

**TRAFFORD AC - GRAND PRIX MEET:****MONDAY 06-May-08****70M Hurdles Heat 1**

1	202	Lindsay O'Brien	U13	F	Blackpool, Wyre & Fylde AC	13.2
2	131	Georgia Pickles	U13	F	Crewe and Nantwich AC	13.4
3	185	Gemma Valentine	U13	F	Crewe and Nantwich AC	13.4
4	102	Georgia Hollins	U13	F	Cannock & Staffs AC	15.7

**75M Hurdles Heat 2**

1	263	Beth Towers	U15	F	Blackpool, Wyre & Fylde AC	12.4
2	162	Lisa James	U15	F	Crewe and Nantwich AC	13.6
3	138	Lauren Cunliffe	U15	F	East Cheshire Harriers & Tameside AC	13.7
4	264	Lauren Blain	U15	F	Stockport Harriers & AC	14.7

**75M Hurdles Heat 3**

1	188	Victoria Anderson	U15	F	Vale Royal AC	12.6
2	151	Tamara Stafford	U15	F	Crewe and Nantwich AC	13.7
3	158	Lydia Smith	U15	F	Altrincham & District AC	16.4

**75M Hurdles Heat 4**

1	243	William Lockhart	U13	M	Blackpool, Wyre & Fylde AC	14.7
2	114	Simon Birch	U13	M	Stockport Harriers & AC	17.5
3	115	Rowan Birch	U13	M	Stockport Harriers & AC	19.6

**80M Hurdles Heat 5**

1	127	Sophie Bowden	U17	F	Sale Harriers Manchester,	13.3
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**100M Hurdles Heat 6**

1	206	Ben Lawton	U15	M	Stockport Harriers & AC	12.2
2	165	Ben Walker	U15	M	East Cheshire Harriers & Tameside AC	12.4
3	265	Jonathon Regan	U15	M	Stockport Harriers & AC	12.7
4	111	Curtis Cresswell	U15	M	Tamworth	12.9
5	189	Suhail Chaudry	U15	M	Stockport Harriers & AC	13.2
6	257	Steven Derbyshire	U15	M	Warrington AC	13.6

**75M Heat 1**

1	199	Sam Allan	U13	M	Bingley Harriers & AC	10.6
2	117	Kane Densley	U13	M	Tamworth	10.8
3	101	Noah Saunders	U13	M	Horwich R M I Harriers & AC	11.2
4	281	Charlie Johnson	U13	M	Manchester Harriers & AC	11.2

**75M Heat 2**

1	209	Clark Seeds	U13	M	Stockport Harriers & AC	10.5
2	230	James Bartley	U13	M	Stockport Harriers & AC	11.4
3	129	Arron Timperley	U13	M	Trafford AC	13.3

**75M Heat 3**

1	226	Hannah Carlin	U13	F	Vale Royal AC	9.9
2	108	Alysha Porter	U13	F	Salford Metropolitan AC	10.2
3	102	Georgia Hollins	U13	F	Cannock & Staffs AC	11.2
4	233	Carla Edwards	U13	F	Stockport Harriers & AC	11.6
5	252	Danielle Goddard	U13	F	Unattached	12.2
6	178	Francesca Paolo	U13	F	Stockport Harriers & AC	12.4

**75M Heat 4**

1	141	Jack Shelby	U13	F	St. Helens Sutton AC	10.9
2	123	Olivia Wild	U13	F	Stockport Harriers & AC	10.9
3	131	Georgia Pickles	U13	F	Crewe and Nantwich AC	11.4
4	124	Katie Zelem	U13	F	East Cheshire Harriers & Tameside AC	11.6

5	267	Aimme Aikin	U13	F	Stockport Harriers & AC	11.6
6	180	Hayley Simpson	U13	F	East Cheshire Harriers & Tameside AC	12.0

#### **75M Heat 5**

1	103	Adele Nicoll	U13	F	Oswestry Olympians	10.4
2	149	Aylish MacKenzie	U13	F	Liverpool Harriers & AC	10.8
3	217	Taegan O'Hara	U13	F	Blackpool, Wyre & Fylde AC	10.8
4	126	Zoe Lynch	U13	F	Lancaster & Morecambe AC	11.8
5	240	Stephanie Jones	U13	F	Wrexham AC	12.0
6	216	Olivia Walker	U13	F	Wakefield District Harriers & AC	12.3

#### **75M Heat 6**

1	121	Ben Sutcliffe	U11	M	Halton & Frodsham Harriers	11.0
2	154	Jake Whittle	U11	M	Wigan & District Harriers & AC	11.9
3	183	Colijn Daly	U11	M	Trafford AC	12.5
4	208	Connor Borthwick	U11	M	Wigan & District Harriers & AC	12.6
5	186	Harry Valentine	U11	M	Crewe and Nantwich AC	12.6

#### **75M Heat 7**

1	280	Joe Dines	U11	M	Macclesfield Harriers & AC	11.3
2	205	Peter Gradwell	U11	M	Leigh Harriers & AC	11.5
3	190	Jakob Fowles	U11	M	Leigh Harriers & AC	11.8
4	104	Louis Cater	U11	M	Wigan & District Harriers & AC	12.1
5	125	Jordan Lynch	U11	M	Lancaster & Morecambe AC	13.2

#### **75M Heat 8**

1	270	Jonathon Bisson	U11	M	-	11.9
2	174	Christopher White	U11	M	Newcastle (Staffs) AC	11.9
3	184	Dean Valentine	U11	M	Crewe and Nantwich AC	13.2
4	100	Jonah Saunders	U11	M	Horwich R M I Harriers & AC	13.5
5	279	Corey Mottershead	U11	M	St. Saviours	15.5

