

# Runcorn / Norton 5 Mile Road Race RESULTS

## 12th February 2006

| <i>Position</i> | <i>Actual Time</i> | <i>First Name</i> | <i>Surname</i> | <i>Club Name</i>          | <i>Category</i> | <i>Age</i> | <i>Sex</i> |
|-----------------|--------------------|-------------------|----------------|---------------------------|-----------------|------------|------------|
| 1               | 0:24:51            | Mike              | Burrett        | Leeds City R C            |                 | 29         | M          |
| 2               | 0:25:30            | phil              | mcglory        | Liverpool Harriers        |                 | 20         | M          |
| 3               | 0:25:53            | Rick              | Hayman         | Sale Harriers             |                 | 26         | M          |
| 4               | 0:28:22            | Gary              | Robert         | West Cheshire A.C         | V45             | 47         | M          |
| 5               | 0:28:23            | Liam              | Thompson       | Unattached Runner         |                 | 27         | M          |
| 6               | 0:28:29            | Paul              | Targett        | Clayton Harriers          | V40             | 40         | M          |
| 7               | 0:29:00            | Nick              | Burke          | Altrincham & District A.C |                 | 38         | M          |
| 8               | 0:29:05            | Ian               | Costello       | St Helens Sutton          |                 | 35         | M          |
| 9               | 0:29:12            | Paul              | Howarth        | Wirral Athletic Club      |                 | 39         | M          |
| 10              | 0:30:08            | Mervyn            | Ward           | Spectrum Striders         | V50             | 51         | M          |
| 11              | 0:30:11            | James             | Edwards        | Vale Royal Athletic Club  | V45             | 47         | M          |
| 12              | 0:30:23            | Simon             | Moseley        | Blengdale Runners         | V40             | 40         | M          |
| 13              | 0:30:33            | Colin             | Martin         | Spectrum Striders         | V45             | 48         | M          |
| 14              | 0:30:38            | Claire            | Davies         | Spectrum Striders         |                 | 27         | F          |
| 15              | 0:30:42            | Julian            | Corfe          | Unattached Runner         |                 | 24         | M          |
| 16              | 0:31:07            | Tony              | McCarthy       | Unattached Runner         | V45             | 46         | M          |
| 17              | 0:31:12            | Gemma             | Connolly       | Unattached Runner         |                 | 24         | F          |
| 18              | 0:31:20            | Peter             | Weatherhead    | Wirral Athletic Club      | V50             | 54         | M          |
| 19              | 0:31:29            | Max               | Taylor         | Helsby A.C                |                 | 37         | M          |
| 20              | 0:31:49            | Paul              | Smith          | Unattached Runner         | V40             | 40         | M          |
| 21              | 0:31:53            | Linda             | McDermott      | Liverpool Harriers        | V45             | 46         | F          |
| 22              | 0:31:56            | John              | Appleton       | St Helens Sutton          | V50             | 53         | M          |
| 23              | 0:32:07            | Chris             | Loney          | Chester Triathlon Club    | V45             | 48         | M          |
