

National Junior Athletics League 2005

Northern Region Mersey - Ellesmere Port

				Records							
				Perf	Grades						
				24 April 2005				Perf	Grades		
100m A				Wind=	100m B				Wind=		
1	2	Alex Stokes	L'pool Pembroke Sefton	11.4	G3	1	88	Tom O'Brien	Wigan & District H	11.3	G2*
2	5	Eddie Simpkins	Southport Waterloo A.C.	11.6	G3	2	66	Thaddeus Anim Somuau	St Helens Sutton A.C.	11.9	
3	7	Daniel Eckford	Warrington A.C.	11.6	G3	3	55	Philip Blundell	Southport Waterloo A.C.	12.0	
4	1	Robert Black	Cheshire Tigers AC	11.8		4	33	David Price	North Wales	12.1	
5	3	Hevin Rowlands	North Wales	11.8		5	22	Mark Ogden	L'pool Pembroke Sefton	12.3	
6	6	Steve Moran	St Helens Sutton A.C.	11.9		6	11	Matthew Kenny	Cheshire Tigers AC	12.9	
7	8	John Mcgathan	Wigan & District H	11.9		7					
8						8					
200m A				Wind=	200m B				Wind=		
1	8	Tom O'Brien	Wigan & District H	22.6	G2*	1	66	Thaddeus Anim Somuau	St Helens Sutton A.C.	23.9	
2	2	Alex Stokes	L'pool Pembroke Sefton	23.3	G3	2	88	Jamie Vickery	Wigan & District H	24.3	
3	5	Eddie Simpkins	Southport Waterloo A.C.	23.6		3	22	Mark Ogden	L'pool Pembroke Sefton	24.8	
4	7	Daniel Eckford	Warrington A.C.	23.7		4	55	Jonathon Knott	Southport Waterloo A.C.	27.6	
5	6	Steve Moran	St Helens Sutton A.C.	24.6		5					
6	3	Hevin Rowlands	North Wales	24.8		6					
7						7					
8						8					
400m A					400m B						
1	2	Mark Grimshaw	L'pool Pembroke Sefton	50.4	G2*	1	55	Patrick O'Connor	Southport Waterloo A.C.	54.5	
2	1	Lee Davenport	Cheshire Tigers AC	53.3		2	44	Nathan Bibby	Preston Harriers	55.1	
3	8	Jonathan Sutch	Wigan & District H	53.7		3	22	Tom Daniels	L'pool Pembroke Sefton	55.4	
4	5	Daniel Rotherham	Southport Waterloo A.C.	55.1		4	88	Chris Needham	Wigan & District H	58.1	
5	6	Dave Twigg	St Helens Sutton A.C.	56.1		5	11	Matthew Kenny	Cheshire Tigers AC	61.0	
6	4	David Rigby	Preston Harriers	56.3		6	66	Alex Helsby	St Helens Sutton A.C.	62.0	
7	3	Alex Dean	North Wales	57.2		7					
8	7	Mike Timmins	Warrington A.C.	58.3		8					
800m A					800m B						
1	6	Dave Forrester	St Helens Sutton A.C.	01:59.2	G3*	1	44	David Rigby	Preston Harriers	02:04.9	
2	8	Michael Miller	Wigan & District H	01:59.5	G3*	2	88	Ben Hunt	Wigan & District H	02:06.1	
3	4	Nathan Bibby	Preston Harriers	01:59.8	G3*	3	33	Scott Roberts	North Wales	02:06.2	
4	1	Tom G	Cheshire Tigers AC	02:04.0		4	66	Greg Williams	St Helens Sutton A.C.	02:09.9	
5	2	Mark Leicester	L'pool Pembroke Sefton	02:04.8		5	11	Glen George	Cheshire Tigers AC	02:10.2	
6	3	Paul Williams	North Wales	02:11.1		6	22	Joe McKenna	L'pool Pembroke Sefton	02:15.7	
7	5	Jonathon Knott	Southport Waterloo A.C.	02:23.7		7	55	Kieran O'Brien	Southport Waterloo A.C.	02:25.4	
8						8		James Griffiths	Cheshire Tigers AC	02:01.2	N/S
9						9		Karl Moore	North Wales	02:13.7	N/S
1500m A					1500m B						
1	3	James Mills	North Wales	04:01.1	G3*	1	66	Dave Twigg	St Helens Sutton A.C.	04:21.5	
2	2	Mike Rimmer	L'pool Pembroke Sefton	04:01.8	G3*	2	22	Andy Bowen	L'pool Pembroke Sefton	04:24.9	
3	6	Dave Forrester	St Helens Sutton A.C.	04:12.7		3	33	Nicholas Northall	North Wales	04:29.6	
4	4	Peter Street	Preston Harriers	04:16.4		4	55	Greg Owen	Southport Waterloo A.C.	05:09.2	
5	1	Steven Mitchell	Cheshire Tigers AC	04:45.8		5					
6	5	Steven Gellett	Southport Waterloo A.C.	04:55.2		6					
7						7					
8						8		Ricky Challinor	North Wales	04:38.5	
9						9		Karl Moore	North Wales	04:53.9	