#### **75M Heat 9**

1	224	Nile Evans	U11	M	Trafford AC	11.0
2	210	Jake Broughton	U11	M	Blackburn Harriers & AC	11.5
3	241	Jordan Jones	U11	M	Wrexham AC	12.5
4	130	Luke Pickles	U11	M	Crewe and Nantwich AC	12.9
5	128	Callum McHale	U11	M	Trafford AC	13.3

#### **75M Heat 10**

1	253	Alistair Crossdale	U11	M	Sale Harriers Manchester,	10.8
2	172	Jamal Crawford	U11	M	Sale Harriers Manchester,	11.0
3	198	Jacob Yakiah	U11	M	Salford Metropolitan AC	11.0
4	246	Joshua Wiseman	U11	M	Salford Metropolitan AC	12.8
5	145	Jordan Bezzina	U11	M	St. Francis School	13.0

#### **75M Heat 11**

1	179	J'Nae Ward	U11	F	Trafford AC	11.3
2	242	Ashton Greenwood	U11	F	Spennorth & District AC	11.5
3	255	Ese-Oghene Osiuw	U11	F	Trafford AC	11.8
4	163	Bethan Heath	U11	F	Crewe and Nantwich AC	12.1
5	232	Hannah O'Malley	U11	F	Leigh Harriers & AC	13.0
6	261	India Butler	U11	F	Oldham & Royton Harriers & AC	14.3

#### **75M Heat 12**

1	137	Neve Evans	U11	F	Wrexham AC	11.4
2	157	Beth Jones	U11	F	Wrexham AC	11.8
3	166	Bethany Pearson	U11	F	East Cheshire Harriers & Tameside AC	12.1

4	293	Ciara Lyon	U11	F	Trafford AC	12.7
5	228	Lauren McKenzie	U11	F	Trafford AC	13.7
6	229	Laura King	U11	F	Trafford AC	14.9

#### **75M Heat 13**

1	287	Lucy Donaghy	U11	F	Manchester Harriers & AC	11.7
2	234	Rebecca Kennedy	U11	F	East Cheshire Harriers & Tameside AC	12.0
3	150	Katie Chesters	U11	F	Crewe and Nantwich AC	12.2
4	248	Charley Bowers	U11	F	Leigh Harriers & AC	12.5
5	275	Toni Lammond	U11	F	St. Saviours	13.3

#### **75M Heat 14**

1	282	Molly Bogin	U11	F	Manchester Harriers & AC	11.8
2	119	Shaunna Devine	U11	F	Leigh Harriers & AC	12.2
3	227	Hollie Barnes	U11	F	Salford Metropolitan AC	12.4
4	260	Georgia Butler	U11	F	Oldham & Royton Harriers & AC	12.7
5	268	Katie Huane	U11	F	Stockport Harriers & AC	12.9

#### **75M Heat 15**

1	134	Annabel Dowd	U11	F	Salford Metropolitan AC	11.7
2	191	Hannah Young	U11	F	Wigan & District Harriers & AC	11.8
3	244	Fiona Lockhart	U11	F	Blackpool, Wyre & Fylde AC	12.1
4	160	Jessica Powell	U11	F	Salford Metropolitan AC	12.2
5	285	Gabrielle Kelly	U11	F	Manchester Harriers & AC	12.4

#### **75M Heat 16**

1	110	Georgina Cresswell	U11	F	Tamworth	11.5
2	117	Kane Densley	U13	M	Tamworth	12.7
3	245	Gabrielle Wiseman	U11	F	Salford Metropolitan AC	13.9
4	164	Cerys Baines	U11	F	Leigh Harriers & AC	14.8

#### **100M Heat 1**

1	206	Ben Lawton	U15	M	Stockport Harriers & AC	12.2
2	165	Ben Walker	U15	M	East Cheshire Harriers & Tameside AC	12.4
3	265	Jonathon Regan	U15	M	Stockport Harriers & AC	12.7
4	111	Curtis Cresswell	U15	M	Tamworth	12.9
5	189	Suhail Chaudry	U15	M	Stockport Harriers & AC	13.2
6	257	Steven Derbyshire	U15	M	Warrington AC	13.6

#### **100M Heat 2**

1	118	Luke Hutchins	U15	M	East Cheshire Harriers & Tameside AC	12.2
2	215	Rory Walker	U15	M	Wakefield District Harriers & AC	13.7
3	143	Dillon Bezzina	U15	M	Sale Harriers Manchester,	14.1
4	159	Adam Jamson	U15	M	Leigh Harriers & AC	14.2
5	142	Darryl Bezzina	U15	M	St. Peters School	14.7

#### **100M Heat 3**

1	182	Stephen Yates	U15	M	Manchester Harriers & AC	13.2
2	218	Ryan Davies	U15	M	Warrington AC	14.2
3	259	Robert Lockhart	U15	M	Blackpool, Wyre & Fylde AC	15.2

#### **100M Heat 4**

1	105	Elin Jones	U13	F	Colwyn Bay AC	13.4
2	263	Beth Towers	U15	F	Blackpool, Wyre & Fylde AC	13.5
3	256	Kassidy Knight	U15	F	Blackpool, Wyre & Fylde AC	13.8
4	109	Liane Bibby	U15	F	St. Helens Sutton AC	13.9
5	283	Eleanor Cresswell	U15	F	Crewe and Nantwich AC	14.0
6	188	Victoria Anderson	U15	F	Vale Royal AC	15.0

