

The Fifth NORTH WEST COUNTIES ROAD RELAYS

(incorporating the Cheshire, Greater Manchester, Lancashire and Merseyside Championships).

Under UK: Athletics "Rules for Competition 2004".

NoEAA Permit 7107

Birchwood, near Warrington, Sunday 19 September 2004

(by kind permission of the **BIRCHWOOD PARK ESTATES**)

NOTE : CH = Cheshire; GM = Greater Manchester; LA = Lancashire; MS = Merseyside

Men (4x5.6km)		G Williams	19:29 (10)
		T Smith	18:57 (9)
		I Mayburn	19:43 (9)
1. Salford H&AC	70:52 (GM1)	10 North Fylde AC	76:28 (LA3)
K Chapman	17:33 (3)	S Robinson	18:18 (10)
J Kovacs	18:01 (1)	L Endean	19:33 (13)
C Hardman	17:24 (1)	B Eadie	19:32 (13)
D Mason	17:54 (1)	J Houghton	19:05 (10)
2. Liverpool H&AC	71:09 (MS1)	11. Vale Royal AC	76:31 (CH2)
R Burney	17:37 (4)	A Ellis	18:35 (14)
B Murphy	18:04 (2)	G Thompson	19:14 (12)
R Shearer	18:03 (2)	M Mitchell	19:28 (12)
M Keeley	17:25 (2)	G Miles	19:14 (11)
3. Preston H	74:36 (LA1)	12. Preston H (Vets)	77:06 (LA4)
S Hallas	18:24 (12)	S Smith	17:38 (5)
M Livingstone	18:36 (6)	P Baxendale	19:31 (7)
J Parker	18:47 (5)	K Hesketh	20:02 (11)
B Dewhurst	18:49 (3)	P Quibell	19:55 (12)
4. Wirral AC	74:40 (MS2)	13. Wesham RR	77:31 (LA5)
A Woods	17:31 (2)	A Rowe	18:32 (13)
M Humston	18:33 (3)	C Unkinson	19:19 (14)
C Stanridge	19:11 (4)	G Pendlebury	19:03 (10)
K Buxton	19:25 (4)	B Peatfield	20:37 (13)
5. Leigh H	74:55 (GM2)	14. Liverpool H&AC "C"	77:36 (MS5)
S Hughes	17:41 (6)	K Hatton	19:27 (25)
P Foster	18:41 (4)	R Cushion	18:48 (16)
J Howarth	18:47 (3)	T Clarke	19:27 (15)
A Urmston	19:46 (5)	P Harrison	19:54 (14)
6. Blackpool & Fylde AC	75:06 (LA2)	15. West Cheshire AC	77 37 (CH3)
J Prowse	16:54 (1)	G Withers	19:54 (30)
B Hall	19:30 (5)	G McNeil	18:34 (17)
P Johnson	19:40 (6)	K Begley	19:08 (14)
D Hayes	19:02 (6)	P Frodsham	20:01 (15)
7. Liverpool H&AC "B"	75:15 (MS3)	16. Spectrum Striders	78:00 (CH4)
J Parkinson	18:22 (11)	L Thompson	19:12 (22)
J Mannion	19:36 (15)	M Burnett	20:09 (22)
P Hennessey	18:37 (7)	N Ashcroft	19:39 (19)
P Walsh	18:40 (7)	I Bamber	19:00 (16)
8. Wilmslow	75:29 (CH1)	17. Wirral AC "B"	78:05 (MS6)
J Pendrill	19:11 (21)	E Robinson	19:44 (27)
M Halman	18:26 (9)	L Foster	19:10 (20)
S Parrot	18:59 (8)	M Morris	20:12 (20)
T McGaff	18:53 (8)	C Henry	18:59 (17)
9. St Helens Sutton	76:25 (MS4)	18. Ellesmere Port RC	78:32 (CH5)
S Mayers	18:16 (9)	I Cooper	19:05 (17)
		D Duret	19:45 (19)
		T Hyland	20:25 (21)

