

Manchester & District Cross Country League

at Heaton Park, Manchester on Saturday 25th October 2008

Senior Men — PROVISIONAL RESULTS (\$=non-counter)

Pos	Name	Cat/Pos	Club	Time					
1	Steve Vernon		Stockport Harriers & Ac	32:57	85	Trevor Morris	V45 10	Wilmslow Running Club	41:29
2	Matthew Barnes		Altrincham & District Ac	33:35	86	Jason Bowers		Sale Harriers Manchester	41:32
3	Alex O'Gorman		Trafford Athletic Club	33:40	87	Jame Corden		Stockport Harriers & Ac	41:38
4	Tom Minshull		Trafford Athletic Club	34:29	88	Steve Dempsey	V45 11	Wilmslow Running Club	41:41
5	Garry Bristow		Trafford Athletic Club	34:33	89	Jim Crehan	V50 4	St Helens Sutton Ac	41:44
6	Steffan North		Sale Harriers Manchester	34:57	90	David Livingstone		Altrincham & District Ac	41:45
7	James Kovacs		Salford Harriers	35:10	91	Adam Gooch	JM 4	Manchester Harriers & Ac	41:47
8	Nick Leigh		Altrincham & District Ac	35:17	92	Tom Priestley		Manchester Harriers & Ac	41:48
9	Ian Salisbury		Trafford Athletic Club	35:40	93	Simon Grundy	V40 18	E Cheshire H & Tameside Ac	41:51
10	Andrew Nixon		Stockport Harriers & Ac	35:50	94	Andy Fitzpatrick	V50 5	Manchester Harriers & Ac	41:53
11	Jamie Loxam		Stockport Harriers & Ac	36:01	95	Peter Johnson	V40 19	St Helens Sutton Ac	41:57
12	\$Dave Milliken	V40 1	Horwich R M I Harriers	36:18	96	Roger Parris	V50 6	Swinton Running Club	41:58
13	Michael Cooke		Stockport Harriers & Ac	36:23	97	Rick Smith	V55 3	E Cheshire H & Tameside Ac	42:03
14	James Bailey		Sale Harriers Manchester	36:30	98	Louis Humphries	JM 5	West Cheshire Athletic Club	42:07
15	Malcolm Fowler	V45 1	Wilmslow Running Club	36:40	99	Mark Evans	V45 12	Trafford Athletic Club	42:08
16	William Crowther	V40 2	Altrincham & District Ac	36:45	100	Steven Worthington		Mantriathlon	42:09
17	Rob Hughes		Salford Harriers	36:51	101	Dave Telford	V60 1	Altrincham & District Ac	42:10
18	Rob Nichol		Altrincham & District Ac	37:02	102	Kevin Garner	V40 20	Stockport Harriers & Ac	42:14
19	Michael Hunt		Trafford Athletic Club	37:06	103	Eddie Gilligan	V45 13	Manchester Ymca Harriers	42:15
20	Alec Beaney	JM 1	West Cheshire Athletic Club	37:07	104	Paul Connolly		Salford Metropolitan Ac	42:16
21	\$Ken Chapman		Unattached	37:08	105	\$Tom Partington	JM 6	Unattached	42:17
22	Jim Pendrill		Wilmslow Running Club	37:09	106	Kilmartinmichael		Sale Harriers Manchester	42:18
23	Alex Young		Trafford Athletic Club	37:11	107	Paul Knowles	V45 14	Altrincham & District Ac	42:19
24	Nigel Malkin		Sale Harriers Manchester	37:14	108	Steve Tate	V45 15	St Helens Sutton Ac	42:23
25	Andrew Lamont		Macclesfield Harriers & Ac	37:20	109	Dominic Scott		Altrincham & District Ac	42:24
26	Gareth Turner		Manchester Harriers & Ac	37:23	110	Chris Bentley		Macclesfield Harriers & Ac	42:25
27	Dave Lockett	V40 3	Salford Harriers	37:37	111	Steve Doxey	V45 16	Swinton Running Club	42:26