National Junior Athletics League 2005

Northern Region Mersey - Ellesmere Port

Perf Records
 Grades

24 April 2005

Perf Grades

2000m S/Chase A

2000m S/Chase B

1 x Event Not Held
2
3
4
5
6
7
8

1
2
3
4
5
6
7
8

3000m A

3000m B

1	11	Steven Mitchell	Cheshire Tigers AC	09:24.30
2	7	Jason McGonigle	Warrington A.C.	09:30.20
3	3	Harry Jones	North Wales	09:34.90
4	22	Chris Melling	L'pool Pembroke Sefton	10:22.00
5	6	John Appleton	St Helens Sutton A.C.	10:50.30
6	5	Kieran O'Brien	Southport Waterloo A.C.	11:18.90
7				
8				

1	1	Glen George	Cheshire Tigers AC	09:29.70
2	33	Ricky Challinor	North Wales	09:42.80
3				
4				
5				
6				
7				
8				

400m Hurdles A

400m Hurdles B

1	3	Alex Dean	North Wales	63.9
2	6	Dave Twigg	St Helens Sutton A.C.	66.6
3	5	Patrick O'Connor	Southport Waterloo A.C.	72.7
4	2	Carl Williams	L'pool Pembroke Sefton	disq
5				
6				
7				
8				

1	66	John Appleton	St Helens Sutton A.C.	72.8
2				
3				
4				
5				
6				
7				
8				

110m Hurdles A

Wind=

110m Hurdles B

Wind=

1	1	Simon Sloan	Cheshire Tigers AC	16.5	G3
2	4	Miles Mawley	Preston Harriers	17.5	
3	5	Luke Singer	Southport Waterloo A.C.	22.2	
4					
5					
6					
7					
8					

1	33	Ian Beetson	North Wales	37.06	G3
2					
3					
4					
5					
6					
7					
8					

Hammer A

Hammer B

1	3	David Price	North Wales	39.65	G3
2	2	Mathew Pierce	L'pool Pembroke Sefton	29.00	
3	5	Sam Moran	Southport Waterloo A.C.	24.08	
4	8	Jonathan Sutch	Wigan & District H	19.57	
5	6	Alex Helsby	St Helens Sutton A.C.	12.40	
6					
7					
8					

1	33	Ian Beetson	North Wales	37.06	G3
2					
3					
4					
5					
6					
7					
8					