S Crowe	19:17 (18)		
19. Rossendale H&AC	78:43 (LA6)		
M Corbishley	19:26 (24)		
A Buttery	19:56 (23)		
S Molloy	19:34 (18)		
S Duxbury	19:47 (19)		
20. Rochdale H	78:58 (GM3)		
I Stainthorpe	20:36 (35)		
P Williams	18:53 (26)		
K Robinson	19:18 (16)		
C Leach	20:11 (20)		
21. Manchester H&AC	79:07 (GM4)		
D Gee	19:03 (16)		
A Skitt	19:43 (18)		
A Fitzpatrick	20:03 (17)		
A Donnelly	20:18 (21)		
22. St Helens Sutton "B"	80:33 (MS7)		
B Graney	19:29 (26)		
A O'Connor	20:17 (26)		
I Crompton	19:59 (24)		
I White	20:48 (22)		
23. Spectrum Striders "B"	80:49 (CH6)		
M Ward	20:01 (31)		
J Spencer	20:06 (29)		
J Hewley	20:03 (25)		
C Martin	20:39 (23)		
24. North Fylde AC "B"	80:51 (LA7)		
J Lawton	20:31 (34)		
M Pritt	19:56 (30)		
A Tartari	20:20 (27)		
M Cronshaw	20:04 (24)		
25. Vale Royal "B"	80:56 (CH7)		
G Williams	19:10 (19)		
D Gough	20:05 (21)		
M Thornley	20:15 (22)		
J Edwards	21:26 (25)		
26. Warrington AC	81:01 (CH8)		
A Timmins	19:15 (23)		
S Burthem	20:09 (24)		
N Stephens	21:06 (26)		
I Costello	20:31 (26)		
27. Liverpool, Pemb & Seft	81:58 (MS8)		
J Boardman	18:01 (8)		
C Jones	19:46 (11)		
M Barrow	21:45 (23)		
R Wood	22:26 (27)		
28. Southport Waterloo	83:26 (MS9)		
R Bowker	19:08 (18)		
S Wilkinson	20:54 (28)		
M Cunningham	20:58 (28)		
S James	22:26 (28)		
29. Spectrum Striders "C"	83:43 (CH9)		
M Livingston	19:49 (29)		
C Turner	20:10 (27)		
I Harris	21:21 (29)		
N Garnett	22:23 (29)		
30. St Helens "C"	85:49 (MS10)		
R Vose	20:43 (36)		
B Cunliffe	21:00 (32)		
A Webb	21:10 (31)		
P Boyach	22:56 (30)		
31. Rochdale H "B"	86:19 (GM5)		
M Walker	21:56 (41)		
M Catherall	20:52 (36)		
J Leach	21:52 (31)		
R Dalby	21:39 (31)		
32. Wilmslow V50	86:40 (CH10)		
G Mendham	22:09 (42)		
M Fairs	20:53 (37)		
T Hulme	21:47 (33)		
A Watts	21:51 (32)		
33. Ellesmere Port RC "B"	87:12 (CH11)		
S Jeffs	20:21 (32)		
C Marshall	21:58 (35)		
I Robinson	23:16 (34)		
D Legg	21:37 (33)		
34. Wesham RR "B"	87:27 (LA8)		
J Bertenshaw	21:02 (38)		
K Lee	21:07 (33)		
B Edwards	23:30 (35)		
S Myerscough	21:48 (34)		
35. Manchester H&AC "B"	87:28 (GM6)		
D Gregory	18:53 (15)		
M Cunningham	21:36 (31)		
P Holmes	22:03 (30)		
G Lawson	24:56 (35)		
36. Lytham St Annes	88:21 (LA9)		
T Hellings	21:28 (39)		
D Dunn	20:46 (34)		
P Walsh	25:53 (37)		
N Thompson	20:14 (36)		
37. Vale Royal "C"	89:52 (CH12)		
B Steele	22:12 (44)		
T Archer	21:44 (38)		
J Davies	24:12 (38)		
S Ryabov	21:44 (37)		
38. Spectrum Striders V50	89:56 (CH13)		
A Garnett	21:34 (40)		
T Coles	23:19 (41)		
N Griffiths	23:40 (39)		
S Lidell	21:23 (38)		
39. North Fylde "C"	91:17 (LA10)		
J Wright	22:10 (43)		
T Bradshaw	22:05 (39)		
I Close	22:09 (36)		
D Dyson	24:53 (39)		
40. St Helens Sutton (n/c)	93:20		
I Wharton	20:25 (33)		
R Bradshaw	24:17 (40)		
T Reffle	24:08 (40)		
S Earlam	24:30 (40)		
41. North Fylde "C"	97:04 (LA11)		