| 24              | 0:32:21            | Paul              | Kay            | Spectrum Striders         | V50             | 52         | M          |
| 25              | 0:32:58            | Andrew            | Whitaker       | Unattached Runner         |                 | 36         | M          |
| 26              | 0:33:03            | Steve             | Pemberton      | Penny Lane Straders       | V50             | 50         | M          |
| 27              | 0:33:13            | Danny             | Fegan          | St Helens Striders        | V40             | 40         | M          |
| 28              | 0:33:15            | Marion            | Martin         | Spectrum Striders         | V45             | 47         | F          |
| 29              | 0:33:26            | John              | Shelbourne     | Northern Vets             | V45             | 47         | M          |
| 30              | 0:33:28            | John              | Ladanowski     | Ford Halwood A.C          | V50             | 54         | M          |
| 31              | 0:33:29            | Les               | Ashton         | Unattached Runner         |                 | 35         | M          |
| 32              | 0:33:30            | Olivia            | Desborough     | Penny Lane Straders       |                 | 17         | F          |
| 33              | 0:33:35            | Fred              | Edmondson      | Unattached Runner         | V55             | 58         | M          |
| 34              | 0:33:49            | Stuart            | Andrew         | Spectrum Striders         |                 | 34         | M          |
| 35              | 0:33:59            | Lionel            | Williams       | Warrington A.C            | V50             | 53         | M          |
| 36              | 0:34:18            | Paul              | Mickey         | Unattached Runner         | V40             | 42         | M          |
| 37              | 0:34:28            | Frank             | Judge          | Unattached Runner         | V50             | 51         | M          |
| 38              | 0:34:30            | Graham            | Jones          | Unattached Runner         | V40             | 42         | M          |
| 39              | 0:34:31            | Tim               | Warn           | United Uilities Harriers  | V55             | 56         | M          |
| 40              | 0:34:31            | Susan             | Cain           | Penny Lane Straders       | V45             | 49         | F          |
| 41              | 0:34:34            | david             | cain           | Penny Lane Straders       | V45             | 49         | M          |
| 42              | 0:34:35            | John              | Houghton       | Warrington A.C            | V45             | 46         | M          |
| 43              | 0:34:57            | Stuart            | Gomersall      | Unattached Runner         | V45             | 46         | M          |
| 44              | 0:34:59            | Alan              | Smitcer        | Unattached Runner         |                 | 32         | M          |
| 45              | 0:35:03            | Jon               | Hunter         | Liverpool Running Club    |                 | 30         | M          |
| 46              | 0:35:07            | Barry             | Chambers       | Vale Royal Athletic Club  | V50             | 54         | M          |
| 47              | 0:35:16            | Paul              | Lloyd          | Helsby A.C                |                 | 39         | M          |
| 48              | 0:35:28            | Alan              | Snagg          | Unattached Runner         |                 | 36         | M          |