National Junior Athletics League 2005

Northern Region Mersey - Ellesmere Port

				Records					Perf	Grades
				Perf					24 April 2005	
								Perf	Grades	
<u>Discus A</u>				<u>Discus B</u>						
1	3	David Price	North Wales	44.49	G2*	1	44	Adam Worthington	Preston Harriers	25.29
2	4	Stephen Porter	Preston Harriers	30.10		2	33	Ian Beetson	North Wales	21.83
3	2	Mathew Pierce	L'pool Pembroke Sefton	25.33		3	22	Matty Brooks	L'pool Pembroke Sefton	18.75
4	6	Ben Fisher	St Helens Sutton A.C.	24.60		4	55	Kieran O'Brien	Southport Waterloo A.C.	18.25
5	5	Sam Moran	Southport Waterloo A.C.	20.31		5	88	Jamie Vickery	Wigan & District H	11.99
6	8	Dale Glover	Wigan & District H	16.19		6				
7						7				
8						8				
<u>Javelin A</u>				<u>Javelin B</u>						
1	6	Ben Fisher	St Helens Sutton A.C.	53.92	G1*	1	44	Stephen Porter	Preston Harriers	41.04
2	4	Adam Worthington	Preston Harriers	43.76	G3	2	11	Carl Van Schie	Cheshire Tigers AC	33.45
3	2	Luke Parker	L'pool Pembroke Sefton	39.54		3	22	Andrew Taylor	L'pool Pembroke Sefton	28.67
4	1	Simon Sloan	Cheshire Tigers AC	35.39		4	33	Alex Dean	North Wales	25.29
5	5	Tom Leyland	Southport Waterloo A.C.	34.10		5	8	John Mcgathan	Wigan & District H	22.47
6	3	David Price	North Wales	33.72		6	55	Steven Gellett	Southport Waterloo A.C.	14.61
7	88	Phillip Hurley	Wigan & District H	22.84		7	66	John Appleton	St Helens Sutton A.C.	1.40
8						8				
<u>Shot Putt A</u>				<u>Shot Putt B</u>						
1	3	Ian Beetson	North Wales	10.11		1	22	Matty Brooks	L'pool Pembroke Sefton	7.72
2	5	Sam Moran	Southport Waterloo A.C.	9.98		2	33	Nicholas Northall	North Wales	7.02
3	44	Mark Fletcher	Preston Harriers	9.85		3	55	Kieran O'Brien	Southport Waterloo A.C.	6.42
4	88	Johnathan Sutch	Wigan & District H	8.60		4	6	Alex Helsby	St Helens Sutton A.C.	6.31
5	2	Mathew Pierce	L'pool Pembroke Sefton	8.15		5	4	Liam Isherwood	Preston Harriers	5.96
6	66	David Griffiths	St Helens Sutton A.C.	7.18		6				
7						7				
8						8				
<u>Long Jump A</u>				<u>Long Jump B</u>						
1		Liam Wignall	L'pool Pembroke Sefton	5.78		1		Mathew Robb	North Wales	5.30
2	7	Daniel Eckford	Warrington A.C.	5.65		2	8	Dale Glover	Wigan & District H	5.17
3	88	Phillip Hurley	Wigan & District H	5.41		3	66	David Griffiths	St Helens Sutton A.C.	4.98
4	1	Martin Jones	Cheshire Tigers AC	5.38		4	55	Jonathon Knott	Southport Waterloo A.C.	4.51
5	3	Chris Bailey	North Wales	5.35		5				
6	6	Thaddeus Anim Somuau	St Helens Sutton A.C.	5.26		6				
7	5	Patrick O'Connor	Southport Waterloo A.C.	5.10		7				
8						8				
<u>Triple Jump A</u>				<u>Triple Jump B</u>						
1	2	Liam Wignall	L'pool Pembroke Sefton	12.82		1	33	Mathew Robb	North Wales	11.78
2	3	Chris Bailey	North Wales	11.81		2	8	Dale Glover	Wigan & District H	10.94
3	5	Luke Singer	Southport Waterloo A.C.	11.54		3	66	David Griffiths	St Helens Sutton A.C.	10.50
4	88	Jamie Vickery	Wigan & District H	10.97		4				
5	6	Steve Moran	St Helens Sutton A.C.	10.54		5				
6						6				
7						7				
8						8				