**100M Heat 5**

1	196	Heidi Hopwood	U15	F	East Cheshire Harriers & Tameside AC	13.5
2	120	Bethany Sharp	U15	F	Wakefield District Harriers & AC	13.6
3	147	Narelle Stafford	U15	F	Crewe and Nantwich AC	14.2
4	152	Elly Donaldson	U15	F	Crewe and Nantwich AC	14.2
5	194	Gabriella Guarnieri	U15	F	East Cheshire Harriers & Tameside AC	14.6

**100M Heat 6**

1	271	Sidonie Brough	U15	F	Manchester Harriers & AC	13.5
2	120	Bethany Sharp	U15	F	Wakefield District Harriers & AC	13.6
3	147	Narelle Stafford	U15	F	Crewe and Nantwich AC	14.2
4	152	Elly Donaldson	U15	F	Crewe and Nantwich AC	14.2
5	194	Gabriella Guarnieri	U15	F	East Cheshire Harriers & Tameside AC	14.6

**400M Heat 1**

1	284	Sam Dykes	U15	M	Warrington AC	54.0
2	292	Fin hayes	U15	M	East Cheshire Harriers & Tameside AC	61.3
3	142	Darryl Bezzina	U15	M	St. Peters School	68.0

**800M Heat 1**

1	297	Max Kaye	U15	M	Holmfirth Harriers AC	2.12.3
2	286	Jonathon Doull	U15	M	Matlock AC	2.13.4
3	257	Steven Derbyshire	U15	M	Warrington AC	2.23.0
4	237	Adam Howarth	U15	M	Leigh Harriers & AC	2.25.4
5	143	Dillon Bezzina	U15	M	Sale Harriers Manchester,	2.32.2
6	144	Ryan Jones	U15	M	St. Peters School	2.41.1

**800M Heat 2**

1	192	Katie Reynolds	U15	F	East Cheshire Harriers & Tameside AC	2.19.9
2	193	Vicky Newell	U15	F	East Cheshire Harriers & Tameside AC	2.27.0
3	344	Natalie Davies	U15	F	East Cheshire Harriers & Tameside AC	2.27.5
4	288	Emily Legg	U15	F	Wetherby Runners AC	2.27.6
5	262	Holly Broughton	U15	F	Blackburn Harriers & AC	2.27.9
6	120	Bethany Sharp	U15	F	Wakefield District Harriers & AC	2.34.2
7	296	Lucy Hayes	U15	F	City of Stoke AC	2.35.3
8	132	Chloe-May Glewis	U15	F	Salford Metropolitan AC	2.38.8
9	203	Jessie Lee	U15	F	Vale Royal AC	2.39.8
10	133	Beccie Parry	U15	F	Salford Metropolitan AC	2.40.1
11	231	Lauren O'Malley	U15	F	Leigh Harriers & AC	2.41.2

**600M Heat 1**

1	136	Mark Ridgard	U13	M	East Cheshire Harriers & Tameside AC	1.46.8
2	212	Daniel Lawton	U13	M	Stockport Harriers & AC	1.48.1
3	176	Neng Wildman	U13	M	Pendle AC	1.48.4
4	281	Charlie Johnson	U13	M	Manchester Harriers & AC	1.48.9
5	221	Khaled Absiyeh	U13	M	Unattached	1.54.8
6	213	Kray Smith	U13	M	Stockport Harriers & AC	1.56.6
7	254	William Garner	U13	M	Stockport Harriers & AC	2.03.8
8	114	Simon Birch	U13	M	Stockport Harriers & AC	2.09.1
9	122	Joe Walters	U13	M	Stockport Harriers & AC	2.19.1

**600M Heat 2**

1	123	Olivia Wild	U13	F	Stockport Harriers & AC	1.45.9
2	343	Hannah Davies	U13	F	East Cheshire Harriers & Tameside AC	1.49.3
3	124	Katie Zelem	U13	F	East Cheshire Harriers & Tameside AC	1.54.7
4	276	Olivia Montez Brow	U13	F	West Cheshire AC	1.55.4

5	223	Katrina Kelly	U13	F	Blackpool, Wyre & Fylde AC	1.55.4
6	272	Alice Bennett	U13	F	Sale Harriers Manchester,	1.58.7
7	250	Keani Potter	U13	F	Stockport Harriers & AC	2.07.8
8	269	Katie Midermott	U13	F	Manchester Harriers & AC	2.08.2
9	289	Jennifer Legg	U13	F	Wetherby Runners AC	2.20.1

### **600M Heat 3**

1	253	Alistair Crossdale	U11	M	Sale Harriers Manchester,	1.53.0
2	106	Daniel Elston	U11	M	St. Helens Sutton AC	1.53.8
3	135	Harry Ridgard	U11	M	East Cheshire Harriers & Tameside AC	1.54.7
4	236	Dominic Howarth	U11	M	Leigh Harriers & AC	1.55.3
5	239	Michael McNee	U11	M	Wrexham AC	1.58.1
6	214	Dominic Lavelle	U11	M	Blackpool, Wyre & Fylde AC	2.00.3
7	224	Nile Evans	U11	M	Trafford AC	2.03.7

### **600M Heat 4**

1	168	Bradley Yates	U11	M	Blackpool, Wyre & Fylde AC	1.49.3
2	247	Thomas Wiseman	U11	M	Salford Metropolitan AC	1.53.3
3	273	Johnny Naylor	U11	M	Altrincham & District AC	2.01.7
4	222	Saeed Absiyeh	U11	M	Unattached	2.02.9
5	277	Elijah Montez Brow	U11	M	St. Saviours	2.08.0
6	145	Jordan Bezzina	U11	M	St. Francis School	2.12.8
7	186	Harry Valentine	U11	M	Crewe and Nantwich AC	2.22.1