| 49              | 0:35:38            | Kevin             | Morgan         | Unattached Runner         | V40             | 41         | M          |
| 50              | 0:35:48            | David             | Lever          | Unattached Runner         |                 | 37         | M          |
| 51              | 0:35:49            | Gordon            | Brown          | Liverpool Harriers        | V70             | 72         | M          |
| 52              | 0:35:51            | Alan              | Bewley         |                           | V60             | 62         | M          |

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|-----|---------|---------------|------------|---------------------------|-----|----|---|
| 53  | 0:36:16 | Tony          | Man        | Penny Lane Straders       |     | 38 | M |
| 54  | 0:36:27 | Graham        | Jackett    | Unattached Runner         | V55 | 56 | M |
| 55  | 0:36:29 | Lee           | Connor     | Unattached Runner         |     | 30 | M |
| 56  | 0:36:33 | Louise Michae | Hogg       | Unattached Runner         |     | 33 | F |
| 57  | 0:36:36 | Elizabeth     | Dobson     | Helsby A.C                | V40 | 42 | F |
| 58  | 0:36:46 | Colin         | Dean       |                           |     | 37 | M |
| 59  | 0:36:52 | Ian Robert    | Bratby     | Unattached Runner         | V40 | 41 | M |
| 60  | 0:37:02 | Janet         | Booth      | Unattached Runner         | V40 | 42 | F |
| 61  | 0:37:06 | Chris         | Brown      | Manchester Tri            | V45 | 47 | M |
| 62  | 0:37:08 | Alan David    | Poole      | Unattached Runner         | V45 | 48 | M |
| 63  | 0:37:11 | Patricia Ann  | O'Keefe    | Ford Halwood A.C          | V45 | 46 | F |
| 64  | 0:37:18 | Elaine        | Jackson    | Unattached Runner         |     | 31 | F |
| 65  | 0:37:19 | Stephen       | Maher      | Unattached Runner         | V40 | 41 | M |
| 66  | 0:37:30 | Collin        | Johnson    | Unattached Runner         |     | 35 | M |
| 67  | 0:37:36 | Mike          | McDonald   | Unattached Runner         |     | 36 | M |
| 68  | 0:37:39 | Ken           | Bold       | St Helens Striders        | V50 | 53 | M |
| 69  | 0:37:45 | Jane          | Bilton     | Salford Harriers          |     | 22 | F |
| 70  | 0:37:54 | Steven        | Blackmore  |                           | V40 | 44 | M |
| 71  | 0:37:58 | Stephen       | Bryan      | Unattached Runner         | V40 | 43 | M |
| 72  | 0:37:58 | Tracy         | Fearon     | Liverpool Harriers        | V40 | 42 | F |
| 73  | 0:37:59 | John          | Mills      | Unattached Runner         |     | 33 | M |
| 74  | 0:37:59 | Sylvia        | Doyle      | Widnes Wasps              | V45 | 49 | F |
| 75  | 0:38:08 | Lee           | Ellis      | Unattached Runner         |     | 36 | M |
| 76  | 0:38:12 | Michael       | Adams      | Unattached Runner         | V45 | 47 | M |
| 77  | 0:38:12 | Graham        | Oakes      | Unattached Runner         | V50 | 50 | M |
| 78  | 0:38:13 | Simon         | Varley     | Unattached Runner         | V40 | 41 | M |
| 79  | 0:38:19 | Steven        | Miller     | Unattached Runner         |     | 33 | M |
| 80  | 0:38:20 | Alan          | Miller     | Unattached Runner         |     | 30 | M |
| 81  | 0:38:22 | Melvin        | Whiteside  | Unattached Runner         | V45 | 46 | M |
| 82  | 0:38:23 | Nathan        | Smith      |                           |     | 29 | M |
| 83  | 0:38:25 | Terence       | Long       | Penny Lane Straders       | V50 | 53 | M |
| 84  | 0:38:33 | Steve         | Handley    | Unattached Runner         | V40 | 43 | M |
| 85  | 0:38:36 | Gary          | Hazelhurst | Unattached Runner         | V40 | 43 | M |
| 86  | 0:38:41 | Gary          | Birkenhead | Unattached Runner         |     | 39 | M |
| 87  | 0:38:42 | Stephen       | Quinn      |                           |     | 33 | M |