National Junior Athletics League (Men) 2005

Northern Region Mersey - Ellesmere Port

24 April 2005

Events	TIGERS		LPS		N WALES		PRESTON		SWAC		ST HSAC		WAC		WIGAN		UNUSED		TOTAL		
100m	7	3	11	4	6	5			9	6	5	7	8		4	9		14	12	64	46
200m			9	6	5				8	5	6	9	7		11	7		18	19	64	46
400m	9	4	11	6	4		5	7	7	9	6	3	3		8	5		11	12	64	46
800m	7	4	6	3	5	6	8	9	4	2	11	5			9	7		14	10	64	46
1500m	6		9	7	11	6	7		5	5	8	9						18	19	64	46
2000m S/Chase																		64	46	64	46
3000m	11	9	7		8	7			5		6		9					18	30	64	46
400m Hurdles					11				8		9	9						36	37	64	46
110m Hurdles	11						9		8									36	46	64	46
Hammer			9		11	9			8		6				7			23	37	64	46
Discus			8	6	11	7	9	9	6	5	7				5	4		18	15	64	46
Javelin	7	7	8	6	5	5	9	9	6	3	11	2			4	4		14	10	64	46
Shot Putt			6	9	11	7	8	4	9	6	5	5			7			18	15	64	46
Long Jump	7		11		6	9			4	5	5	6	9		8	7		14	19	64	46
Triple Jump			11		9	9			8		6	6			7	7		23	24	64	46
High Jump	11				6		8				9				7			23	46	64	46
Pole Vault	9				11		7	9	8									29	37	64	46
4x100m Relay	9		11		5				6		7				8			18	46	64	46
4x400m Relay			11		9		8		6		7							23	46	64	46
	94	27	128	47	134	70	78	47	115	46	114	61	36		85	50		432	526	1216	874

Match Summary	TIGERS	LPS	N WALES	PRESTON	SWAC	ST HSAC	WAC	WIGAN		UNUSED	TOTAL
Teams	121.0	175.0	204.0	125.0	161.0	175.0	36.0	135.0		958.0	2090.0
Officials Penalties	35.0	35.0	35.0	35.0	35.0	35.0	35.0	15.0		20.0	280.0
Total	156.0	210.0	239.0	160.0	196.0	210.0	71.0	150.0		978.0	2370.0
Match Position	6	2	1	5	4	2	8	7	9		
League Points	4	8	9	5	6	8	2	3	1		

Standings	TIGERS	LPS	N WALES	PRESTON	SWAC	ST HSAC	WAC	WIGAN	
League Points	4.0	8.0	9.0	5.0	6.0	8.0	2.0	3.0	1.0
Match Points	156.0	210.0	239.0	160.0	196.0	210.0	71.0	150.0	
League Positions	6	2	1	5	4	2	8	7	9

Athlete of the Match Ben Fisher, St Helens Sutton AC, Javelin, 53.92m

National Junior Athletics League 2005 (Women)