28	Rob Downs	V40 4	Wilmslow Running Club	37:58	112	Mike Holden	JM 7	Manchester Harriers & Ac	42:27
29	Joe Bailey		Salford Harriers	38:19	113	Raph Murray	V50 7	Macclesfield Harriers & Ac	42:28
30	Anthony Connally		E Cheshire H & Tameside Ac	38:27	114	Alan Carroll	V60 2	E Cheshire H & Tameside Ac	42:29
31	Andrew Whittingham		Altrincham & District Ac	38:27	115	David Ainsworth	V45 17	Altrincham & District Ac	42:30
32	Rob Lewtas		Manchester Ymca Harriers	38:32	116	Dave Keeling	V45 18	Trafford Athletic Club	42:31
33	Tom McGaff	V50 1	Wilmslow Running Club	38:34	117	Paul Rowley		Sale Harriers Manchester	42:32
34	Graham Hogg		Trafford Athletic Club	38:38	118	Philip Holmes	V50 8	Manchester Harriers & Ac	42:36
35	Richard Watson		Sale Harriers Manchester	38:44	119	Paul Carrier		St Helens Sutton Ac	42:37
36	Alun Sayce		Manchester Harriers & Ac	38:51	120	???		???	42:38
37	Tim Annable	V40 5	Vale Royal Ac	38:52	121	???		???	42:41
38	Tommy Sheldrick		Manchester Harriers & Ac	38:57	122	James Corrigan		Belle Vue Racers	42:42
39	Gavin Browne		E Cheshire H & Tameside Ac	38:58	123	Mike Cooper	V45 19	Wilmslow Running Club	42:43
40	Mark Roberts		Mantriathlon	39:01	124	Philip Garside	V55 4	Swinton Running Club	42:44
41	Richard Byers	V40 6	Trafford Athletic Club	39:08	125	Francis Day	V55 5	E Cheshire H & Tameside Ac	42:49
42	Jonathon Walsh		Stockport Harriers & Ac	39:11	126	Paul Dalton	V40 21	E Cheshire H & Tameside Ac	42:53
43	Phil Pennall		Manchester Ymca Harriers	39:14	127	Duncan Drasdo	V40 22	Trafford Athletic Club	42:54
44	Niall Gould	JM 2	E Cheshire H & Tameside Ac	39:18	128	Tony Flanagan	V40 23	Swinton Running Club	43:00
45	Andrew Clague	V40 7	West Cheshire Athletic Club	39:22	129	Sean Whewell	V40 24	Stockport Harriers & Ac	43:02
46	Robert Whittaker		Sale Harriers Manchester	39:42	130	Barry Blyth	V60 3	Macclesfield Harriers & Ac	43:03
47	Tom Grundy		Macclesfield Harriers & Ac	39:45	131	Dave KukBooth	V40 25	Trafford Athletic Club	43:05
48	Bradley Murphy		Mantriathlon	39:46	132	Mark Bale		Wilmslow Running Club	43:13
49	Liam Bartlett		Manchester Harriers & Ac	39:50	133	Gary Wilcock	V45 20	Manchester Ymca Harriers	43:19
50	Paul Birkett	V40 8	Salford Harriers	39:52	134	Sam Scott		Manchester Harriers & Ac	43:27
51	Ross Wilson		Macclesfield Harriers & Ac	39:56	135	Kevin TRA Bryden		Stockport Harriers & Ac	43:32
52	Richard Marlon	V40 9	Stockport Harriers & Ac	39:57	136	Michael Hibbert	V40 26	Manchester Harriers & Ac	43:33
53	Daniel McParland		Mantriathlon	40:00	137	David Jury		Trafford Athletic Club	43:38
54	Tim Johns	V40 10	Mantriathlon	40:02	138	Robert Wilson	V40 27	Mantriathlon	43:38
55	Nick Burke	V40 11	Altrincham & District Ac	40:03	139	Andrew Mooney		Sale Harriers Manchester	43:40
56	Len Best	V55 1	Stockport Harriers & Ac	40:04	140	Tim Hargreaves	V50 9	Stockport Harriers & Ac	43:41