| 88  | 0:39:05 | Brian         | Hampson    | Unattached Runner         | V55 | 59 | M |
| 89  | 0:39:12 | Valerie       | Desborough | Penny Lane Straders       | V45 | 48 | F |
| 90  | 0:39:13 | Joe           | Delaney    | Village Road Runners      | V50 | 50 | M |
| 91  | 0:39:20 | Maurice       | Adams      | Unattached Runner         | V50 | 53 | M |
| 92  | 0:39:24 | Joanne        | Beech      | Unattached Runner         | V40 | 40 | F |
| 93  | 0:39:25 | Cliffe        | Stanley    | Wigan Harriers            | V50 | 51 | M |
| 94  | 0:39:30 | Greg          | Plowman    | Unattached Runner         |     | 36 | M |
| 95  | 0:39:51 | Lauren        | Griffiths  |                           |     | 21 | F |
| 96  | 0:39:57 | John          | Plowman    | Unattached Runner         | V65 | 66 | M |
| 97  | 0:40:04 | Emily         | Maxfield   | Unattached Runner         |     | 20 | F |
| 98  | 0:40:04 | Brian         | Carr       |                           |     | 20 | M |
| 99  | 0:40:11 | Mark          | Rowan      | Cheshire Constabulary A.C |     | 35 | M |
| 100 | 0:40:11 | Jason         | Hutton     | Unattached Runner         |     | 34 | M |
| 101 | 0:40:24 | Christina     | Carson     | Penny Lane Straders       | V50 | 51 | F |
| 102 | 0:40:33 | Paul          | Young      |                           | V50 | 50 | M |
| 103 | 0:40:37 | Steven        | Smith      | Skemersdale Harriers      | V45 | 47 | M |
| 104 | 0:40:54 | Witherington  | Adam       | Wigan Harriers            |     | 17 | M |
| 105 | 0:40:54 | Kevin         | Putt       | Unattached Runner         | V40 | 42 | M |
| 106 | 0:41:00 | Pam           | Appleton   | St Helens Sutton          | V50 | 52 | F |
| 107 | 0:41:10 | Dawn          | Platt      | St Helens Striders        | V35 | 39 | F |
| 108 | 0:41:12 | T             | Houghton   |                           | V55 | 55 | M |
| 109 | 0:41:30 | John          | Deveney    | Penny Lane Straders       |     | 39 | M |
| 110 | 0:41:35 | Jackie        | Turner     | St Helens Sutton          | V45 | 48 | F |

|     |         |             |            |                     |     |    |   |
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| 111 | 0:41:38 | Rosie       | O'Hegan    | St Helens Striders  | V45 | 47 | F |
| 112 | 0:41:39 | Anthony     | Hunter     | Unattached Runner   | V40 | 42 | M |
| 113 | 0:41:45 | G           | Stevenson  | Unattached Runner   | V55 | 56 | M |
| 114 | 0:41:45 | Les         | Smith      | Unattached Runner   | V55 | 55 | M |
| 115 | 0:42:14 | Brian       | Aggor      |                     |     | 33 | M |
| 116 | 0:42:19 | Jan         | Green      | Unattached Runner   | V50 | 51 | F |
| 117 | 0:42:55 | Malcolm     | Towler     | Northern Vets       | V60 | 64 | M |
| 118 | 0:43:16 | Jane        | Kay        | Unattached Runner   | V45 | 49 | F |
| 119 | 0:43:19 | John        | Courtney   | Unattached Runner   | V65 | 67 | M |
| 120 | 0:43:19 | James       | Hughes     | Unattached Runner   |     | 33 | M |
| 121 | 0:43:21 | Inyang      | Brown      | Unattached Runner   | V45 | 45 | F |
| 122 | 0:43:23 | Tracey      | Winstanley | Unattached Runner   | V40 | 41 | F |
| 123 | 0:43:36 | Stephen     | Cooney     | Unattached Runner   |     | 38 | M |
| 124 | 0:43:37 | John        | Dosward    |                     |     | 34 | M |
| 125 | 0:43:52 | Guy         | Roberts    |                     |     | 22 | M |
| 126 | 0:43:53 | Glyn        | Davies     | Unattached Runner   | V40 | 40 | M |
| 127 | 0:43:55 | Chris       | Roberts    | Unattached Runner   |     | 27 | M |
| 128 | 0:43:57 | Jacqueline  | McKeown    | Picton Running Club | V35 | 39 | F |
| 129 | 0:44:02 | Tricia      | Oakes      | Unattached Runner   | V45 | 47 | F |
| 130 | 0:44:02 | Paul        | Roberts    | Unattached Runner   | V45 | 45 | M |