Northern Region Mersey - Ellesmere Port

				Perf	Records	Grades	24 April 2005				Perf	Grades			
				Wind=				<u>100m B</u>				Wind=			
<u>100m A</u>															
1	1	Morgan Brown	Cheshire Tigers AC	12.6		G3*	1	33	Zoe Dickinson	North Wales	13.4				
2	7	Louise Woodward	Warrington A.C.	13.1			2	11	Hannah Hewitson	Cheshire Tigers AC	13.6				
3	3	Katie Parry	North Wales	13.3			3	77	Vicki Nicholson	Warrington A.C.	13.7				
4	4	Esther Phillipson	Preston Harriers	13.4			4	55	Katie Hooton	Southport Waterloo A.C.	13.7				
5	5	Stephanie May	Southport Waterloo A.C.	13.6			5	66	Rachael Price	St Helens Sutton A.C.	14.1				
6	2	Rachael Green	L'pool Pembroke Sefton	13.7			6								
7	6	Lucy Mitchell	St Helens Sutton A.C.	14.1			7								
8							8								
<u>200m A</u>															
1	1	Morgan Brown	Cheshire Tigers AC	26.5			1	33	Lisa Marie Edwards	North Wales	27.0				
2	3	Llio Fleur Evans	North Wales	26.5			2	11	Rachel Stoakley	Cheshire Tigers AC	27.2				
3	4	Eleanor Matchendale	Preston Harriers	27.0			3	55	Katie Hooton	Southport Waterloo A.C.	28.7				
4	6	Vicky Davies	St Helens Sutton A.C.	28.2			4	22	Stephanie Lucy	L'pool Pembroke Sefton	28.8				
5	2	June Swift	L'pool Pembroke Sefton	28.4			5	44	Esther Phillipson	Preston Harriers	28.9				
6	5	Lorna Graham	Southport Waterloo A.C.	28.4			6	66	Vicky Davies	St Helens Sutton A.C.	31.3				
7							7								
8							8								
<u>400m A</u>															
1	4	Stephanie Roe	Preston Harriers	59.2		G3*	1	55	Lorna Graham	Southport Waterloo A.C.	61.8				
2	3	Llio Fleur Evans	North Wales	60.0		G3*	2	33	Charlotte Lloyd	North Wales	63.2				
3	2	June Swift	L'pool Pembroke Sefton	61.5		G3	3	22	Helen Green	L'pool Pembroke Sefton	65.4				
4	1	Charlotte Roach	Cheshire Tigers AC	63.6			4								
5	7	Heather Roberts	Warrington A.C.	63.7			5								
6	5	Stephanie May	Southport Waterloo A.C.	65.2			6								
7	6	Layla Tapley	St Helens Sutton A.C.	89.9			7								
8							8								
<u>800m A</u>															
1	4	Stephanie Roe	Preston Harriers	02:15.2		G3*	1	44	Kate Hindle	Preston Harriers	02:19.1		G3*		
2	2	June Swift	L'pool Pembroke Sefton	02:21.2			2	11	Stevie Stockton	Cheshire Tigers AC	02:20.4				
3	3	Rebecca Nuttall	North Wales	02:21.3			3	77	Sophie Stephens	Warrington A.C.	02:32.4				
4	7	Lucy Gemmell	Warrington A.C.	02:24.9			4	55	Lorna Graham	Southport Waterloo A.C.	02:32.8				
5	1	Rachael Clews	Cheshire Tigers AC	02:33.7			5	22	Stephanie Swift	L'pool Pembroke Sefton	02:39.2				
6	5	Kim Edgerton	Southport Waterloo A.C.	02:47.3			6	33	Stephanie Cheers	North Wales	02:53.0				
7	6	Layla Tapley	St Helens Sutton A.C.	03:14.9			7								
8							8		Lucy Knight	Cheshire Tigers AC	02:40.1				
<u>1500m A</u>															
1	4	Kate Hindle	Preston Harriers	04:45.1		G3*	1	11	Hannah Weedall	Cheshire Tigers AC	05:08.6				
2	1	Laura Lambert	Cheshire Tigers AC	04:48.7		*	2	77	Alison Patrick	Warrington A.C.	05:13.4				
3	7	Kelly Money	Warrington A.C.	05:13.4			3	44	Aime Kevan	Preston Harriers	05:34.1				
4	2	Stephanie Swift	L'pool Pembroke Sefton	05:33.7			4	22	Laura Wanless	L'pool Pembroke Sefton	05:53.3				
5							5								
6							6								
7							7		Charlotte Roach	Cheshire Tigers AC	05:00.9				
8							8		Kate Spilsbury	Cheshire Tigers AC	05:30.5				
<u>2000m S/Chase A</u>															
1							1								
2							2								
3							3								
4							4								
5							5								
6							6								
7							7								
8							8								
<u>2000m S/Chase B</u>															
1							1								
2							2								
3							3								
4							4								
5							5								
6							6								
7							7								
8							8								

National Junior Athletics League 2005 (Women)

Northern Region Mersey - Ellesmere Port

Perf Records Grades **24 April 2005** Perf Grades

<u>3000m A</u>				<u>3000m B</u>						
1	7	Heather Timmins	Warrington A.C.	10:52.2	G3	1	11	Gemma Leivesley	Cheshire Tigers AC	12:13.4
2	1	Louise Bossom	Cheshire Tigers AC	11:46.9		2	77	Sarah Vandevale	Warrington A.C.	12:42.8
3	3	Becky Nuttall	North Wales	11:57.7		3	55	Lauren Wilson	Southport Waterloo A.C.	13:53.3
4	5	Kim Edgerton	Southport Waterloo A.C.	13:03.4		4	33	Emma Fletcher	North Wales	15:49.5
5						5				
6						6				
7						7				
8						8				