57	Graham Miles	V40 12	Vale Royal Ac	40:06	141	Pat Byrne	V45 21	Middleton Harriers Ac	43:47
58	Dave Garner	V40 13	Manchester Ymca Harriers	40:10	142	Graham Bell		Manchester University	43:49
59	Dean Makin		Stockport Harriers & Ac	40:11	143	Matthew Wade		Manchester Ymca Harriers	43:51
60	Jonathan Dabbs		Mantriathlon	40:12	144	Phil Stanley		Manchester Ymca Harriers	43:53
61	Peter Wood	V55 2	Middleton Harriers Ac	40:13	145	Derek Hughes	V45 22	E Cheshire H & Tameside Ac	43:55
62	Marcus Gregory		E Cheshire H & Tameside Ac	40:18	146	Bill Fox	V50 10	Sale Harriers Manchester	43:59
63	Daniel Ansell		Trafford Athletic Club	40:23	147	Rob Harper		Mantriathlon	44:00
64	Ian White	V45 2	St Helens Sutton Ac	40:25	148	John Bowker	V40 28	E Cheshire H & Tameside Ac	44:02
65	Dominic Partridge	JM 3	Stockport Harriers & Ac	40:30	149	Dougie Miller		Stockport Harriers & Ac	44:03
66	Vinny Booth	V45 3	Trafford Athletic Club	40:31	150	Ian Ireland	V40 29	Middleton Harriers Ac	44:13
67	David Heath	V40 14	Crewe&nantwich	40:32	151	Elton Davies		Sale Harriers Manchester	44:15
68	David Henshaw		Manchester Harriers & Ac	40:39	152	Denis Wharton	V50 11	St Helens Sutton Ac	44:21
69	Gary Matthews	V45 4	E Cheshire H & Tameside Ac	40:48	153	Graham Harrison	V45 23	Altrincham & District Ac	44:22
70	Adrian Nutter		Stockport Harriers & Ac	40:50	154	John Reilly	V55 6	Middleton Harriers Ac	44:24
71	Ray Eagle	V50 2	Wilmslow Running Club	40:51	155	Gareth Woodcock		Trafford Athletic Club	44:25
72	Simon Ellis	V40 15	West Cheshire Athletic Club	40:58	156	Graham Marslanm	V40 30	Stockport Harriers & Ac	44:26
73	Dave Rudd	V45 5	Altrincham & District Ac	40:59	157	Chris Lomax	V40 31	Swinton Running Club	44:30
74	Rob Sloane		Manchester Harriers & Ac	41:02	158	Lee Woods		Sale Harriers Manchester	44:31
75	Steven Robinson	V45 6	E Cheshire H & Tameside Ac	41:03	159	Lee Whitley		Sale Harriers Manchester	44:37
76	Dennis Duret	V40 16	West Cheshire Athletic Club	41:06	160	Paul Kenny	V45 24	E Cheshire H & Tameside Ac	44:39
77	Andrew Kay		Salford Harriers	41:09	161	Patrick Flynn		Mantriathlon	44:43
78	Andy Yates	V50 3	Sale Harriers Manchester	41:11	162	Dave Haines		Vale Royal Ac	44:49
79	Rob Marsh		St Helens Sutton Ac	41:13	163	Frank Cordingley	V45 25	Sale Harriers Manchester	44:54
80	Mark Norton		Altrincham & District Ac	41:14	164	Richard Thomas	V45 26	Macclesfield Harriers & Ac	44:55
81	Mike Hutchinson	V40 17	Trafford Athletic Club	41:15	165	Tim Edwards	V40 32	Stockport Harriers & Ac	44:59
82	Maurice Collins	V45 7	St Helens Sutton Ac	41:25	166	Gareth Trimble		Wilmslow Running Club	45:03
83	Dave Gough	V45 8	Vale Royal Ac	41:26	167	Sean Cordell	V40 33	Salford Harriers	45:05
84	John Mooney	V45 9	Macclesfield Harriers & Ac	41:27	168	Peter Nixon	V45 27	Stockport Harriers & Ac	45:06
					169	Mike Nolan	V50 12	Manchester Harriers & Ac	45:07