S Abbott	23:35 (47)
M Maume	23:46 (45)
M Walsh	25:38 (42)
D Brooks	24:95 (41)

42. North Fylde "D" 97:07 (LA12)

D Richardson	22:34 (46)
D Wood	23:46 (42)
M Sherwood	26:43 (43)
T Croft	24:04 (42)

43. Rochdale H "C" 98:03 (GM7)

J Purdy	22:24 (45)
O.Malitin	24:26 (44)
D Whitehead	25:24 (41)
P Roberts	25:49 (43)

44. Spectrum Striders V50 105:32 (CH14)

D Redpath	26:11 (48)
G Wilson	25:25 (46)
J Lilley	23:51 (44)
K Black	30:05 (44)

incomplete teams :

Salford H

P Leybourne	17:58 (7)
S Williams	19:15 (8)

Wirral

M Quinn	21:00 (37)
G McGregor	25:24 (43)

Liverpool H&AC

R Cole	19:11 (20)
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West Cheshire

G Earlam	19:46 (29)
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Fastest Legs

16:54	J Prowse (Blackpool & F)	1
17:24	C Hardman(Salford)	3
17:25	M Keeley (Liverpool H)	4
17:31	A Woods (Wirral0)	1
17:33	K Chapman (Salford)	1
17:37	R Burney (Liverpool H)	1
17:38	S Smith (Preston H)	1
17:41	S Hughes (Leigh H)	1
17:54	D Mason (Salford)	4
17:58	P Leybourne (Salford)	1

Under 17 Men (3x5.6km)

1. Liverpool H&AC 57:11 (MS1)

M Quarless	19:00 (1)
C Hoy	19:06 (1)
C Gundelson	19:05 (1)

2. Blackpool & Fylde 59:32 (LA1)

T Cunningham	19:13 (2)
R Pilkington	20:15 (2)
D Preddy	20:04 (2)

3. Liverpool H&AC "B" 61:01 (MS2)

D Gass	19:47 (5)
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J McCully	20:01 (4)
L McCully	21:13 (3)

4. Vale Royal AC 61:43 (CH1)

G George	19:37 (4)
M Carroll	21:21 (5)
J Griffiths	20:45 (4)

5. Macclesfield H&AC 62:06 (CH2)

J Swindells	20:55 (7)
J Burgon	21:37 (6)
T Grundy	19:34 (5)

6. Wirral AC 63:11 (MS3)

K Savill	22:15 (10)
C Smith	21:15 (8)
J Donnelly	19:41 (6)

7. Bury AC 66:19 (GM1)

J Dagg	20:55 (8)
C Riley	22:30 (7)
K Stott	22:54 (7)

8. Southport Waterloo 66:54 (MS4)

D Scally	21:55 (9)
K O'Brien	24:03 (10)
E Smith	20:56 (8)

incomplete teams

Liverpool H&AC

T Brady	19:22 (3)
J Russell	20:06 (3)

St Helens Sutton

T Appleton	20:44 (6)
T Rigby	24:21 (9)

Southport Waterloo

D Jones	22:57 (11)
G Owen	23:57 (11)

Fastest Legs

19:00	M Quarless (Liverpool H)	1
19:05	C Gunderson (Liverpool H)	3
19:06	C Hoy (Liverpool H)	2
19:13	T Cunningham (Blackpool & F)	1
19:22	T Brady (Liverpool H)	1
19:34	T Grundy (Macclesfield)	3
19:37	G Gore (Vale Royal)	1
19:41	J Donnelly (Wirral)	3
19:47	D Cass (Liverpool H)	1