<u>400m Hurdles A</u>				<u>400m Hurdles B</u>						
1	6	Caroline Morley	St Helens Sutton A.C.	73.3		1	66	Nichola Quinn	St Helens Sutton A.C.	94.2
2	3	Emma Fletcher	North Wales	81.0		2				
3	5	Lauren Wilson	Southport Waterloo A.C.	83.5		3				
4						4				
5						5				
6						6				
7						7				
8						8				

<u>100m Hurdles A</u>				<u>100m Hurdles B</u>						
			<i>Wind=</i>				<i>Wind=</i>			
1	6	Caroline Morley	St Helens Sutton A.C.	17.4		1	33	Vicki Oliver	North Wales	19.0
2	3	Hazel Surguy-Price	North Wales	18.4		2				
3						3				
4						4				
5						5				
6						6				
7						7				
8						8				

<u>Hammer A</u>				<u>Hammer B</u>						
1	22	Kerri Massey	L'pool Pembroke Sefton	28.04	G3*	1	2	Natalie Walsh	L'pool Pembroke Sefton	26.96
2	3	Rachael Walker	North Wales	24.61		2	33	Faye Calvert	North Wales	23.21
3	6	Nichola Quinn	St Helens Sutton A.C.	18.20		3	66	Layla Tapley	St Helens Sutton A.C.	13.20
4						4				
5						5				
6						6				
7						7				
8						8				

<u>Discus A</u>				<u>Discus B</u>						
1	3	Faye Calvert	North Wales	34.08	G3*	1	33	Laura Wynne	North Wales	25.90
2	2	Natalie Walsh	L'pool Pembroke Sefton	30.67	*	2	22	Kerri Massey	L'pool Pembroke Sefton	25.62
3	1	Lauren Hunt	Cheshire Tigers AC	30.39	*	3	4	Aime Kevan	Preston Harriers	19.41
4	44	Katie Wilson	Preston Harriers	20.58		4	77	Heather Timmins	Warrington A.C.	13.16
5	6	Nichola Quinn	St Helens Sutton A.C.	17.40		5	66	Taja Rundle	St Helens Sutton A.C.	13.04
6	7	Lauren Stevens	Warrington A.C.	16.92		6				
7						7				
8						8				

<u>Javelin A</u>				<u>Javelin B</u>							
1	22	Anne Marie Pennington	L'pool Pembroke Sefton	32.87	G3	1	2	Kerri Massey	L'pool Pembroke Sefton	32.09	G3
2	33	Stephanie Cheers	North Wales	31.29		2	3	Laura Wynne	North Wales	28.83	
3	11	Louise Burton	Cheshire Tigers AC	27.63		3	1	Helen Clowes	Cheshire Tigers AC	24.73	
4	4	Aime Kevan	Preston Harriers	26.42		4	44	Katie Wilson	Preston Harriers	23.31	
5	6	Emma McClatchey	St Helens Sutton A.C.	24.84		5	77	Lucy Gemmell	Warrington A.C.	16.88	
6	7	Lauren Stevens	Warrington A.C.	22.53		6	66	Taja Rundle	St Helens Sutton A.C.	12.45	
7	5	Stephanie May	Southport Waterloo A.C.	17.26		7					
8						8					

National Junior Athletics League 2005 (Women)

Northern Region Mersey - Ellesmere Port

Perf Records
 Grades

24 April 2005

Perf Grades

Shot Putt A

1	1	Louise Burton	Cheshire Tigers AC	9.90	
2	3	Faye Calvert	North Wales	9.03	
3	44	Laura Ridley	Preston Harriers	8.31	
4	2	Natalie Walsh	L'pool Pembroke Sefton	6.69	
5	66	Nichola Quinn	St Helens Sutton A.C.	6.65	
6	7	Vicki Nicholson	Warrington A.C.	5.90	
7					
8					

Shot Putt B

1	11	Lauren Hunt	Cheshire Tigers AC	9.30	
2	4	Katie Wilson	Preston Harriers	8.11	
3	6	Melissa McLoughlin	St Helens Sutton A.C.	6.58	
4	33	Rachael Walker	North Wales	6.44	
5	22	Anne Marie Pennington	L'pool Pembroke Sefton	5.98	
6					
7					
8					