| 131 | 0:44:13 | Stephen     | Bond       | Winston Runners     | V40 | 43 | M |
| 132 | 0:44:17 | Glynn       | Boote      |                     |     | 39 | M |
| 133 | 0:44:18 | Stephen     | Harry      |                     |     | 33 | M |
| 134 | 0:44:20 | Stephen     | Parr       | Unattached Runner   |     | 34 | M |
| 135 | 0:44:25 | Brian       | Hunt       | Unattached Runner   | V40 | 44 | M |
| 136 | 0:44:27 | Liz         | Beech      | Unattached Runner   | V45 | 49 | F |
| 137 | 0:44:46 | Pamela      | Kay        | Unattached Runner   | V45 | 45 | F |
| 138 | 0:44:55 | Scott       | Bradshaw   | Unattached Runner   |     | 27 | M |
| 139 | 0:45:02 | Tracey      | Gill       | St Helens Sutton    |     | 34 | F |
| 140 | 0:45:11 | Jason       | Mallett    | Unattached Runner   |     | 34 | M |
| 141 | 0:45:38 | Stephen     | Critchley  | Unattached Runner   |     | 37 | M |
| 142 | 0:45:50 | Barbara     | Naghton    |                     | V40 | 44 | F |
| 143 | 0:45:53 | Stephen     | Hope       | Penny Lane Straders | V45 | 49 | M |
| 144 | 0:45:54 | Geoff       | Howarth    | Northern Vets       | V70 | 71 | M |
| 145 | 0:45:55 | Marie       | Hardman    |                     | V35 | 35 | F |
| 146 | 0:46:03 | Dorothy     | Fairhurst  | St Helens Sutton    | V60 | 63 | F |
| 147 | 0:46:15 | Michael     | Hurst      | Unattached Runner   |     | 38 | M |
| 148 | 0:46:22 | Ian         | Billington | Unattached Runner   | V40 | 42 | M |
| 149 | 0:46:31 | Zoe         | Williamson |                     |     | 32 | F |
| 150 | 0:46:31 | David       | Fryer      | Picton Running Club | V60 | 64 | M |
| 151 | 0:46:44 | John        | Blower     |                     | V55 | 58 | M |
| 152 | 0:46:55 | Paul        | Donegan    | Unattached Runner   | V40 | 42 | M |
| 153 | 0:47:15 | Paul        | Roberts    | Unattached Runner   | V50 | 50 | M |
| 154 | 0:47:38 | Ian         | Johnstone  | Unattached Runner   | V40 | 41 | M |
| 155 | 0:47:43 | Sue         | Walters    | Unattached Runner   | V45 | 46 | F |
| 156 | 0:49:04 | Ian         | Bryden     | Unattached Runner   | V60 | 64 | M |
| 157 | 0:49:29 | Jeffrey     | Williams   | Unattached Runner   | V50 | 50 | M |
| 158 | 0:49:39 | Danielle    | Keenan     | Unattached Runner   |     | 33 | F |
| 159 | 0:49:39 | Valerie     | Brennan    |                     | V55 | 55 | F |
| 160 | 0:50:22 | Gregory     | Hope       |                     |     | 21 | M |
| 161 | 0:50:28 | Christopher | Haggett    | Unattached Runner   | V60 | 60 | M |
| 162 | 0:50:37 | Robert      | Beaumont   | South Liverpool A.C | V75 | 78 | M |
| 163 | 0:50:59 | Ann         | Blackmore  |                     | V40 | 42 | F |
| 164 | 0:51:26 | Tracy       | Howarth    | Unattached Runner   | V35 | 37 | F |
| 165 | 0:51:45 | Fred        | Abbott     | Unattached Runner   | V60 | 63 | M |
| 166 | 0:52:17 | Eddie       | Connolly   | Unattached Runner   | V55 | 57 | M |
| 167 | 0:53:57 | Jackie      | Briscoe    | Unattached Runner   | V50 | 51 | F |
| 168 | 0:54:06 | Roger       | Lyon       | Unattached Runner   | V50 | 50 | M |

|     |         |         |          |                     |     |    |   |
|-----|---------|---------|----------|---------------------|-----|----|---|
| 169 | 0:55:02 | Judith  | Adams    | Penny Lane Straders | V55 | 56 | F |
| 170 | 0:55:02 | Chris   | Pickles  | Unattached Runner   |     | 27 | M |
| 171 | 0:55:03 | Joanne  | Harrison | Unattached Runner   | V35 | 36 | F |
| 172 | 1:00:12 | Gary    | Nimmo    | Unattached Runner   | V40 | 41 | M |
| 173 | 1:00:42 | Andrew  | Faulkner | Unattached Runner   |     | 17 | M |
| 174 | 1:00:44 | Jenny   | Buck     | Sports for All      |     | 17 | F |
| 175 | 1:00:44 | Stephen | Maloney  | Unattached Runner   | V40 | 42 | M |