Under 15 Boys (3x2.8km)

1. East Cheshire 28:06 (GM1)

S Horsfield	8:37 (1)
S Laing	9:49 (2)
N Gould	9:40 (1)

2.Liverpool H&AC 28:07 (MS1)

D Bridge	9:23 (5)
H Harper	9:21 (3)

L Luscombe 9:23 (2)
3. St Helens Sutton 28:31 (MS2)
 D Forrester 8:38 (2)
 P Knowles 9:47 (1)
 B Clough 10:06 (3)

4. Vale Royal AC 29:40 (CH1)
 L Davenport 9:18 (4)
 R Platt 10:15 (5)
 C Perry 10:07 (4)

5. Southport Waterloo 29:52 (MS3)
 M Evans 9:42 (9)
 C Brennan 10:12 (7)
 G Wilson 9:58 (5)

6. Bury AC 29:59 (GM2)
 J Cole 9:55 (10)
 N Lamont 10:42 (11)
 S Evans 9:22 (6)

7. Macclesfield H&AC 30:09 (CH2)
 D Murray 9:38 (7)
 A Elder 10:36 (8)
 D Swetman 9:55 (7)

8. Hyndburn AC 30:01 (LA1)
 A Hurley 9:05 (3)
 R Schofield 9:41 (4)
 C Pounder 11:32 (8)

9. Macclesfield "B" 30:19 (CH3)
 E Williams 9:32 (6)
 M Cuming 10:57 (9)
 E Burgon 9:50 (9)

10. Liverpool H&AC "B" 30:50 (MS4)
 J Toohey 10:17 (11)
 A Johnson 10:19 (10)
 J ashton 10:14 (10)

11. Wirral AC 31:51 (MS5)
 J Griffiths 11:04 (15)
 J Forrester 10:49 (13)
 F Fitzpatrick 9:58 (11)

12. Blackpool & Fylde 31:55 (LA2)
 M Unsworth 9:40 (8)
 D Bamber 9:56 (6)
 L Wood 12:19 (12)

13. Liverpool H&AC "C" 33:18 (MS6)
 T Croft 10:31 (12)
 M Morrow 10:20 (12)
 A Metcalfe 12:27 (13)

incomplete teams

Southport Waterloo
 S Gellet 10:34 (13)

Hyndburn
 D Rawcliffe 10:52 (14)

Vale Royal
 K Kinvig 11:22 (16)

Liverpool H&AC
 T Hyland 11:49 (17)

Fastest legs
 8:37 S Horsfield (East Cheshire) 1
 8:38 D Forrester (St Helens Sutton) 1
 9:05 A Hurley (Hyndburn) 1
 9:18 L Davenport (Vale Royal) 1
 9:21 H Harper (Liverpool H) 2
 9:22 S Evans (Bury) 3
 9:23 D Bridge (Liverpool H) 1
 9:23 L Luscombe (Liverpool H) 3

Under 13 Boys (3x2.8km)

1. Liverpool H&AC 31:25 (MS1)
 P Leggett 10:27 (4)
 M Bush 10:26 (9)
 B Brown 10:38 (1)

2. Leigh H&AC 32:25 (GM1)
 I McCann 10:04 (1)
 T Powell 10:59 (2)
 C Adamson 11:22 (2)

3. St Helens Sutton 32:38 (MS2)
 T Healey 10:17 (2)
 I Jameson 11:02 (3)
 I Ashcroft 11:19 (3)

4. Liverpool H&AC "B" 32:41 (MS3)
 C Bush 10:33 (5)
 M Winslade 10:58 (4)
 D Hyland 11:10 (4)

5. Liverpool H&AC "C" 33:01 (MS4)
 L McCombe 11:15 (6)
 A Marteau 10:46 (5)
 J Rogers 11:00 (5)

6. Bury AC 33:13 (GM2)
 L Szymanski 10:19 (3)
 A Cheshire 11:54 (6)
 R Little 11:00 (6)

7. East Cheshire 34:28 (GM3)
 S Hayto 11:37 (8)
 S Kinsey 12:27 (9)
 R Gould 10:24 (7)

incomplete teams

Hyndburn
 W Eaton 11:15 (7)
 E Bailey 12:11 (7)