### **600M Heat 5**

1	116	Rosie Johnson	U11	F	St. Helens Sutton AC	1.55.6
2	287	Lucy Donaghy	U11	F	Manchester Harriers & AC	1.55.8
3	227	Hollie Barnes	U11	F	Salford Metropolitan AC	2.04.1
4	160	Jessica Powell	U11	F	Salford Metropolitan AC	2.07.6
5	282	Molly Bogin	U11	F	Manchester Harriers & AC	2.10.7
6	251	Beth Goddard	U11	F	Trafford AC	2.11.6
7	285	Gabrielle Kelly	U11	F	Manchester Harriers & AC	2.15.2
8	293	Ciara Lyon	U11	F	Trafford AC	2.15.7
9	228	Lauren McKenzie	U11	F	Trafford AC	2.27.4
10	219	Olivia Phillips	U11	F	Trafford AC	2.28.0
11	295	Niamh Lyon	U11	F	Trafford AC	2.34.4
12	229	Laura King	U11	F	Trafford AC	2.35.9

### **600M Heat 6**

1	207	Emily Borthwick	U11	F	Wigan & District Harriers & AC	1.52.2
2	155	Nia Jones	U11	F	Wrexham AC	1.58.7
3	181	Eliza Brackenridge	U11	F	Stockport Harriers & AC	2.05.8
4	110	Georgina Cresswell	U11	F	Tamworth	2.09.8
5	166	Bethany Pearson	U11	F	East Cheshire Harriers & Tameside AC	2.13.4
6	197	Caitlan Wilson	U11	F	Stockport Harriers & AC	2.16.4
7	268	Katie Huane	U11	F	Stockport Harriers & AC	2.18.9
8	150	Katie Chesters	U11	F	Crewe and Nantwich AC	2.25.0
9	220	Chloe King	U11	F	East Cheshire Harriers & Tameside AC	2.30.1
10	274	Bethany Furnival	U11	F	Stockport Harriers & AC	2.32.4
11	164	Cerys Baines	U11	F	Leigh Harriers & AC	2.35.7
12	261	India Butler	U11	F	Oldham & Royton Harriers & AC	2.52.7

### **200M Heat 1**

1	206	Ben Lawton	U15	M	Stockport Harriers & AC	24.6
2	118	Luke Hutchins	U15	M	East Cheshire Harriers & Tameside AC	25.0

3	165	Ben Walker	U15	M	East Cheshire Harriers & Tameside AC	25.4
4	182	Stephen Yates	U15	M	Manchester Harriers & AC	26.4

#### **200M Heat 2**

1	215	Rory Walker	U15	M	Wakefield District Harriers & AC	27.2
2	140	Thomas Kramer	U15	M	Rochdale Harriers & AC	28.0
3	159	Adam Jamson	U15	M	Leigh Harriers & AC	29.0
4	259	Robert Lockhart	U15	M	Blackpool, Wyre & Fylde AC	30.3

#### **200M Heat 3**

1	283	Eleanor Cresswell	U15	F	Crewe and Nantwich AC	28.8
2	193	Vicky Newell	U15	F	East Cheshire Harriers & Tameside AC	29.3
3	194	Gabriella Guarnieri	U15	F	East Cheshire Harriers & Tameside AC	29.3
4	138	Lauren Cunliffe	U15	F	East Cheshire Harriers & Tameside AC	29.3
5	344	Natalie Davies	U15	F	East Cheshire Harriers & Tameside AC	29.3

#### **200M Heat 4**

1	105	Elin Jones	U13	F	Colwyn Bay AC	27.7
2	120	Bethany Sharp	U15	F	Wakefield District Harriers & AC	28.2
3	256	Kassidy Knight	U15	F	Blackpool, Wyre & Fylde AC	28.9
4	132	Chloe-May Glewis	U15	F	Salford Metropolitan AC	29.0
5	231	Lauren O'Malley	U15	F	Leigh Harriers & AC	30.5

#### **200M Heat 5**

1	192	Katie Reynolds	U15	F	East Cheshire Harriers & Tameside AC	28.0
2	147	Narelle Stafford	U15	F	Crewe and Nantwich AC	29.8
3	264	Lauren Blain	U15	F	Stockport Harriers & AC	30.9
4	204	Sam Wilson	U15	F	Stockport Harriers & AC	32.1

#### **150M Heat 1**

1	199	Sam Allan	U13	M	Bingley Harriers & AC	21.5
2	243	William Lockhart	U13	M	Blackpool, Wyre & Fylde AC	21.9
3	230	James Bartley	U13	M	Stockport Harriers & AC	24.4
4	221	Khaled Absiyeh	U13	M	Unattached	25.2
5	129	Arron Timperley	U13	M	Trafford AC	31.2

#### **150M Heat 2**

1	117	Kane Densley	U13	M	Tamworth	21.0
2	176	Neng Wildman	U13	M	Pendle AC	22.0
3	101	Noah Saunders	U13	M	Horwich R M I Harriers & AC	22.4
4	209	Clark Seeds	U13	M	Stockport Harriers & AC	22.4

#### **150M Heat 3**

1	226	Hannah Carlin	U13	F	Vale Royal AC	19.6
2	276	Olivia Montez Brown	U13	F	West Cheshire AC	22.0
3	343	Hannah Davies	U13	F	East Cheshire Harriers & Tameside AC	22.6
4	185	Gemma Valentine	U13	F	Crewe and Nantwich AC	22.6
5	126	Zoe Lynch	U13	F	Lancaster & Morecambe AC	23.7
6	180	Hayley Simpson	U13	F	East Cheshire Harriers & Tameside AC	24.3