Long Jump A

1	4	Eleanor Matchendale	Preston Harriers	5.39	G3*
2	7	Louise Woodward	Warrington A.C.	4.92	
3	11	Stephanie Kleynhans	Cheshire Tigers AC	4.67	
4	2	Rachael Green	L'pool Pembroke Sefton	4.58	
5	6	Lucy Mitchell	St Helens Sutton A.C.	4.50	
6	33	Zoe Dickinson	North Wales	4.46	
7	5	Stephanie May	Southport Waterloo A.C.	4.23	
8					

Long Jump B

1	44	Laura Ridley	Preston Harriers	4.91	
2	1	Louise Burton	Cheshire Tigers AC	4.31	
3	77	Vicki Nicholson	Warrington A.C.	4.28	
4	3	Vicki Oliver	North Wales	4.22	
5	22	Helen Green	L'pool Pembroke Sefton	4.21	
6	66	Vicky Davies	St Helens Sutton A.C.	4.15	
7	55	Katie Hooton	Southport Waterloo A.C.	4.09	
8					

Triple Jump A

1	11	Hannah Hewitson	Cheshire Tigers AC	10.92	G2*
2	7	Louise Woodward	Warrington A.C.	10.58	G2*
3	4	Emma James	Preston Harriers	10.42	G2*
4	6	Lucy Mitchell	St Helens Sutton A.C.	10.06	G2*
5	33	Rachael Thomas	North Wales	9.46	G3
6	2	Rachael Green	L'pool Pembroke Sefton	9.25	G3
7	5	Lauren Wilson	Southport Waterloo A.C.	8.76	
8					

Triple Jump B

1	1	Stephanie Kleynhans	Cheshire Tigers AC	9.66	G3
2	22	Helen Green	L'pool Pembroke Sefton	9.17	G3
3	66	Emma McClatchey	St Helens Sutton A.C.	9.16	G3
4	44	Esther Phillipson	Preston Harriers	8.75	
5	3	Katie Parry	North Wales	8.72	
6	55	Kim Edgerton	Southport Waterloo A.C.	7.91	
7					
8					

High Jump A

1	1	Stephanie Kleynhans	Cheshire Tigers AC	1.58	G3*
2	44	Eleanor Matchendale	Preston Harriers	1.54	
3	3	Hazel Surguy-Price	North Wales	1.54	
4	2	Ashley McComb	L'pool Pembroke Sefton	1.50	
5	7	Megan Tyler	Warrington A.C.	1.50	
6	6	Vicky Davies	St Helens Sutton A.C.	1.40	
7					
8					

High Jump B

1	4	Emma James	Preston Harriers	1.54	
2	33	Emma Garstang	North Wales	1.45	
3	11	Emily Jurgis	Cheshire Tigers AC	1.45	
4	77	Heather Roberts	Warrington A.C.	1.35	
5	66	Rachael Price	St Helens Sutton A.C.	1.25	
6					
7					
8					

Pole Vault A

1	6	Emma McClatchey	St Helens Sutton A.C.	2.45	G3*
2	33	Rachael Thomas	North Wales	2.45	G3*
3					
4					
5					
6					
7					
8					

Pole Vault B

1	3	Alaw Cerris	North Wales	2.25	G3*
2					
3					
4					
5					
6					
7					
8					

National Junior Athletics League 2005 (Women)

Northern Region Mersey - Ellesmere Port

Perf Records
 Grades

24 April 2005

Perf Grades

4x100m Relay

1	3	North Wales	Zoe Dickinson	Llio Fleur Evans	Katie Parry	Lisa Marie Edwards	51.8
2	1	Cheshire Tigers AC	Rachel Stoakley	Hannah Hewitson	Laura Lambert	Morgan Brown	52.1
3	4	Preston Harriers	Katie Wilson	Eleanor Matchendale	Emma James	Esther Phillipson	53.8
4	6	St Helens Sutton A.C.	Vicky Davies	Racheal Price	Caroline Morley	Jessica Cretu	54.4
5	7	Warrington A.C.	Louise Woodward	Heather Timmins	Sophie Stevens	Megan Tyler	55.9
6	2	L'pool Pembroke Sefton	Stephanie Lucy	Rachael Green	Ashley McComb	Helen Green	56.0
7	5	Southport Waterloo A.C.	Lorna Graham	Katie Hooton	Kim Edgerton	Lauren Wilson	56.0
8							