Fastest legs
 10:04 I McCann (Leigh H) 1
 10:17 J Healey (St Helens Sutton) 1
 10:19 L Szymanski (Bury) 1
 10:24 R Gould (East Cheshire) 3
 10:26 M Bush (Liverpool H) 2
 10:27 P Leggett (Liverpool H) 1

Ladies (3x5.6km)

1. Liverpool H	61:03 (MS1)	14. Warrington AC	72:35 (CH4)
H Carroll	20:01 (2)	S Vandewalle	24:17 (18)
R Thompson	21:28 (1)	F McGrath	24:07 (15)
C Murphy	19:34 (1)	L Staniford	24:11 (14)
2. Preston H	63:30 (LA1)	15. Wirral AC	73:06 (MS4)
P Walsh	21:17 (5)	C Hawkes	23:51 (15)
E Deakin	22:13 (4)	L Crawshaw	23:36 (13)
T Allen	20:00 (2)	J Fox	25:39 (15)
3. Liverpool H "B"	64:09 (MS2)	16. Wilmslow RC	73:41 (CH5)
V Griffith	22:12 (7)	K Green	23:37 (13)
L Carney	20:43 (2)	J Clark	23:18 (11)
L Egan	21:14 (3)	K Sutton	26:46 (16)
4. Macclesfield H&AC	64:29 (CH1)	17. North Fylde AC "B"	74:18 (LA6)
A Hartopp	21:36 (6)	A Titterington	24:19 (19)
A Farmer	21:31 (3)	J Cruse	25:10 (17)
R Pleeth	21:22 (4)	R Calderbank	24:49 (17)
5. Spectrum Striders	66:30 (CH2)	18. Liverpool H "C"	74:45 (MS5)
M Martin	22:32 (9)	K McGing	25:24
N Salahi	22:55 (7)	J Pybis	25:37 (19)
C Davies	21:03 (5)	M King	23:44 (18)
n/c. St Helens Sutton	68:27 (MS3)	19. Wirral "B"	75:28 (MS6)
G Bacon	20:11 (3)	H Allison	24:13 (16)
J Eccleston	23:46 (6)	L Wright	27:27 (21)
L Webb	24:30 (6)	P Cooper	23:48 (19)
7. North Fylde AC	68:47 (LA2)	20. Stockport "B"	76:12 (GM3)
A Smith	22:18 (8)	K McCrackle	25:05 (22)
S Turner	23:59 (9)	S Glendon	25:51 (18)
C O'Connor	22:30 (7)	M Ellis	25:16 (20)
8. Clayton-le-Moors H	69:28 (LA3)	21. Spectrum Striders "B"	76:26 (CH6)
D Robson	23:12 (11)	J Dix-Baker	25:43 (24)
A Duckworth	23:18 (10)	J Redpath	26:30 (22)
T Mitchell	22:58 (8)	J Salmon	24:13 (21)
9. Stockport H	70:00 (GM1)	22. North Fylde AC "C"	77:50 (LA7)
J Murray	20:18 (4)	J Hodgkinson	24:52 (21)
J Mellor	23:24 (5)	G James	26:40 (20)
D McCann	26:18 (9)	K Dunford	26:18 (22)
10. Blackpool & Fylde AC	70:46 (LA4)	23. Leigh H "B"	79:12 (GM4)
D Wiseman	26:18 (27)	E Castledine	26:16 (26)
G Ellerman	21:14 (14)	K Forster	26:53 (240)
A Bligh	23:14 (10)	S Cain	26:03 (23)
11. Preston H "B"	70:57 (LA5)	24. St Helens Sutton "B"	79:47 (MS7)
J Hokinson	23:21 (12)	C Dempsey	26:13 (25)
S Gohil	23:52 (12)	C Fitzsimons	26:03 (23)
A Sweeney	23:44 (11)	P Appleton	27:31 (24)
disq Leigh H	71:28 (GM2??)	25. St Helens Sutton "C"	82:58 (MS8)
K Tehan	23:45 (14)	R O'Grady	27:06 (30)
A Fearnley	22:23 (8)	C Dickinson	27:59 (26)
R Howarth	25:20 (12)*	J Holmes	27:53 (25)
(* had already run in Under 17 Ladies event)		26. North Fylde AC "D"	83:06 (LA8)
13. Macclesfield "B"	71:39 (CH3)	L Routledge	28:25 (32)
S Wallis	24:47 (20)	C Brook	26:27 (25)
A Frost	23:42 (160)		
S-A Pattison	23:10 (13)		