#### **150M Heat 4**

1	108	Alysha Porter	U13	F	Salford Metropolitan AC	20.4
2	217	Taegan O'Hara	U13	F	Blackpool, Wyre & Fylde AC	21.7
3	202	Lindsay O'Brien	U13	F	Blackpool, Wyre & Fylde AC	22.3
4	141	Jack Shelby	U13	F	St. Helens Sutton AC	22.7
5	272	Alice Bennett	U13	F	Sale Harriers Manchester,	23.9
6	216	Olivia Walker	U13	F	Wakefield District Harriers & AC	25.2

#### **150M Heat 5**

1	205	Peter Gradwell	U11	M	Leigh Harriers & AC	22.8
2	239	Michael McNee	U11	M	Wrexham AC	22.8
3	190	Jakob Fowles	U11	M	Leigh Harriers & AC	23.5
4	294	Christopher Lyon	U13	M	Trafford AC	24.1
5	270	Jonathon Bisson	U11	M	-	24.9
6	125	Jordan Lynch	U11	M	Lancaster & Morecambe AC	26.9

#### **150M Heat 6**

1	135	Harry Ridgard	U11	M	East Cheshire Harriers & Tameside AC	23.2
2	104	Louis Cater	U11	M	Wigan & District Harriers & AC	23.4
3	154	Jake Whittle	U11	M	Wigan & District Harriers & AC	24.4
4	277	Elijah Montez Brown	U11	M	St. Saviours	24.5
5	241	Jordan Jones	U11	M	Wrexham AC	24.6
6	279	Corey Mottershead	U11	M	St. Saviours	31.3

#### **150M Heat 7**

1	121	Ben Sutcliffe	U11	M	Halton & Frodsham Harriers	22.3
2	168	Bradley Yates	U11	M	Blackpool, Wyre & Fylde AC	23.5
3	222	Saeed Absiyeh	U11	M	Unattached	25.4
4	341	Macauley Moran	U11	M	Sale Harriers Manchester,	26.3
5	130	Luke Pickles	U11	M	Crewe and Nantwich AC	27.3
6	128	Callum McHale	U11	M	Trafford AC	29.3

#### **150M Heat 8**

1	172	Jamal Crawford	U11	M	Sale Harriers Manchester,	22.2
2	198	Jacob Yakiah	U11	M	Salford Metropolitan AC	22.3
3	280	Joe Dines	U11	M	Macclesfield Harriers & AC	22.8
4	106	Daniel Elston	U11	M	St. Helens Sutton AC	23.4
5	210	Jake Broughton	U11	M	Blackburn Harriers & AC	24.7
6	183	Colijn Daly	U11	M	Trafford AC	26.1

#### **150M Heat 9**

1	207	Emily Borthwick	U11	F	Wigan & District Harriers & AC	22.8
2	191	Hannah Young	U11	F	Wigan & District Harriers & AC	24.8
3	163	Bethan Heath	U11	F	Crewe and Nantwich AC	25.2
4	177	Natrika Wildman	U11	F	Pendle AC	26.2
5	220	Chloe King	U11	F	East Cheshire Harriers & Tameside AC	27.6
6	275	Toni Lammond	U11	F	St. Saviours	28.9

#### **150M Heat 10**

1	244	Fiona Lockhart	U11	F	Blackpool, Wyre & Fylde AC	24.7
2	150	Katie Chesters	U11	F	Crewe and Nantwich AC	25.2
3	119	Shaunna Devine	U11	F	Leigh Harriers & AC	25.6
4	232	Hannah O'Malley	U11	F	Leigh Harriers & AC	26.6
5	290	Alice Quirke	U11	F	-	28.4
6	291	Isobel Hopwood	U11	F	-	29.9

#### **150M Heat 11**

1	179	J'Nae Ward	U11	F	Trafford AC	22.8
2	242	Ashton Greenwood	U11	F	Spensborough & District AC	23.0
3	110	Georgina Cresswell	U11	F	Tamworth	23.4
4	134	Annabel Dowd	U11	F	Salford Metropolitan AC	23.4
5	116	Rosie Johnson	U11	F	St. Helens Sutton AC	23.6

#### **150M Heat 12**

1	137	Neve Evans	U11	F	Wrexham AC	23.2
2	255	ie-Oghene Osuwen	U11	F	Trafford AC	24.2

3	234	Rebecca Kennedy	U11	F	East Cheshire Harriers & Tameside AC	24.3
4	248	Charley Bowers	U11	F	Leigh Harriers & AC	24.3
5	197	Caitlan Wilson	U11	F	Stockport Harriers & AC	26.5

#### **150M Heat 13**

1	157	Beth Jones	U11	F	Wrexham AC	24.0
2	155	Nia Jones	U11	F	Wrexham AC	24.1
3	181	za Brackenridge Jor	U11	F	Stockport Harriers & AC	24.6
4	219	Olivia Phillips	U11	F	Trafford AC	29.0
5	295	Niamh Lyon	U11	F	Trafford AC	29.4

#### **1000M Heat 1**

1	115	Rowan Birch	U13	M	Stockport Harriers & AC	3.16.1
2	212	Daniel Lawton	U13	M	Stockport Harriers & AC	3.20.3
3	213	Kray Smith	U13	M	Stockport Harriers & AC	3.40.1
4	254	William Garner	U13	M	Stockport Harriers & AC	3.46.8