Results Service by G.J. Fecitt (SportSoft) Tel & Fax 01204 884887, Email: graham@race-results.co.uk
 Internet: <http://www.race-results.co.uk> -- full results will be available for downloading tonight

170	Gavin Mendham	V55 7	Wilmslow Running Club	45:12	218	Fechin McCormick	V55 10	Sale Harriers Manchester	49:40
171	Richard Pavay	V40 34	Altrincham & District Ac	45:19	219	Neil Murphy	V45 35	Macclesfield Harriers & Ac	49:46
172	Dave Carrington	V50 13	Altrincham & District Ac	45:23	220	\$Daren Riley	V45 36	Unattached	49:50
173	Ian Hayburn	V40 35	St Helens Sutton Ac	45:25	221	Daniel Bamber		E Cheshire H & Tameside Ac	49:57
174	Rob Jowett		Sale Harriers Manchester	45:29	222	Jack Carney	V50 18	Salford Metropolitan Ac	50:05
175	Andy Watts	V55 8	Wilmslow Running Club	45:30	223	David Okopochini	V40 43	Belle Vue Racers	50:22
176	Jonathan Sacks		Salford Harriers	45:33	224	Andy Chalmers	V45 37	Mantriathlon	50:23
177	Shane Wolstencroft		Salford Metropolitan Ac	45:35	225	Ged Carney	V45 38	Belle Vue Racers	50:35
178	Andrew Cole	V40 36	E Cheshire H & Tameside Ac	45:37	226	Chris Jones	V45 39	Salford Harriers	50:42
179	Matt Merson		E Cheshire H & Tameside Ac	45:38	227	Anthony Ward	V45 40	Stockport Harriers & Ac	50:58
180	Jeff Norman	V60 4	Altrincham & District Ac	45:39	228	Miran Arahamian	V55 11	Sale Harriers Manchester	51:06
181	Mike Jones	V50 14	Altrincham & District Ac	45:42	229	Alan Garvey	V50 19	Middleton Harriers Ac	51:13
182	Timothy Rainey	V40 37	Sale Harriers Manchester	45:48	230	Brian Armstrong	V40 44	Salford Metropolitan Ac	51:18
183	(No. 698)		Unattached	45:50	231	Andrew Evans	V45 41	Salford Metropolitan Ac	51:26
184	Rob Bell		Mantriathlon	45:50	232	Alan Webster	V45 42	Macclesfield Harriers & Ac	51:35
185	Liam Browne		E Cheshire H & Tameside Ac	45:57	233	Jon Paramor	V55 12	Manchester Ymca Harriers	51:57
186	Michael Simons		Manchester Ymca Harriers	46:00	234	Ian Ashcroft	V60 5	Wilmslow Running Club	52:05
187	Chris Levy		St Helens Sutton Ac	46:05	235	Roland Bowness	V60 6	Salford Harriers	52:16
188	Steve Matkin	V45 28	Stockport Harriers & Ac	46:06	236	Brian Eyre		Salford Metropolitan Ac	52:20
189	Andy Quicke		Mantriathlon	46:30	237	Martin McGann	V60 7	E Cheshire H & Tameside Ac	52:25
190	Paul Skipper		Mantriathlon	46:35	238	Howard Bamber	V50 20	E Cheshire H & Tameside Ac	52:46
191	Paul Collins	V50 15	Middleton Harriers Ac	46:48	239	Tom Dutton	V65 1	Manchester Ymca Harriers	52:58
192	Richard Waring	V40 38	Swinton Running Club	46:55	240	Barry Guy	V55 13	Belle Vue Racers	53:05