C Parton	28:14 (26)
27. Spectrum Striders "C"	86:07 (CH7)
K Ward	27:17 (31)
B Chamberlain	29:25 (28)
J Leigh	29:25 (27)

28. Lytham St Annes RRC	90:14 (LA9)
E Dennis	26:22 (28)
T Breen	29:22 (27)
D Lock	34:30 (28)

incomplete teams	
Ellesmere Port RC	
N Bird	19:56 (1)

Macclesfield H&AC	
S Caile	22:38 (10)

Bolton UH	
K Smith	24:14 (17)

Liverpool H&AC	
K Dunn	27:05 (29)

St Helens Sutton	
P Picton	31:10 (33)

Fastest Legs

19:34	C Murphy (Liverpool H)	3
19:56	N Bird (Ellesmere Port RC)	1
20:00	T Allen (Preston H)	3
20:01	H Carroll (Liverpool H)	1
20:11	G Bacon (St Helens Sutton)	1
20:18	J Murray (Stockport)	1
20:43	L Carney (Liverpool H)	2
21:03	C Davies (Spectrum Striders)	3
21:14	L Egan (Liverpool H)	3
21:14	G Ellerman (Blackpool & F)	2

Under 17 Women (3x2.8km)

1. Vale Royal AC	31:10 (CH1)
L Timms	10:49 (6)
L Lambert	10:19 (2)
S Stockton	10:02 (1)

2. Liverpool H&AC	31:30 (MS1)
M Ronnan	10:29 (1)
C Sanderson Rigby	10:29 (1)
J Corrie Taylor	10:32 (2)

3. Vale Royal "B"	32:32 (CH2)
V Jones	10:33 (2)
R Clews	11:05 (3)
G Lievesley	10:54 (3)

n/c Pendle AC	33:44
A Anderson	10:38 (4)

A Chew	12:02 (4)
J Hartley	11:04 (4)

5. Bury AC	33:58 (GM1)
C Sullivan	10:39 (5)
E Cheshire	12:02 (5)
J Simons	11:17 (5)

6. Vale Royal "C"	35:25 (CH3)
E Coxon	11:51 (11)
L Knight	11:39 (8)
S McCellan	11:55 (6)

7. Bury AC "B"	38:02 (GM2)
M Monks	11:49 (10)
M Haslam	12:57 (9)
N McDonald	13:16 (7)

8. Hyndburn AC	38:25 (LA1)
N Barnes	11:36 (9)
C Duclebridge	11:44 (7)
N Willetts	15:05 (8)

9. Macclesfield H&AC	38:36 (CH4)
J Stanton	13:07 (12)
L Burton	12:55 (10)
K Kelly	12:34 (9)

incomplete teams

Liverpool H & AC	
S Cray	11:02 (7)
J Rockwood	11:42 (6)

Leigh H	
R Howarth	10:34 (3)

Blackpool & Fylde	
A Gordon	11:10 (80)

Fastest Legs

10:02	S Stockton (Vale Royal)	3
10:19	L Lambert (Vale Royal)	2
10:29	M Ronan (Liverpool H)	1
10:29	C Sanderson Rigby (Liv H)	2
10:32	J C Taylor (Liverpool H)	3
10:33	V Jones (Vale Royal)	1
10:34	R Howarth (Leigh)	1
10:38	A Anderson (Pendle)	1
10:39	C Sullivan (Bury)	1

Under 15 Girls (3x2.8km)