#### **1000M Heat 2**

1	343	Hannah Davies	U13	F	East Cheshire Harriers & Tameside AC	3.24.6
2	267	Aimme Aikin	U13	F	Stockport Harriers & AC	3.28.2
3	233	Carla Edwards	U13	F	Stockport Harriers & AC	3.35.6
4	345	Louise Towers	U13	F	Vale Royal AC	3.38.1
5	258	Jade Evans	U13	F	Vale Royal AC	3.48.4

#### **1500M Heat 1**

1	299	Adam Weightman	U15	M	Blackpool, Wyre & Fylde AC	4.52.3
2	225	Bethany Jones	U15	F	Leigh Harriers & AC	4.58.3
3	342	Kyle Conway	U15	M	Sale Harriers Manchester,	5.03.3
4	298	Shannon Johnson	U15	F	Leigh Harriers & AC	5.03.8
5	169	Elizabeth Lee	U15	F	Leigh Harriers & AC	5.04.9
6	278	Imogen Nutter	U15	F	Stockport Harriers & AC	5.13.0
7	170	Georgina Leck	U15	F	Leigh Harriers & AC	

#### **DISCUS**

1	107	Jamie Dinnarr	U11	M	St. Helens Sutton AC	12.66
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#### **DISCUS**

1	161	Leanne Baker	U15	F	Trafford AC	21.31
2	211	Fraser Ashman	U13	M	Crewe and Nantwich AC	20.88
3	195	Jack Sheldon	U13	M	Sale Harriers Manchester,	19.24
4	109	Liane Bibby	U15	F	St. Helens Sutton AC	18.98
5	103	Adele Nicoll	U13	F	Oswestry Olympians	17.66
6	167	Natalie Yates	U15	F	Blackpool, Wyre & Fylde AC	17.12
7	146	Chloe Needham	U15	F	Blackpool, Wyre & Fylde AC	17.08
8	235	Alice Bramah	U15	F	Bury AC	15.32
9	283	Eleanor Cresswell	U15	F	Crewe and Nantwich AC	14.53
10	187	Lily Draper	U13	F	Crewe and Nantwich AC	13.07
11	122	Joe Walters	U13	M	Stockport Harriers & AC	10.53
12	267	Aimme Aikin	U13	F	Stockport Harriers & AC	10.15
13	101	Noah Saunders	U13	M	Horwich R M I Harriers & AC	5.41

#### **SHOT PUTT**

1	167	Natalie Yates	U15	F	Blackpool, Wyre & Fylde AC	8.25
2	161	Leanne Baker	U15	F	Trafford AC	7.74
3	146	Chloe Needham	U15	F	Blackpool, Wyre & Fylde AC	7.59
4	235	Alice Bramah	U15	F	Bury AC	7.24
5	215	Rory Walker	U15	M	Wakefield District Harriers & AC	5.95



6	140	Thomas Kramer	U15	M	Rochdale Harriers & AC	
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### **Javelin U11**

1	107	Jamie Dinnarr	U11	M	St. Helens Sutton AC	16.53
2	113	Nicholas Peters	U11	M	Unattached	15.27
3	125	Jordan Lynch	U11	M	Lancaster & Morecambe AC	11.63
4	208	Connor Borthwick	U11	M	Wigan & District Harriers & AC	10.84
5	268	Katie Huane	U11	F	Stockport Harriers & AC	9.49
6	201	Heather O'Brien	U11	F	-	6.91
7	251	Beth Goddard	U11	F	Trafford AC	6.56
8	293	Ciara Lyon	U11	F	Trafford AC	6.52
9	197	Caitlan Wilson	U11	F	Stockport Harriers & AC	6.44
10	295	Niamh Lyon	U11	F	Trafford AC	5.60
11	219	Olivia Phillips	U11	F	Trafford AC	5.23

### **Javelin U13**

1	112	Thomas Peters	U13	M	City of Sheffield AC	44.31
2	195	Jack Sheldon	U13	M	Sale Harriers Manchester,	30.07
3	211	Fraser Ashman	U13	M	Crewe and Nantwich AC	26.71
4	202	Lindsay O'Brien	U13	F	Blackpool, Wyre & Fylde AC	23.42
5	136	Mark Ridgard	U13	M	East Cheshire Harriers & Tameside AC	20.83
6	266	Thomas Huane	U13	M	-	17.74
7	240	Stephanie Jones	U13	F	Wrexham AC	15.80
8	254	William Garner	U13	M	Stockport Harriers & AC	14.54

### **Javelin U15**

1	109	Liane Bibby	U15	F	St. Helens Sutton AC	27.77
2	148	Callum MacKenzie	U15	M	Unattached	27.62
3	167	Natalie Yates	U15	F	Blackpool, Wyre & Fylde AC	23.72
4	156	Rory Jones	U15	M	Wrexham AC	22.13
5	256	Kassidy Knight	U15	F	Blackpool, Wyre & Fylde AC	17.35
6	146	Chloe Needham	U15	F	Blackpool, Wyre & Fylde AC	17.16
7	235	Alice Bramah	U15	F	Bury AC	15.99
8	204	Sam Wilson	U15	F	Stockport Harriers & AC	12.60
9	264	Lauren Blain	U15	F	Stockport Harriers & AC	6.15

### **HIGH JUMP**

1	149	Aylish MacKenzie	U13	F	Liverpool Harriers & AC	1.30 G
2	272	Alice Bennett	U13	F	Sale Harriers Manchester,	1.20 S
3	126	Zoe Lynch	U13	F	Lancaster & Morecambe AC	1.15 B
4	178	Francesca Paolo	U13	F	Stockport Harriers & AC	1.15
5	187	Lily Draper	U13	F	Crewe and Nantwich AC	1.15
6	266	Thomas Huane	U13	M	-	1.15 G
7	173	Jonathon Whitehur	U13	M	Newcastle (Staffs) AC	1.15 S
8	114	Simon Birch	U13	M	Stockport Harriers & AC	1.05 B