193	Paul Rutherford	V40 39	Swinton Running Club	47:00	241	Bob Towell	V65 2	Salford Harriers	53:21
194	(No. 447)		Stockport Harriers & Ac	47:00	242	Dave Wood	V45 43	Manchester Harriers & Ac	53:32
195	Ed Grover		Manchester Harriers & Ac	47:10	243	David Shoesmith	V55 14	Macclesfield Harriers & Ac	53:36
196	Bobby Jones		Belle Vue Racers	47:15	244	Mark Hulme	V50 21	Salford Metropolitan Ac	53:41
197	John Battersby	V50 16	Sale Harriers Manchester	47:29	245	Bob Horrocks	V60 8	Middleton Harriers Ac	54:05
198	Tony Cheung		Manchester Harriers & Ac	47:31	246	Bryan Gane	V70 1	Sale Harriers Manchester	54:15
199	Ben Sumner		Trafford Athletic Club	47:34	247	Barry Gould	V60 9	E Cheshire H & Tameside Ac	54:46
200	Alan Kennedy	V45 29	E Cheshire H & Tameside Ac	47:36	248	John Pickup	V45 44	Swinton Running Club	55:00
201	Joe Smith	JM 8	Salford Harriers	47:39	249	Alan Williams	V45 45	Altrincham & District Ac	55:08
202	Mark Wallwork	V45 30	Salford Metropolitan Ac	47:46	250	Shaun McGee	V40 45	Sale Harriers Manchester	55:33
203	Gary Coxson	V50 17	E Cheshire H & Tameside Ac	47:47	251	Daniel Harle		Macclesfield Harriers & Ac	55:55
204	Robin Beaumont	V40 40	Trafford Athletic Club	47:48	252	Colin Timpson	V60 10	E Cheshire H & Tameside Ac	56:14
205	Hugh Morris	V45 31	Stockport Harriers & Ac	47:52	253	Steve Russell	V50 22	West Cheshire Athletic Club	56:59
206	Chris Holden		Macclesfield Harriers & Ac	47:53	254	Adrian Bocock	V45 46	Middleton Harriers Ac	57:09
207	Alan Littler	JM 9	West Cheshire Athletic Club	47:54	255	James Lambe	V45 47	Sale Harriers Manchester	57:13
208	Phil Jacques	V40 41	E Cheshire H & Tameside Ac	47:57	256	Michael Buck	V60 11	Middleton Harriers Ac	57:16
209	Geoff Gilbert	V55 9	Wilmslow Running Club	48:05	257	Paul Jordon	V40 46	Middleton Harriers Ac	58:39
210	Nigel Oldham		Manchester Ymca Harriers	48:48	258	Trevor Faulkner	V65 3	Wilmslow Running Club	58:45
211	Tony Faulkner		E Cheshire H & Tameside Ac	48:49	259	Ian Manners	V40 47	Manchester Ymca Harriers	1:00:37
212	Roger Carter	V45 32	Manchester Ymca Harriers	48:53	260	Robert Taylor	V55 15	Stockport Harriers & Ac	1:02:48
213	Mark Wheelton	V45 33	Macclesfield Harriers & Ac	48:58	261	Andy Smith		Swinton Running Club	1:05:40
214	Ian Welsh	V45 34	Mantriathlon	49:09	262	\$Richard Scarsbrook	V45 48	FRA	1:06:02
215	Philip D'netto	V40 42	Belle Vue Racers	49:13	263	Michael Appleyard		Sale Harriers Manchester	1:06:06
216	Tony Sarno		Manchester Harriers & Ac	49:15	264	Warren Bowden	V40 48	Sale Harriers Manchester	1:06:06
217	Stuart Mairs		Salford Metropolitan Ac	49:16					