1. Leigh H	30:57 (GM1)
K Howarth	10:24 (3)
D Allen	10:27 (2)
H Warburton	10:06 (1)

2. Liverpool H&AC	31:07 (MS1)
L Murphy	10:05 (1)
O.Desborough	10:33 (1)
C Murphy	10:29 (2)

3. Blackpool & Fylde	32:00 (LA1)
K Maunder	10:40 (9)
N Spencer	10:59 (6)

S Preddy	10:21 (30)
4. Warrington AC	32:03 (CH1)
L Gemmell	10:38(8)
K Money	10:46 (3)
H Timmins	10:39 (4)
5. Vale Royal AC	32:24 (CH2)
L Bosson	10:22 (2)
C Kinvig	11:03 (4)
H Weedall	10:59 (5)
6. East Cheshire	32:31 (GM2)
S Hudak	10:33 (6)
F Kennedy	11:12 (8)
L Wilde	10:46 (6)
7. Liverpool H&AC "B"	32:50 (MS2)
H Brellisford	10:29 (5)
H McManus	11:01 (5)
D Leahy	11:20 (7)
8. Liverpool H&AC "C"	32:58 (MS3)
A Blackburn	10:58 (11)
H Nelson	11:01 (9)
S Mallen	10:59 (8)
n/c. Warrington AC "B"	33:00
S Cartwright	10:45 (10)
H Tart	10:56 (7)
H Roberts	11:19 (9)
10. Southport Waterloo	33:05 (MS4)
S James	11:04 (12)
K Edgerton	11:33 (12)
R Ellis	10:28 (10)
11. Hyndburn AC	33:52 (LA2)
L Lennon	10:27 (4)
A Williams	11:48 (10)
C Bunting	11:37 (11)
12. Bolton UH	34:26 (GM3)
H Darby	11:09 (14)
R Fordham	11:39 (13)
S Birch	11:38 (12)
13. Vale Royal "B"	34:44 (CH3)
C Matthews	11:06 (13)
E Deaman	12:02 (15)
K Howard	11:36 (13)
14. Liverpool H&AC "D"	34:51 (MS5)
S Griffiths	11:48 (15)
M Longworth	11:24 (16)
S Atherton	11:39 (14)
15. Hyndburn AC "B"	38:32 (LA3)
S Bailey	12:15 (16)
J Mitchell	12:19 (18)
C Edmarclsa	13:58 (15)
16. St Helens Sutton	38:38 (MS6)
K Bridge	12:36 (18)
L Forrester	12:43 (20)

K Danson 13:19 (16)

incomplete teams

Leigh H
V Green 10:37 (7)
K Hogan 12:25 (14)

Southport Waterloo
L Hurley 12:32 (17)
F Edgerton 11:55 (17)

Bury AC
H Chapman 12:59 (20)
A Barton 11:36 (19)

Vale Royal
N Brownrigg 12:42 (19)

Hyndburn
H Williams 14:01 (21)

NOTE : we have been unable to resolve a non-counting team from Liverpool H (no 163). They were not recorded on the first leg, but were 11th on second leg in 22:25 and 11th on 3rd leg in 33:49

Fastest legs

10:05	L Murphy (Liverpool H&AC)	1
10:06	H Warburton (Leigh H)	3
10:21	S Preddy (Blackpool &F)	3
10:22	L Bosson (Vale Royal)	1
10:24	K Howarth (leigh)	1
10:27	L Lennon (Hyndburn)	1
10:27	D Allen (Leigh)	2
10:28	R Ellis (Southport Waterloo)	3
10:29	C Murphy (Liverpool H)	3
10:29	H Brellisford (Liverpool H)1	

Under 13 Girls (3x2.8km)