### **HIGH JUMP**

1	208	Connor Borthwick	U11	M	Wigan & District Harriers & AC	1.15	Gold
2	214	Dominic Lavelle	U11	M	Blackpool, Wyre & Fylde AC	1.13	Silver
3	179	J'Nae Ward	U11	F	Trafford AC	1.05	Gold
4	154	Jake Whittle	U11	M	Wigan & District Harriers & AC	0.95	Bronze
5	273	Johnny Naylor	U11	M	Altrincham & District AC	0.95	
6	341	Macauley Moran	U11	M	Sale Harriers Manchester,	0.90	

### **HIGH JUMP**

1	249	Mike Ehlen	U20	M	Sale Harriers Manchester,	1.95
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2	238	Jim Karagiannis	U15	M	Trafford AC	1.62	
3	148	Callum MacKenzie	U15	M	Unattached	1.45	
4	162	Lisa James	U15	F	Crewe and Nantwich AC	1.42	
5	218	Ryan Davies	U15	M	Warrington AC	1.40	Gold
6	148	Callum MacKenzie	U15	M	Unattached	1.40	Silver
7	257	Steven Derbyshire	U15	M	Warrington AC	1.40	Bronze
8	138	Lauren Cunliffe	U15	F	East Cheshire Harriers & Tameside AC	1.30	
9	158	Lydia Smith	U15	F	Altrincham & District AC	1.15	
10	144	Ryan Jones	U15	M	St. Peters School	1.15	
11	257	Steven Derbyshire	U15	M	Warrington AC		
12	218	Ryan Davies	U15	M	Warrington AC		
13	139	Julia Gardner	U15	F	Unattached		
14	238	Jim Karagiannis	U15	M	Trafford AC		
15	249	Mike Ehlen	U20	M	Sale Harriers Manchester,		

### **LONG JUMP U11 Girls**

1	163	Bethan Heath	U11	F	Crewe and Nantwich AC	3.76	
2	175	Laura Whitehurst	U11	F	Newcastle (Staffs) AC	3.66	
3	191	Hannah Young	U11	F	Wigan & District Harriers & AC	3.54	
4	164	Cerys Baines	U11	F	Leigh Harriers & AC	3.53	
5	232	Hannah O'Malley	U11	F	Leigh Harriers & AC	3.51	
6	119	Shaunna Devine	U11	F	Leigh Harriers & AC	3.45	
7	220	Chloe King	U11	F	East Cheshire Harriers & Tameside AC	3.30	
8	157	Beth Jones	U11	F	Wrexham AC	3.17	
9	137	Neve Evans	U11	F	Wrexham AC	3.03	
10	242	Ashton Greenwood	U11	F	Spennborough & District AC	3.01	
11	160	Jessica Powell	U11	F	Salford Metropolitan AC	3.00	
12	260	Georgia Butler	U11	F	Oldham & Royton Harriers & AC	2.93	
13	134	Annabel Dowd	U11	F	Salford Metropolitan AC	2.91	
14	290	Alice Quirke	U11	F	-	2.88	
15	116	Rosie Johnson	U11	F	St. Helens Sutton AC	2.84	
16	244	Fiona Lockhart	U11	F	Blackpool, Wyre & Fylde AC	2.81	
17	232	Hannah O'Malley	U11	F	Leigh Harriers & AC	2.78	
18	175	Laura Whitehurst	U11	F	Newcastle (Staffs) AC	2.71	
19	251	Beth Goddard	U11	F	Trafford AC	2.64	
20	119	Shaunna Devine	U11	F	Leigh Harriers & AC	2.63	
21	245	Gabrielle Wiseman	U11	F	Salford Metropolitan AC	2.58	
22	177	Natrika Wildman	U11	F	Pendle AC	2.51	
23	164	Cerys Baines	U11	F	Leigh Harriers & AC	2.42	
24	291	Isobel Hopwood	U11	F	-	2.30	
25	220	Chloe King	U11	F	East Cheshire Harriers & Tameside AC	2.16	

### **LONG JUMP U11 Boys**

1	172	Jamal Crawford	U11	M	Sale Harriers Manchester,	3.92	
2	198	Jacob Yakiah	U11	M	Salford Metropolitan AC	3.79	
3	214	Dominic Lavelle	U11	M	Blackpool, Wyre & Fylde AC	3.75	
4	106	Daniel Elston	U11	M	St. Helens Sutton AC	3.66	
5	205	Peter Gradwell	U11	M	Leigh Harriers & AC	3.49	
6	135	Harry Ridgard	U11	M	East Cheshire Harriers & Tameside AC	3.46	
7	224	Nile Evans	U11	M	Trafford AC	3.39	
8	190	Jakob Fowles	U11	M	Leigh Harriers & AC	3.33	
9	210	Jake Broughton	U11	M	Blackburn Harriers & AC	3.31	