Senior Men — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Trafford Athletic Club	60	—	3	Alex O'Gorman	4	Tom Minshull	5	Garry Bristow	9	Ian Salisbury	18	Michael Hunt	21	Alex Young
2	Stockport Harriers & Ac	124	—	1	Steve Vernon	10	Andrew Nixon	11	Jamie Loxam	12	Michael Cooke	40	Jonathon Walsh	50	Richard Marlton
3	Altrincham & District Ac	124	—	2	Matthew Barnes	8	Nick Leigh	15	William Crowther	17	Rob Nichol	29	Andrew Whittingham	53	Nick Burke
4	Sale Harriers Manchester	194	—	6	Steffan North	13	James Bailey	22	Nigel Malkin	33	Richard Watson	44	Robert Whittaker	76	Andy Yates
5	Salford Harriers	198	—	7	James Kovacs	16	Rob Hughes	25	Dave Lockett	27	Joe Bailey	48	Paul Birkett	75	Andrew Kay
6	Wilmslow Running Club	243	—	14	Malcolm Fowler	20	Jim Pendrill	26	Rob Downs	31	Tom McGaff	69	Ray Eagle	83	Trevor Morris
7	Manchester Harriers & Ac	279	—	24	Gareth Turner	34	Alun Sayce	36	Tommy Sheldrick	47	Liam Bartlett	66	David Henshaw	72	Rob Sloane
8	E Cheshire H & Tameside Ac	307	—	28	Anthony Connolly	37	Gavin Browne	42	Niall Gould	60	Marcus Gregory	67	Gary Matthews	73	Steven Robinson
9	Mantriathlon	343	—	38	Mark Roberts	46	Bradley Murphy	51	Daniel McParland	52	Tim Johns	58	Jonathan Dabbs	98	Steven Worthington
10	Macclesfield Harriers & Ac	416	—	23	Andrew Lamont	45	Tom Grundy	49	Ross Wilson	82	John Mooney	107	Chris Bentley	110	Raph Murray
11	Manchester Ymca Harriers	494	—	30	Rob Lewtas	41	Phil Pennall	56	Dave Garner	101	Eddie Gilligan	128	Gary Wilcock	138	Matthew Wade
12	West Cheshire Athletic Club	503	—	19	Alec Beaney	43	Andrew Clague	70	Simon Ellis	74	Dennis Duret	96	Louis Humphries	201	Alan Littler
13	St Helens Sutton Ac	504	—	62	Ian White	77	Rob Marsh	80	Maurice Collins	87	Jim Crehan	93	Peter Johnson	105	Steve Tate
14	Swinton Running Club	782	—	94	Roger Parris	108	Steve Doxey	119	Philip Garside	123	Tony Flanagan	152	Chris Lomax	186	Richard Waring
15	Middleton Harriers Ac	896	—	59	Peter Wood	136	Pat Byrne	145	Ian Ireland	149	John Reilly	185	Paul Collins	222	Alan Garvey
16	Salford Metropolitan Ac	1119	—	102	Paul Connolly	172	Shane Wolstencroft	196	Mark Wallwork	211	Stuart Mairs	215	Jack Carney	223	Brian Armstrong
17	Belle Vue Racers	1183	—	117	James Corrigan	190	Bobby Jones	209	Philip D'netto	216	David Okopochini	218	Ged Carney	233	Barry Guy

NOTE Vet Teams will be updated shortly

Manchester & District Cross Country League at Heaton Park, Manchester on Saturday 25th October 2008

Senior Men - Junior — PROVISIONAL RESULTS (\$=non-counter)

Pos	Name	Club	Time
1	MichaelCooke	Stockport Harriers & Ac	36:23
2	Rob Nichol	Altrincham & District Ac	37:02
3	Alex Young	Trafford Athletic Club	37:11
4	NigelMalkin	Sale Harriers Manchester	37:14
5	Graham Hogg	Trafford Athletic Club	38:38
6	Tom Grundy	Macclesfield Harriers & Ac	39:45
7	Liam Bartlett	Manchester Harriers & Ac	39:50
8	DeanMakin	Stockport Harriers & Ac	40:11
9	DominicScott	Altrincham & District Ac	42:24
10	Lee Whitley	Sale Harriers Manchester	44:37
11	Rob Jowett	Sale Harriers Manchester	45:29

Senior Men - Junior — TEAM RESULTS

No complete teams