1. Liverpool H&AC 32:16 (MS1)
C Mcdonald 10:39 (3)
L Towers 10:46 (1)
Z Woodward 10:51 (1)

2. Blackpool & Fylde 32:47 (LA1)
K Leybourne 10:38 (2)
K Brookes 11:07 (2)
J Davies 11:02 (2)

3. Liverpool H&AC "B" 33:21 (MS2)
G Dykstra 11:17 (7)
S Kelly 11:10 (5)
A Ford 10:54 (3)

4. St Helens Sutton 33:21 (MS3)
J Sturgeon 10:41 (4)
L Crook 11:35 (4)
H Drillingcourt 11:05 (4)

5. East Cheshire 34:26 (GM1)
N Sumpter 10:56 (5)

J Cope	12:04 (6)
L Owen	11:26 (5)
6. Leigh H	34:38 (GM2)
A Howarth	11:08 (6)
A Riley	10:44 (30)
J Orrell	12:46 (6)
7. Macclesfield H&AC	34:48 (CH1)
R Craigie	10:23 (1)
E Pyke	12:38 (7)
B Warren	11:47 (7)
8. Warrington AC	35:18 (CH2)
K Vandewalle	11:56 (11)
L Money	12:45 (11)
L Sullivan	10:37 (8)
9. Liverpool H&AC "C"	35:54 (MS4)
A Heaton	11:20 (8)
Z Gunderson	12:03 (8)
C Harrison	12:31 (9)
10. Hyndburn AC	36:32 (LA2)
M Bonney	11:41 (10)
A Crabtree	12:02 (9)
A Bolton	12:49 (10)
11. Bury AC	36:46 (GM3)
A Baker	11:23 (9)
N Quick	13:20 (10)
A McDermott	12:03 (11)
12. Vale Royal AC	37:01 (CH3)
D Jones	12:11 (12)
C Hickson	13:01 (14)
K Stringer	11:49 (12)
13. Blackpool & F "B"	37:32 (LA3)
S Hatch	12:11 (13)
S Abbott	12:51 (12)
E Hoban	12:30 (13)
14. Pendle AC	38:09 (LA4)
E Thompson	12:33 (14)
R Thompson	12:37 (13)
S Brown	12:59 (14)
15. Southport Waterloo	39:48 (MS5)
C Buckingham	13:32 (18)
L Riley	15:01 (17)
L Brennan	11:15 (15)
16. St Helens Sutton "B"	40:38 (MS6)
K Jolley	12:56 (17)
C Finnegan	13:35 (15)
N Gravence	14:07 (16)
<i>incomplete teams</i>	
Warrington AC	
R Alcock	14:48 (19)
R Hughes	13:16 (16)
Vale Royal AC	

A Moffatt	12:35 (15)
Hyndburn AC	
A Ralph	12:36 (16)

Fastest legs

10:23	R Craigie (Macclesfield)	1
10:37	L Sullivan (Warrington)	3
10:38	K Leybourne (Blackpool & F)	1
10:39	C McDonald (Liverpool H)	1
10:41	J Sturgeon (St Helens Sutton)	1
10:44	A Riley (Leigh H)	2
10:46	L Towers (Liverpool H&AC)	2
10:51	Z Woodward (Liverpool H)	3
10:54	A Ford (Liverpool &AC)	3
10:56	N Sumpter (East Cheshire)	1

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Birchwood Park Estates for use of facilities.

Julian Spencer and members of Spectrum Striders who acted as local hosts and marshals.

Our Officials and other helpers from the participating Counties who lent a hand on the day.

"Up and Running" for donating the fastest leg prizes.

COMMENTS :

Apologies for the delay on the day in getting out the Under 15 Girls results. We had a considerable problem sorting out the results from the first leg - 3 teams were not recorded on the first leg (and one team was recorded twice), but appeared on legs 2 and 3. I think the results are as close as we can get - unless of course if you know different.

As the results were almost complete today (Monday) it became apparent that one female had run in 2 events. Following discussion with the referee, the Senior Ladies team has to be disqualified. It is a

puzzle that the female concerned ran in the Under 17 event as her club's only runner, and then turned up in the A team for her club as their third runner in the Senior Ladies event. Other clubs notified us after agreement with the Referee that they were running "non-counting" teams in order to give some of their athletes a run, and these have been listed in their finishing positions. So why not this club?? Where events are held under specified age groups then athletes are confined to that age group - Rule 207(3).

If you have any comments about the event - or inevitably corrections please let us know.

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(Cheshire County AA)

20 September 2004