10	174	Christopher White	U11	M	Newcastle (Staffs) AC	3.11
11	277	Elijah Montez Brow	U11	M	St. Saviours	3.09
12	121	Ben Sutcliffe	U11	M	Halton & Frodsham Harriers	3.05
13	104	Louis Cater	U11	M	Wigan & District Harriers & AC	2.99
14	247	Thomas Wiseman	U11	M	Salford Metropolitan AC	2.99
15	270	Jonathon Bisson	U11	M	-	2.97
16	222	Saeed Absiyeh	U11	M	Unattached	2.95
17	130	Luke Pickles	U11	M	Crewe and Nantwich AC	2.86
18	186	Harry Valentine	U11	M	Crewe and Nantwich AC	2.78
19	246	Joshua Wiseman	U11	M	Salford Metropolitan AC	2.74
20	183	Colijn Daly	U11	M	Trafford AC	2.62
21	100	Jonah Saunders	U11	M	Horwich R M I Harriers & AC	2.57
22	145	Jordan Bezzina	U11	M	St. Francis School	2.53
23	184	Dean Valentine	U11	M	Crewe and Nantwich AC	2.47
24	279	Corey Mottershead	U11	M	St. Saviours	2.32
25	128	Callum McHale	U11	M	Trafford AC	2.28
26	236	Dominic Howarth	U11	M	Leigh Harriers & AC	2.27

#### **LONG JUMP U13 Girls**

1	276	Olivia Montez Brow	U13	F	West Cheshire AC	4.03
2	149	Aylish MacKenzie	U13	F	Liverpool Harriers & AC	4.01
3	217	Taegan O'Hara	U13	F	Blackpool, Wyre & Fylde AC	3.90
4	108	Alysha Porter	U13	F	Salford Metropolitan AC	3.70
5	123	Olivia Wild	U13	F	Stockport Harriers & AC	3.65
6	185	Gemma Valentine	U13	F	Crewe and Nantwich AC	3.65
7	180	Hayley Simpson	U13	F	East Cheshire Harriers & Tameside AC	3.64
8	102	Georgia Hollins	U13	F	Cannock & Staffs AC	3.63
9	131	Georgia Pickles	U13	F	Crewe and Nantwich AC	3.62
10	223	Katrina Kelly	U13	F	Blackpool, Wyre & Fylde AC	3.50
11	250	Keani Potter	U13	F	Stockport Harriers & AC	3.36
12	141	Jack Shelby	U13	F	St. Helens Sutton AC	3.34
13	124	Katie Zelem	U13	F	East Cheshire Harriers & Tameside AC	3.28
14	216	Olivia Walker	U13	F	Wakefield District Harriers & AC	3.26
15	233	Carla Edwards	U13	F	Stockport Harriers & AC	3.12
16	289	Jennifer Legg	U13	F	Wetherby Runners AC	2.95
17	202	Lindsay O'Brien	U13	F	Blackpool, Wyre & Fylde AC	

#### **LONG JUMP U13 Boys**

1	117	Kane Densley	U13	M	Tamworth	4.18
2	243	William Lockhart	U13	M	Blackpool, Wyre & Fylde AC	4.09
3	209	Clark Seeds	U13	M	Stockport Harriers & AC	3.71
4	136	Mark Ridgard	U13	M	East Cheshire Harriers & Tameside AC	3.65
5	212	Daniel Lawton	U13	M	Stockport Harriers & AC	3.55
6	293	Ciara Lyon	U11	F	Trafford AC	3.47
7	221	Khaled Absiyeh	U13	M	Unattached	3.23
8	230	James Bartley	U13	M	Stockport Harriers & AC	3.20
9	129	Arron Timperley	U13	M	Trafford AC	2.18

#### **LONG JUMP U15 Girls**

1	196	Heidi Hopwood	U15	F	East Cheshire Harriers & Tameside AC	4.76 G
2	192	Katie Reynolds	U15	F	East Cheshire Harriers & Tameside AC	4.76 S

3	263	Beth Towers	U15	F	Blackpool, Wyre & Fylde AC	4.62 B
4	188	Victoria Anderson	U15	F	Vale Royal AC	4.30
5	147	Narelle Stafford	U15	F	Crewe and Nantwich AC	4.20
6	162	Lisa James	U15	F	Crewe and Nantwich AC	4.20
7	152	Elly Donaldson	U15	F	Crewe and Nantwich AC	4.05
8	132	Chloe-May Glewis	U15	F	Salford Metropolitan AC	4.00
9	151	Tamara Stafford	U15	F	Crewe and Nantwich AC	3.99
10	256	Kassidy Knight	U15	F	Blackpool, Wyre & Fylde AC	3.97
11	153	Hazel Ollier	U15	F	Crewe and Nantwich AC	3.95
12	133	Beccie Parry	U15	F	Salford Metropolitan AC	3.90
13	193	Vicky Newell	U15	F	East Cheshire Harriers & Tameside AC	3.90
14	231	Lauren O'Malley	U15	F	Leigh Harriers & AC	3.66
15	171	Aleisha Hammond	U15	F	Crewe and Nantwich AC	3.52
16	225	Bethany Jones	U15	F	Leigh Harriers & AC	3.49

**LONG JUMP U15 Boys**

1	238	Jim Karagiannis	U15	M	Trafford AC	4.46
2	140	Thomas Kramer	U15	M	Rochdale Harriers & AC	4.38
3	259	Robert Lockhart	U15	M	Blackpool, Wyre & Fylde AC	4.25
4	142	Darryl Bezzina	U15	M	St. Peters School	3.60
5	143	Dillon Bezzina	U15	M	Sale Harriers Manchester,	3.43
6	342	Kyle Conway	U15	M	Sale Harriers Manchester,	3.20
7	144	Ryan Jones	U15	M	St. Peters School	3.10
8	156	Rory Jones	U15	M	Wrexham AC	3.06
9	118	Luke Hutchins	U15	M	East Cheshire Harriers & Tameside AC	
10	-	-	-	-	-	