&Frodsham AC		
			0 Halton&Frodsham AC		
5					
6					
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8					