4x400m Relay

1	1	Cheshire Tigers AC	Laura Lambert	Stevie Stockton	Hannah Weedall	Charlotte Roach	04:11.8	*
2	4	Preston Harriers	Esther Phillipson	Aime Kevan	Kate Hindle	Stephanie Roe	04:16.9	
3	3	North Wales	Charlotte Lloyd	Hazel Surguy-Price	Rebecca Nuttall	Llio Fleur Evans	04:18.5	
4	7	Warrington A.C.	Heather Timmins	Lucy Gemmell	Heather Roberts	Kelly Money	04:19.7	
5	2	L'pool Pembroke Sefton	June Swift	Helen Green	Stephanie Swift	laura Wanless	04:21.0	
6	6	St Helens Sutton A.C.	Layla Tapley	Lucy Mitchell	Caroline Morley	Emma McClatchey	05:04.2	
7								
8								

National Junior Athletics League 2005 (Women)

Northern Region Mersey - Ellesmere Port

24 April 2005

Events	TIGERS		LPS		N WALES		PRESTON		SWAC		STHSAC		WAC		UNUSED		TOTAL	
100m	11	7	5		8	9	7		6	5	4	4	9	6	-7	-2	43	29
200m	11	7	6	5	9	9	8	4	5	6	7	3			-3	-5	43	29
400m	7		8	6	9	7	11		5	9	4		6		-7	7	43	29
800m	6	7	9	4	8	3	11	9	5	5	4		7	6	-7	-5	43	29
1500m	9	9	7	5			11	6					8	7	8	2	43	29
3000m	9	9			8	5			7	6			11	7	8	2	43	29
400m Hurdles					9				8		11	9			15	20	43	29
100m Hurdles					9	9					11				23	20	43	29
Hammer			11	9	9	7					8	6			15	7	43	29
Discus	8		9	7	11	9	7	6			6	4	5	5	-3	-2	43	29
Javelin	8	6	11	9	9	7	7	5	4		6	3	5	4	-7	-5	43	29
Shot Putt	11	9	7	4	9	5	8	7			6	6	5		-3	-2	43	29
Long Jump	8	7	7	4	5	5	11	9	4	2	6	3	9	6	-7	-7	43	29
Triple Jump	11	9	5	7	6	4	8	5	4	3	7	6	9		-7	-5	43	29
High Jump	11	6	7		8	7	9	9			5	4	6	5	-3	-2	43	29
Pole Vault					9	9					11				23	20	43	29
4x100m Relay	9		5		11		8		4		7		6		-7	29	43	29
4x400m Relay	11		6		8		9				5		7		-3	29	43	29
	130	76	103	60	145	95	115	60	52	36	108	48	93	46	28	101	774	522

Match Summary	TIGERS	LPS	N WALES	PRESTON	SWAC	STHSAC	WAC	UNUSED	TOTAL
Teams	206.0	163.0	240.0	175.0	88.0	156.0	139.0	129.0	1296.0
Officials Penalties	35.0	35.0	35.0	35.0	35.0	35.0	15.0	20.0	245.0
Total	241.0	198.0	275.0	210.0	123.0	191.0	154.0	149.0	1541.0
Match Position	2	4	1	3	7	5	6		
League Points	7	5	8	6	2	4	3		

Standings	TIGERS	LPS	N WALES	PRESTON	SWAC	STHSAC	WAC
League Points	7.0	5.0	8.0	6.0	2.0	4.0	3.0
Match Points	241.0	198.0	275.0	210.0	123.0	191.0	154.0
League Positions	2	4	1	3	7	5	6

Athlete of the Match Stephanie Rowe, Preston H, 400m 59.2 secs